



HOME and COUNTRY

W.I.N.S.

Fall

Women's Institutes of Nova Scotia

2007

Vision Statement

*"Learning, sharing and improving
the quality of life for all"*

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Dates of Events

WINS Alumni Meeting

September 19, 2007
Pictou County

October is Friendship Month

Erland Lee Award

Deadline for Nominations
January 31, 2008

Call for Resolutions

Deadline for submissions
January 31, 2008

WI Day in Nova Scotia

February 19, 2008

WI Week in Nova Scotia

February 17-23, 2008

Adopt-A-Highway Information Session

April 11 & 12, 2008
AgriTech Park, Bible Hill

ACWW Day

April 29, 2008

WINS Annual General Meeting

July 2 & 3, 2008
Amherst

From Ellen's Desk

Hello WI Friends

It was such a joy for me to be able to meet over 125 Women's Institute members in July at Shelburne when the Annual General meeting was held. Special thank you to everyone who made the effort to come to the lovely South Shore area for the meeting, renew old friendships and meet new friends.

It was such a joy to welcome new Pictou District Director, Linda Munro. Equally there came a time to say job well done to Jo-Anne Smith who had served on the Board for two terms and did a fantastic job representing Pictou County. It was a delight to receive an invitation from the Cumberland-Colchester Counties to come to their area for AGM 2008.

As you probably know that two days after the AGM 2007 I travelled to Ontario to attend the Federation Women's Institute meeting. This was my first full meeting and I can assure you that the meetings were well organized. I felt so honoured to be able to visit the Hoodless Homestead as I had always dreamed of going there. We had the opportunity to visit the Erland Lee Home and had a delightful time. Ruth Blenkhorn and I were invited to present a workshop on Retention and Recruitment to the Executive Officers and the Provincial Presidents. We had the opportunity to visit the Mary Maxim shop while the Executive Officers were meeting.

In early August I had the privilege of attending the official opening of the Kings County Joint 4H Achievement Days. The work that was put into the opening along with the warm welcome that we received was very rewarding. It was a pleasure to be able to view all their project work.

We have received our first request from our twin province, Ontario to find a twin branch for Kars, Ontario. Please discuss this at your September meeting and hopefully one branch will want to twin. I am sure as time goes along there will be more interest from Ontario as well as our own province to twin. I have attended several meetings in relation to the NS Select program, which will see the launch of NS Select on August 22 at the Provincial Exhibition grounds, Truro. I realize that by the time you receive this issue of Home and Country the launch will have taken place but there will many opportunities to support and learn more about NS Select.

Early this autumn the Retention and Recruitment team will be travelling to several areas of the province. There has been interest in recruitment in two areas of the province and if at any time your district would like for us to visit and do a presentation please don't hesitate to notify the W.I. Office.

The Women's Institute Provincial Board will be meeting in early September and this will be a time of planning for the New Year, a time of reflection on the past and to evaluate our business plan.

I would like to remind you that we still have a good stock of supplies at the office as well as all directors have supplies on hand. The items would make ideal gifts for special guest speakers.

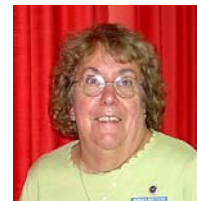
This fall I hope to attend the Digby and Pictou district meetings however, to date the third county has not been finalized.

I wish everyone a successful Women's Institute year and hopefully you will be pleased with increased membership. If at anytime you have any concerns or ideas please feel free to contact me.

