



# HOME and COUNTRY

W.I.N.S.

Summer

Women's Institutes of Nova Scotia

2009

### Mission Statement

The Women's Institutes of Nova Scotia continue to provide opportunities to enhance the quality of life, through education and personal development, allowing us to meet the changing needs of our local and global communities.

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### Dates of Events

**ACWW Day**  
April 29, 2009

**Membership Dues for 2009-2010**  
June 1, 2009

**FWIC Convention**  
**University of PEI**  
June 16-20, 2009

**WINS Convention 2009**  
**NSSC, Truro Campus**  
August 4-6, 2009

### From Ellen's Desk



Hello Women Institute Nova Scotia Friends

This evening as I write this "From Ellen's desk" I am feeling sad as this will be my last written greeting to you from me as your President. The past years have gone so quickly. There have been many changes with Women's Institutes in Nova Scotia particularly in the past three

years.

The dedication of the present Board as well as the ones who have served on the Board during my time as a Director for Annapolis, President Elect and President has made me feel so fortunate to have worked with such dedicated ladies. It has been such a joy to meet so many of Nova Scotia's Women's Institutes ladies at Conventions, Rally's and branch meetings. The friends that I have made are priceless; thank you ladies.

I want to apologize to the districts that didn't receive their resolutions and my President's message in time for the Spring Meeting. It was never meant to have happened and I hope district Directors were able to fill in all the spaces.

I have been so happy with the many branches that have taken part in the Pour for the Cure tea in support of the Canadian Breast Cancer. The various branches have all had very unique ideas and made each tea so individual with their area. In the future we will let you know the final results of the teas.

I am pleased to tell you that the Women's Institutes of Nova Scotia office has now officially moved across the street. We are located on the ground floor of the 4H building. The staff at the 4H building has certainly made us feel welcome. Special thank you to Gerald Post for all his work in making our move so smooth.

I hope that many of you will be travelling to PEI in June to attend the FWIC Conference. It will be at that time that Ruth Blenkhorn will become President of FWIC; we are extremely humble to have Ruth as our National President.

In August I hope that we will have a good turnout for our Women's Institute of Nova Scotia Convention for on August 6<sup>th</sup> Coni Murray will become your new President. The Convention will have something for each and every one of you. Please remember that your branch dues must be paid up to date in order for your branch to have a vote. I have attempted to visit districts more than once but in many cases it hasn't be possible because many of you booked your meetings on the same day. For example the middle of April and October seem to be the ideal times to have a Rally or district meeting. I would like to suggest that you try and set up a schedule so it is compatible with the President of the WINS.

Thank you for being so kind to me over nearly the past three years and all the best in your future Women's Institute activities. See you in Truro August 4, 5, and 6<sup>th</sup> at our Convention!

Yours in W.I.  
Friend  
Ellen

President, Women's Institutes of Nova Scotia

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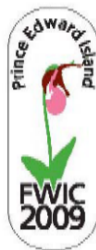
Visit our website: [www.gov.ns.ca/agri/wi](http://www.gov.ns.ca/agri/wi)

## Into the North Update

The Into the North project is now complete. WINS members have donated 29 boxes of scarves, mitts, toques, craft, and school supplies. Money donated purchased a microwave, computer, copier, printer and fax machine. Rosie and the Teen Support Group send their thanks for our generous donations.



## FWIC Convention 2009



The Federated Women's Institutes of Canada will hold their convention at the **University of PEI** in Charlottetown from **June 16 to June 20, 2009**.

The theme chosen for the triennium (2006-2009) is:

**Women Inspired Women Involved  
Can Achieve Anything**

Hope to see you there!

## Dropping in on the Branches...

### *Southern Area*

**Arcadia** had a presentation on Queen Victoria and made some regal hats; In March we viewed pictures of a trip to Spain and read a verse to celebrate WI month. The members had the program "What's The Scoop on Poop" and donated to the food bank... **Brazil Lake** learned about the wonderfulness of Cinnamon and Honey -seems to be good for anything that might be wrong with you. They had a valentine luncheon at their hall where they served 50 people; Arcadia, Brazil Lake and Brooklyn held a very successful Pour for the Cure at the Yarmouth Museum. They enjoyed seeing slides of their branch dating back to 1973. They made plans for their Bean Supper in May and on June 22, 2009 they will celebrate their 60<sup>th</sup> Anniversary. Congratulations.

