



HOME and COUNTRY

W.I.N.S.

Fall

Women's Institutes of Nova Scotia

2013

Vision Statement

"Learning, sharing and improving the quality of life for all"

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Dates of Events

WINS Alumni Meeting
2014
Shelburne

October is Friendship Month

Board Meeting
September 27-28, 2013

Call for Resolutions
Deadline for Submissions
January 31, 2014

WI Day in Nova Scotia
February 19, 2014
WI Week in Nova Scotia
February 16-22, 2014

ACWW Day
April 29, 2014

AGM 2013

Registration took place followed by Lyon's Brook Branch presenting a skit depicting the beginnings of Women's Institutes in Nova Scotia. Emcee Lynn MacLean read the rules for the Spelling Bee. Players from the districts come forward. Misspelled words decreased the number until Leona Ross of Hants Central District was declared the winner. Dr Ellen McLean and Rose Gillis delighted everyone with their recalling the challenges involved with producing the Anniversary Book *"Then & Now – Voices of Women for Progress & Change"*. The launch of the book followed. A drawing was made for a complimentary copy of the book won by Sharman Fells from Yarmouth. The books are available through the office at a cost of \$20.00. A social time with refreshments and cake followed.

Wednesday morning following registration the Opening Ceremonies took place. Following the Processional, New Glasgow Town Crier, Jim Stewart read a proclamation. Dignitaries and invited guests were introduced and brought greetings from their respective organizations. They included May Kidd (from Scotland) - Associated Country Women of the World (ACWW) President; Margaret Yetman (from Newfoundland Labrador) - ACWW Canada Area President; Marie Kenny (from Prince Edward Island) - Federated Women in Canada (FWIC) President; Holly Hersey - New Brunswick WI President; Cynthia Mitchell - Prince Edward Island President; Honorable Ross Landry - MLA for Pictou Centre, Minister of Human Rights and Attorney General represented Premier Darrel Dexter; Mr. Ron Baillie– Warden for Pictou County; Mayor Barry MacMillian – Mayor of the Town of New Glasgow. Minister of Agriculture, John McDonnell who was unable to attend sent written greetings. A Resolution being presented to the Legislature was also read.



Eleanor Lilley of Lyon's Brook WI introduced the morning speaker Nazanin Afshin-Jam. Nazanin is an author and lobbyist for women's rights around the World. She has travelled to many places and worked with many disadvantaged women. Her book 'The Tale of Two Nazanins' relates her story of

helping a young Iranian woman who had been sentenced to death. Eliminating Child Excusions is very dear to her. Nazanin related to us that in Iran, a woman requires more witnesses than the men do. Justice in developing countries is very male oriented. Nazanin is married to Peter MacKay and has a three month old son Kian. A small gift as a token of our thanks was presented to Nazanian by Coni Murray,

Dr, Ellen McLean acted as Parliamentarian at the 2013 AGM and 100th Anniversary Celebration. Dr. Ellen has attended AGM's, FWIC Conferences and World Trienniums.



Her term as President as Local, national and international levels of Women's Institutes gives Dr. Ellen a vast knowledge base and is a valuable resource to WINS.

After a short sing song everyone proceeded outside to have a group photo taken. Orders were taken and the photo would be available on Thursday.

Scrutineers were announced and voting strength taken. They were Joanne Smith, Linda Elliott, and Jean MacQueen. At this time President Linda Munro gave her report followed by Committee Reports given by the Chairs of the Committee.



A delicious lunch of Chicken Soup and a variety of sandwiches was followed by the afternoon speaker, Elspeth MacLean-Wile who was introduced by Clarice Pottie. Elspeth is a produce farmer from the Lunenburg area. She stressed the need and value to the local economy of buying local. One dollar spent on local merchandise (food, crafts etc.) will generate \$1.40 to \$2.60 to the economy. Some projects which help bring local producers to the forefront are "Dinner Close to Home" which features a 4 course meal with a pig roast; Community Supported Agriculture (CSA) where consumers pay the producer up front and receive a box of fresh products every week; teach people how to cook with fresh produce. Elspeth also stressed the need to ask for local produce in your area stores. Loblaws and Sobeys have a company which monitors online content for mentions of their companies – do not underestimate the power of your opinion. Lorraine Frauzel thanked Elspeth.

