

Litterature



Nova Scotia's Adopt-A-Highway Program

Fall 2011

SPRING LITTER SWEEP CONTEST WINNERS!

FIRST PLACE (\$200):

SUNRISE 4-H CLUB



The Sunrise 4-H Club completed their Spring cleanup on Route #6 near Amherst. The members found this carved hockey puck and



our committee chose this as the most unusual item found. They also found some barbed wire, a snail shell, and a poker chip. They persevered despite wet weather and collected 20 bags of garbage and 10 bags of recyclables. The members were rewarded with pizza and garlic fingers at the end of their cleanup.

SECOND PLACE (\$100):

ANNAVAL CHAPTER #31, OES

Annaval Chapter #31 of the Order of the Eastern Star performed a litter pick up on Brooklyn and Junction Roads in Middleton. There was no photo available for this entry as the group forgot their cameras on their cleanup but they sent in a very detailed description.

They found a two-litre clear glass pickle jar with the lid, thankfully, tightly closed. There was no label. It was found sitting upright in about 8 inches of ditch water. The jar was half-full of a substance that appeared to be slimy white uncooked fish fillets. One

can only speculate the origins of such an object! Even without cameras, the search for and speculation about, the 'most novel thing' added to their experience on Cleanup Day.

THIRD PLACE (\$50): BRIDGETOWN & DISTRICT LIONS CLUB

The Bridgetown & District Lions Club held their annual Spring cleanup on Highway # 1 with assistance from the



Bridgetown Army Cadet Corp. They found an old bird house, a bicycle, and a label that said "Smile, Somebody loves you, me". They were also fortunate enough to find a \$20

bill! They collected 36 bags of garbage and 2 bags of recyclables along this very scenic route.

Thanks to everyone for participating, and congratulations to our winners!

2011 SPRING CLEANUP TOTALS

The Spring 2011 cleanup was a tremendous success, with 109 groups taking part. A total of 3433 bags of garbage and 223 bags of recyclables were removed from 638 kilometers of highway and 6 highway interchanges. We were very fortunate to have 1407 volunteers take part, who donated 4033 hours of their time.



These totals mean that **over 54 tonnes**, (54.84 tonnes to be exact) of garbage and recyclables were removed for our highways this Spring. We're very proud of our volunteers who put forth an excellent effort to achieve these monumental results.

PARTNERING WITH YOUTH - AAH CO-OPERATION

NORTH BROOKFIELD WI / 4 LEAF CLOVER 4-H CLUB

The North Brookfield Women's Institute was considering withdrawing from the AAH program. Due to aging membership, and they were finding it hard to get up and down in the ditches. They inquired in the local area about finding a youth group that may be willing to assist with the litter cleanups.



They are now partnered with the 4-Leaf Clover 4-H Club who were a great help this Spring. They had a total of 11 adults and 16 youth take part in the roadside cleanup and collected 26 bags of garbage and 10 bags of recyclables. It was a very worthwhile endeavor. Afterwards, the WI group prepared a lunch for all to enjoy. The 4-H club's name has been added to the AAH recognition sign below the WI group's name.

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SACKVILLE & DISTRICT LIONS CLUB



The Sackville & District Lions Club, which has adopted Sackville Drive, were pleased to have two youth groups assisting with their Spring Cleanup. They had volunteers from the Scout troop, and the local cadets. The Sackville Lions Club appreciated having the assistance from the young members. They had a nice day for their cleanup and collected 20 bags of garbage, and other odds and ends.

DEPT. OF TIR HAVE SUCCESSFUL EARTH DAY CLEANUPS

For Earth Day the Department of Transportation and Infrastructure Renewal held a voluntary cleanup



of various areas, including base yards, gravel pits, interchanges, roadsides and illegal dump sites. As these pictures prove, the results are very impressive!

A big **Thank You** goes out to the TIR staff that persevered despite less than ideal weather conditions.

CLEAN NOVA SCOTIA- THE GREAT PICK-ME-UP

Jillian Isenor, (pictured below with the pirates), Coordinator of the Great Nova Scotia Pick-Me-Up annual Launch reported that it was a success!

This year



they teamed up with residents of Eastern Passage where 105 volunteers came out and collected

145 bags of garbage, plus 2 truck loads of metal and old lobster traps and 5 bags of recycling.