**Brooklyn and Area** had a program on memories and roll call was a favourite valentine; and a program on Nutrition and roll call was a spring reading. They had a program on MSG. They also delivered a hearty snack basket and WI info to the local radio station, will make fleecy muffins for residents in a nursing home and a birthday party in April for Tidal View Manor...

**Chelsea** had an informative speaker on important items for traveling , especially for women. They took treats to Radio Station CKBW for WI Day... **Kempt** got 3<sup>rd</sup> prize on County outside Christmas tree contest; "Thank you" from I.W.K. for donation of money and breast pillows; remembered 5 shut-ins at Christmas; had a community Christmas supper; Volunteer name to be forwarded. Roll call on Spices -What they are, some combinations and how to use them. One of their programs was on health facts and they made a donation to 4-H. They reviewed their Adopt-A-Highway project and hope members will observe lights out on Earth Day... **Parkdale Maplewood** – had a program on citizenship... **Sable River**

**& Area** had a show and tell on dolls and named their favourite green thing. They are making donations to the Community Hall and Quilts for the Homeless... **Waterloo** had a Valentine meeting with a reading about the origin of St. Valentine's Day; they made a valentine fridge magnet trimmed with ribbon, beads and flowers. They discussed W.I. week planning to visit a former member on her birthday and treat her with cake and ice cream; Filled a box with "goodies" for a female member of the armed forces overseas and they are making a donation to Lapland District Fire Department and to the Waterloo Community Hall. Patricia Wile spoke of her experience teaching in the North at a Reservation School. A donation was made to Big Brothers Big Sisters. They made plans for the Spring Meeting.

Respectfully Submitted,  
Irene White  
Yarmouth District Director

### *Western Area*

In March Eleanor Benjamin of the **Burlington** Branch showed a homemade card done in the style of Scherenschnitte - German for scissor cutting - which she had made at a workshop in West Virginia in July 2008. A discussion occurred about the process. In April Kim Lipscomb explained the many projects and roles ACWW holds throughout the world, empowering women to contribute to sustainable development, having a role in decision making to impact on society. Kim also reported on the RCMP Identity Theft Program and how to protect ourselves against various types of fraud scams, telemarketers and identifying counterfeit money... In January Michelle Parker, Safety and Crime Prevention Officer with Seniors in Kings County, talked about identity theft, how to protect ones self , the response of the RCMP, the 911 ambulance system and the Vial of Life to the **Cambridge** branch, Roll Call was answered by safety concerns. Judy Parks has helped some

members in the District with Doll Making during the winter. In February Judy Parks read a modern version of Red Riding Hood and had a contest with answers that contained the word red. A red sale was held. Roll Call was memorable Valentine events. They had a program on the life and work of St Patrick and some history of Ireland... In January Ailsa Keppie of **Grand Pre** told the branch about the two year massage therapy course she is taking. She has to practice 2000 hours before she can be registered. She used her \$200 local branch bursary to purchase a massage table so she was able to demonstrate on three members. \$50 each was donated to the Red Door and Chrysalis House from money collected in the Christmas socks. In March information was read warning against money and house theft caused from the theft of cell phone information, garage openers and GPS. A donation was made to Angela Levy, a Kingstec student who is participating in an International Work Experience Project. In April Jean Palmeter read excerpts from a 1953 FWIC news letter. She opened a small treasure chest to show 1850 birthday books, autograph books and miniature photo albums from the Acaciaville School in Hortonville which was a boarding school for boys but local girls could attend as day students in the 1800s. Many Maritime sea captain sons attended as Hortonville had a wharf at that time. A donation was made to ACWW projects... In January Michelle Parker, RCMP Coordinator with Seniors in Kings County and Constable Les Kakonyi talked about fraud warnings when answering the door, telephone, doing business at the bank or ATM to the **Lakeville** Branch. Some members meet Tuesday afternoons to knit finger puppets, baby bonnets, toe socks. In February Kendra Scallion, a dietician at Valley Regional Hospital talked about changes in the Canada Food Guide and readings labels on food products. Members exchanged