Marie Kenny, Federated Women's Institutes of Canada President gave an update on what is happening with FWIC. The Vesey's Fall Bulb Fund raiser will happen and a new fundraising initiative is being brought out – Willie the Worm. On visit to the International Peace Garden (IPA) FWIC donated 10 Adelaide Hoodless Roses and a project is being discussed to partner with the Garden to have students apprentice with the staff for a week in the summer, this will be a scholarship promotion by the provinces. The only cost for the province would be travel to and from the Gardens; all room and board would be supplied at the Garden.

The Business session continued with the financial report, resolutions and the remaining committee reports. Two resolutions were brought forward. One regarding the behavior of MLA's in the Legislature was passed. The second regarding walkers and joggers wearing some form of reflective material was withdrawn by the branch proposing it. Later in the day the Branch returned with a challenge to all members to design a reflective item (an armband for example) to be sent to the office and possibly become a project for the province.

Margaret Yetman, ACWW Canada Area President gave an update on happenings. The Canada Area project for the triennium has been fully funded. Margaret thanked the members of WINS for their support of the project.

The banquet was in the evening and we were honored to have the Lieutenant Governor of Nova Scotia His Honour Brigadier General J.J. Grant (retired) and his wife Joan in attendance. May Kidd, ACWW World President was the banquet speaker and introduced by Margaret Yetman. May entertained us with some of her experiences while in office and ended her speech by playing the accordion. This was enjoyed by all and many joined in by singing. The photo to the right was taken at the reception for the Lt. Governor prior to the banquet – left to right: Cynthia Mitchell – President PEIWI, Marie Kenny – FWIC President, May Kidd – ACWW World President, Her Honour Joan Grant, His Honour Lt. Governor J.J. Grant, Linda Munro – President WINS, Margaret Yetman – ACWW Canada Area President, Holly Hersey – President NBWI and Neil Kidd (May's husband).



Registration took place on the morning of the 18th for those attending for the day. May Kidd gave her report on ACWW, She noted that the cover photo on *The Country Woman*, ACWW magazine is Grand Pre WI as they participated in Women Walk the World. May gave a very informative talk on Pennies for Friendship and their benefit to the ACWW. She ended her talk with a sing along as she played the harmonica – everyone sang Auld Lang Syne.

Coni Murray led a short Meditation with poems, stories and prayer. A moment silence was held for all departed members.



After lunch our speaker was Dr. Teresa MacNeil. Dr Teresa was one of the earlier WI scholarship winners. Her talk revolved around knowing our target membership when recruiting new members and creating new branches.

Awards were presented for the Handcraft Competition. This was won by Kathy MacQuish from Cape Breton. The Reach for the Stars award went to Spa Springs WI who had six (6) new members in 2012- 2013. The draws were made for the quilt and cross stitch picture. The quilt was won by Elizabeth Palmer from Abercrombie and the cross stitch picture was won by Shauna Lake from Hants West. Congratulations to everyone.

Lorraine Frauzel issued an invitation from Lunenburg District to host the Annual General Meeting 2014.

Ellen Simpson installed the Board of Directors for 2013-2014. Delegates were reminded to hand in their evaluations, thanked for coming and wished a safe journey home.

Garden Tea Party



May Kidd (ACWW World President) attended a Garden Tea Party in the Annapolis Valley at Port Williams WI member Carol Buckley and husbands Ron's home.

Life Memberships!



Tupperville President Judy Whitman presents Wendy MacDonald with a Life Membership at the branches annual meeting on May 9, 2013.

"Reach for the Stars" Winners



Spa Springs WI won the 2013 'Reach for the Stars' award with six new members. Congratulations ladies!



Eleanor Ernest of South Berwick WI receiving her life membership pin.

DROPPING IN ...

