



# HOME and COUNTRY

Fall

Women's Institutes of Nova Scotia

2009

## Vision Statement

*"Learning, sharing and improving the quality of life for all"*

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## Dates of Events

### WINS Alumni Meeting

September 18, 2009  
Port Williams

### October is Friendship Month

#### Board Meeting

November 6-7, 2010

#### Erland Lee Award

Deadline for Nominations  
January 31, 2010

#### Call for Resolutions

Deadline for submissions  
January 31, 2010

#### WI Day in Nova Scotia

February 19, 2010

#### WI Week in Nova Scotia

February 14-20, 2010

#### ACWW Day

April 29, 2010

#### ACWW Triennial Conference

Hot Springs, Arkansas

April 21-28, 2010

## Convention 2009

Very hot humid weather greeted approximately 100 women as they arrived at the Nova Scotia Community College – Truro Campus for the Women's Institutes of Nova Scotia Provincial Convention 2009.



Members began to register at 3 pm on Tuesday and in their kits were several pieces of information about Truro. They had some free time to go exploring or shopping or just socialize with friends on the campus.

All of our meals for the Convention were served in the cafeteria either in-line, buffet or sit down banquet. The food was plentiful, varied and delicious.

Wednesday began early with breakfast at 7:30 am. At this time we were honoured to have the Minister of Agriculture John MacDonnell and his aide Laurence Nason join us. The Minister was unable to be at the opening due to other commitments.

Convention opened with the marching in of the flags and the opening ceremonies. Andy Cameron - Department of Agriculture and Bob Taylor – Mayor of the Municipality of County of Colchester brought greetings and a letter was read from Bill Mill – Mayor of the Town of Truro who was unable to attend. Margaret Yetman ACWW Area Canada President and Ruth Blenkhorn FWIC President brought greeting from their respective associations.

Past Presidents Ellen MacLean, Jennie McInnes, Marion Newcombe, Isabel Archibald, Kathleen Whynot-Henley, Ruth Blenkhorn and President Ellen Simpson were presented with a corsage. Past president Lynn MacLean who was unable to attend due to an accident was given a Rose Bowl. This was followed with the Financial Report.



After lunch we welcomed our keynote speaker Dr. Ellen MacLean. Dr McLean's presentation was interrupted by a power outage. At this time we moved to the solarium of the Library where Dr McLean continued on without batting an eye. This interlude proved to be addition to our Convention – as one person described it "a very intimate fireside chat". Following Dr. McLean we did the Pennies For Friendship collection, Committee Reports and other reports as printed in the Annual Report.

Our banquet was held in the Campus Cafeteria followed by entertainment with Truro couple Heather and Darryll Taylor of Maritime Marionettes. They presented the play *The Bremen Town Musicians*.

On Thursday the business meeting continued with Meditations lead by Ellen Simpson. Resolutions, ACWW report and FWIC report were also completed. Dr Louise Parker from Halifax joined us to do a presentation on the Atlantic PATH project. In the afternoon awards were presented for the Handcraft Competition and Reach For The Stars. Barbara Hinckley invited the members to Yarmouth for AGM 2010.

Ruth Blenkhorn, President of Federated Women's Institutes of Canada installed the new Board of Directors

Respectfully submitted,  
Coni Murray,  
President W.I.N.S.

**Board of Directors:**

**President:** Coni Murray, 997 Hwy 311, North River, NS B6L 6H4 895-9829

**Past-President:** Ellen M. Simpson, 520 Victoria Rd. RR2 Middleton, NS B0S 1P0 825-6429

**President-Elect:** Lauren Seaton, 575 Main St, Box 40, Mahone Bay, NS, B0J 2E0 531-2076

**District Directors:**

**Annapolis:** Bertha McVicar, 484 Victoria Rd., RR2 Middleton, NS B0S 1P0 825-6406

**Cape Breton:** Barbara Herald, 2359 Pt. Edward Hwy, Point Edward, NS, B2A 4R3 539-2598

**Cumberland-Colchester:** Sheila Richards, PO Box 963 Truro, NS B2N 5G7 895-7172

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**Guysborough:** Mary Anne Kaizer, PO Box 31 Bickerton West, NS, B0J 1A0 364-2652

