

WINTER

WOMEN'S INSTITUTES of NOVA SCOTIA

2007

Mission Statement

The Women's Institute of Nova Scotia continues to provide opportunities to enhance the quality of life, through education and personal development, allowing us to meet the changing needs of our local and global communities.

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Adopt-A-Highway Information Session March 2007 – Date to be announced Agri-Tech Park, Bible Hill

> ACWW Day April 29, 2007

Adopt-A-Highway Day in Nova Scotia May 4, 2007

> ACWW Triennial Conference June 2 - 8, 2007 Turku, Finland

WINS Annual General Meeting July 3 & 4, 2007 Shelburne

> Membership Dues for 2007 - 2008 June 1, 2007

From Ellen's Desk

Hello Friends:

The sun is shining, the temperature is -11; we have a light blanket of snow on the ground and we are over half way over the winter. What a wonderful country we live in! I am sure that it has been a very busy winter for all Women Institute Members.



In early November, approximately 50 Members met at Agri-Tech Park to learn, discuss, and share thoughts on Retention and Recruitment under the leadership of Laurie Sandeson. The two-day session was complimented with a presentation by the Recruitment team.

On December 1st, the Women's Institute received the Nova Scotia Federation of Agriculture's 'Agricultural Awareness Award'. The award was complimented with a cheque in recognition of the work that had been done in association with our Buy Local project. I was very proud to receive this on your behalf from Honourable Brooke Taylor and NSFA President, Frazer Hunter.

The WINS Board of Directors held their Board Meeting at Agri-Tech Park the first weekend in February. It was a very productive two days with a presentation by Laurie Sandeson on the results of the Recruitment and Retention Project. Linda Munro and Theresa Osborne developed and presented an *Easy Guide for Parliamentary Procedure* to the Board, which is now available for all new and established branches.

Women's Institute Week is February $18^{th} - 24^{th}$ and I hope that everyone will do something special. Take some pictures of Branch activities and send to the WI office.

Recently, I had the privilege of doing an interview on CBC radio regarding our Buy Local project. During WI Week, the WI Buy Local survey results will be released to the public and the media at an event hosted by the Department of Agriculture at the Five Fishermen Restaurant in Halifax. This is an excellent opportunity to promote Women's Institutes of Nova Scotia and Buy Local.

Following the direction of the Board, you will notice that some of our sales items have been reduced in price. Check out the sale item list located in this issue. We had a good response to the WI placemats and the WI aprons. With Easter and Mother's Day not too far away please don't forget the CD entitled, "God Be With You". It is a lovely CD to give as a gift, have in your car or to enjoy at home.

It is not too soon to make plans to attend the AGM 2007 in Shelburne on July 3^{rd} and 4^{th} . Registration forms are now available.

I will be attending a few District meetings this Spring and wish you all well with your plans.

Yours in WI Ellen M. Simpson, President WINS

Board of Directors:

President: Ellen M. Simpson, 520 Victoria Rd. RR2 Middleton, NS BOS 1P0 825-6429 Past-President: Ruth Blenkhorn, Box 46, Port Williams, NS BOP 1T0 542-7141 President-Elect: Coni Murray, 997 Hwy 311, RR 6 Truro, NS B2N 5B4 895-9829

District Directors: Annapolis: Bertha McVicar, 484 Victoria Rd., RR2 Middleton, NS B0S 1P0 825-6406 Cape Breton: Yvonne Kennedy, 59 South Head Rd., Homeville, NS B1B 1R7 737-5131 Cumberland-Colchester: Coni Murray, 997 Hwy 311, RR 6 Truro, NS B2N 5B4 895-9829 Digby: Karleen Gale, RR4 Weymouth, NS BOW 3T0 837-5784 Guysborough: Betty Reid, RR2 Guysborough, NS B0J 3C0 522-2096 Hants Central: Joann Cory, RR1 Kennetcook, NS B0N 1P0 632-2649 Hants West: Goldie McDow, RR1 Falmouth, NS B0P 1L0 684-9324 Kings East: Sharon Lynk, 562 Weaver Rd., RR2 Canning, NS BOP 1H0 582-1390 Kings West: Julia Llewellyn, 388 Lamont Rd., and RR1 Kentville, NS B4N 3V7 678-7029 Lunenburg: Anita Emeneau, RR3 First Peninsula, Lunenburg, NS B0J 2C0 634-8236 Pictou: Jo-Anne Smith, RR2, Site 8, Box 2, New Glasgow, NS B2H 5C5 923-2276 Queens: Lauren Seaton, 11798 Hwy #8 Kempt, NS B0T 1B0 682-2369 Shelburne: Margaret Dawe, 90 Freeman Mill Road, Sable River, NS B0T 1V0 656-3276 Yarmouth: Irene White, #310 Hwy, 334 Arcadia, NS B0W 1B0 742-5292 **Department of Agriculture and Fisheries Counselor:** Gerald Post Acting Director, Resource Stewardship, NSDA **FWIC Executive Officer:** Ruth Blenkhorn, Box 46, Port Williams, NS BOP 1T0 542-7141