SOUTHERN AREA

Arcadia – April roll call was answered by members telling about a Nova Scotia industry they had supported this week. Items were collected for the SHYFT house for youth in Yarmouth. May brought the annual meeting, after which an interesting presentation was given by high school student Regan Fougere, who had participated in a mission to Jamaica during the winter. It was agreed to donate to the mission, to provide socks to an orphanage in Jamaica. There was much discussion about the resolutions to be presented at the AGM in July. June's meeting was a pot luck supper for seniors at a local seniors' residence...**Brazil Lake** - Seven members met in April and learned that Earth Day used to be called Arbour Day, and it is not a federal holiday. Earth Day reminds us to stop polluting our earth with trash and pesticides. In May, members met for the first time with their new twin, New Tusket. A presentation by a 4-H club leader and four members was enjoyed by all and followed by a delicious pot luck supper. Members have cleaned the hall and painted the ceiling. **Brooklyn** – In April, members hosted a birthday party with entertainment, at a local nursing home. The branch continues make available breast pumps for rent or sale. June's meeting was a group outing to a local restaurant. Plans are being made for our participation in the local WINS 100th celebration luncheon to be held in October...**Chelsea** – In April, members enjoyed a demonstration on potting plants and planting wire moss baskets by greenhouse owner Mary Veinot. In May, they put on a soup and chowder luncheon for seniors. A Teddy Bears' Picnic was held in June and 89 teddy bears were collected and given to the RCMP and Bridgewater police to be used for children in crisis situations. A monetary donation was made to students from the area that was going on a school trip to Quebec. They hosted the Lunenburg spring meeting

and hosted a birthday party at a local nursing home...**Kempt** – In April they read an article on how positive thinking can relieve stress and be easier on the heart, also learned that eating lots of berries helps add years to your life. Anna Ford read an article about Grandma's apron and its many uses, and then presented each member with an apron! An ice cream social was held to help raise funds for desperately needed repairs to the hall which is owned and maintained by the WI. Plans were made for a penny auction for this cause. May's roll call was answered by reading about a Nova Scotia emblem. This was the annual meeting and yearly reports were given. A plant was sent to a local cancer patient, plans made for the annual outing, and Pennies for Friendship was discussed. In June a program was given by Diane Vidito on health-Myths and Facts. Roll call was answered by Firsts in Canada. The group worked on plans for the hall repairs, and had their annual outing to a local restaurant. Members are making two cakes for the July 1 celebration in Caledonia, catered a funeral reception, and plan on entering the 30 mile sale to be held in August...**North Brookfield** – In April, roll call was answered by A Spring Project to do. A program on a school trip to Greece was given by Allison Rawding and her son Kyle. Plans were made for the highway cleanup and the spring executive meeting in May. May's roll call asked for ideas for the summer outing. This was our annual meeting month, and finger puppets for the clinic in Caledonia were made by Elsie Fancey and Mary Frail. The group welcomed two new members this month. June roll call was 'What has given you the most joy in your life?' A program on Women's Institute was given by Sharon Crooker for the benefit of the new members. Plans were made for the annual summer outing and for the annual 30 mile yard sale. Donations were given to the 4-H and to the July 1 celebrations. **Parkdale Maplewood** - 12 members met in April and answered

roll call by naming a project a 4-H member could choose. A program on 4-H in Canada was given by Alice Rafuse, celebrating 100 years of learning by doing. Projects and other activities were discussed, and how these activities can build confidence in the young people of today. A quilt was completed and a donation given to the community hall. May's program dealt with Mother's Day- where it began, and information about mothers around the world. Roll call was answered by tidbits about Mother's Day. Bulbs were donated to the museum flower gardens...**Sable River** – June found the members enjoying lunch in the restored bowling alley, which brought back lots of memories. Plans were made for a work session in August to make reflective armbands and distribute them to school children in September. Work was done on the blue and yellow themed memorial garden, cedars and junipers were added. The group bought a copy of the anniversary book and a photo to be hand delivered to their pen-pal group in England in the fall. A second Back to Basics slow cooker session was completed in June, and plans are being made for other in the future; perhaps targeting seniors. Five members attended and enjoyed the AGM.

