



# HOME and COUNTRY W.I.N.S.

Fall

Women's Institutes of Nova Scotia

2012

## Convention 2012

### Vision Statement

*"Learning, sharing and improving the quality of life for all"*

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### Dates of Events

**WINS Alumni Meeting**  
September 13, 2012  
Yarmouth

**October is Friendship Month**

**Board Meeting**  
October 26-27, 2012

**Call for Resolutions**  
Deadline for Submissions  
January 31, 2013

**WI Day in Nova Scotia**  
February 19, 2013

**WI Week in Nova Scotia**  
February 17-23, 2013

**ACWW Day**  
April 29, 2013

**WINS AGM**  
July 16-18, 2013  
Summer Street Industries  
New Glasgow, Pictou County  
Nova Scotia

The Nova Scotia Community College, Truro Campus was the scene for the 2012 Women's Institutes of Nova Scotia Convention. The theme of the Convention was "99 and Counting".



Kings West District

Tuesday August 7<sup>th</sup> opened with entertainment from the districts, which had been given a block of dates beginning in 1913. The entertainment took the format of a radio broadcast with announcers filling in between acts with trivia of the times such as food prices, popular songs of the years and some humor. The districts are to be congratulated on the wonderful presentations given which ranged from skits to dances and world

happenings. Everyone enjoyed the evening which ended with refreshments and a social time.

Wednesday morning began with the Marching on of the Flags followed by invited guests and the Provincial Board of Directors. O Canada, Mary Stewart Collect and Flag Salute were done. Invited guests included Honorable John McDonnell, Nova Scotia Minister of Agriculture; Marie Kenny, (PEI) President of Federated Women's Institutes of Canada, Doreen Cole, Provincial President of PEI; Margaret Yetman, (Nfld) President of Associated Country Women of the World Canada Area; Mr. Bob Taylor, Mayor of Colchester County and Mr. Bill Mills, Mayor of the Town of Truro. Greetings were read from Holly Hersey, Provincial President of New Brunswick who was unable to attend. Past Presidents were recognized with a corsage.



John McDonnell



Certificate Presentation

Business session included a message from Provincial President Coni Murray, Financial Report given by President Elect Linda Munro, FWIC report from Marie Kenny and Committee reports. Ruth Blenkhorn, past FWIC President presented a certificate to the WINS in recognition of completing the FWIC Triennium Challenge to increase membership by 2%.

Muhammed Ngallan, our guest speaker was welcomed by Ellen Simpson. Mr. Ngallan is formerly from The Gambia and now lives in Halifax and works for the Nova Scotia Gambia Association (NSGA). His talk was very informative as he described conditions in the Gambia with an emphasis on education or lack of it as the case may be. Mr. Ngallan stressed the fact that most often it is the boys who receive the most education while the girls are kept at home and/or enter into a planned marriage very young. The NSGA in The Gambia have ongoing education programs to counter this discrepancy. Mr. Ngallan was thanked by Carol Crawford with a small token of our appreciation. A donation to the NSGA will also be forwarded to them.

There were two resolutions presented. The first was on Fracking, submitted by West Pugwash WI. Following an amendment to change "put a moratorium on" to