Shearwater Scuba Club came out and did a "Clean Dive" and collected garbage from the creek at Fisherman's Cove (harbour). They found some very unusual items, like false teeth! Tim Horton's, their platinum sponsor provided all the volunteers with warm drinks, some treats and travel mugs. It was great to see a community come together and care about the health of their community, environment and nearby body of water.

SPRING 2011 CLEANUP REPORT

THANK YOU to all the groups and individuals who volunteered their time to participate in the Spring 2011 cleanup. Those groups are as follows:



- 1st Enfield Scouting, Enfield/Elmsdale
- 2nd Wellington Scouting
- 569 Brookfield Air Cadets
- Alexander Family, Stanley Section, Lunenburg Co.
- AMEC, Lawrencetown
- Annapolis Basin Conference Centre, Clementsport
- Annapolis Royal Lions Club
- Antigonish Kinsmen 378
- Antigonish Lions Club
- Audit Services Canada, Atlantic Region, Dartmouth
- Bass River Heritage Society
- Baha'is of West Hants, Windsor Forks
- Bluenose Coastal Action Foundation, Mahone Bay
- Bridgetown Lions Club
- Bridgewater Sobeyes, Dayspring
- Broad Cove Community Association
- Cape Furchu Waterfront Project
- The Celtic Knots, Spa Springs
- Central Chapter, H.O.G., Nova Scotia, Elmsdale
- Cherry Brook and Lake Loon Community
- Church of Jesus Christ of Latter-Day Saints, Liverpool
- Clarence 4-H Club
- Coldbrook & District Lions Club / CKRHS Leo Club
- Community of Lawrencetown Beach
- Dartmouth East Rotary Club
- Dillon Consulting, Halifax
- Earth Day Friends, Tatamagouche
- East Bay Area Community Association
- Eastern Region Solid Waster Management, Monastery to Boylston
- Elmsdale and Enfield Lions Club, Enfield
- Englishtown Hall Association
- Eric & Joyce Higgins, Higginsville
- Fables Club, Tatamagouche
- Fellowship Lodge #112 (AF & AM), Bible Hill
- Friends of Crescent Beach
- Friends of Route 245, Antigonish
- Friends of Taylor Head Park, Spry Bay
- Gospel Light Baptist Youth Group, Harrietsfield
- Great Village & Area Community School Association
- Gypsum Mines & Sweets Corner Community
- Highbury Paving, Highbury & Port Williams
- Hill n' Dale 4-H Club, Wileville
- HMCS Halifax, Halifax Stanfield International Airport
- Hub Campers, Lanesville
- Islands Track and Field, Freeport
- Joggins Fossil Institute, Macaan Woods
- Kempt Women's Institute
- Kingston Lions Club
- Lahave River Watershed Enhancement Foundation, Meisner's Section
- Lawrencetown Lions Club
- Laura-Lee & Gil Johnson, South Brookfield
- LeMoine Development Association, Grand Etang
- Lorraine Tate, Stormont
- LRHS Key Club, Liverpool
- MacPherson's Mills Women's Institute
- Meteghan Lions Club,
- Michelin North America-Waterville
- Michelin – Plant Health and Safety Committee, Granton
- Middleton Lions Club
- Milford and District Lions Club
- Mortgage Managers, Hammonds Plains
- Moschelle Community Circle, Moschelle
- Municipality of the County of Cumberland, Amherst
- Musquodoboit Harbour & District Lions Club
- New Germany & Area Lions Club
- New Minas & District Lions Club
- North Brookfield WI/ 4 Leaf Clover 4-H Club
- North Shore Fire Dept., Antigonish
- North Shore 4-H Club, Tatamagouche
- Nova Agri Inc., Sheffield Mills
- Nova Scotia Jeep Club, Upper Sackville
- Order of the Eastern Star- Annaval #31, Middleton
- Port Williams and District Lions Club
- Queens Co. Special Olympics / Penny Lane Enterprises, Milton
- Rémi Roy, Shubenacadie
- River John Consolidated School/ 4-H Club
- River Philip Community Hall Association
- Rotary Club of Dartmouth
- Rotary Club of Lunenburg
- Rotary Club of Truro
- Royal Canadian Legion- Branch 26 -Truro
- Sackville Lions Club
- Salt Springs 4-H Club
- Seabreeze Campers, Pinehurst
- Seashore Volunteer Fire Department, Port Bickerton
- Second Paradise Retreat, Lunenburg Co.
- South Berwick Women's Institute
- Spa Springs Women's Institute
- St. Andrews 4-H Club
- St. John's United Church, Middle LaHave
- St. Margaret's Bay Lions Club
- St. Pauls Church / 3rd Spryfield Boy Scout Troop #496, Spryfield
- Sunrise 4-H Club, Truemanville
- Sutherlands River 4-H
- Tidy Highway 245, Antigonish
- Toney River Community Centre
- TOPS NS #2045, East Jeddore
- Truro Lions Club/ 2nd Truro Venturers, Truro
- West Arichat Village Circle
- West Branch United Church
- Westchester Fire Department & Ladies Auxiliary
- White Point Beach Resort, Liverpool
- Windsor and District Lions Club
- Wolfville Lions Club, Grand Pré
- Woodville Community Centre
- Yarmouth Association for Community Residential Options
- Yarmouth Lions Club
- Yellow Rose Construction, Canaan

