



## LIVE WELL AT HOME

There's nothing quite like being in the comfort of your own home. But as you get older, it can feel increasingly difficult to manage on your own. Maybe you need a little help to take care of things around the house or support to take good care of yourself.

That's what *Better Care for Seniors* is all about - programs and funding from the province of Nova Scotia to make life more affordable and help seniors *Live Well at Home*.

## MAKING LIFE MORE AFFORDABLE

### Tax Relief for Seniors

Beginning with the 2014 tax year, government will invest an additional \$6 million per year to provide personal income tax relief to low-income seniors.

Seniors with taxable income under \$24,000 will be eligible for a new \$1,000 non-refundable Age Amount tax credit. This will enable low-income seniors to reduce their personal income tax liability by up to \$1,000. GIS recipients will continue to receive a refund of their provincial personal income tax if the new Age Amount tax credit does not reduce their tax liability to \$0.

### Property Tax Rebate

In 2014, government will increase the maximum property tax rebate available to seniors by \$200. Approximately 15,000 seniors qualify for the rebate.

### Fair Drug Prices

Government has allocated \$4.5 million to ensure that seniors will continue to pay less for generic drugs and will be protected against increases in Pharmacare premiums and copayments.

Nova Scotia will also partner with other provinces to reduce the price of six common generic drugs used by many Nova Scotians.



# SERVICES TO HELP SENIORS LIVE WELL AT HOME

## Personal Alert Service

If you are at risk for falls, help is never more than a touch away with a personal alert system. Funding of up to \$480 per year is available for low-income seniors to purchase this service.

## Medication Dispenser Technology

Eligible seniors can receive funding of up to \$499 per year to take advantage of this service. The automated dispenser helps you take the right medication at the right time and reminds you if you haven't taken your pills.

## Supportive Care

This program supports individuals with cognitive impairments such as difficulty remembering or concentrating. You can receive \$500 a month to pay for home support services like meal preparation, household chores and personal care. Eligible seniors can also be reimbursed for snow removal services up to \$495 per year.

## Home Care

Seniors can receive nursing services at home free of charge to help with dressing changes, catheter care, intravenous therapy and palliative care. Home support services such as personal care, meal preparation and housekeeping are also available. There may be a cost, depending on your income.

## Caregiver Benefit

This benefit helps caregivers of low-income adults who have a high level of disability or impairment. Those who qualify can receive a benefit of \$400 a month.

## Respite Care

If respite care is needed for a loved one, this program provides caregivers with the support they need at home or in a licensed long-term care facility.

## Health Equipment Loan Program (HELP)

Specialized hospital type beds are loaned free of charge to seniors who need them at home. Beds are delivered and set up by the Red Cross.

## Home Oxygen Services

Eligible Nova Scotians can receive oxygen equipment such as oxygen concentrators, portable tanks and related supplies. There may be a cost, depending on income.

## Wheelchair Program

A new program that will help seniors with mobility issues access wheelchairs free of charge. This 1.4 million dollar investment will ensure low-income seniors, 65 years of age and older, get the help they need when they need it.

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## FIND OUT HOW YOU OR SOMEONE YOU KNOW CAN BENEFIT FROM THESE SERVICES

Call our toll-free number and arrange for an in home assessment by a Care Coordinator. You can also visit our website for more information.

1-800-225-7225  
[novascotia.ca/bettercareforseniors](http://novascotia.ca/bettercareforseniors)

**BetterCare**  
**For Seniors**



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