**Board of Directors:**

**President:** Linda Munro, 25 Blackie Rd., RR 2 Pictou, NS B0K 1H0, 485-8391

**Past-President:** Coni Murray, 997 Hwy 311, North River, NS B6L 6H4 895-9829

**President-Elect:** Sheila Richards, PO Box 963 Truro, NS B2N 5G7 895-7172

**District Directors:**

**Annapolis:** Myra Tarkka, 1591 Rte 362, RR2 Middleton, NS, B0S 1P0, 825-0056

**Cape Breton:** Barbara Herald, 2359 Pt. Edward Hwy, Point Edward, NS, B2A 4R3 539-2598

**Cumberland-Colchester:** Sheila Richards, PO Box 963 Truro, NS B2N 5G7 895-7172

**Digby:** Roberta Journeay, 8 Weymouth Falls Rd., Weymouth, NS, B0W 3T0, 837-5623

**Guysborough:** Mary Anne Kaizer, PO Box 31 Bickerton West, NS, B0J 1A0 364-2652

**Hants Central:** Carol M. Crawford, 5195 Hwy 14, Upper Nine Mile River, NS B2S 3A6, 883-2600

**Hants West:** Shelley Lake, 724 Belmont Rd. RR2 Hants Co., NS, B0N 2A0, 757-3843

**Kings East:** Jacqueline Melvin, 415 North Medford, Rd. RR 2 Canning, NS B0P 1H0

**Kings West:** Clarice Pottie, 362 Orchard St. Berwick, NS B0P 1E0 538-9148

**Lunenburg:**

**Pictou:** Eleanor Lilley, 79 Pleasant Dr. RR 2 Pictou, NS, B0K 1H0. 485-9284

**Queens:** Sharon Crooker, RR 1 South Brookfield, Queens Co., NS, B0T 1X0, 682-2284

**Shelburne:** Jacky Fowers, 53 Freeman Mills Rd., RR1 Sable River, NS, B0T 1V0 656-2714

**Yarmouth:** Sharman Fells, PO Box 106, 30 Dunham's Landing Rd., Arcadia, NS BOW 1B0,

**Department of Agriculture Counselor:**

Loretta Robichaud, Director Advisory Services, NSDA

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**ACWW Area President for Canada**

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**FWIC President**

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**ACWW President**

May Kidd  
Scotland

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“suspend” and add the word “hydraulic” before fracking the resolution was passed. Resolution # 2 was Health Care – Nurse Practitioners submitted by Springville Island WI. This resolution passed.

All meals were in the Campus cafeteria and enjoyed by all. Before the Banquet Supper, Kathy Kinsman and Marilyn Kenny lead us by singing grace, and then Susan Ueffing joined them to lead a sing song. Later in the evening Valorie Oickle presented a Motivation Session.

Thursday began with Ellen Simpson leading us in meditations which centered on volunteerism. Margaret Yetman gave a presentation on ACWW after she presented some lucky delegates with a small gift – ACWW pins and ACWW CountryWoman Newsletters. Margaret gave an update on the Area Canada project which was to financially help ladies in the Caribbean, Central and South America Area attend a conference. Of the \$10,000.00 pledged about \$2000.00 more is needed to replace what was sent from ACWW Area Canada funds. Margaret also noted that this is her 2<sup>nd</sup> term as Area Canada President and the nomination forms will be out sometime in September for a new President.



Margaret Yetman

President Elect nominee Sheila Richards gave a short speech. Later in the day Sheila was voted in as President Elect for 2012 – 2015. Congratulations Sheila!

A panel discussion was held following a report on the office relocation which will take place in the near future. At this time we do not know what, if any, financial assistance will be coming from the Department of Agriculture so we are looking for some future funding alternatives. A survey will be compiled and sent to all branches for input and the board will review the responses and proceed accordingly.

The Raffle draws were made for 3 prizes consisting of various gift certificates as well as a picnic basket. The “People’s Choice” Award for Handicraft was won by Rita Erskine. Four branches tied for the Reach for the Stars Award, each was presented with a certificate. The branches were Gore, Lyons Brook, Parkdale Maplewood and Nine Mile River Homemakers.

Linda Munro, Pictou County District Director gave a short presentation on Pictou and area and extended an invitation to all to the 2013 100<sup>th</sup> Anniversary Convention on July 16, 17 and 18 of next year.

Ruth Blenkhorn came forward with a motion that each district donate \$50.00 (if able) toward the 2013 Convention for our 100<sup>th</sup> Anniversary.

This motion was passed.

Margaret Yetman installed the new Board for 2012 – 2013. At this time President Linda Munro thanked everyone for coming, asked for a motion of adjournment and wished all a safe journey home.