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Visit our website:!! www.gov.ns.ca/nsfa/wi



FWIC Report (Federated Women's Institute of Canada)

Into the North

Sheila Needham, President, would like the members to take an active part in the second phase of the "FWIC Into the North" project. The first phase was raising funds and collecting and sending articles to the communities of Hopedale and Sheshatshui, which have benefited immensely from the active participation of our Women's Institute members.

In Phase II of this project, Regions have been established. The regions are the Atlantic Provinces; Quebec; Ontario; Manitoba and Saskatchewan; Alberta and British Columbia. Each region is encouraged to help a northern community/communities (whatever you consider to be north in your region). This phase is still in its early stages.

Toonie for a Shingle

The *International Peace Garden*, has always been well supported by all of our Canadian Women Institute members. Over the years these funds have helped with the upkeep of our picnic area but now unfortunately, more major repairs are needed to re-roof the Women's Institute picnic shelters at the Garden. The Peace Garden is located on the border between Manitoba and North Dakota.



Picnic Shelters

Convention, 2009

FWIC will hold their 2009 convention at the University of Prince Edward Island in Charlottetown from June 16^{th} to 20^{th} 2009. The theme chosen for the triennium (2006-2009) is

Women Inspired, Women Involved, Can Achieve Anything.



Growing Women's Institute

On November 3rd, and 4th 2006, a group of Women's Institute members attended a workshop. The purpose of this event was to discuss the future development of Women's Institute of Nova Scotia. If you want a copy of the final report

contact the office or someone who attended this event.

KIMAKO (ACWW area of Canada project)

Family Scholarships 2007

The aim of the Kimako project is to provide courses in nutrition and food preparation management for local women's groups in Tanzania. With the knowledge and skills, they will



learn to create economic stability. Not only are the women learning new skills, others are being helped too. A workshop was held at Mamba village on the slopes of Mount Kilimanjaro. Fourteen women participated. Equipment, tables and chairs were given to the women. Their first collection was given to the poor children of the community: the success of a project can be determined by how many other people are touched by the education and knowledge of a few

We are continuing to collect donations for this worthwhile project. Funds will be collected until this Spring. Send your donation to the Women's Institute office by the end of March.

There are 10 Women's Institute members from Nova Scotia going to Finland for the ACWW convention.



Handcraft Competition 2007 Recycled Craft

Regulations: Size: 18" x 18" x 18" maximum. Materials that can be used: wood, metal, fabric; and any other material can be used as long as the completed craft is at least 70% from recycled materials and no more than 30% new materials.

Judging: July 4th, 2007. Item must be delivered to the Handcraft Committee by 10 a.m. on July 4th, 2007, Handcraft desk, Annual General Meeting, Shelburne, NS.

District Director Postitions

This spring, four Districts will be electing District Directors or re-nominating their current Director for a second three-year term. District Director can serve a maximum of two three-year consecutive terms. The Districts that will be looking at renewing for Director are: **Lunenburg, Pictou, Shelburne, and Yarmouth.** Nomination forms have been sent to Branch Secretaries with this newsletter.



The WINS office has received a request from an Australia member requesting a pen pal from Nova Scotia. If you are interested, contact the office for more information.

With this issue of the newsletter your Secretary will have received copies of the 2007 WINS Family Scholarship form. **DEADLINE is April 13th, 2007**





Reach for the Stars Membership Challenge 2006-2007



There is still time to add 'STARS' to your branch during the 2006-2007 Reach for the Stars Membership Challenge. Deadline to submit new names for the current year is May 31^{st} , 2007.

