



**Executive
Council**

Nova Scotia

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Rachel L. Jones
Registrar of Regulations
Province of Nova Scotia

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The Governor in Council on the report and recommendation of the Minister of Health and Wellness dated September 25, 2025, and pursuant to Sections 4, 13 and 14 of Chapter 15 of the Acts of 2023, the *Regulated Health Professions Act*, is pleased to make new regulations respecting psychology, in the form set forth in Schedule “A” attached to and forming part of the Report and Recommendation, effective on and after November 24, 2025.

Certified to be a true copy

Tracey Taweel
Clerk of the Executive Council

Schedule “A”

**Regulations Respecting Psychology
made by the Governor in Council under Sections 4, 13 and 14
of Chapter 15 of the Acts of 2023,
the *Regulated Health Professions Act***

Interpretation

Citation

1 These regulations may be cited as the *Psychology Regulations*.

Definitions

2 In these regulations,

“Act” means the *Regulated Health Professions Act*;

“Board” is further defined to mean the board of the Regulator;

“competency framework” means a framework approved by the Board establishing the competencies that registrants are required to possess to practise safely and ethically within the scope of practice of their designation or licensing category;

“former Act” is further defined to mean Chapter 32 of the Acts of 2000, the *Psychologists Act*;

“General Regulations” means the *Regulated Health Professions General Regulations* made under the Act;

“Nova Scotia Board of Examiners in Psychology” means the board continued as a body corporate under Section 3 of the former Act;

“psychology” means the practice of psychology by a registrant;

“psychology technician” means a person who assists a registrant in the practice of psychology by performing tasks delegated or assigned by the registrant;

“registration and licensing decision maker” means the registrar, the registration

and licensing committee or the registration and licensing review committee, as applicable;

“Regulator” means the Nova Scotia Regulator of Psychology;

“title protection” means the restriction on the use of a title associated with a particular designation or category of licence to persons who are authorized to practise within the scope of that designation or registered and licensed in that category of licence.

Regulator

Nova Scotia Board of Examiners in Psychology continued

- 3** The Nova Scotia Board of Examiners in Psychology is continued as a regulatory body under the name Nova Scotia Regulator of Psychology with the purpose of regulating the profession of psychology in accordance with the objects set out in Section 6 of the Act.

Bylaw authorization

- 4** The Regulator is authorized to make bylaws under clauses 12(2)(d), (j), (k), (l) and (m) of the Act, in accordance with the Act and these regulations.

Public representatives on Board

- 5** In addition to the requirement of subsection 7(2) of the Act, the number of public representatives on the Board must be no fewer than 3 and no more than 4.

Scope of Practice

Scope of practice of psychology

- 6 (1)** The scope of practice of psychology is the application of specialized and evidence-based psychology knowledge, skills and judgment that have been taught in an approved education program or are set out in 1 or more of the following approved by the Board:
- (a) competency frameworks;
 - (b) standards of practice;
 - (c) practice guidelines.
- (2)** The scope of practice of psychology as described in subsection (1) includes the performance of any or all of the following activities:
- (a) assessing and providing therapy to a person or group of persons for any or all of the following purposes:

- (i) to enhance physical and mental health,
 - (ii) to achieve effective personal, social and vocational development and adjustment;
 - (b) diagnosing psychological and emotional disorders;
 - (c) performing any other services, roles, functions and activities included in the scope of practice of the designations and licensing categories set out in the bylaws.
- (3) The scope of practice of psychology also includes health promotion, research, education, inter-professional collaboration, consultation, management, administration, advocacy, regulation or system development that is related to the activities and application of specialized and evidence-based psychology knowledge, skills and judgment described in subsections (1) and (2).

Scope of practice of designations and licensing categories

7 Under clauses 12(2)(k) and (l) of the Act, the Regulator may make bylaws setting out all of the following:

- (a) the scope of practice of each designation and licensing category established
 - (i) in these regulations, and
 - (ii) in the bylaws;
- (b) the title protection authorized for each designation and licensing category established in the bylaws.