Respectfully submitted,
Sharman Fells
Shelburne District Director

CENTRAL AREA

The **Belnan** branch in April had a program on Health welfare. Ways to combat various health issues. They learned about the insulin pen now used by some diabetics. A donation was made to the local school to help purchase items for students to use. Final plans were made to hold the Spring Rally in May. Roll call idea was show and tell of an interesting item. A program was given in May on the Vision of the late war veteran Walter Callow. He came up with a way for veterans to be able to travel to various venues, games, site seeing, etc. which resulted in the Callow wheelchair

accessible buses that are in use today. Roll call idea was Mother's Day Readings... **Enfield** had a program on nutritional yeast, which is a deactivated yeast sold in the form of flakes in natural food stores – it's good on popcorn! The ladies also learned about how honey and cinnamon are used to reduce cholesterol, colds, arthritis, immune system problems, etc. Roll call idea was what sign of summer do you look forward to the most each year? A talk was given in May about Irradiated food. The FDA approved the irradiation of meat and poultry and allows it for use for a variety of foods, fruits, vegetables and spices. The FDA determines it's safe and effective in decreasing bacteria. Roll call idea was share something your Mother did and you still do. The **Gore** branch has reported on a very successful Dessert party they held in May. This is their main fundraiser which everyone enjoyed. Live music, desserts and fellowship! At each meeting members bring in food items for the local food bank. Roll call idea was pay ten cents for each pair of shoes owned. In June, the ladies spent the day with their twin branch – Grand Pre. A potluck luncheon and a wine tour were enjoyed by all. Two WINS signs have been erected in the community of East Gore, also WINS name tags have been made for all members to wear. A big welcome goes out to their new member – Barb MacDonald...In April, the **Hants Shore** branch had a speaker from the Arthritis Society talk about preventing and minimizing arthritis pain. A donation was made towards a new sandbox for the Harmony Park in their area. A hike in Cheverie was planned to mark ACWW Women Walk the World Event and was open to community members. The branch has organized an online auction fundraiser to collect funds to pay for their hall rental. Roll call idea was how do you manage pain? An end of the year potluck supper was held in June. Invited guests were the ladies from Upper Nine Mile River Homemakers and District Director Shelley Lake.

Everyone enjoyed the meal, games and activities held. A very interesting program was held with guest speaker Darren Porter. His presentation about his livelihood, Fishing of the Avon River, gave a view of his day to day work and challenges as well as a glimpse about the state of health of the local waterways and fish. The Resolution Committee have put together a presentation for their resolution to be presented at the AGM...The members of the **Martock Windsor Forks** have been busy quilting again this year. In April, the ladies were filmed quilting by the TV station Global. An old fashioned cake walk was held with the cost being ten cents per walk. Members were also busy baking goodies for the Traveling Bake Sale to help raise funds for the local District. Sharon Boegel gave a talk on her recent trip to Thailand which members enjoyed. Roll call idea was what is your favourite ice cream? In May, 202 large and 19 baby quilts were presented to the Salvation Army. Well Done Ladies! Three members participated in the Walk to World day in Grand Pre. Plans are made to hold a Birthday Party in the Fall with Grand Pre and Port Williams to help celebrate their 100th anniversary. A big welcome goes out to two new members – Karen Osborne and Moira Ducharme...**Nine Mile River Homemakers** had a 2 hour information session presented by Cheryl Demont of the East Hants Cancer Society. She spoke on different cancers, lung cancer being the number one killer in Nova Scotia followed by colon-rectal cancer. She gave out health tips, pamphlets and a resource list and information on the Nurse Navigator. Future plans include sponsoring the Breakfast program at the Rawdon School...**North River** had a visit from firemen. Evan Hansen and Nathan McKinnon demonstrated their equipment and explained all aspects of being a first responder. In April, members learned about organ and tissue donation, how time sensitive different organs are, how recipients are prioritized and how important it is to