Respectfully submitted,  
Coni Murray  
Past President



### New Tusket's Pour for the Cure



Ruth Mullen, Bea Cauet, Leota Lewis, Gerry White, Linda Elliott. The Tea was attended by 24 people.



Tree with pink socks that they stuffed stockings with money. They raised \$255.

### Point Edward Women's Institute

The members have been very busy making quilts for a couple of very worthwhile projects. They have made and are donating four child lap quilts and two adult lap quilts to the Renal Dialysis Unit at the Northside General Hospital as well as a handmade quilt to the Northside Hospital Foundation. They have also made four twin quilts to donate to the group homes in the Sydney area. The ladies have spent hundreds of volunteer hours on these projects and are appreciative of the funding received for some of the materials from the Northside the Lakes Community Health Board through their Wellness Initiatives Grant.



Pictured above l. to r. are: Ruth Grant, Ruth Arsenault, Diane Hynes, Edna MacVicar, Christine MacPhail, Shirley Lewis, Sue MacInnis, & Mary Williams. Missing from photo: Carol Lee Carrigan, Barb Herald, Cindy Rudderham, Donna Rudderham, & Shirley Wells.

### Cambridge WI Elva Pynch

Elva Pynch, eldest member of Cambridge WI receiving new name tag from Judy Parks



### Elsie Fancey 90<sup>th</sup> Birthday North Brookfield WI



### Members at Large Barss Corner WI

'It was great to welcome three 'Members at Large', previously from Barss Corner WI, who attended the Lunenburg District Spring meeting. Left to right, Myrtle Taylor, Judith Mader and Ruth Carver.

It was good to see you ladies.



## Dropping In... Central Area

**Three Waters** had programs on Holistic Nutrition and a local writer read excerpts from one of her history books detailing WI in the area...

**Three Cornered** had an impromptu program on Meringue tips and Tricks presented by a member...**Martock**

**Windsor Forks** presented 185 large quilts and 25 baby quilts to the Salvation Army. They are collecting photos and recipes for their 100<sup>th</sup> Anniversary project. A special collection was taken for a local family under financial strain due to an illness...**West Pugwash** helped

teens make layettes for newborns in Haiti. Donations were made to Haiti, Jr. Basketball team, High School prize fund and the Highland Fling for the Amherst Hospital...**North River**

enjoyed tales from Paul Zann as he related on his second career as a film extra. They made a donation to the Truro Police project "Cyber" to educate preteens on acceptable internet use...**Nine Mile River**

**Homemakers** catered a Firemen's dinner and a funeral reception. In February they hosted several ladies from other branches and the community to celebrate WI week. They are also working on a quilt. They cleaned the hall and a local cemetery... **Gore** wrote a letter to the Dept of Highways regarding a dangerous curve and deaths at Cheese Factory Corner, which they have received a reply that it would be investigated. A celebration was planned for a 25 year member.

**Belnan** learned how adding more fibre to the daily diet can contribute to safe weight loss...**West Brook**

**Halfway River** had a program on blueberries. They send get well messages to three members in hospital or recuperating at home. They donated to the women's shelter Autumn House.

### Eastern Area

**Port Bickerton** planned for election of new officers and worked on what was needed for their Community Centre. Plans were made

to cater to a family reunion and a wedding in the summer... **Fox Brook** learned about Celiac Disease. In May they learned about "The Purple Hat" campaign for shaken Baby syndrome. For their June meeting they ate out at Saltscapes restaurant... **Churchville** toured the Water Treatment plant learning about the process and what areas of the county it serves. A potluck supper was held for residents of the community. They re-affirmed their Canadian citizenship and heard from a lady awaiting her Canadian Citizenship, moving here from India. A program on label reading was presented...**Garden of Eden** learned about chronic disease self-management from Pictou County Health Authority. They made a donation to Thorburn School. A member reported on attending a "retreat" where she learned basket weaving and enjoyed vegetarian meals and lunches...**Sherbrooke** are planning to let their respective governments their need for a CAP in their area. They discussed Women Walk the World, donated to student scholarships and held a fundraiser. They estimate their volunteer hours are approximately 2075. Well done ladies...**Abercrombie** celebrated their 60<sup>th</sup>. Anniversary