**Hants Central:** Carol M. Crawford, 5195 Hwy 14, Upper Nine Mile River, NS B2S 3A6, 883-2600

**Hants West:** Goldie McDow, 91 McKinley Rd RR1 Falmouth, NS B0P 1L0 684-9324

**Kings East:**

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**Yarmouth:** Irene White, #310 Hwy, 334 Arcadia, NS B0W 1B0 742-5292

**Department of Agriculture Counselor:**

Andy Campbell, Director, Resource Stewardship, NSDA

**FWIC Executive Officer:** Ellen M. Simpson,

**FWIC Board Member:** Coni Murray

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**FWIC President**

Ruth Blenkhorn, Box 46,

Port Williams, NS B0P 1T0 542-7141

**ACWW President**

Ursula Goh

Malaysia

Visit our website: [www.gov.ns.ca/agri/wi](http://www.gov.ns.ca/agri/wi)



**Federated Women's Institutes of Canada**  
**18<sup>th</sup> National Convention Report**  
**June 16<sup>th</sup> to 20<sup>th</sup>, 2009**



Women's Institute members from across Canada travelled to Charlottetown, PEI to take part in the National Convention. There were sixty seven ladies who travelled from Nova Scotia.

The theme was "Women Inspired, Women Involved, Can Achieve Anything"

The proceedings were under the Presidency of Sheila Needham. The Honourable Barbara A. Hagerman, Lt. Governor of PEI as well as Margaret Yetman, ACWW Canada Area President was in attendance. Several Past FWIC Presidents were in attendance including Nova Scotia's Dr. Ellen McLean and Jennie McInnis.

Sheila Needham did a PowerPoint presentation on celebrating the 90<sup>th</sup> Anniversary of FWIC, which was both informative and thought provoking.

Dr. Ellen McLean and Sheila Needham cut the cake celebrating the 90<sup>th</sup> Anniversary of FWIC.

Women's Institute ladies were given the challenge of finding their post card friend and having lunch or supper with that person.

A tin can auction was held. A DVD about the Homestead was for sale.



Donna Henderson, Ontario, had designed and sewn a FWIC quilt. Donna did a slide presentation on her quilt making process. The quilt that she did for 2009 was called the "The Home and Country Quilt".

Marie Kenny, PEI became President Elect for FWIC.

There were many wonderful displays for all to view: Agriculture, Recruitment, Editorial & Publicity, International Affairs, Citizenship & Legislation, Health & Home Economics, Canadian Industries and Environment.

The ladies were able to learn about FWIC into the North through a display as well as a presentation by Valerie Watt, Manitoba WI.

Eleven workshops were available where ladies could pick their favourite and learn more about that project or craft.

Entertainment was excellent on Wednesday evening when we were treated to several types of light entertainment.

Thursday morning seen everyone boarding one of the seven buses for an Island Day tour and by late afternoon everyone had arrived at the New Glasgow Lobster Suppers. What a feast and fellowship we shared at the supper!

The Shields of each Province and Territory could be viewed the evening that everyone attended the live performance of Anne of Green Gables. Sheila presented the needlework crest of Nunavut to Kevin Rice, Interim Director, Confederation Centre of the Arts.

Ruth Blenkhorn was installed as President of Federated Women's Institutes of Canada.

An invitation from British Columbia for the FWIC Convention 2012 was accepted.

Four hundred and forty four ladies returned home after spending time at the University of Prince Edward Island University for the Federated Women's Institute gathering.

Respectfully submitted,  
 Ellen M. Simpson,  
 Past President WINS



Ruth Blenkhorn, Marie Kenny

## Dropping in ...

### Southern Area

**Arcadia** had a humorous skit by “Aunt Sal” and “Cousin Billy” and a few rounds of Pokeno in memory of Marj Ridgely. Zelda Hansford was presented with a Honourary Membership for years of service without ever being a member. Olive Dease was presented with a life membership... **Brazil Lake** celebrated their 60<sup>th</sup> Anniversary. Special guests were Ruth Blenkhorn, FWIC President, Ellen Simpson Provincial President, District Directors Margaret Dawe and Irene White, plus several members from the past including Muriel Crosby Charter member... **Kempt** used the program “Safety for Seniors” in February; read an article from “Canadian Living” about plastic groceries bags; and held their “Pour for the Cure” in April (many of the ladies wore hats), discussed the “Lodge that Gives”, and had a Dutch Auction for breast cancer. In May, they had their annual meeting and made a donation to Safe Grad at North Queens High and to Bonny Lea Farm. They made plans for their annual visit to Bonny Lea Farm. **Lunenburg** read articles on the symbols of Lent and Easter and a story on “Dog Wood”. They made plans for their Spring meeting being held at Waterloo. They rehearsed their skit for Spring Rally, health hints from the book “Alive” were read and discussed. **Maplewood –Parkdale** had a program on Cultural Activities. In May they had their Annual reports, Adopt-a-Highway was completed, hosted the Spring Executive Meeting, resolutions were discussed and three member’s birthday were celebrated. Roll call was ideas for next year’s programs. They hosted a 50<sup>th</sup> wedding anniversary, made plans for an annual outing in July and are participating in the annual thirty mile yard sale in August.