All the best in Women's Institute work

Ellen M. Simpson

President, Women's Institutes of Nova Scotia



Board of Directors:

President: Ellen M. Simpson, 520 Victoria Rd.
RR2 Middleton, NS B0S 1P0 825-6429
Past-President: Ruth Blenkhorn, Box 46,
Port Williams, NS B0P 1T0 542-7141
President-Elect: Coni Murray,
997 Hwy 311, RR 6 Truro,
NS B2N 5B4 895-9829

District Directors:

Annapolis: Bertha McVicar, 484 Victoria Rd.,
RR2 Middleton, NS B0S 1P0 825-6406

Cape Breton: Yvonne Kennedy,
59 South Head Rd., Homeville,
NS B1B 1R7 737-5131

Cumberland-Colchester: Coni Murray,
997 Hwy 311, RR 6 Truro,
NS B2N 5B4 895-9829

Digby: Karleen Gale, 251 Danvers Rd., RR4
Weymouth, NS B0W 3T0 837-5784

Guysborough: Betty Reid, RR2 Sherbrooke, NS
B0J 3C0 522-2096

Hants Central: Joann Cory, RR1 Kennetcook, NS
B0N 1P0 632-2649

Hants West: Goldie McDow, 91 McKinley Rd
RR1 Falmouth, NS B0P 1L0 684-9324

Kings East: Sharon Lynk, 562 Weaver Rd., RR2
Canning, NS B0P 1H0 582-1390

Kings West: Julia Llewellyn, 388 Lamont Rd.,
and RR1 Kentville, NS
B4N 3V7 678-7029

Lunenburg: Anita Emeneau, 35 LW Peninsula
Rd., RR3 First Peninsula, Lunenburg, NS
B0J 2C0 634-8236

Pictou: Linda Munro, 25 Blackie Road, RR2
Pictou, NS B0K 1H0 485-8391

Queens: Lauren Seaton, 11798 Hwy #8 Kempt,
NS B0T 1B0 682-2369

Shelburne: Margaret Dawe, 90 Freeman Mill
Road, Sable River, NS B0T 1V0
656-3276

Yarmouth: Irene White, #310 Hwy, 334
Arcadia, NS B0W 1B0 742-5292

Department of Agriculture and Fisheries Counselor:

Gerald Post, Acting Director, Resource
Stewardship, NSDA

FWIC Executive Officer:

Ruth Blenkhorn, Box 46, Port Williams, NS B0P
1T0 542-7141

FWIC Board Member: Ellen M. Simpson
Executive Secretary:

Theresa Osborne, Box 550, Truro, NS
B2N 5E3 893-6520, Fax: 893-6393

osbornct@gov.ns.ca

Public Relations Officer /

Newsletter Editor:

Linda Munro, 25 Blackie Rd., RR2 Pictou, NS
B0K 1H0 485-8391

lamunro@eastlink.ca

Visit our website: www.gov.ns.ca/agri/wi



AGM 2007 Review



More than 130 delegates and friends of Women's Institutes gathered in Shelburne for the Annual General Meeting on July 3rd and 4th. The AGM events kicked off with an evening of local entertainment at the Shelburne Community Centre.



The next day Gerald Post, Director of Resource Stewardship, NS Department of Agriculture, FWIC Executive Officer, Ruth Blenkhorn, and other local representatives brought greetings.

Ellen Simpson's President's Report and slide presentation reminded members of the successes of the past year and gave thanks to all members for their hard work and commitment. Coni Murray, Chair of the Finance Committee, reported that WINS had finished the last fiscal year with a modest net surplus.

The resolution on the Advertising of Alcohol Products was approved but the resolutions on Voting, Emergency Personnel Listing and Labeling of Genetically Modified Foods were not.

Keynote speaker, Judy MacDonald, Supervisor of Drinking Water Management, Department of Environment and Labour, talked about water quality issues in the province and what can be done to ensure private well water is safe for consumption.

Ellen Simpson gave a review of the ACWW Triennial Conference that was held in Turku, Finland in June and mentioned the resolutions and recommendations passed at the conference.

FWIC Executive Officer for Nova Scotia, Ruth Blenkhorn, thanked the delegates for the wonderful support of the FWIC Into the North project. FWIC is looking at starting a phase 2 of this project soon. Ruth also mentioned that FWIC is putting together a calendar as a sales item this fall. Pictures will feature various WI members from across Canada who works in non-traditional field. The winning picture from Nova Scotia was of Lobster fisher person, Mary Richardson.