NEW GROUPS FOR 2011

- Basinview Animal Hospital, Bedford
- Broad Cove Community Association
- Cherry Brook and Lake Loon Community
- Community of Lawrencetown Beach
- Dillon Consulting Ltd., Bayer's Lake
- Eastern Passage Girls Guides
- Fables Club, Tatamagouche
- Highbury Paving, Highbury and Port Williams
- Joggins Fossil Institute, Maccan Woods
- Laura Lee & Gil Johnson, South Brookfield
- Mortgage Managers, Hammonds Plains Road
- Rémi Roy, Shubenacadie
- Runaway Lane, Southampton
- West Branch United Church
- Yellow Rose Construction, Canaan

UNUSUAL FINDS



You never know what you may find in the ditches, and this year many unusual items were uncovered. They included window screens, a black bra, old lobster traps, patio table, animal skulls, various animal carcasses, a Barbie in her box, umbrella, wooden lawn chair, bread knife, a bag of dog manure, CD player, scrap metal, a broken cash register, a stuffed frog, "x-rated items", plastic owl, walkie talkie, porcelain sink, dishwasher racks, hand tools, pills, 1952 license plate, and a Bing Crosby Christmas CD. One volunteer found a letter and was successful in retuning it to its owner. Three groups were fortunate enough to find \$20 during their cleanup. A good discovery!

CLEANUP REPORT OMISSIONS

The following groups have performed their cleanups in the past year, but have not been recorded in our reports. We appreciate their efforts in cleaning up their local roadways.

- Moschelle Community Circle
- Annapolis Basin Conference Centre
- Fundy View Community Club
- River John Consolidated School / 4-H Club
- Toney River Community Hall
- Metaghan Lions Club
- Marlaan International-Amherst
- 1st Timberlea Scouting
- East Bay Area Community Association



2011 VOLUNTEER INFORMATION

SESSION- ROUNDUP

The 2011 Volunteer Information Session was held on May 14th at the Debert Hospitality Centre. The speakers for the day were excellent and presented talks on a wide range of issues. Cindie Smith provided an update on the many programs under the mandate of the Resource Recovery Fund Board, Nova Scotia. Andrea Trask (pictured) gave an overview of Nova Scotia's Illegal Dumping Guide and the policies for East Hants when an Illegal Dump is located. We were



informed on the renovation of the TREE house at the NSAC, by Dr. Kenny Corscadden, (at right) which involved using a number of energy efficient technologies. Spencer Fowlie (picture below) from Clean Nova Scotia's Drivewiser program provided very timely information about driving for maximum fuel efficiency. Gina Bain updated the participants on the totals of the AAH program for 2010, and outlined anti-littering initiatives by the Dept. of TIR, N.S. Dept. of Tourism, and Clean NS (Great Pick-me up in Eastern Passage). The volunteers also exchanged ideas and experiences at the Volunteer Round Table, and enjoyed the opportunity to meet other participants from the AAH program.