Respectfully submitted,  
Irene White,  
Yarmouth District Director

## Dropping in...

### Eastern Area

Two international students visited the **Bridgeville** Branch to share stories from their countries of Japan and Holland. The Branch made a donation to Valley View Villa, as well as celebrating their forty-sixth year as a Branch... **Garden of Eden** entertained Abercrombie at Ming’s Restaurant for a social gathering. The members used Clary Croft’s books to discover the significance of the Nova Scotia tartan and the origin of the apple... The **Caribou** ladies had the honour of serving at the Lieutenant Governor’s Tea Party and erected two new WI signs in the community... **Middle River Gairloch** donated fifty dollars to the IWK Telethon and raised money for the local school by selling plants and bulbs. The Branch had a social gathering at Crofter’s Restaurant in New Glasgow. **Indian Harbour Lake and Jordanville** honoured the local graduates and their families with a banquet and gave each student fifty dollars and a large bag of goodies to help out at college. They are making a quilt for a fundraiser... Heather Landry spoke to the **Foxbrook** Branch on her two week trip to Guatemala to aid the Mayan people. The members learned that life in the mountains is very different from our life in Nova Scotia. **Port Bickerton** is making plans for their sixtieth anniversary party in September... **Sherbrooke** held a silent auction at the AGM meeting to raise funds. A program was presented on first aid for seniors... The **Springville-Island** Branch is making plans to celebrate their seventy-fifth anniversary. Connie Hoare spoke on her visit Doha, an Islamic area with beautiful buildings as well as dramatic landscape... Ian MacLean, a local lawyer, gave the **Lyon’s Brook** Branch an informative presentation on wills. A school psychologist spoke on ADHD... The **Churchville** Branch had a program on choosing organics as part of a healthy lifestyle with an emphasis on locally grown produce... **Newtown-Denver** entertained the local graduates

at a community supper... The **Point Edward** Branch hosted a very successful strawberry festival in July and donated a scholarship to the local high school... **Abercrombie** focused on Food Fun Facts and provided treats for guests at Valley View Villa nursing home... **Homeville** had fun preparing nutritious snacks for the local elementary school. Jerrot gave an informative presentation on jury duty.

Respectfully submitted,  
Yvonne Kennedy

### Western Area

In May **Burlington & District** honoured two members Eleanor Benjamin and Kim Lipscomb with Life Memberships. Three certificates of Appreciation were presented to three Grand Ladies telling them how much they are valued. Twin Branch Port William’s members arrived for supper to complete the 23<sup>rd</sup> Anniversary celebration. A June outing to Pasta Jacks in Middleton was enjoyed. Two members attended the FWIC Convention in Charlottetown. Many members helped with Burlington & District Canada Day activities. The eldest WI member Mary Hirtle raised the flag to open the celebration... In April Betty Quartermain of **Cambridge** told about the History of the Peace Gardens and showed some pictures she had taken while visiting the Gardens. A \$100 donation was given to Central Kings High School WI Bursary. Roll call was answered with how eggs are part of the Easter customs. In May the annual meeting reports were presented and the resolutions for Convention were discussed. The branch catered a funeral reception for a member’s father. Three members attended the FWIC Convention in Charlottetown. **Canning** has had programs about remembrances of relations during war time, making seniors safer, buying local and Middle Age by Mother Goose. Donations have been made to the Food Bank and stamps have been