A draw for the Irish Chain Quilt, made by Anita Emeneau, was made and the winner was Phyllis Wessell of Chelsea WI. The proceeds of the quilt (\$1057) were used towards the expenses of the 2007 AGM. Thanks go to Anita for this generous donation. The raffle of door prizes collected another \$304 for AGM expenses. The Pennies for Friendship March collected more than \$1006 for the fund.

Committee chairpersons gave brief reports. Copies of their reports can be found in the 2006-2007 Annual Report. Each branch will receive a copy of the report with this newsletter.

Past President, Winnie Forbes, installed the new 2007-08 Board of Directors. President Ellen Simpson expressed thanks to the members of Shelburne District for hosting the Annual General Meeting.



A Call for Resolutions



The dateline for submission of Resolutions is
January 31st, 2008.

ACWW Convention, Turku, Finland



Having the opportunity to attend the Associated Country Women of the World Conference was a thrill for me. As I had shown you some of the lighter sides of our time in Turku via pictures at our AGM 2007 in Shelburne you were able to see we had a lovely time.

There were ups and downs like there could be at any major conference and I would say our major disappointment was not being successful in our bid in hosting the ACWW 2013 Conference. When I issued the invitation from the platform it was great to have the support of ten Nova Scotia Women's Institute members and Federated President, Sheila Needham on stage with me. Everyone who attended the Conference received a pair of homemade knitted socks as a gesture of friendship from the Finnish Country Women.

The theme for the Conference was Winning the Way for Women. Through workshops and talks, we were able to learn that the women of Finland are given an opportunity to take on an active role in political decision-making. The women share the farm duties with the men and are co-business partners. When a speaker told us that there were over 70,000 women entrepreneurs in the country of Finland I thought of our tours in 2006 to women entrepreneurs at the Women's Institute of Nova Scotia Conference. Although we are a small province in comparison to Finland we have a very good representation of females in business.

Dato Ursula Goh, World President of ACWW, oversaw the sessions. Unfortunately, the Canadian Area President, Mildred Keith was unable to attend due to health related issues so Deputy World President, Jenny Mitchell presided over the Area meeting for the Canadian members. Margaret Yetman from Newfoundland was elected Canadian Area President on the last day of the Conference.

Congratulations Margaret from Nova Scotia! A special thank goes to Mildred for all the work that she has done for the betterment of Women's Institute in Canada and Nova Scotia in particular.

The Conference provided opportunities for us to vote on resolutions, introduction of all Nominees, reports of various committees, workshops on projects, agriculture, United Nations and Triennial Conference Committees.

The various project Conveners along with ACWW had fantastic displays set up for our pleasure and information in the large reception room. There were nearly two hundred homemade glass cases from around the world on display. As you will remember any member could make one for the competition. Following the judging the glass cases were for sale. The workmanship was beautiful. It was nice to be able to recognize the ladies from the seventy-two different

countries by their jacket, scarf, and vest and in the case of the Canadian ladies a scarf with the Maple Leaf on it.

We were thrilled to spend a day touring areas of Finland. My tour included visiting a large estate owned by a three-generation family, namely a retired member of parliament, a female bank manager and her five-year-old daughter. The operation was a pig farm. The countryside reminded me of northern Nova Scotia.

In 2010, the ACWW Conference will be held in Hot Springs, Arkansas, United States and I know that it will be a thrill for all to attend. Women's Institute of Nova Scotia members have developed many friendships with the USA ladies and I want to share a warm greeting from many of the ladies in the USA to the Women's Institute of Nova Scotia ladies.

Sincerely,
Ellen M. Simpson

President, Women's Institutes of Nova Scotia



The lucky winner of the Irish chain Quilt was Phyllis Wessell of Chelsea WI. Anita Emeneau (left) made the quilt.

Handicraft Competition



The winner of the Recycling competition was Cindy Usher of Burlington and District WI.

Honourable mention went to the following ladies:

- Donna Adamson - Lyon's Brook-Bottle Lamp
- Mary Nickerson - Waterloo-Ribbon Wreath
- Myra Tarrka - Spa Springs-Mini Tea Box

A Note from Marion Newcombe

Provincial Board, Districts, Branches, and Members.