Currently we have 29 new members! Welcome! All names of new members will be entered into a hat on June 1st and one lucky new member will receive free registration to attend the 2007 AGM in Shelburne (not including accommodations).

If the office has made an error or there is an omission from this list, please report it as soon as possible.

One Star

Barss Corner – Estella DeLong Bickerton - Katherine Kaiser Burlington & District – Sheila Peelar Chelsea – Cheryl Jackson Sherbrooke - Gwen Robar Tupperville - Gladys Weir Lakeville – Elizabeth Morrison Cambridge Station – Gloria Cousins <u>Tartan</u> – Jean Thain Martock-Windsor Forks - Theresa Henderson **Two Stars** Waterloo – Karen Boudais, Heather Johnston New Tusket - Laura Ford, Jean Mullen North River - Deborah Stiles, Lucille Forsythe South Berwick – Judy Walsh, Tammy West Port Williams- Mary Corkum, Maureen Rood Enfield - Alberta Williams, Kay Weir **Three Stars**

<u>Indian Harbour Lake – Jordanville</u> – Jeanette Furlong, Donna Nolan, Lesley Brothers

Four Stars

<u>Weston</u> – Anne Marquis, Judy Knox, Norma Barteaux, Donalda DeAdder

Reduced prices



Golf T-shirts and Familiar Family Favorites Cookbooks The shirts are now \$15.00. The cookbooks are now \$5.00 Get them now before You are too late!!!!!! **Dropping in on the Branches...**

Western Area

Acaciaville In September, Imogene Barton looked at WINS handbook to learn how to plan and conduct a better business meeting. In November, the branch made plans for the Christmas party... Blomidon - The Branch has decided to disband and to distribute money in the treasury by remembering two former members who are shut-ins, sending some to the Stamp Fund, some to 4H Association, Red Door and Chrysalis House, Kentville... Burlington & District - Dental hygienist Mary Ellen Lonergan presented a program on dental health in Honduras at the October meeting. A committee was formed to co-ordinate the many charitable efforts. Roll call was answered with items for Chrysalis House, a local women's shelter. Had a very successful Christmas and sale and Christmas party. In January, Cathy Lewis gave a talk on Titz and Glitz, a fund raising event, which began in Halifax ten years ago to assist women with breast cancer. Satellite groups around the province are carrying on the torch... Cambridge - In October the branch made plans for hosting West Kings District Rally and a Variety Show in November War bride Pauline Worthylake told about coming to Canada from England and her life as mother of six children and wife of Dr. Grant Worthylake for 57 years. A Christmas potluck, carol sing and Santa visit was held in December. Gloria Cousins and Pauline Worthylake are new members... **Canning** - In October, the branch made donations to Valley Regional Hospital Fair. In November, items were gathered for a WI display at Ross Creek Cultural Centre. In December donations were made to the Food Bank... Delhaven & District -In October, the branch finished a banner made with letters which were crocheted, smocked, plastic canvas,

cross stitched, quilted, felt or material ready for East Kings fall rally in Port Williams. \$100.00 was donated to a local project to help a family in need of a family home. A blind auction was held in November... Grand Pre - In October, Lynn McLelland presented an informative summary of recycling processes at Valley Resource Centre, energy saving tips for our homes and car efficiency. Plans were made for a birthday party for the eldest member. In November, Jean deWolfe gave valuable information on wills, endearing power of attorney, medical care directives, inheritance rules and new nursing home care legislation. WI items were gathered for a display at Ross Creek Cultural Centre. A quilt raffle was held in December. In January, Jean Palmeter gave a demonstration on how to make a gift bag from recycled paper e.g. calendars, wallpaper or used wrapping paper. Donations were made to Red Door, Chrysalis House, District Director's Fund and Adelaide Hoodless upkeep... Lakeville - In October, Michelle Parker gave some ideas on card making and each member created their own unique design. In November, Carol Boudreau told about a Literacy program she guided with Grandmothers in Kentville for three years. Their writings were compiled into three books. Roll call was answered with various writing medias e.g. letters, diaries, press releases. The Branch hosted Recruitment and Retention Workshop on November 13th presented by the Provincial Board. The branch held very successful soup luncheon. In December, the branch sponsored a community potluck for 80 people followed by a play The Magic Rug of Grand Pre. Donations were made to the Food Bank. The branch was saddened at the passing of Eddie Fairclough in November and two other members have moved to Grand View Manor Berwick. In January, Julia Llewellyn outlined a three-year project of producing a family genealogy. Members answered roll call with original their name, date and place of birth. Several members meet each