sent to the WI Office. Some members have been working on a stuffed doll. At the June meeting the seven members decided to disband. Pauline Meek wants to be a member at large... In March **The Islands** Branch raised \$206 at their Pour for the Cure of Breast Cancer. Anti idling stickers are being distributed throughout the Island's communities. On March 28<sup>th</sup> the community enjoyed a Community Swap - yard sale items for free. In May members brought a plant or seeds to share. Members are working on a graduation garden and supporting school playground and track field... In April **Lakeville** celebrated their 35<sup>th</sup> Anniversary with the Pour for the Cure of Breast Cancer Tea which raised \$471. Members wore something pink and all survivors present received a pink carnation. In May the annual plant sale raised \$950 and an Apple Blossom cookie sale raised \$750. Roll call was naming a weed and some of the useful things about weeds - salads, medicine, poultices were discussed. Carolina Tucker became a new member. The June outing was playing Farmer's Golf at Hennigars in Greenwich with our twin Sheffield Mills and then eating at Rosies in Wolfville. Three members attended the FWIC Convention in Charlottetown... In March Donna Nicholson presented a program about local farm markets for the **Medford** Branch. Roll call was answered by naming a favourite local business. In April Donna MacAdams presented a program about Emergency Preparedness. The branch hosted a session about the importance of the 72 hour period after an emergency which the Red Cross presented. Roll call was answered by how the members stay in balance. In May Paula Lessard told about Pennies for Friendship. Roll call was naming the animal each member would like to be... In April **New Tusket** members displayed Easter bonnets they had decorated. A Bakeless Bake Sale was held. Some members attended a Pour for the Cure Tea hosted by the twin branch of Spa Springs. In May Spa Springs visited and all learned different techniques in making floral arrangements last longer from florist Stan Doucette. In June all

enjoyed an outing to a local restaurant. One member attended the FWIC Convention in Charlottetown. On June 25<sup>th</sup> the branch hosted a tea and art show, The hall was decorated in WI colors and information about WI projects was available... In June Kim Grimard and Linda Bugden helped **Paradise** members share personal things about improving their health with a good nutritional diet, exercise and mental wellness... In April, Erin Beauden explained to the **Port Williams** Branch the process that the village of Grand Pre presented to UNESCO to become a world heritage site and why. The branch sponsored a dessert party at which a princess from the village was selected for the Apple Blossom Festival. In June members enjoyed a potluck closing. Eight members attended the FWIC Convention in Charlottetown and honoured member Ruth Blenkhorn who was elected national president for Canada... In April **South Berwick** learned about the importance of routine mammograms and enjoyed two hilarious readings about how to prepare yourself for a mammogram. On April 25<sup>th</sup> the Pour for the Cure Tea raised \$596.36. Members wore something pink and spring bonnets. In May annual reports were received and the branch catered a 70<sup>th</sup> birthday party for a member. In June all enjoyed an outing to Between the Bushes at Blueberry Acres, Sheffield Mills. Five members attended the FWIC Convention in Charlottetown... In late March **Spa Springs** raised \$573.74 at a Pour for the Cure Tea. A display of quilts and rugs was enjoyed by the guests. In April members labelled pictures in old photo albums. Roll call was answered by signs of spring that inspired each member. The branch hosted Annapolis County's Spring executive meeting on April 22<sup>nd</sup>. In May Daisy Dwyer, Queen of the local Red Hatters told about the fun activities of the organization. All enjoyed a cold salad

plate supper. Branch members did the Adopt a Highway Clean up on May 8<sup>th</sup>. A spring tea and plant sale was held on May 30<sup>th</sup>. Donations were made to Parker Hall and Victoria Vale Baptist Church in memory of a former member. Roll call was answered by a favorite hat. In June a bursary was donated to a local high school graduate. A summer picnic is planned and a 35<sup>th</sup> Anniversary celebration. Roll call was answered with a favorite summer flower... In April **Tupperville** held a Pour for the Cure Tea... In April **Weston** learned about earth friendly products from a Sister Alternative representative. These are: going green cleaning products, baby and children's bath and body products and whole food supplements. Roll call was answered by birthday dates. In May Anne Marques and Sheila George instructed members in making greeting cards, the branch catered a 50<sup>th</sup> Wedding Anniversary for a member. In June five members enjoyed a tour of Silver Lake Hardwoods in Lakeville



**South Berwick WI members hosting their "Pour for the Cure" tea on April 25th**

Left to Right: Mary Walsh (Berwick Volunteer of the Year sponsored by South Berwick WI), Joanne Hill, Premier- Rodney MacDonald, Karen Chute, Judy Noel-Walsh, Brenda Ramsay

followed by a pot luck supper at the home of District Director Julia Llewellyn. The branch went out for dinner at Mid Valley Motel, Middleton on June 16<sup>th</sup>.