homemade Valentines. A soup luncheon was held during WI Week. In March Ruth Blenkhorn told about the Adopt a Highway program. A bean, ham, scallop supper was held with proceeds for hall maintenance... In January Sharon Lynk did a program for her **Medford** Branch on the care of jewelry. Roll Call was answered by places members would love to travel to... **New Tusket's** January and February meetings were cancelled due to storms. In March Hilda Mullen told how Adelaide Hoodless helped to get Home Economics on the school curriculum and get the VON established in Ontario. The branch plan to sponsor a Christmas tree in next winter's Festival of Lights. The tree will be decorated with WI colors and have articles depicting WI projects. A Pour for the Cure Tea is planned... **Port Williams** – each member brought a special piece of jewelry and told why it was special. They have plans to cater a luncheon and hold a Farm Safety day... **Scotts Bay** are in the process of setting up a Comfort Center in their building for use in times of need. In April they will be having a Rummage Sale and in May a Chinese Auction... In December **Spa Springs** enjoyed a Christmas party with a ham dinner at Bernice MacLean's home. Roll Call was answered with the name of one of Santa's reindeer. In January Lloyd and Shirley Evans, local pig farmers talked about the difficulty and frustrations of getting their produce to market. It first goes to a central warehouse in Moncton and then back to the local supermarkets - thus losing some fresh quality. Roll Call was answered with facts about agriculture. A donation was made to the local food bank. Members are working on crafts on Thursdays. In February all enjoyed a Valentine Party with games and quizzes. Roll call was answered with a favourite way to eat chocolate. During WI Week the branch held a church service and served chili, rolls and pie at a luncheon following the service. A Pour for the Cure Tea was held in late March with a display of

handcrafts. They donated a trophy to the Annapolis County 4-H Leaders Council... In January **South Berwick** enjoyed making jewelry from shiny magazine pages, glue and beads with Cindy Usher as instructor. Donations were made to the District Director's Fund, Adelaide Hoodless Homestead Fund, W.I.N.S Scholarship Fund and to the South Berwick Community Club. In February Aaron Lake, a physiotherapist at Berwick Health Centre talked about the benefits of physical activity and his gentle approach to dealing with pain in the body. Roll Call was answered with everyday thoughts. On St. Patrick's Day shut-in boxes were packed and delivered. They had a fascinating talk on Alexander Graham Bell. They will hold a "Pour for the Cure" Tea on April 25<sup>th</sup>... **Tupperville** In April each member read a Grocery Shopping Tip. They are working on a quilt. In March they had a program on the "Home Steaders Bible" the Eaton's Catalogue... In January Anne Marques showed a cancer DVD in the **Weston** Branch. With new promising drugs people now diagnosed with cancer are living sixty percent longer compared to forty percent in 1940. Roll Call was highlights of Christmas. In February members enjoyed a Chinese auction and an exchange of Valentines. Shut-ins were visited during WI Week. They had programs on Picture Taking and Scrapbooking. A "55 Alive Mature Driving" workshop will be held in late April.

Respectfully submitted,  
Julia Llewellyn  
Kings West District Director

#### *Central Area*

**Belnan's** December meeting was cancelled due to weather, Christmas activities were held on January. Roll call was a Christmas reading. They had a gift exchange and chose a new secret pal for 2009. Program was on democracy; Hants Central branches received the democracy 250 anniversary medal. A very interesting article was read on democracy. Each

member of the branch will take the medal home for a month. The student who won Belnan Bursary is continuing her education so \$500.00 was given to her. February's roll call was a Valentine reading. In keeping with W.I.N.S. week, \$30.00 was donated to Heart and Stroke. Program was crafts. Members listed as many crafts as they could. A memory quiz on how many crafts items on a display table and unscramble craft words. Sorry to hear Belnan lost one of their longest members in September... **Enfield's** February roll call was a dream vacation and why. As a fundraiser, they planned a St. Patrick's bake sale in March. The members had a very detailed and informative program on Gluten Sensitivity... **Gore's** roll call was the telling of the best thing that happened to you over Christmas. Projects, each member will donate \$5.00 per month to help a child in Ethiopia through the Christian Children Fund. They had invited the red hat ladies (precious Relies) for lunch. Plans on going to Eagle Watch for the end of January was made... **Three Waters** answered January's roll call with ideas to restore flower border at Campbell Shipyard. Program was on communities in bloom 2009... **Three Cornered** In January had a program on jewelry. Roll call was a short reading about jewelry. Program, each member had a special piece of jewelry which they showed and told how they came to own it. Business was to send money for District Director's fund and Adelaide Hoodless Homestead. They planned a fundraising auction for February; roll call was Friends and friendship. For Women's Institute week a write up was put in their local bi-weekly newsletter about Women's Institutes-origins and purposes... **Nine Mile River Homemakers** answered roll call in January by paying \$1.00 if your waist increased over holidays. In February, they paid \$0.50 for each prescription taken for heart or high blood pressure. Program was about banking and fraud alert. What to do if credit or banking cards lost or stolen.