complete the form to become a donor...The **Three Waters** branch has decided to cease as a branch due to low membership with much regret. Member Loucille Forsythe was presented with a 100th anniversary pin and a bouquet of flowers. Members will go to others branches in the area...**West Brook Halfway River** now holds their meetings at the Glooscap Restaurant. The branch held an auction in May...**West Pugwash** had a program on the importance of exercise at any age. Sharlane Laracque demonstrated Thai Chi and explained that everyone can do some form of exercise for about 20 minutes each day. The branch made a donation to the PDHS prize fund. They are also making plans for the Fall Rally. Roll call idea was what would you like to drink if you were stranded on a desert island?

Respectfully submitted,
Shelly Lake
Hants West District Director

Eastern Area

Middle River – Gairloch They had an auction of baked goods and new to you items and it was very successful. A picture of Wilma Cameron was being forwarded to head office as she has been a member for 58 years. Six members attended a Community Appreciation dinner provided by 4H. They supported 3 local schools each with \$25.00...**Caribou** They had an essay contest for grade 8 students on "Why we should vote" and gave \$100.00 to 1st and \$50.00 to the 2nd prize winners. They all wore Easter bonnets to their meeting and most were hand decorated...**Springville Island East River** They had a discussion on home economics for the decade 1910-1920 presented by members on information regarding the life of women and the growth of W.I. in Canada...**Fox Brook** Members were making plans to meet with their twin branch - Port Bickerton and they are involved in the purple hat drive for infants and small children. One member passed in 20 hats and 2 baby

sweater sets. They also passed out a pattern for knitted dolls for firemen to give out to children. In June they went out for a supper for their annual meeting...**Sherbrooke** Plans were made for giving a grade XII student a \$100.00 scholarship. In May they had a gathering with their twin Springville Island at Sherbrook Village. They saw a video on the Historic Village and a showing of quilts there. The quest speaker was Dr. Ellen MacLean who spoke on her involvement with W.I. over the years. The annual supper was held at a restaurant in June...**Bridgeville** In April they had a guest speaker on Agriculture and N.S. Industries re ecological design and aspects of human endeavor, food, housing and communities. They will provide table arrangements for the AGM banquet May brought their annual birthday 50 years--- Congrats! Their guest speaker was Carolyn Connolly speaking about her business Health by Nature...**Port Bickerton** In April they had a guest speaker on Heart Health. They made plans to cater to a wedding and reception they will put on. They bought gifts for new mothers and babies. In June they made plans to sell tickets on a quilt and meet up with their twin...**Point Edward** They have been very busy this year, making quilts (5 for a group home and 6 for the hospital for long-term patients) comfort pillows for breast cancer patients and 50 hats and blankets for babies at our local hospitals. Cards are sent out monthly to people in our community, get-well and sympathy. They had a birthday celebration with cake and a fun game of clue. They hosted the spring executive meeting for the district.**Churchville** They had a wide variety of programs, some educational and some for fun. Their main project is to support the breakfast program at the school both with funds and food...**Newtown Denver** They had a history of past W.I. years and held a successful bean supper. One member told of her experience as an air-force member June they had a program on

free-range poultry and healthy foods. They also gave a report of the Grand Community supper and made plans to attend the 100th. Anniversary AGM...**Port Hilford** This branch will help with grad celebrations and 3 will walk for St. Mary's Hospital. They will meet with their twin June 19th. A queen size quilt will be given to a family who lost their home in a fire.