Please accept my sincere thanks for the expressions of sympathy extended to me on the death of my sister Phyllis from Kentville and sister, Helen from Australlia.

Dropping in on the Branches...

Southern Area

Barss Corner - April is "Birthday Month" where they celebrated members birthdays and swap cake recipes followed by light lunch and entertainment. They planned a baby shower; donated education funds to a young girl from Kenya and donated to Well Woman's clinic; planned October Craft Show in New Germany...**Brazil Lake** - Held a program on Canadian Red Cross and discussed how they can help and what donations they can give. They made plans to attend the AGM in Shelburne and donated to IWK...**Chelsea** - Packed Easter baskets for Seniors and Shut-ins in the area and made plans for a Chowder/Soup Luncheon and installed new W.I. signs at either end of the community...**Kempt** - Had a travelogue on Honolulu and Hawaiian Island Cruise by two of their members. Did the Adopt-A-Highway project; held a penny auction; donated recipes to Nursing Home Recipe Cookbook and had an enjoyable meeting with their twin Maplewood Parkdale and finished off the year at Fox Hill Cheese factory...**Lunenburg** - Had a program on Lyme Disease and one on The Value of Herbs. They entertained their twin and made plans for the Spring meeting and the AGM...**North Brookfield** - Enjoyed a program on "Species at Risk" in our area. They catered a 65th wedding anniversary; donated to Canada Day Activities; and turbans and comfort pillows to the South Shore Hospital and made plans for the Exhibition and had a year end outing...**Parkdale Maplewood** - A member presented a program on Israel and the Holy Land. They gave a donation to Well Woman's Clinic in New Germany and also to IWK...**Port Clyde** - Had a table at 'Something for Everyone' workshop in April; entertained their twin, Brazil Lake and made plans for the AGM in Shelburne...**Sable River** - Had a guest from the Advance

newspaper who discussed the importance of Buying Local and another program on how to Prepare for emergencies. They donated to the Food Bank, IWK and made blankets for the homeless and met with their Twin - Brooklyn...**Waterloo** - Had programs on Agriculture in Nova Scotia, Results of Buying Local and Genealogy and where our ancestors came from. They donated to Graduating Students and 'Bowl for Kids' and sold tickets on Afghan and proceeds to go to 'Into the North' project and held a tea to raise funds.

Respectfully submitted
Lauren Seaton
Queens District Director

Eastern Area

Leigh MacDonald spoke to the **Sherbrooke Branch** on her experience with ovarian cancer. Ola Laing was presented with her Branch Life Membership in June...**Garden of Eden** had an "uplifting" program on the importance of keeping positive about your life. They also gave two memoriams for deceased residents in their community. For the June meeting, the members shared different poems, jokes and readings... The **East River-St. Mary's** members learned that recycling might not be such a new idea. Recycling was well practiced during the Depression. The group became aware of the signs of a heart attack and made caps for newborn babies...**Newtown Denver** learned about the various programs that the Cancer Society provides for cancer patients and read of a teacher's memories in an one-room school in the 30's. The ladies learned that the song "Maple Leaf Forever" was composed for Canada's Confederation 1867, and they had a quiz on Canada and showed Don McIsaac's pictures. They gave a donation to Margaret MacDonald's grandson who graduated from North Nova, in memory of his grandmother who passed away in June...The ladies at **MacPherson's Mills** were entertained with a presentation on how to create a beautiful flower arrangement and donated prize money to a local Middle School...**Bridgeville** had a fun-filled evening of food and fellowship...**Bickerton** is raising money with a quilt raffle and are busy making