Wrote to Dept of Transportation about getting a historic sign replaced, received promise to be replaced in spring. Did up treats for seniors in area and delivered them to them. Looking into doing a food handling course... **West Brook Halfway River** in January, the members did a quiz for roll call. A program on reading by members entitled "a moment for you". Life member Mae Fullerton had celebrated her 104th birthday at South Cumberland Care Centre. Congratulation! Several members had visited with her. In her honour a donation was made to the centre. An auction was held. They made a donation to the "Highland Fling" in Amherst... **North River** In February they had a program on Drug Interaction. How drugs can be affected by other drugs or food. Members found it very interesting. A topic that has many questions. The speaker told the members, there are several options available for people taking multiple medications. They planned a Church service for W.I. week on February 15, 2009.

Following meeting, they had their Pour for the Cure mad hatters tea party, collecting \$154.00 for cancer foundation. Well Done! They made plans to host the Spring Meeting in April, and they attended an Art Show at NSCC Truro Campus.

Thanks to all the branches that reported activities to pass on. I always welcome Branch activities and reports, to share with all, your great ideas. So we can all hear about your activities and get great ideas for ours.

Respectfully submitted,

Goldie McDow

Hants West District Director

### *Eastern Area*

Nova Scotia's newest Women's Institutes Branch is having a great start-up. The **Spanish Bay** Branch has received funding from the local Community Health Board to provide personal hygiene kits to the homeless and needy in the Sydney Area... **Port Bickerton** is planning a Pour for the

Cure tea along with their annual Pancake, Beans, and Sausage Brunch. The Branch welcomed a new member, Eileen Hurley. Roll call for May is to be answered with baby Shower and New Mum gifts for the hospital... A program on Food Pricing made the **Newtown-Denver** group more aware of the importance of farm markets in supplying local produce. Just a reminder that all Women's Institute members should be supporting farm markets across the province. A local student told of her visit to Ottawa as a Young Citizen Delegate... **Homeville** Branch prepared trays of fruit and vegetables for the local elementary school as well as providing comfort kits for the needy at Harvest House in Glace Bay... To celebrate WI week, the **Abercrombie** group delivered goodies to the local radio station. The group recognized the achievements of seventeen year old Owen Bridge who runs a successful seed company. His interest started at the age of ten. What a wonderful example for other young people! They celebrated their 57<sup>th</sup> Anniversary with a Pot Luck supper and cake. They will provide Easter treats for the residents of Valley View Villa... International students from Japan and Holland visited the **MacPherson's Mills** Branch to share their culture and experiences. Their Bring and Buy auction raised funds for the SPCA in Granton. Boxes were donated to the Christmas Child Project... **Caribou** held a movie and pizza party in memory of a recently deceased member, Helen Lindsay. The group donated items for the shelter for battered women. Susan LaBland, a local dietitian spoke on diet, weight control and portion sizes for healthy meals... **Garden of Eden** remembered Dr. Fred Day as a local doctor, faithful friend and a true Nova Scotian. They mourn the loss of Etta Armswothry... The **Port Hilford** Branch celebrated their 60<sup>th</sup> anniversary. Community work is evident in the Branch with their recent donation of items for new mothers and babies at the IWK and St. Martha's Hospital... **Sherbrooke**

warmed up the winter with a program on Caribbean cruises and discovered many helpful household hints... The **Foxbrook** Branch learned some of the advantages of cranberries in our diet and are planning a Pour for the Cure tea. They made Tea Bag Holders for each visitor to their Tea on March 21<sup>st</sup>. They are having a "Take Out" supper in April... **Middle River-Gairloch** celebrated their 50<sup>th</sup> anniversary. Their Branch began on November 13, 1958 at the home of Miriam MacLean. The Branch will sponsor a Pour for the Cure tea in the Spring... The members of the **Springville-Island** Branch reflected on their branch over the years and revealed what they liked best about WI. They had a program on Dial-A-Law and Homemade Laundry Detergent... **Bridgeville** had an interesting program about KIVA, an organization that provides small loans to people around the world so that families can start businesses. People helping People!... **Indian Harbour Lake & Jordanville** members are working on a quilt which they will sell tickets on and an Easter Bunny with the proceeds going toward the Grade 12 Grad Party. They are making plans to have their Twin Branch visit... **Lyon's Brook** Branch made their annual Valentine's Shut-in boxes and delivered them.