Tuesday afternoon to knit finger puppets... Lockartville - Glenda Braham helped members make comfort pillows for breast cancer. They sent greetings to their twin branch in Gore. On December 10th members went for Sunday Brunch at the Old Orchard Inn. In January, Lynda Andres told about organizing things that are important and eliminating others. Roll call was answered by Christmas disasters - a funny look at things that didn't go as planned... New Tusket - In October, the branch hosted the Digby County Fall Rally. Marilyn Buttwewell showed how to make Christmas cards in November. A Christmas party with games, carol sing and exchange of gifts was held in December Brazil Lake WI were guests. Donations were made to the Clare and Digby Christmas Daddies... Paradise - In September, the Branch visited the home of rug hooking teacher Kay Magwood and daughter Leslie Allen, Bridgetown to see her many rugs and wall hangings on display and works in progress. In October, James Hayward, manager of Fitness Exercise, Middleton spoke about the need for everyone to do some form of daily exercise, especially stretching to music, walking and outlined exercises for arthritic sufferers. Two new members have joined. The branch hosted Annapolis County Fall Rally. In November, Phyllis Nixon read a letter from a father, leaving for World War 1 to his eight year old son, expressing his love for his family and his sorrow at the coming separation. The father was killed six months later. Our guest, his daughter, now in her 90s spoke of her father and remembered being with her mother in Halifax at age 3. Other members shared Halifax Explosion stories. A Christmas party was held in December... Port Williams - In October, Lew Benedict gave the branch a tour of the newly renovated Community Centre. The branch planned to cater for the Lions Club

and is revamping their budget. In November, Jim Wile explained procedures for cremation at Serenity Funeral Home in Port Williams. Donations were made to FWIC and the Red Door. In December, Nancy Kidston, a native of Cuba, told about her homeland and the process of becoming a Canadian citizen. The evening ended with playing games, singing carols and an exchange of gifts. Roll call was answered by a favorite Christmas gift... Scott's Bay - In November, Tammy Huntley-Barkhouse set up stations on foot care, facials, manicures, blood pressure and sugar count which emphasized some things we can do to improve our health while living with diseases such as diabetics and breast cancer. The branch sponsored the Remembrance Day service and social and held a successful Rummage Sale. In January Gena Capstick showed suitable items to be sent to troops in Afghanistan and about the restrictions on the parcels. Members donated items to be sent to Gena's son-in-law... Sheffield Mills and District - Members who had attended Convention in July gave a report in September. Roll call was a memorable summer event. The branch sponsored the Terry Fox Run. In November. Leta Ells gave ideas for supper or lunch menus and roll call was each member's favorite supper. The branch enjoyed a Christmas potluck followed by readings and a carol sing. In January, Joan Kennedy told about Emergency Response planning. Households should have an emergency kit and a ready to go kit with items for a stay of 72 hours outside the home... South Berwick -In Sepember, Graham Hardy, Administrator of Grand View Manor, Berwick, outlined the criteria for being admitted to Fundy Villa or Orchard View Apts. The branch sponsored a Gala Day princess, Emily Lutz, daughter of member Janice Lutz. She spoke to the branch about the wonderful experience on Labor Day weekend. Two new members have joined but a former member Marnie

Bethune passed away. Plans were finalized for the fall rally and three members gave October readings. The branch is making baby quilts for Chrysalis House. In November, Ann Marks, a cancer survivor talked about preventive measures. Roll call was things our mothers had taught us. A very successful Christmas tea and sale was held and the branch enjoyed a noon meal at Mid Valley Motel, Middleton in December. Under the direction of Ann Corbin members made cards using stamping procedures. At the January meeting, roll call was remembering the best part of Christmas 2006... Spa **Springs** - In December, various members told about the real meaning of Christmas. The branch had a very successful Christmas tea and sale and donated to a needy person in the District and a Women's Shelter. In January, Carolyn Crawford presented ideas about inexpensive fitness activities. Roll call was new ideas for upcoming teas... Tupperville - In September, Marion Inglis gave a report about the FWIC Convention in Red Deer in June. In October, the branch worked on an appliqué quilt. Under the direction of Glady Weir the members learned how to make a Christmas angel from silk hose in November. In December, everyone told Christmas memories. Glady Weir instructed members how to appliqué in January... Weston - In October, Jovce Clarke taught members how to make tied pillows. The branch donated a pig for a pig roast to assist a local teenager who was seriously injured in an ATV accident. In November, John Dow talked about macula degeneration. The branch had a very successful tea and sale. In December 50 people attended the community potluck. A carol sing preceded the visit from Santa. In January, Brenda Crawford introduced members to many samples of recipes at an epicure party. There was an opportunity to order quality spices and chocolate.