comfort pillows...**Caribou** members were impressed with the good work done by the VON and Palliative Care...Chris Boulter, Principal of West Pictou Consolidated School, spoke to the members of **Lyon's Brook** on the Canada Wide Science Fair. He presented a bid to bring the event to Central Nova Scotia...**Foxbrook** held a successful Quilt Show with many beautiful quilts and donated to the Pictou Exhibition...Anna Saunders, Reiki Master, enlightened the members of **Springville-Island** with the healing process achieved through Reiki...**Point Edward** members are busy with comfort pillows and serving at community events. **Homeville** ladies are hosting a booth at "Celebrating our Community" to promote Women's Institute awareness. The members learned the students and teachers from Halifax went to Gambia, Africa to help the people. The aim of this project is to educate the people in health issues such as Aids. They welcomed their new member, Gennie Boutin, to their Branch. In July, they learned ways to conserve water such as watering plants in the morning, collecting rainwater for plants and doing full loads of laundry...**Indian Harbour Lake-Jordanville** Branch held a grade Twelve-graduation party for the 2007 graduates in the community...**Middle River Gairloch** held a very successful Plant and Bulb sale to raise money for school prizes. The group hosted a potluck lunch for seniors in the community. The President, Louise MacNeil, presented Dorothy Jardine with a gift as she retired as Treasurer after eighteen years of service to Women's Institute. They made plans to entertain the residents of Valley View Villa and Haven Brook Manor on July 17th. They had a yard sale at the Union Centre.

Respectfully submitted
Yvonne Kennedy
Cape Breton District Director

Western Area

Acaciaville members read some poems about mothers and a song on Mothers. The group made a donation to IWK; also to the Cancer Society and send stamps to the office...

Burlington and District celebrated their 21st Anniversary in May by hosting their Twin Branch Port Williams for supper followed by musical entertainment by two local ladies. The Branch has donated 168 comfort pillows, 72 turbans and I Spy Quilt to Valley Regional Hospital, Kentville... In April Maxine Bezanson of **Cambridge Station** Branch explained how Adelaide Hoodless founded the Women's Institute organization in Stoney Creek, Ontario and how it has spread to over eighty countries around the world.

Resolutions were reviewed and Roll Call was answered by written sentences on dates and happenings of WI. A potluck supper was held at the cottage of Maxine Bezanson in June and Roll Call was answered by good household hints... **Grand Pre** held their annual meeting and reviewed resolutions and recommendations in May. They accepted an invitation from their new twin Weston to join them on an outing and go to a Chinese restaurant in June also... **Islands'** members stamped Thank You cards to send to all who have helped them to begin as a Women's Institute Branch. The group decided to adopt a highway for the Island. The members decided to have a float in Freeport Days Parade on August 18th, 2007... In April **Lakeville** learned about life in Finland from Eric Morrison, who had worked in the country Roll Call was facts about Finland. Elizabeth Morrison served Finnish fruit soup and Finnish bread. Resolutions and recommendations were discussed prior to Spring Rally. In May the annual meeting preceded a talk by Joyce Gould about services volunteers offer to teen girls at the Annapolis Valley Pregnancy Centre in Kentville... In April **Lockartville** visited a crematorium to discuss

funeral costs. Layettes have been sent to Valley Regional Hospital Their new twin branch, Gore, plan to visit in June. Roll Call was answered by thoughts about spring. The President gave a presentation about the branch's activities at a Volunteer Recognition night in Hantsport... In March **New Tusknet** had a potluck supper, completed four quilts for the IWK and gave donations to the Food Bank. In April plans were made for the Spring Rally and WI place mats have been placed in local restaurants. In May they hosted their new Twin Branch, Spa Springs, for a potluck supper followed by their annual meeting and games. Plans were made for a tea and Craft Sale June 21st 2-4... In May **Paradise** enjoyed the exercise and relaxation of belly dancing under the direction of Kim Grimard. The Branch has collected blankets for the homeless, completed an Adopt-A-Highway cleanup and plan to plant and care for a community flower garden. Some members plan to attend an open forum in June at the Digby Pines about a Digby Neck Quarry... In April, Dara Ramirez, a Canadian told the **Port Williams** Branch that her husband, a Columbian, has been deported after living here for fourteen years. They have a business and three children but they do have great hopes of getting him returned. Plans were made for a dessert party for the Apple Blossom selection of a princess and past princesses' reunion. An invitation was accepted to meet with the new twin Branch of Burlington. In May the annual meeting was held and the proceeds of the dessert party were given to the Lion's Club. In June Marion Newcombe was auctioneer following a potluck supper at Ethel Ells cottage at Evangeline Beach. Plans were made to replace the signs at the Planters' cairn, help a young lady with a mission trip and have a historic tour and tea on July 13th... In March **Sheffield Mills and District** had paramedic Susan Porskamp tell about warning signs of heart attack and stroke. Roll Call was answered with experiences of some traumatic health problems. Donations have been made to Sheffield Mills Community Association, Hoodless Homestead Fund and District Director's Pooling Fund. In April Grace Vander Ploeg and Pat from Sears showed