**Abercrombie's 60<sup>th</sup> Anniversary**  
Vivian Ingham, Pat Christensen,  
Elizabeth Palmer, Norma Morse, Pearl  
Coady-Charter member

**Lyon's Brook** had a program on Colombian students coming to the local school in late April. They had an informative question and answer program on starting a garden and what is adaptable to our climate zone; **Caribou** sponsors an essay contest for grade 8 students at the Junior High School in Pictou. Twenty eight essays were received with first and second place winner

receiving a monetary prize...**Middle River- Gairloch** held a Plant, Bulb and whatever else auction which raised \$125.50. They donated school prizes to local High, Middle and Elementary schools and will replenish the First Aid kit in their Hall...**Springville-Island East River** learned about invasive species of plants, held a plant exchange and visited each other's gardens for more sharing...**Newtown Denver** heard about the Purple Hat project, donated to the Food Bank, School Prizes and Walk for Life. A Food basket was sent to welcome a newcomer to the community. They have plans to host Grads (2) for supper. A program comparing teacher requirements in 1872, 1953 and curriculum offered to high school students in 2012 was presented...**Homeville** heard memories from children's journals at Gowrie School in Port Morien. **Point Edward** continues working on Comfort Pillows and Quilts... **Spanish Bay** is making a quilt and will sell tickets on it with funds going to palliative care... **Bridgeville** bought a new seat for the Pictou County Wellness Centre. They held an annual plant sale to augment general funds. They heard of one family's story of emigrating from Belgium to Nova Scotia to work in the coal mines... **Indian Harbour Lake Jordanville** served dinner for the one graduate and his family as well gave him a monetary donation to help him as he takes up welding in the fall



**Indian Harbour Lake Jordanville**  
Sandra Harpell, Joan Jordan, **Nathan MacDonald** (graduate) Barbara Furlong,  
Jeanette Furlong, Barbara Jordan

### Western Area

**New Tusket** had programs on Heart Health, how to be stylish with a minimum of outfits. They sent finger puppets, premie hats,



receiving blankets and stuffed bunnies to the IWK. They will hold a Pour for the Cure tea in May....

**Burlington & District** learned how WI can help Northern Communities in Crisis. They also heard about Kikima Grannies...**Lakeville** joined with seniors in the area, attended a movie "The Help" and had lunch at the fire hall in New Minas. They made plans to walk on April 29 for ACWW Women Walk the World and their annual pant and cookie sale. They donated 1500 finger puppets, 3 baby blankets, 42 toe socks and 46 premie bonnets to VRH. They heard how to have a good lawn with grass not weeds... **Grand Pre** made donations to ACWW and to the hall. Their Educational Award was presented for a young man to attend summer hockey school in Kentville. They will hold another Pour for the Cure in June... **Spa Springs** prepared for their annual plant sale. They presented a \$700.00 bursary to a local student and had an informative program on Fracking... **Paradise** held a Buy Bye Penny Auction – their annual auction with a twist to say good bye to the penny



**Paradise WI's** annual penny auction had a twist: The Buy-Bye Penny Auction. We not only raised money for our branch while exchanged our "treasurers", we celebrated by saying good-bye to the beloved penny with cake and good cheer. Special thanks to Phyllis Nixon, our auctioneer with the "mostest" and Joan Biers for being hostess.

**Cambridge** had a tour of a local garden with descriptions of each area, they also hear of news from a members' penpals in Scotland and Iceland. They donated to Central King Bursary and to the Hospice Foundation. They had a program on the history of three ships, their

influence and historical value to Nova Scotia... **Port Williams** heard from Coach Steve Wohlmuth on the building of Launchers field in Port Williams and how it is attracting and training talented athletes. In May they catered the Apple Blossom Princess Tea and enjoyed banana splits. They had a potluck supper and pantry sale at a member's cottage... **The Islands** made donations to several groups in the community. They have created a bursary for a local woman returning to school to further her education which was presented to a very deserving mother of two, who has completed her training as an LPN...**Medford** very appropriately celebrated their 92<sup>nd</sup> birthday by oil lamps and flashlights due to a power outage. They held a Touch & Take fundraiser.