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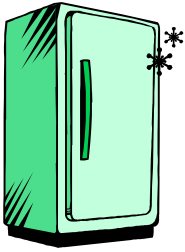
PROMOTIONAL ITEMS

We have a selection of promotional items that are available for our volunteers after they have completed their roadside litter cleanup. We have t-shirts (green with a white AAH logo), AAH gold lapel pins, reusable shopping bags (generously supplied by Nova Scotia Environment), pocket hand sanitizers that are refillable, car litter bags, (kindly donated by RRFB N.S.), and window decals.



If you would like any of these items, please let us know when you send in your completed litter cleanup permit, and we will send them along to your group.

EFFICIENCY NOVA SCOTIA APPLIANCE RETIREMENT PROGRAM



You know that old clunker in your basement from the 1960's that emits strange noises and costs \$40 a month to run? Time to retire the old beast and get paid for it.

Efficiency Nova Scotia will pick up your old working **fridge, freezer, dehumidifier or air conditioner for free, and pay you for it.** There's no hassle (we do all the hauling) and you can collect a nice little sum of money after we're done. Best of all, you'll save electricity which helps save money and the environment.

Here's how it breaks down:

Second Refrigerator - \$35

Freezer - \$35

Dehumidifier - \$10

Room Air Conditioner - \$10

On top of your rebates, you'll save money on your power bill once your old appliances are history. How much you ask?

Second Refrigerator - up to \$180 a year

Freezer - up to \$100 a year

Dehumidifier - up to \$20 a year

Room Air Conditioner - up to \$30 a year

Please note: Only full-size, working appliances aged 10 years or older will be eligible for rebates. Second refrigerators must be over 10 cubic feet. Appliances will be tested on site. An adult over 18 must be home during the scheduled appointment to sign the appliance release form.

It's easy to have your appliance retired. So why not do it now? Call Efficiency Nova Scotia toll-free at 1-877-808-4549.

IDENTIFYING INVASIVE WEEDS IN THE DITCHES

One of our volunteers brought this website to our attention, and it has lots of information on identifying invasive weed species. It is something that some of our groups may be interested in while they are conducting their roadside cleanups. The website provided is: <http://www.invasiveplantcouncilbc.ca>.

There is also a web site that deals with invasive species in Nova Scotia which is

<http://www.invasivespeciesns.ca>

ANTI-LITTERING INITIATIVES WITH AAH PARTNERS

Other government departments, which work closely with the Adopt-A-Highway program, also have major litter reducing initiatives this year. As mentioned earlier, the Department of Transportation and Infrastructure Renewal held various cleanups in conjunction with Earth Day. Clean Nova Scotia held the Great Nova Scotia Pick-Me-Up in Eastern Passage.



The NS Economic and Rural Development and Tourism Department have also taken on an Anti-littering initiative this year. They are encouraging Tourism related businesses across the province to adopt stretches of highway or interchanges through the Adopt-A-Highway program. They also suggested participating in the Great Nova Scotia Pick-Me-Up, and posted the RRFB website "www.reduceyourwaste.ca" on their "Intouch" Tourism newsletter. They plan to feature tourism related businesses who participate in litter cleanups in their newsletter.

RRFB Nova Scotia is providing tourists with litter bags for their cars. Pamphlets outlining procedures for recycling and garbage separation in Nova Scotia are available at various Tourist Information Centres, so visitors to our province can dispose of their garbage and recyclables in the recommended way.

V.I.P. - VERY IMPORTANT PERMIT

The Litter Cleanup Permit is **very important** to our office and the Adopt-A-Highway program. All groups should have a permit on hand during the cleanup. It gives them permission to perform a cleanup along the roadway. After the cleanup, **please send a copy of the permit to our office.** If we do not have a copy of your permit, we do not know that your group has carried out your roadside litter cleanup.



The information on the permit (number of volunteers, amount to time spent on cleanup, number of bags of garbage and recyclables, and unusual finds) is essential for the continuation of the program, and for statistical purposes. It also ensures that your group will be included in the Cleanup Report in the following Litterature newsletter.

TICK AWARENESS

Some of our groups have reported that they have seen ticks during their roadside litter cleanups. We thought it may be a good idea to make other groups aware of the tick situation, how to prevent contact with them, and what to do if you see a tick on you. This information was taken from the government website http://www.gov.ns.ca/hpp/feature_story/lyme_ticks.asp.

There is also a pamphlet available at http://www.gov.ns.ca/hpp/publications/06037_LymeDisease_Pamphlet_En.pdf.