how to properly fit a bra and members were encouraged to have proper fittings. There was a display of many types of bras and panties. Roll Call was answered by other names for panties. Donations were made to the ACWW project and to the District Scholarship Fund. In May Murray Salsman told about planting 10,000 gladiola bulbs in May and selling the blooms in August with all monies going to help with cancer patient needs in Kings and Annapolis Counties. Roll Call was answered by identifying various bulbs. ... In March **South Berwick** enjoyed a St. Patrick's program and packed sunshine plates and delivered them to shut ins. Toe socks, knitted pneumonia vests for children in third world countries, turbans and cancer pillows are being made. In April the 54th Anniversary was celebrated with a tea. Julia Llewellyn showed forty country versions of Cinderella. Members and guests shared the story line of several versions in a very interesting story telling time. A very active member Esther Chute was honored on her 94th birthday. In May the annual meeting and highway clean up with the Scouts were held. In June Jill Trinacity, a 3rd year student at St. FX University told about a two-week trip to Guatemala in an Immersion Service Learning project. Members are thrilled Rhiannon, granddaughter of President Thelma Huntley has been chosen to receive one of the Provincial scholarships. Plans were made to sponsor a candidate for the Gala Day princess on Labor Day and have a tea in July... In June **Spa Springs** went for an outing at Mid Valley Motel, Middleton, donated money to the local bursary fund and answered Roll Call with a favorite flower. A mystery tour is planned for August... In April **Weston** member Bette Kelly told about a trip to Peru and sailing around Cape Horn in January. Roll Call was answered by home energy saving tips. At the 75th Anniversary in May life

memberships were presented to Sally Hornsell and Jeanie Huntley and a history was updated by Janet Saunders including some recipes from the 30s. Roll Call was answered by historic facts about members homes or buildings in the community. The roll of charter members was called and each member was identified with those members. Special guests were former members, interested community ladies, Spa Springs and Burlington Branches, District Directors Julia Llewellyn and Sharon Lynk, Provincial President Ellen Saunders and President Elect FWIC Ruth Blenkhorn. All enjoyed a display of articles through the years and the lunch including food common in the 30s. The annual meeting was held later and plans made to have dinner at Wheaton's Cafe with the new Twin Branch of Grand Pre.

Respectfully submitted
Julia Llewellyn
Kings West District Director

Central Area

Belnan in April had a very interesting program about Elmsdale Lumber Company; with its third generation running it. In May roll call was a seed, bulb or plant exchange. Program was information in experience local foods in East Hants by the health board and sunroot farms. Shirley MacPhee told of celebrating her 80th birthday with family and receiving a photo of all her children...**Enfield's** April program was about chocolate that was well researched and presented with samples. Roll call was favourite flower and why. In May they reported an awesome program on hands, the meaningful things they do and mean to us. Roll call was answered by most embarrassing moment...**West Brook Halfway River** answered roll call in April with a saying of 6 to 10 years olds - Out of the mouths of babes. In May a one line sentence using the word vacation. June they had a very enjoyable time in