### Southern Area

**Brazil Lake** Joyce Goudey gave an interesting talk on Rug Hooking. They are planning to raise money to replace half of the roof on their hall...**Kempton** had an excellent program by Chris MacCarthy of Parks Canada on his recent assignment to Sable Island, An ice cream social was held with funds going to the community hall roof. They learned what some Nova Scotia names mean or the reason for the names. They have joined the Caledonia Board of Trade. They catered to a funeral luncheon and donated to the local 4-H club for medals awarded at the county fair. They will be making repairs to their hall... **Sable River** worked on their presentation for the AGM, using this for a meeting which they videotaped.



They gave \$200. To a student at Lockport Regional High and continue their handicrafts and food bank programs... **Chelsea** Bursaries will be given to area graduating students who are furthering their education. They put on a Chowder



Luncheon for seniors in the community and 4 ladies took part in ACWW Women Walk the World on April 29. Their volunteer hours for the year are 346... **Lunenburg** had a program on eggs and their nutritional value... **Parkdale /Maplewood** received information on the history of Parkdale/ Maplewood and various events in the area...**North Brookfield** Sharon Crooker had a program on tea. They did their Adopt-A-Highway cleanup with 25 volunteers. They donated plants to the North Queens Medical Centre for their fundraiser and will participate in the 30 Mile Yard Sale in August.

Respectfully submitted,  
Coni Murray  
FWIC Executive Officer

### In Memoriam

Olive MacKenzie – Arcadia WI

Anna Smith – West Brook Halfway River

Aleah Lomas Anderson - Sherbrooke



## WINS Family Scholarship Winner



This year's winner is Alexandra Elizabeth Johnson. She is a graduate with honours with distinction from Horton and District High School, Greenwich, Kings Co.

She will be attending Acadia and pursuing a Bachelor of Business Administration Degree.



Alexandra is the granddaughter of Liz Johnson, President of the Port Williams WI.

**Congratulations Alexandra**

## Handicraft Competition Winner



Peoples  
Choice  
Award  
Winner:

Rita Erskine  
*Belnan WI*

## 4- H Senior Speaker

Women's Institute sponsors an award each year to the top 4-H senior speaker. This year's winner is **Jane Stevenson** from the Scotsburn 4-H club. Congratulations Jane.

Jane is with the Scotsburn 4-H Club. Jane has been in 4-H for 8 years and has taken a variety of projects. She started in Exploring 4-H, has taken crafts, scrapbooking, cake decorating, rabbit, poultry, first aid and Junior Leader. Jane is a great volunteer and helps at most all of our events. This is the second year Jane won top senior speaker and is so very grateful to the Women's Institutes of Nova Scotia for their generous prize. Jane is counseling children with type 1 diabetes this summer at the summer camps sponsored by the Canadian Diabetes Association.



## FWIC Tweedsmuir Competition Winner



Mary Nickerson was the winner of the Tweedsmuir Competition, Cultural – “Development of Program” She was presented with a certificate from Ellen Simpson, Executive Officer, 2009-2012 at the FWIC Convention in Sidney, British Columbia. Pictured above is Ellen Simpson, Ruth Blenkhorn, and Mary Nickerson

## Reach for the Stars Winners



For 2011 -2012 the winners were:  
**Gore Women's Institute**  
**Lyon's Brook Women's Institute**  
**Nine Mile River Homemakers**  
**Parkdale/Maplewood Women's Institute**

Keep up the great work ladies in recruiting new members. Congratulations to all of the Branches that received new members.