Respectfully submitted
Barbara Herald
Cape Breton District Director

Western Area

This past February **Lakeville** had a spelling bee program chaired by Julia Llewellyn and Clarice Pottie, District Director. In March **Lakeville** finalized their plans for their 100 year celebration tea and they all planned to dress in costume of the various decades. **Tupperville** WI had a program on remembering something special about their aunts and Judy Whitman did her program on Aunt Emma who was loved by all who came in contact with her. They also sold tickets on an Easter basket with the draw taking place at the farmers market in Bridgetown and lucky winner was Deanna Bingham of Clarence. Clarice Pottie and Julia Llewellyn had us enjoy "Homonyms" where everyone was born and how they came to be in **Cambridge**. They also had a spelling bee. **Paradise** gathered at the home of Kim Grimard which was the actual meeting place for the founding meeting of the Paradise branch of the WI. Kim took us down memory lane with stories of earlier days some involving our own grandmothers. Many women spoke movingly of the support and friendship they experienced when they were first invited to WI. Others spoke of learning leadership skills and service to the community of Paradise. In April **Tupperville** had a program about a clipping from Times Magazine about the top 4 most important brain foods. The foods are fish, berries, garlic and ginger and they all enjoyed this topic. **Paradise** had a program with a

progress report from Jack and Jill Preschool. The preschool leases the Paradise school building which the Paradise WI owns. It was wonderful to hear how well the preschool is doing and how much benefit is being provided for young families in our area. The Paradise WI is proud they chose to take ownership of the school. **Cambridge** had Sarah Sinibaldi as a guest speaker who is a member of the Berwick 1st Rangers. She gave a presentation about her trip to Australia. She was one of 5 guiders chosen by the Canadian Guide Assoc. to represent Canada at the World Jamboree in Tasmania. She especially thanked the WI for all the support and encouragement and her Grandmother and Mother are members of Cambridge WI. Plans were made to take part in our 100 year celebration that was planned for Kings West. **Medford** had a program on Hope for Wildlife presented by Brenda Parker who volunteered for a week at the centre which rehabilitates injured animals. **New Tusket** had a program presented by Diane Mullen who told them about a mission trip to Bolivia. They made plans to meet in May with their twin Brazil Lake. They had a successful program on Back to Basics. **Grand Pre** had a program by Pat Levy where she tested the knowledge of branch members with questions on Grand Pre WI history and important WINS details and FWIC and ACWW information. They also planned to purchase a concrete bird bath to place at the community centre to commemorate our 100th year. Our oldest member Esther Chute turned 100 years old, and our youngest member Keshia Timmins turned 22 years old. We had our 60th celebration with some members from our twin Parkdale Maplewood joining us.

In May **Tupperville** Judy Whitman presented pins and certificates to celebrate 100 years. They had a silent auction and the money was divided between Bridgetown and Middleton food banks. They donated \$50 to the Scholarship

Fund and \$25 to ACWW. **Medford** is updating their history of their institute as a power point presentation and they are continuing care and maintenance as caretakers of Medford-Old Eaton cemetery. **Burlington** had a program of African traditional coffee party. They had Lette Issau as a guest speaker and she shared with us a traditional African Coffee Party. She prepared coffee from roasting beans, grinding the beans and serving us while women chatted and supported each other in similar ways that women in WI support each other here. A wonderful warm feeling pervaded the room as we realized that women everywhere are the same in more ways than they are different. Burlington also did care kits for Valley Regional Hospital. **Weston** had Paul Ward a former resident of Weston as a guest speaker and an amateur history buff and presented a program on Weston history. **Lakeville** had Gary and Wanda Trevors as guest speakers who spoke of an 8 year adventure of getting someone to admit Gary had Lyme disease. They presented all of the finger puppets, premie bonnets, toe socks and a baby afghan to Christi Dann of the Valley Regional Hospital. **New Tusket** had Delores Moses from 4H speak about different experiences 4H members had. They had their twin branch, Brazil Lake, as guests with a pot luck supper. **Spa Springs** had a potluck supper followed by our annual general meeting and made plans for their annual plant sale and coffee party that they held in May. In June, **Paradise** had a bargain fashion show. Each member chose an outfit purchased at a local thrift store or Frenchies. It was a lesson on recycling, supporting local business, and saving money. Judy Parks from **Cambridge** has a WI pen pal from Scotland who will be visiting this summer. Area Director Clarice Pottie attended and presented the new 2013 pins to those who were unable to attend the Spring Social. They donated to the 4H Achievement Day program and the Hospice Building plan.