> Respectfully submitted Julia Llewellyn Kings West District

Central Area

Greetings from Central Branches. In October **Belnan** had a very interesting program on Walter Callow's life. They planned to put up a new members welcome sign in community. At the November meeting members shared traditions of Christmas Eve and day. Program was a presentation of the many uses of old Christmas cards. Roll call was an exchange of recipes. In December members ate out at a local restaurant exchanging gifts and Christmas cards. Also had a show and tell, draw names for 2007 secret pals. They brought in personal items, as soap, toothpaste, brush, face cloth, etc. to Food Bank to be given out with special Christmas packages. January's program was on passports and visiting cards to enter United States... October being friendship month Hardwoodland Senior's members brought friends to the meeting. Plans for fundraising was making pies for sale and startingweekly card parties, roll call, was making a poem as you spelt your name. In November, they donated to the Angel tree and sent Christmas cards to shut in's and roll call was telling something about a veteran... In October West Brook-Halfway **River's** roll call was famous expressions of Judge Thomas Haliburton, Father of American Humour. In November they organized having a Reflexologist as a speaker for their Fall District meeting. A member told of her trip to Cyprus. Roll call was answered by words of Wisdom...Tartan reported in October of having a program on the apple industry in N.S., made plans for a workday to piece together a quilt of knitted squares they had done, to be donated to a charity. In November the roll call stamp challenge collected 74 for the W.I. office. Well done. They send to their twin members a signed Christmas card and enclosed short written profiles of each member. Lunched out at a local restaurant in

December exchanged secret pal gifts and for 2007. Donated fruit to local nursing home shut in's. January roll call was food bank items. March's roll call will be answered with wearing green for the Irish or pay a penalty... In October Martock Windsor Forks had a very interesting speaker Ross Lord of Global National, telling of his 2006 tour of Kandahar and Kabul. Telling tales of exactly what our troops are up against as they try to restore peace in the war affected area. Also a collection of personal items for local hospitals not provided for patients... West Pugwash report on October program of tips on how to save energy everyday and a report on David Suzuki. Roll call was answered with favorite ice cream and what we noticed about weather changes. In November they enjoyed a program about Old remedies and beliefs. They are booked to guilt 4 guilts. Busy ladies. Roll call was on Remembrance Day... In September Enfield planned year's programs and roll calls. They were contacting their councillors for information about a preposed airstrip in their area. Answered roll call with favorite author and book and why. In October, they had a program what makes your community healthy. Roll call was to tell or bring something from childhood. November's roll call was to tell about furthers place they had travelled from home and why. They had a program and quiz on N.S. wineries and give information on Canada's population by year, provinces and territories...North River's October program was War Brides. A member told of living in war torn Holland, meeting her future husband, coming to Truro and her experiences. In November they went on an armchair trip to China, with a CD of music and pictures, and display of items. In December, members and guests enjoyed a pot luck, Theresa Osborne showed the group how to make a Christmas ornament and had a fun game. As 2007 is the branch's 25th anniversary, they are planning to do something each month to celebrate.

Congratulations. In January they are planning a Church service for February.

Central Branches had a busy fall and Holiday Season. Plans for 2007 are looking to be productive in W.I.