Respectfully submitted  
Julia Llewellyn

## Central Area

**Belnan** sent funds to the Heart and Stoke foundation for Women's Institute Week. One of their members is the Chair of the East Hants Community Health Board and she informed the Branch of various things happening in Health... In 1967, the **Enfield** Branch made a quilt depicting an overall picture of their village with stars placed in the appropriate locations of the 33 members at that time. Dianne LaJeune brought the quilt and gave the history of it. Six members of the thirty-three are still active. Their project is to refurbish the quilt by placing the names of the members on the stars. One of the members read a humorous list entitled "Games for Growing Old".

**Hardwoodlands Junettes** spend winter months trying to have meetings with no cooperation of the weather. They are working with the Hall committee to get grants for their community center renovations and fundraising (card parties and pie sales); presented their comfort pillows at the East Hants District Cancer meeting; held a "Pour for the Cure" tea and raised \$250 for the cause; and made donations to the local food bank and IWK... **Martock Windsor Forks** made a donation of quilts to the Salvation Army in Halifax. Major Brenda Bungay accepted the eighty-four quilts and told the ladies how they would be distributed. They were reminded of the value in helping those less fortunate. They had a pot luck dinner and the seniors in the community were their guests... **Nine Mile River Homemakers** cleaned the Community Hall; had a food handling course; planted flowers and plants at the local cemetery; dined out; and went splits with the Hall assembly and bought a new Shop Vac for the hall... **North River** made plans for a summer outing with their twin to the Glooscap Interpretive Center and to go out for lunch; and completed their fund raiser for Ovarian Cancer Research (\$115). **Three Cornered** members

made granola – noting the healthy benefits of each ingredient: oatmeal, honey, nuts, and fruits; and nominated their officers for the next year... **West Brook Halfway River** had a quiz of the Finding of WI; welcomed a new member to their Branch; had a program on how your septic system works and how to keep it working well; had a plant exchange and meet with their twin Branch Enfield for lunch in Truro, which was enjoyed by everyone. **West Pugwash** had demonstrations on yoga, vegetarian cooking and scrap booking.

Respectfully submitted,  
Goldie McDow  
West Hants District Director



Brooklyn and District ladies helps  
Glenna King celebrate her 103<sup>rd</sup>  
Birthday

### Public Relations Officer Position

We are looking for a member who would like to become our next PRO. If you are interested, please submit your name in to the office by October 29<sup>th</sup>, 2009



### 4- H Senior Speaker



Women's Institute sponsors an award each year to the top 4-H senior speaker. This year, congratulations goes to **Gwyn Mason**, from the Hill N'Dale 4-H, Bridgewater.

From Left to Right: Ellen Simpson, Gwyn Mason, Coni

## Erland Lee Award of Appreciation

This prestigious award is presented by the Federated Women's Institutes of Canada to a man who most exemplifies those qualities of Erland Lee which led to the founding of the Women's Institute.

### Regulations:

1. A certificate to be presented to a gentleman who has made an outstanding contribution to the Women's Institute movement.
2. Nominations can come from the branch, district/county, provincial or national level. Each province is entitled to one nomination per year, except for Ontario, which is entitled to two because of the size of its membership.
3. Specifics of the nominee's contribution to Women's Institutes must be included with the nomination letter and forwarded to the provincial office for approval.
4. Once approved by the provincial office, the gentleman's name will be sent to national office. A cheque for \$15.00 per certificate, payable to Federated Women's Institutes of Canada from the nominating branch, must accompany the nomination.

A certificate will be forwarded to the province from national office, along with a brief resumé of the significant contributions of Erland Lee in forming Women's Institutes in Canada.

Presentation of certificates is the responsibility of the nominator. **Deadline for nominations to the W.I.N.S office is January 31<sup>st</sup>, 2010.**



## Reach for the STARS Membership Challenge 2009-2010



Once again, Women's Institute branches across Nova Scotia will be adding new 'STARS' to their membership list during the 2009-2010 Reach for the Stars Membership Challenge. Each new member earns the branch one star. Welcome! Please report any new members, errors or omissions directly to the WINS office.