Respectfully submitted,

Yvonne Kennedy

Cape Breton District Director



### **MacPherson's Mills WI**

Some International Students from Japan and Holland visited this Branch. They shared their lifestyles with the ladies from MacPherson's Mills



**Reach for the STARS  
Membership Challenge  
2008-2009**



Once again, Women's Institute branches across Nova Scotia will be adding new 'STARS' to their membership list during the 2008-2009 Reach for the Stars Membership Challenge. Each new member earns the branch one star. Welcome! Please report any errors or omissions to the following report directly to the WINS office.

**One Star**

Burlington and District – Darlene Schaeffer  
Belnan – Ellen Crowe  
Caribou – Elaine Chaisson  
Kempt – Debbie Worden  
Martock – Windsor Forks – Lois Smith  
New Tusket – Maurine Mullen  
Springville – Island – Rosemary MacDonald  
Point Edward – Joan LeRay  
West Brook Halfway River – Shirley Hurley  
Waterloo – Leonore Hirtle  
MacPherson's Mills – Margie Park  
Three Cornered – Sandra Lerette

**Two Stars**

Lakeville – Marilyn Kenny, Joyce Morton  
Sable River & Area – Norma Murphy, June Williams  
Parkdale – Maplewood – Vicki Rhodenizer, Faye Croteau  
Port Bickerton - Donna Blackie, Eileen Hurley  
Three Waters – Donna Wisen, Susie McNutt



**Handcraft Competition  
2009**

The Handcraft competition for 2009 is a **Stuffed Doll**. The size of the doll can be 21 to 91.5 cm (10 -36 in) high.

The dolls can be made from any fabric. It is to be a doll to "play with" NOT a collector style doll. Clothing must be made by the WI member. Dolls must be dressed in clothing appropriate to the design of the doll.

**Responsibility of Owner:** It is the responsibility of the owner to arrange for their item to be delivered and returned from the Provincial Convention. Each entrant will be required to sign the waiver and will enter their craft in the competition at their own risk.

The details and waver on this completion have been sent to your secretary.

Full details on this competition and the registration are on this website:

[http://www.gov.ns.ca/agri/wi/projects/stuffeddoll\\_app.pdf](http://www.gov.ns.ca/agri/wi/projects/stuffeddoll_app.pdf)



**FWIC Report**



The FWIC Executive Officers met in Toronto in October, 2008.

The Annual Report is now online. Provinces are reminded to forward information of events in their provinces to the FWIC office or web master to keep the site current.

The national project for the next triennium is to raise funds to paint the Homestead. The last project to help with the picnic shelter was very successful and President Sheila Needham presented \$5038.00 to the International Peace Gardens during our tour there following the ACWW Area Canada Conference held in Winnipeg in September.

The Into the North project is now complete and you will find an update in this issue of Home and Country.

Homestead Curator Heather Gerrard presented a report on happenings at the Homestead. Carol Force, chair of the local Homestead Committee, joined her. Heather will attend the FWIC convention in PEI to present a report and also to do a workshop on "preserving your history."

President Sheila Needham has been in contact with the Institut Feminin Francophone du NB (IFFNB) and forwarded information to them regarding the convention in PEI. This group split from NBWI a few years ago but have been seeking information on FWIC and we are hoping they join us in PEI.

Much discussion followed on the convention to finalize plans for the FWIC Convention to be held in Prince Edward Island June 16-19, 2009. The registration forms and information can be found on the FWIC website. I look forward to seeing many of you there.

See you in PEI.

Ruth Blenkhorn

President Elect FWIC

Executive Officer of Nova Scotia

### Farm Safety Day Camp Kings County



Children listened attentively to Kip Foster and Darren Robinson regarding safety instruction around large and small machinery at the Farm Safety Day Camp sponsored by Green Diamond Equipment, Steam Mill and East King's and West King's Women's Institutes.