Registration and Licensing

Practising licence categories

8 The following are the practising licence categories for psychology:

- (a) psychologist practising licence;
- (b) any other category of practising licence established in the bylaws.

Conditional licence categories

9 The following are the conditional licence categories for psychology:

- (a) candidate psychologist conditional licence;

- (b) psychologist conditional licence;
- (c) any other category of conditional licence established in the bylaws.

Application and criteria for registration in practising register

- 10** **(1)** An application required by Section 34 of the Act must be completed in the form required by the registrar.
- (2)** In addition to the completed application, an applicant for registration in a practising register must submit all of the following to the registrar:
- (a) proof satisfactory to the registration and licensing decision maker that the applicant meets all of the following criteria, except if any or all of the criteria are waived under Section 59 of the Act:
 - (i) they are a graduate of 1 of the following:
 - (A) an education program approved for registration in the practising register in which they seek to be registered and that is at 1 of the following levels:
 - (I) master's degree,
 - (II) Ph.D.,
 - (III) Psy.D.,
 - (B) an education program that, in the opinion of the registration and licensing decision maker, is equivalent to an education program approved for registration in the practising register in which they seek to be registered,
 - (C) an education program that, together with the applicant's additional education and experience and in the opinion of the registration and licensing decision maker, provides the applicant with the competencies to practise in the scope of practice of registrants in the practising register in which they seek to be registered,
 - (ii) they have successfully completed any examinations required by the Board for registration in the practising register in which they seek to be registered,
 - (iii) they have completed a competence assessment, if directed to do so

by the registration and licensing decision maker,

- (iv) they have successfully completed any bridging education required for registration that was determined to be necessary by a competence assessment,
 - (v) they have demonstrated proficiency in the English language, in the manner prescribed by the registrar,
 - (vi) they are a Canadian citizen or legally entitled to live and work in Canada,
 - (vii) they have the capacity, competence and character to safely and ethically engage in the practice of the profession in which they seek to be registered without conditions or restrictions,
 - (viii) they have no outstanding complaints, prohibitions, conditions, agreements or restrictions originating from the Regulator or any other registration or licensing authority that would preclude registration in a register other than a conditional register,
 - (ix) they are the person named in the documentation submitted in support of the application,
 - (x) under the requirements of the Act, these regulations and the bylaws, they are eligible for a practising licence that corresponds with the practising register in which they seek to be registered,
 - (xi) they meet any additional criteria for registration in a practising register set out in the bylaws;
- (b) the applicable fee, within the time determined by the registrar and using a method acceptable to the registrar.
- (3) The processing under Section 36 of the Act of an application and its associated information, documents and fee described in subsections (1) and (2) must be completed by the registrar as soon as practicable.
- (4) A review and decision under Sections 37 and 38 of the Act regarding an application must be completed by the registration and licensing committee as soon as practicable.

Criteria for practising licence

- 11 (1)** In addition to the completed application in a form approved by the registrar

required by Section 35 of the Act, an applicant for a practising licence must submit all of the following to the registrar:

- (a) proof satisfactory to the registration and licensing decision maker that the applicant meets all of the following criteria, except if any or all of the criteria are waived under Section 59 of the Act:
 - (i) they meet the registration criteria in subclauses 10(2)(a)(iii), (iv), (v), (vi), (vii) and (ix),
 - (ii) they are registered in the practising register that corresponds with the licensing category for which they are seeking a practising licence,
 - (iii) they have professional liability insurance or another form of malpractice coverage or liability protection in the form and amount set by the Board,
 - (iv) they meet the requirements of the continuing competence program for the licensing category for which they are seeking a practising licence,
 - (v) they meet the currency of practice requirements for the licensing category for which they are seeking a practising licence,
 - (vi) they have no outstanding complaints, prohibitions, conditions, agreements or restrictions originating from the Regulator or any other registration or licensing authority that limit their ability to practise,
 - (vii) they have completed any assessments or education required by the Board for the licensing category for which they are seeking a practising licence,
 - (viii) they meet any additional criteria for issuing a practising licence set out in the bylaws;
 - (b) the applicable fee, within the time determined by the registrar and using a method acceptable to the registrar.
- (2) The processing under Section 36 of the Act of an application and associated information, documents and fee described in subsection (1) must be completed by the registrar as soon as practicable.