Truro with their twin Enfield...**West Pugwash** April's roll call was favourite doll and her name. Then they made a special card for a shut-in or someone's special day. They are very busy quilting quilts. May's program was history on women--when they became equal to men, in wages and voting, etc...**South Rawdon** reported a program in may of a road trip to Scotland...**Gore's** May program was on reflexology and ultrasound. They reported a very successful dessert party and are selling tickets on a round robin quilt. They are looking into having a sign in community that says, "Thank you for taking your garbage home"...**Martock Windsor Forks** had a May program on the new Canada's food guide and food product labels. They did roadside cleanup and held an annual yard sale also. **Hardwoodlands Senior's** May program was on healthy eating. They are reporting a problem with members in failing health, which is lowering their enrollment. **Tartan's** May program was card exchange and roll call in September is a baby shower for the Salvation Army...In May, **Three Waters** had a program of "Formation of a New Branch" and held an election of new executive. In June, their roll call was "name province or county visited recently." They enjoyed a "Buy Local" potluck. Being newly formed, this was a way to get to know one another better. What a great idea for "Buy Local." A big W.I. welcome to Three Waters. New people with new ideas bring growth to W.I.

Respectively submitted by
Goldie McDow
West Hants Director

NVON 2008 Conference Marriott Hotel July 11-13, Charleston, WV

Next summer, the NVON, the national organization of which the West Virginia Community Educational Outreach Service (WVCEOS) is a part, will be holding a national conference in Charleston, West Virginia. The National Volunteer Outreach (NVON) is interested in the international project

between WINS and the WVCEOS. Two members of our Board have been asked to make a presentation with the WVCEOS at the national conference.

If there is enough interest, WINS would consider booking a bus tour to Charleston next July. Three years ago, more than 40 delegates traveled to the WVCEOS state conference and had a great time. We learned a lot about traveling this distance and how much time we need to get there, etc. We would be pleased to arrange for another tour in 2008 if there is interest. More traveling time would be given so that side trips to areas of interest while enroute could be included.

Here are the preliminary details:

Travel to Charleston – July, 8, 9, 10
NVON Conference – July 11, 12, 13
Travel home – July 14, 15, 16

Approximate cost for accommodations, conference registration and travel (bus) - \$1000 each. We will have more information on the agenda for this conference soon. If you'd like to know more about this possible bus tour, contact the WINS office and have your name added to the information list.



Erma Seaboyer, our new Life Member. She is a member from the Sable River and Area WI.



**Reach for the STARS
Membership Challenge
2007-2008**



Once again, Women's Institute branches across Nova Scotia will be adding new 'STARS' to their membership list during the 2007-2008 Reach for the Stars Membership Challenge. Each new member earns the branch one star. We now have twenty-two new members. Welcome! Please report any errors or omissions to the following report directly to the WINS office.

One Star

Cambridge Station- Pauline Worhtylake
East River St. Mary's- Joyce LeBlanc
Lyon's Brook – Cheryl Patton
New Tusket – Roberta Journeay
Newtown Denver – Annette Thompson
Paradise – Lara Jennings
Port Clyde and Area – Flora Ross
Port Hillford – Deborah Banks
Sherbrooke – Anita MacEachern
South Berwick – Rose Chayer
Weston – Maureen Bezanson

Two Stars

Homeville – Andrea Lyons, Gennie Boutin
Point Edward – Debbie Lewis, Diane Hicks

Three Stars

Indian Harbour Lake – Jordanville – Barbara Furlong,
 Barbara Jordan, Yvette Jordan

Four Stars

Caribou – Ruth Worthman, Anne Landry, Doreen Logan,
 Sharon Dewar

Scholarship Winners 2007



Heidi Fraser sponsored by Sherbrooke WI, she will be attending Mount Allison University. She is enrolled in the Bachelor of Science with the intent to study medicine.



Rhiannon Roberts, sponsored by South Berwick WI. She is the Granddaughter of Thelma Huntley. She will be attending St. Mary's. She is enrolled in the Bachelor of Arts with the intent to be a teacher.



FWIC Report – Ruth Blenkhorn

Since our annual meeting in Shelburne in July President Ellen and I attended the board meeting of the Federated Women's Institutes of Canada in Paris, Ontario.

It was a very busy three days of meetings and a tour of the Adelaide Hoodless Homestead and the home of Erland Lee. The Presidents met on their own on Friday night while the Executive met.