Other sessions included First Responder, Steve Menzies demonstrating actual equipment and procedures used on ambulances and Sun /Fun Safety led by WI members, Clarice Pottie and Julia Llewellyn where each child decorated a hat to wear as protection from the sun's harmful rays. Carl Palmer, a double amputee through a farm accident and his wife, Evelyn brought all they had learned into focus as they related Carl's story and cautioned against Look a Like Liquids.

Thirty-one kids, intent on learning asked many meaningful questions, and met MLA, Leo Glavine and Queen Gala Day's, Keshia Timmins. They went home with a Goody Bag of useful agricultural and safety information and treats to share with their family as SAFETY IS EVERYONE'S BUSINESS.

Submitted, Betty Quartermain  
Chair of Farm Safety Day Camp 2009

### Nine Mile River Homemakers WI



From left to right are: Carol Burton, Mary MacAskill, Eileen VanderKooi, Carol Crawford and Louise Sloane

#### *"Pour for the Cure"*

Following our regular monthly meeting, our Branch held a tea party in our community hall in support of the Atlantic Region Breast Cancer Research Foundation. Those who attended were welcomed with a cup of Tetley tea and plenty of homemade sweets. A 50/50 draw was held with the winner being Marg Harris of the Gore WI. Marg generously donated her winnings back to the Cancer Society. We held "lucky cup" draws and gave a door prize. All prizes were donated to the Homemakers by a breast cancer survivor. Dorthea Mitchell of the Gore WI was the lucky winner of the blue ceramic Tetley tea pot that was provided by Tetley. Our tea party realized a sum of \$81, which was then sent on to the Canadian Cancer Society.

Submitted by, Eileen VanderKooi,  
President Nine Mile River Homemakers WI

### Democracy 250 Medallions presentation



Pictured above at the Presentation of Democracy 250 Medallions are MLA for Hants East, John MacDonell and representatives of the 5 WI Branches of Hants Central: From left to right: Shirley Ross, Hardwoodlands Junetter; Margaret Sullivan, Belnan; Joann Corey, Gore; Carol Crawford, Nine Mile River Homemakers; Ann Lively, Enfield.



### Office Update



The new Fax Number is **893-2757**. The office is located at the corner of College Road and Vimy Road.

Reminders: The Women's Institutes of Nova Scotia's office is opened from **Monday to Thursday**. The office is opened from **8:00 to 4:00**.

The office's email is: [wins@gov.ns.ca](mailto:wins@gov.ns.ca)



### In Memoriam

Betty McLean – Springville-Island  
Etta Armsworthy – Garden of Eden





### 2009 – Fundraiser Two Quilts and Porcelain Doll

An anonymous person has graciously donated two handmade quilts and a porcelain doll. Thank you! The first and second prizes will be the quilts and the third prize will be the porcelain doll. The secretaries have received books of tickets. It is at your Branch's discretion if you wish to sell the tickets. The tickets are \$2 each or three for \$5. The draw for the two quilts and the porcelain doll will take place on August 6, 2009.

### Grandmother's Quilt Pattern Book 1, 2008



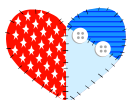
Contains 40 Heritage (pre 1959) patterns gathered from across Canada

For Sale

Price \$20.00

You can get your book from your District Director and Women's Institutes of Nova Scotia's Office.

Buy a copy!!!



### Supplies

Familiar Family Favorites Cookbook by WINS	5.00
T-shirt with crest	10.00
Golf style shirt - navy	15.00
Embroidered sew-on crest	2.00
Membership pin (WINS crest)	16.00
Life Membership pin and certificate	30.00
Ceramic Mug –WINS crest and motto “For Home and Country”	6.50
Pewter Ornament (WINS office building)	10.00
Cooking Collections Cookbook by FWIC	12.00
WINS History - parts 1, 2 or 3	2.00 each
WINS Handbook	5.00
Quilt Patterns Book	20.00
Stick-on WINS crests 24 per sheet	.10 /sheet
WINS Apron	15.00
WINS / West Virginia CEOS Cookbook	5.00
God Be With You – Music CD	15.00



### Convention 2009



**Theme:** Vision to Reality

**Place:** NSCC, Truro

**When:** August 4, 5, 6, 2009

**Registration Deadline:** June 1, 2009

**Hope to see you there**