> Respectfully submitted Goldie McDow West Hants Area Director

Southern Area

Barss Corner - Prepared for the Fall Rally, the New Germany Craft Show and also held a shower of school supplies for the students from North Queens Elementary School who lost everything in the fire which destroyed their school...Brazil Lake - Members made plans to make a quilt and planned a turkey supper. They packed 13 trays for shut-ins and made plans for a Christmas Party... Brooklyn and Area - Carolyn Richardson presented a program on Reading and what a wonderful hobby it is and the wealth of information that can be gained from it. They prepared trays for they local nursing home and, planned a Pot Luck Supper and brought gifts for underprivileged children and also made up Christmas boxes for shut-ins... Chelsea - Packed 31 shoeboxes for children in foreign countries, donated to the North Oueens Elementary School Teachers Fund and planned a 57th anniversary supper. Randall and Brenda Knor presented a program on a large tract of land on Molega, which had been donated, to the Nova Scotia Nature Trust. They talked about plants and species of wildlife that would be protected on this tract of land... Kempt - Had an interesting program on foods for losing weight and another one on how to keep healthy. They laid a wreath at the Cenotaph on Remembrance Day, had a new railing installed on the Community Hall. Made decorations for the Community Christmas Tree and placed first in the County competition... Lunenburg - Donated to Lunenburg Elementary Schools and also donated to the Lunenburg Jr./Sr. High School to be

used in their school libraries. They made finger puppets for the local hospitals...North Brookfield - Joan Watts presented a program on Blooms for all Seasons and learned what plants to put in for the fall and how to force bulbs so they bloom indoors. Had people from Kejimkujik National Park present a program on what there is to do at Kedgie. Made plans for the Fall Rally, held a Turkey Supper and made Christmas boxes for the Shut-ins and planned the Christmas Party... Port Clyde and Area - One of their members made three cuddle bears and a lap rug for the elderly. They entertained their twin from Brooklyn with crafts and a dinner. Made favors for Valentines at the manor and made plans for Christmas...Parkwood/ Maplewood - Had an interesting program on how to prepare your car for winter and another one on Simple ways that Seniors can practice mental fitness such as hobbies, games etc. They planned a Pot Luck Supper for October and Packed Shoe Boxes for Samaritan¹s Purse...**Sable River and** Area - Had a program on School Children in Guatamala presented by Jutta Christman who talked about her trips to Guatemala teaching children in the area. They bring supplies and even helped to build a toilet for the school. They viewed pictures of the area showing some children working in a coffee plantation and realized how fortunate they were to live in Canada. They prepared boxes for Shut-ins, laid a wreath at the Cenotaph and donated mitts, caps etc to IWK and planned their Christmas Party... Waterloo - Members made fabric squares and made plans to make blankets for the homeless, and also made finger puppets. They also planned their Fall Rally.

Respectfully submitted Lauren Seaton Queens District Director

Eastern Area

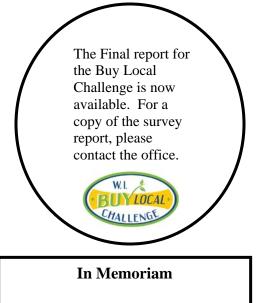
Bridgeville hosted an interesting evening with Mr. Schmitt, originally from Germany, who spoke on making rve bread in an outdoor wood stove. The owner of Paulee's Pet Sitting Service spoke on the services provided to her clients. Boxes were packed for shut-ins and 83 comfort dolls were created.... MacPherson's Mills enjoyed the Adams Christmas House Tour. They hosted a pancake breakfast and a Christmas Supper. They learned of volunteer opportunities available in the Summer Street Volunteer program. Shoeboxes were packed for the Christmas Child Project... Lyon's Brook discovered that Nova Scotia is a leader, both countrywide and provincially, in the world of recycling. Susan MacDonald spoke on the beginning of recycling in Nova Scotia. The members made Christmas Angels using tea towels and a potholder. Jennie McInnes displayed a quilt using both machine and hand stitching. Jeanette Fleischer walked the members through the process of becoming a Canadian citizen...Middle River-Gairlock donated \$100 to the Christmas Daddies and used "Penny in the Bottle" as a fun way to raise money. The members learned about elder abuse and stressed the importance of having fun at the meetings... Caribou sang carols to entertain the shoppers at the local Scobey's store. As a roll call, toys were donated to the Aberdeen Hospital. The duties of the Governor General were presented along with facts on Michaelle Jean. They are busy making plans for 40th anniversary celebrations. Don Gibson relaxed the members with a solitude tape on the sound of the loon...New Town Denver were entertained by two members with memories of Christmas traditions in their homeland of South Africa and Holland. They recalled fond memories of teachers and schools of the past... Garden of Eden packed boxes for Samaritans Purse and enjoyed a visit by outgoing