Medford had a social luncheon at a local restaurant for a great finale as a last meeting of their WI year. Sandra Hirtle of **Burlington** told about an inspiring visit of a friend in Newfoundland, a Mrs. Minnie Goodyear, who has been a member of WI in that province for 67 years. She also read 3 poems that were written by Mrs. Goodyear. She also brought back a brochure containing guidelines for the year from the Provincial Office in Newfoundland with some ideas that she shared with the group. **Lakeville** had a cookie sale where they raised \$1455 and their plant sale raised \$982.62. These monies will go to a new roof on their community hall. Graduation cards will be sent to all the local graduates. Joyce Morton organized a get together for all the branches of West Kings in Lakeville with quizzes and readings done during a very nice luncheon. **Tupperville** members agreed to make a quilt to sell tickets on for a fundraiser for their group. New Tusket had their closing meeting supper at the Captain's Cabin in Digby and planned a 100th anniversary tea for September 26 at the Weymouth Historical Society.

Respectfully submitted,
Clarice Pottie
Kings West District Director

Cross Stitch Picture Winner



Winner of the cross stitch picture was Shawna Lake, Shelley Lake accepted the picture from Dr. Ellen McLean who created it.

Handicraft Winner



People's Choice winner for the 2013 Handicraft pillow competition is Kathy MacQuish.

2013 WINS Family Scholarship Winners

Isabella Redgate (pictured right) graduated from Lockeport Regional High School. She has been accepted to the Bachelor of Arts program at Mount Allison University.



Reid Anderson (picture left) graduated from St. Mary's Academy in Sherbrooke. He has been accepted into the Maritime College of Forestry.



Reach for the STARS Membership Challenge 2013-2014



Once again, Women's Institute branches across Nova Scotia will be adding new 'STARS' to their membership list during the 2013-2014 Reach for the Stars Membership Challenge. Each new member earns the branch one star.

Please report any new members, errors or omissions directly to the WINS office.



In Memoriam



Glenna King – Brooklyn and Area

Linda MacKinnon – Port Williams

Lucille Forsythe – Three Waters

Doreen Gorman – North River

Women's Institutes of Nova Scotia Alumni Meeting

Twenty five Alumni members welcomed ACWW World President May Kidd her husband, Neil, and ACWW Canada Area President Margaret Yetman to their meeting.

The winner of the \$1000 centennial scholarship was Mallory Munroe, who won the WINS scholarship in 2011 and has been attending Dalhousie taking Pharmacy. In September she plans to take Medicine, her brother



has a neurological condition and the Neurology team noted her interest and encouraged her to switch. Sable River WI will present the scholarship to Mallory.

Each year the Alumni have donated monies to WINS for office needs, last year's money has been added to a similar amount this year and a new computer has been purchased.

Sable River WI graciously issued an invitation to host the September 2014 Alumni meeting, which was accepted.

Alumni Scholarship Winner

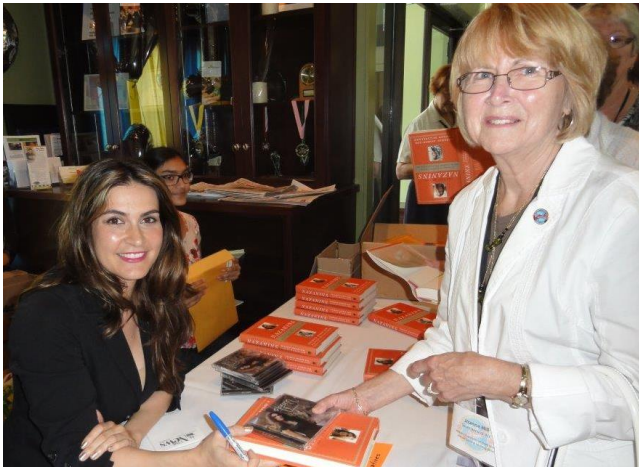


Mallory Munroe was awarded the \$1000 WINS Alumni Scholarship today during a ceremony held at the Sable River Community Hall. Shown above is Mallory accepting the award from Marge Dawe, past president of the Sable River and Area Women's Institute. Mallory is the granddaughter of Norma Munroe WI member of the Sable River and Area Women's Institute. We all wish Mallory well while she completes her third year in the Neurology Program at Dalhousie University.