How to Identify Blacklegged Ticks

In the province of Nova Scotia there are many types of ticks. **Blacklegged ticks are the only tick that carry Lyme disease**, and are also known as deer ticks. These ticks are smaller than dog or wood ticks and **do not** have white or silver coloured spots like other types of ticks.



Tips to Help Prevent Exposure to Ticks

There are four areas in Nova Scotia where ticks are known to be established. These are Pictou County (specifically, Melmerby Beach, Egerton, Kings Head and Pine Tree), Gunning Cove in Shelburne, Admirals Cove in Bedford and areas in and around Lunenburg. **However, there is a low-level risk of tick exposure across Nova Scotia.**

Therefore, all Nova Scotians should know about the risk of Lyme disease and how to protect themselves. When walking in tick-infested areas, wear clothing that will keep ticks from getting to bare skin. Wear closed shoes, long-sleeved shirts that fit tightly around the wrist. Protect your legs by tucking pants into socks or boots. Ticks show up better on light-coloured clothing.

Insect repellents containing DEET are safe and can effectively repel ticks. Repellents can be applied to clothing as well as exposed skin but should not be applied to skin underneath clothing. Always read and follow label directions. Check for ticks on clothing and skin after being in tick-infested areas. A daily total-body inspection and prompt removal of attached ticks (within 24 hours) can reduce the risk of infection. Blacklegged ticks are very small, particularly the younger stages, so look carefully. Check children and pets as well.

What do I do if I Find a Tick?

If you find a tick on your skin:

-Carefully remove attached ticks using tweezers. Grasp the tick's head and mouth parts as close to the skin as possible and pull slowly until the tick is removed. Do not twist or rotate the tick and try not to squash or crush the tick during removal.

-After removing ticks, wash the bite site with soap and water or disinfect it with alcohol or household antiseptic. Note the day of the tick bite and try to save the tick in an empty pill vial or doubled zip-lock bag. - Contact a doctor immediately if you develop symptoms of Lyme disease, especially when you have been in an area where blacklegged ticks are found. If you have saved the tick, take it with you to the doctor's office.

REMINDERS

-If you would like to sign up to receive our newsletter and other correspondence by email, please send your request to our email address below. We will add your name to our electronic mailing list.

-Please send along pictures and/or summaries of your litter cleanups. We love to have them on hand, and may use them in our upcoming Litterature newsletters. We're interested in new ideas or hints that our groups may have as well.

Nova Scotia's Adopt-A-Highway Program is supported by:



LITERature is a semi-annual newsletter published by the Nova Scotia Adopt-A-Highway Program.

If you have missed a recent issue of our Adopt-A-Highway newsletter, be sure to check out our website for a link to many of our previous issues, along with updated information regarding the program.

www.gov.ns.ca/agri/wi/projects/adopt.shtml

If you have any questions about the Adopt-A-Highway program or this newsletter, please contact:

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The colour portion of this newsletter is printed on FSC paper.

REPORTS FROM OUR MANY ADOPT-A-HIGHWAY GROUPS

HILL 'N DALE 4-H CLUB

Hill 'N Dale 4-H Club, in the New Germany area, is celebrating 50 years as a group this year. They are an active group with a large range of projects and ages. They have adopted a section of Hwy #325 in Wileville. They joined the AAH program in 2000, and have performed a fall and spring cleanup every year (not missing even one!) since then. An excellent effort on their part!



ANNAPOLIS BASIN CONFERENCE CENTRE



The staff of the Annapolis Basin Conference Center continues to enjoy the annual spring cleanup. They gathered up 80 bags of garbage and 5 bags of recyclables on Hwy #1 near Clementsport. Every year they finish off with a lunch and award fun prizes for the oddest find, largest find, and most bags collected. The staff really enjoys the day and management is very supportive of this activity as a team building exercise.

AMEC

AMEC, (an engineering services company) is a new group that has adopted a section of the Lawrencetown Road. Twelve volunteers found 50 bags of garbage and 3 bags of recyclables. They received a great response from the public who drove by. Many people honked and gave them a "thumbs up". Others actually stopped to thank them for what they were doing! They all had a great time and they are looking forward to their Fall Cleanup.