### Nine Mile River Homemakers WI



Pictured above are 8 of 10 members of the Nine Mile River Homemakers W.I. that attended the 2012 Provincial Convention. From left to right: Carol Crawford, Claire Bennett, Louise Sloane, Mary MacAskill, Leona Ross, Sharon Gendron, Gerry Low and Eileen VanderKooi.

The Nine Mile River Homemakers were only a small part of the celebration of 99 years of W.I. in N.S. as the 2012 Provincial Convention opened with “**A Blast From The Past**” entertainment. The past came to life as all districts participated in nearly two hours of delightful entertainment that represented an era that most of us had forgotten and some never knew. A wonderful opening to the convention and a closing which left us looking forward to July 2013. The new WINS President, Linda Munro, issued an invitation to come to Pictou County in July 2013 for the annual AGM to celebrate 100 years of WINS. You can bet our members are all looking forward to that AGM.

During the convention, Canada’s ACWW Area President Margaret Yetman presented four people who were attending a convention for the first time, with a copy of the latest issue of the ACWW Countrywoman magazine. Homemakers members Claire Bennett and Gerry Low were among the four who received the magazines.



### Call for Resolutions



The dateline for submissions of Resolutions is  
January 31, 2013



### Reach for the STARS Membership Challenge 2012-2013



Once again, Women’s Institute branches across Nova Scotia will be adding new ‘STARS’ to their membership list during the 2012-2013 Reach for the Stars Membership Challenge. Each new member earns the branch one star. Welcome! Please report any new members, errors or omissions directly to the WINS office

### Handcraft Competition 2013 Crazy Quilt Pillow

**Criteria:** The pillow should be pieced together with irregular shaped pieces of fabric and have a hand sewn decorative stitch. Keep in mind this pillow might have been from 100 years ago.

**Judging:** The judging will be a people’s choice with delegates casting one vote for their favourite item. The item with the most votes will be the winner.

The winner will receive a plaque on **July 18<sup>th</sup>, 2013**

Item must be delivered to the Handcraft Committee by 10 a.m. on July 17<sup>th</sup>, 2013, at the Handcraft desk, Annual General Meeting, in Pictou.

A form will be provided for all entries.

### Women’s Institutes of Nova Scotia Annual General Meeting 2013 “A Century of Women’s Voices for Progress and Change”



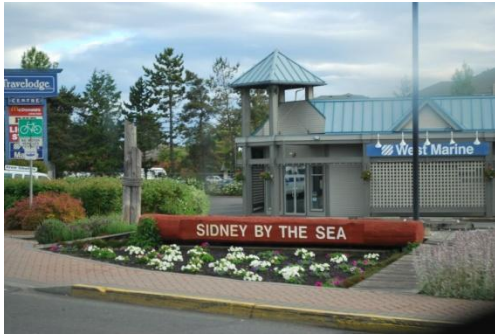
### WINS AGM 2013

July 16-18, 2013

Summer Street Industries  
New Glasgow, Pictou County



## FWIC Convention 2012



**Sidney, British Columbia**



**Nova Scotia Delegates**



**Donna Henderson and Quilt**



**Marie Kenny, President FWIC  
Ruth Blenkhorn, Past President FWIC**

## Supplies

T-shirt with crest	10.00
Golf style shirt - navy	15.00
Embroidered sew-on crest	2.00
Membership pin (WINS crest)	16.00
Life Membership pin and certificate	30.00
Ceramic Mug –WINS crest and motto “For Home and Country”	6.50
Pewter Ornament (WINS office building)	10.00
Cooking Collections Cookbook by FWIC	12.00
WINS History Book 1, 2 and 3	2.00 each
WINS Handbook	5.00
Quilt Patterns Book	20.00
Stick-on WINS crests 24 per sheet	.25/sheet
WINS pen	3.00
WINS Apron	15.00
WINS / West Virginia CEOS Cookbook	5.00
FWIC pedometer	5.00
FWIC Purse Hanger	5.00
Sweatshirt with WINS crest	25.00
WINS keychain flashlight	3.00
God Be With You – Music CD	8.00
WINS Reusable Bag	5.00