District Director, JoAnne Smith. An auction was held for the Terry Fox Fund. They expanded their knowledge on women across the world, many of whom live in difficult conditions. Boxes were packed for shut-ins and the elderly... The **Bickerton** branch honoured our war veterans with a get together in the fall, packed boxes for Samaritans Purse and hosted a senior's turkey dinner. They are busy making a quilt for a fundraiser... Point Edward made quilts for the homeless and worked on the playground near their hall. They raised money with a flea market and a tea and sale... East River-St. Mary's welcomed a new resident in the community and is making a quilt and mitts for the homeless. A program on Nova Scotia Agriculture highlighted the importance of blueberries and apples to our economy. Lynn Cooke spoke on a trip-of-a-lifetime to the Holy Lands.... Sherbrooke hosted a program on Human Rights in the Workplace by Neeraj Bhonet. They viewed a film on a young man with disabilities and his struggles through life. Ola Laing spoke on program development in the area.... Abercrombie packed treat boxes for the shut-ins in the local area. Plans are being made to celebrate the 55th anniversary of the branch. Drinking water and the danger of excessive chlorine was discussed as well as heart healthy baking... Homeville collected books and magazines for the local hospital. Members brought in two pieces of jewelry and gave a short history of the importance of the pieces in their lives... Springville-Island members were brought up-to-date on the ongoing work of the ACWW to improve the status and viability of rural areas. Dr. Ellen McLean spoke on the history of ACWW. Ruth Evans, audiologists, gave an interesting presentation on hearing loss and Nicole Johnston, certified athletic therapist, stressed the importance of looking after your body for maximum benefit.

> Respectfully submitted Yvonne Kennedy Cape Breton District Direct



The 2006 Agricultural Awareness Award was presented to Ellen Simpson by Brooke Taylor , the Minister of Agriculture, in early December at the Federation annual meeting.



Dorothy Niles – North River Margaret Betts – Garden of Eden





Blue Ribbon



2007 Fundraiser – An Irish Chain Quilt

Anita Emeneau, Lunenburg District Director, has graciously donated one of her handmade **Irish Chain** quilt for our 2007 fundraiser. Thank you, Anita. The quilt is black and white. Secretaries have received two books of tickets. It is at your Branch's discretion if you wish to sell tickets. The draw for the quilt will be held at AGM 2007 in Shelburne.

Pictou District's WINS and Friends Bowling League

This bowling league started in 1986. The league is celebrating its 20^{th} anniversary. The league started with 6 teams and has grown to 12 teams. Some of the ladies have been in the league from the very start. About 60 ladies bowl in the weekly league, which runs from the fall until late spring. Congratulations on your 20^{th} anniversary.

The league always has a 50/50 draw, the funds goes towards the banquet. A member made the box that collects the money for the draw. Women's Institute members or a community fire department caters the banquet. This group has made donations to various charities. Every year is a different donation. About 8 ladies are over 80. On November 16th, they celebrated Daisy MacDonald's 90th birthday. Daisy bowls with an average in the high 70's. Daisy belongs to the Churchville Women's Institute.



Ellen Simpson helped Daisy MacDonald to celebrate her 90th birthday.

Congratulations, Daisy



The idea for the blue ribbon came from a teacher in New York. She decided to honor each of her seniors in high school by telling them the difference they each made. She called each student to the front of the class, one at a time. First she told each of them how they had made a difference to her and the class.

Then she presented each of them with a blue ribbon imprinted with gold letters, which read,

"Who I Am Makes a Difference." She decided to do a class project to see what impact recognition would have on a community. She gave each of the students three more ribbons and instructed them to go out and spread this acknowledgment ceremony. Then they were to follow up on the results, see who honoured whom and report back to the class. The class took on the project and indeed made some differences.

This idea of making Blue Ribbons and giving a ribbon to someone who makes a difference in your life is an excellent way of showing your appreciation.

The **Brooklyn and Area** Branch made some of these Blue Ribbons and distributed the ribbons to Women's Institute members. Women's Institute does

Make a Difference.



Picture Contest

Get your cameras ready for a contest. we would like to see some interesting pictures of events, activities that your Branch is doing. Take lots of pictures and send your best action picture(s) to the Office. The winning Branch will win a new Women's Institute Sign. The winner will be pick in October, Friendship Month, and the winning picture will be in the Fall issue of Home and Country.