ST. JOHN'S UNITED CHURCH



St. John's United Church performed their cleanup of Highway #332 in Middle LaHave in mid-May. They have a very small however VERY enthusiast group, and the cleanup is an important day in their church calendar each year. It is a time for fostering their community spirit with one another and all those who travel along the beautiful LaHave River. They always end their morning with coffee and muffins. This tradition started some years ago by a senior member of the group who was unable to traverse the roadside, however wanted to be part of the fun.

HMCS HALIFAX

HMCS Halifax completed their cleanup of Bell Boulevard, approaching Halifax Stanfield International Airport. They had a good turnout and collected 67 bags of garbage from the roadside. This is a new route for this group, which is well travelled by tourists and locals alike.



H.O.G. CENTRAL CHAPTER.



After a hiatus due to construction in the area, the Harley Owners Group, Central Chapter, Nova Scotia has resumed their roadside cleanups of Highway #2 in the Elmsdale -Lantz area. They collected 76 bags of garbage and approximately 3 bags of recyclables along their route. We were happy to provide the group with t-shirts and other promotional items for their hard work.

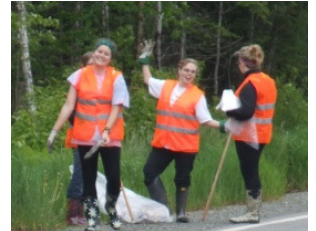
MUSQUODOBOIT HARBOUR LIONS



Musquodoboit Harbour Lions Club cleaned 6 km of the #7 Highway from the junction of Highway 107 / #7 to the Smith Settlement / Musquodoboit Harbour border. This year members of the Lions Club, along with help from the Petpeswick Yacht Club Junior Sailing Program, picked up 79 bags of garbage as well as a variety of signs, chairs, tires, metal drums etc. The group received lapel pins and hand sanitizers from the program in appreciation of their efforts.

JOGGINS FOSSIL INSTITUTE

The Joggins Fossil Institute conducted its first cleanup of Route 242, in Maccan Woods this Spring. Their team of 13 volunteers collected 8 tires, a kitchen sink, a bumper, various car parts, cans, bottles, clothes, and 42 bags of garbage. They believe that by participating in the AAH program, they can help to keep part of Route 242 clean, which will benefit the community and instill a sense of pride for its residents. As well, local, national and international visitors travelling to Joggins will be welcomed by a clean neighbourhood!



AUDIT SERVICES CANADA, ATLANTIC DIVISION



Audit Services Canada, Atlantic Division have adopted the busy Exit 12 of Highway 118 at Dartmouth Crossing. They are encouraged that the amount of garbage that they have collected has steadily declined since they have started their cleanups. They collected 14 bags of garbage this year, down from 75 in Spring of 2010 and 31 in the Fall of last year. Shown in the picture are Kris Foley, Dan Comeau, and Krista Clarke.

SECOND PARADISE RETREAT

The group from Second Paradise Retreat has adopted an 8 km section along the Second Peninsula Road in Lunenburg County. They believe that collecting garbage is a great way to have a good long walk all along Martins Cove, enjoy the most beautiful stretch or road in this province, wave to passers by, talk to neighbours who stop, and do something for the community. They also feel it is a great occasion to look at all the changes, and all that stays the same, over the years.



ENFIELD / ELMSDALE LIONS CLUB



The Enfield/ Elmsdale Lions picked up litter on the Old Enfield Road from the Nine Mile River Community Hall to the Monte Vista Road. They had help from three members of EarthKeepers of Enfield. Their garbage bags and gloves were provided by Pierceys Hardware, Elmsdale; water and soft drinks donated by Sobeys's, Elmsdale; and their pizza lunch was contributed by Enfield Pizza and Grocery. They collected 260 kg mixed trash including bicycle parts, wood, plastic and other items. It's great to have such strong support from the community.

WHITE POINT BEACH RESORT

White Point started participating in the Adopt a Highway program in April 1999, and they've been doing clean ups twice a year since then. They sweep an 8.5 km stretch of road between the Resort driveway and the Exit 20A on-ramp for the 103 highway. Over the past 12 years they have collected a whopping total of 687 black garbage bags and 131 blue bags, along with some pretty strange items like hip waders and an oven! Staff from each department participates, so that the work is shared evenly, and everyone can appreciate a job well done at the end of the day. They believe it is their job to keep their community clean and healthy.