We did have time to get to know one another and welcome the new members of the board before settling down to business. Listening to reports from across the country made us realize how much we have in common and that we all share the same concerns: health, education, child care, literacy and not surprising how to increase our membership. We all know WI for the great organization it is but how do we translate that into new members. At one of the sessions Ellen and I presented the WINS workshop on Recruitment and Retention. The others provinces were very interested in our initiative and to hear about the two new branches formed and requested copies to adapt for use in their provinces. Other sessions included workshops on strategies for meeting the needs and wants of women in the future and a media workshop presented by Karen Richardson.

The Into the North project was reviewed and it was discussed how we can continue to assist the communities of Sheshatshui and Hopedale as there is still money available. Phase 2, as has been reported, is divided into regions. The Atlantic region has been in contact with the Nanook Elementary School in Nunavut, but due to summer vacation things are on hold until fall. We are continuing to work on plans to assist in this community.

I encourage all members to consider entering the Tweedmuir Competitions and the Senator Carine Wilson Competition. There have been a number of winners from Nova Scotia in the past so why not give it a go.

Twinning is ongoing and Nova Scotia and Ontario have been twinned for this triennium.

Remember the calendar Women of Today will be available soon so don't forget to pick up your copy. They will be priced at \$10.00 with the provinces keeping \$1.00 for every calendar sold.

As members of WINS we are all members of FWIC so we need your support to continue to provide a strong national voice for our concerns to be heard at the Federal level of government.



In Memoriam
Margaret MacDonald - East River St. Mary's
Ruth Henwood - West Brook Halfway River
Shirley MacPhee – Upper Nine Mile River
Mary Dale Lloyd – Cambridge Station



Jessie Dawe was the Top Senior Speaker award for the 2007 NS 4-H weekend. Her speech was on the mentally handicapped. She will be taking the Pre-Veterinary Medicine program at NSAC. She belongs to the Ko-Win-Lea 4-H Club, Cumberland County

Picture Contest



Get your cameras ready for a contest. We would like to see some interesting pictures of events, activities that your Branch is doing. Take lots of pictures and send your best action picture(s) to the Office. The winning Branch will win a new Women’s Institute Sign. The winner will be pick in October, Friendship Month, and the winning picture will be in the Winter issue of Home and Country.



Calling for Focus Groups!

Do you have 60-90 minutes to spare? Would you like to share your thoughts on recruitment /retention/recognition of volunteers in your branch?

Dr. Deborah Stiles, of the Nova Scotia Agricultural College, is researching the past and present of WINS and WVCEOS volunteer recruitment, retention, and recognition.

The project is called: Rural Women’s Volunteerism: A Comparative Study

Group interviews (“focus groups”) with members of WVCEOS and WINS are part of this research.

These focus groups will take place in every part of the province. Participants receive a \$20 honorarium in recognition of their time and travel to attend the focus group.

For more information, or to sign up to participate, contact Melanie Goodridge, Research Assistant, at 893-6227 or by email at mgoodridge@nsac.ca

Annual General Meeting (AGM)

Make Footprints to our Next AGM



Theme: Footprints In Time
Place: Amherst, Nova Scotia
When: July 2nd and 3rd, 2008

Registration Deadline: June 1, 2008

Supplies

Familiar Family Favorites Cookbook by WINS	5.00
T-shirt with crest	10.00
Golf style shirt - navy	15.00
Embroidered sew-on crest	2.00
Membership pin (WINS crest)	16.00
Life Membership pin and certificate	30.00
Ceramic Mug –WINS crest and motto “For Home and Country”	6.50
Pewter Ornament (WINS office building)	10.00
Cooking Collections Cookbook by FWIC	12.00
WINS History - parts 1, 2 or 3	2.00 each
WINS Handbook	5.00
Songbook	.25
Stick-on WINS crests 24 per sheet	.10 /sheet
Schoolhouse/Unity book	4.00
WINS Apron	15.00
WINS / West Virginia CEOS Cookbook	5.00
God Be With You – Music CD	15.00



Roger Blatt was the recipient of the 2007 Erland Lee Award. **Adeline Blatt** is a member of the Lakeville Women’s Institute.