### One Star

Bridgeville – Muriel MacDonald  
Churchville – Anita Carthy  
Enfield – Mary Isenor  
Garden of Eden – Letitia Quail  
Kempt – Ester Stamm  
Lakeville – Carolina Tucker  
Lyon's Brook – Marjorie O'Connell  
Nine Mile River Homemakers – Sharon Gendron  
Paradise – Joyce Manns  
Port Bickerton – Elaine Murphy  
West Brook Halfway River – Evelyn George

### Two Stars

South Berwick – Leah Wood, Keisha Timmins



### A Call for Resolutions

The dateline for submissions of Resolutions is  
January 31, 2010



### Annual General Meeting (AGM) 2010



**Theme:** Go Green for Home and Country  
**Place:** Yarmouth  
**When:** August 4 and 5, 2010  
**Registration Dateline:** July 31<sup>st</sup>, 2010

### Wall Hanging Contest



The winner of the wall hanging contest is South Berwick. Clarice Pottie and Carolyn Newman are the Designers.

Congratulations  
Ladies!

### Indian Harbour Lake-Jordanville Honours Grade 12 Graduates



Jessica Manthorne, Travis Jordan,  
Allannah MacLellan

## Doll Competition Winner



1<sup>st</sup> – Kathy McCuish – Homeville WI

2<sup>nd</sup> – Carolyn MacLean – Springville-  
Island WI

3<sup>rd</sup> – Judy Parks – Cambridge WI



## Reach for the Stars Winners



For 2008-2009 we had three winners:

**Sable River and Area  
Port Bickerton  
Sherbrooke**

Keep up the great work ladies in recruiting  
new members.

Congratulations to all of the Branches to  
received new members.



## In Memoriam



Florence Parker – Medford WI



## PATH Research project (Partnership for Tomorrow Health)



Dr. Louise Parker, PhD presented a PowerPoint  
slide show with plenty of facts and information  
about cancer and research.

The Atlantic PATH Project is looking for  
participants between the ages of 35 and 69.  
There are no other requirements other than  
being willing to have basic health factors  
measured such as height, weight, blood  
pressure, etc.

For more information go the following website  
[www.atlanticpath.ca](http://www.atlanticpath.ca)



Ellen Simpson presented the newest Branch  
“Spanish Bay” their WI certificate. Also in the  
picture is Coni Murray (right) and their District  
Director, Yvonne Kennedy. Welcome to  
Women’s Institutes.



**Spa Springs WI celebrating their 35<sup>th</sup> anniversary**

## A POEM:

## The Clothesline

A clothesline was a news forecast  
To neighbors passing by,  
There were no secrets you could keep  
When clothes were hung to dry.

It also was a friendly link  
For neighbors always knew  
If company had stopped on by  
To spend a night or two.

For then you'd see the "fancy sheets"  
And towels upon the line;  
You'd see the "company table cloths"  
With intricate designs.

The line announced a baby's birth  
From folks who lived inside -  
As brand new infant clothes were hung,  
So carefully with pride!

The ages of the children could  
So readily be known  
By watching how the sizes changed,  
You'd know how much they'd grown!

It also told when illness struck,  
As extra sheets were hung;  
Then nightclothes, and a bathrobe, too,  
Haphazardly were strung.

It also said, "Gone on vacation now"  
When lines hung limp and bare.  
It told, "We're back!" when full lines sagged  
With not an inch to spare!

New folks in town were scorned upon  
If wash was dingy and gray,  
As neighbors carefully raised their brows,  
And looked the other way . . .

But clotheslines now are of the past,  
For dryers make work much less.  
Now what goes on inside a home  
Is anybody's guess!

I really miss that way of life.  
It was a friendly sign  
When neighbors knew each other best  
By what hung on the line.

## Supplies

Familiar Family Favorites Cookbook by WINS	5.00
T-shirt with crest	10.00
Golf style shirt - navy	15.00
Embroidered sew-on crest	2.00
Membership pin (WINS crest)	16.00
Life Membership pin and certificate	30.00
Ceramic Mug –WINS crest and motto "For Home and Country"	6.50
Pewter Ornament (WINS office building)	10.00
Cooking Collections Cookbook by FWIC	12.00
WINS History - parts 1, 2 or 3	2.00 each
WINS Handbook	5.00
Quilt Patterns Book	20.00
Stick-on WINS crests 24 per sheet	.10 sheet
WINS pen	3.00
WINS Apron	15.00
WINS / West Virginia CEOS Cookbook	5.00

**Happy Thanksgiving**