North River WI Represent WINS in Parade



North River WI participated in the Provincial Exhibition Parade for the opening of the Ex in Truro. There were 6 North River members and Lindsay Murray present. It was loads of fun and the members handed out over 500 pencils to kids and small WINS brochures to Mums/Grand mums. Even some men wanted them! A special thanks to Basil Hoare Contracting and Curtis Lemon Concrete Company for helping out by donating their time, truck and trailer for the float.



AGM 2013
New Glasgow

Rustik Magazine

In July an article was published in the online magazine, Rustik Magazine, about the Women's Institutes celebrating 100 years in Nova Scotia. The story contained copies of archive photos and articles stored at the WI office, if you have access to a computer, you can view the article at: <http://rustikmagazine.com/womens-institute-of-nova-scotia/>.

Martock-Windsor Forks



Martock Windsor-Forks had a Garden Tea Party on July 6th

Kings West District



Kings West District members doing the 100 steps at Grande Pre to celebrate 100th anniversary of WI in Nova Scotia

100th Birthday



Mary Walsh presented flowers to Esther Chute on the occasion of Esther's 100th birthday in April

Quilt Winner



Winner of the quilt was Liz Palmer, Abercrombie. Pat Christensen accepted the quilt from Joyce Roode, who created the pattern.

Call for Resolutions



The dateline for Submissions of Resolutions is January 31, 2014



Don't Forget!!!

The WINS Provincial Office moved and the contact information has changed. Please direct any correspondence as follows:

Phone – 1-902-843-9467

Fax – 1-902-896-7276

E-Mail – novascotiawi@eastlink.ca

Address- 90 Research Drive, Bible Hill, NS, B6L 2R2



Point Edward Women's Institute



The Point Edward Women's Institute have had an extremely busy winter & fall. In addition to their regular commitments and contributions, they have been working on 3 major projects. They just completed 14 homemade quilts: 6 to be donated to the Extended Care unit at the Northside General Hospital where seniors are waiting for placement, 5 to be donated to a Group Home in Sydney, and 3 to be sold at their annual Christmas Tea & Sale in November. They have also completed over 200 Comfort Pillows to be donated to the Cape Breton Regional Hospital to be given to ladies who are having breast surgery. The other project has seen the completion of approximately 70 knitted baby bonnets and 70 baby blankets which are donated regularly to the maternity unit at the Cape Breton Regional Hospital. The group would like to thank the Northside the Lakes Community Health Board for funding for some of the supplies for these projects through their Wellness Initiatives Grant.

Pictured left to right:

Bottom row: Mary Williams, Sue MacInnis, Ruth Grant

Top row: Ruth Arsenault, Diane Hynes, Shirley Wells, Barb Herald, Cindy Rudderham, Shirley Lewis, Carol Lee Carrigan, Donna Rudderham & Edna MacVivar.



The WINS crest has been created in a floral arrangement by Sherry Chaisson with Dalhousie Faculty of Agriculture - Environmental Sciences Department. The crest is planted at the DalAC garden on Pictou Road in Bible Hill.

South Berwick 60th Anniversary



Congratulations to South Berwick WI on their 60th Anniversary!

Board of Directors:

President: Linda Munro, 25 Blackie Rd., RR 2 Pictou, NS B0K 1H0, 485-8391

Past-President: Coni Murray, 997 Hwy 311, North River, NS B6L 6H4 895-9829

President-Elect: Sheila Richards, PO Box 963 Truro, NS B2N 5G7 895-7172

District Directors:

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WINS keychain flashlight	3.00
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WINS Reusable Bag	5.00

Branch Twinning Project

If any branches are not currently twinned for this period (2012-2015) and would like to be, please let the office know. If possible, we will match any branches wishing to participate now.