- (3) A review and decision under Sections 37 and 38 of the Act regarding an application must be completed by the registration and licensing committee as soon as practicable.

Criteria for registration in conditional register

- 12 (1) The registrar must enter the name of a person who meets all of the following in a conditional register:
- (a) for an existing registrant in a practising register, they have
 - (i) agreed to conditions or restrictions that limit their ability to practise, or
 - (ii) had conditions or restrictions that limit their ability to practise imposed on them as a result of a regulatory process;
 - (b) for an applicant for registration in a register, they meet all of the following requirements:
 - (i) all of the criteria for registration in a practising register, other than the criteria in subclauses 10(2)(a)(vii), (viii), (x) and (xi), and except as provided in subsection (4),
 - (ii) they have the capacity, competence and character to safely and ethically engage in the practice of the profession in which they seek to be registered with conditions or restrictions,
 - (iii) they have either
 - (A) agreed to conditions or restrictions that limit their ability to practise, or
 - (B) had conditions or restrictions that limit their ability to practise imposed on them as a result of a regulatory process,
 - (iv) under the requirements of the Act, these regulations and the bylaws, they are eligible for a conditional licence that corresponds with the conditional register in which they seek to be registered,
 - (v) any other requirements for registration in a conditional register set out in the bylaws,
 - (vi) they have paid the applicable fee, within the time determined by

the registrar and using a method acceptable to the registrar.

- (2) The processing of an application under Section 36 of the Act for an applicant described in clause (1)(b) must be completed by the registrar as soon as practicable.
- (3) A review and decision under Sections 37 and 38 of the Act regarding an application made by an applicant described in clause (1)(b) must be completed by the registration and licensing committee as soon as practicable.
- (4) An applicant who has not passed the examinations required for registration, but who otherwise meets the requirements of subsection 13(1), may be granted conditional registration by the registration and licensing decision maker pending the passing of the registration examinations.

Criteria for conditional licence

- 13** (1) The requirements to be met for issuing a conditional licence under Section 43 of the Act are as follows:
- (a) for a person who is an existing registrant holding a practising licence, they have
 - (i) agreed to conditions or restrictions that limit their ability to practise, or
 - (ii) had conditions or restrictions that limit their ability to practise imposed on them as a result of a regulatory process;
 - (b) for an applicant for a licence, they meet all of the following requirements:
 - (i) all of the criteria for registration in a practising register, other than the criteria in subclauses 10(2)(a)(vii), (viii), (x) and (xi), and except as provided in subsection (4),
 - (ii) they are registered in a conditional register that corresponds with the licensing category for which they are seeking a conditional licence,
 - (iii) the requirements for a practising licence in subclauses 11(1)(a)(iii) and (vii),
 - (iv) they have the capacity, competence and character to safely and ethically engage in the practice of the profession in which they seek to be licensed with conditions or restrictions,

- (v) any additional criteria for issuing a conditional licence set out in the bylaws,
 - (vi) they have either
 - (A) agreed to the registration and licensing decision maker's imposition of conditions or restrictions that limit their ability to practise, or
 - (B) had conditions or restrictions that limit their ability to practise imposed by the registration and licensing decision maker or a statutory committee;
 - (c) for all applicants, they have paid the applicable fee, within the time determined by the registrar and using a method acceptable to the registrar.
- (2) The processing of an application under Section 36 of the Act for an applicant described in clause (1)(b) must be completed by the registrar as soon as practicable.
 - (3) A review and decision under Sections 37 and 38 of the Act regarding an application made by an applicant described in clause (1)(b) must be completed by the registration and licensing committee as soon as practicable.
 - (4) An applicant who has not passed the examinations required for registration, but who otherwise meets the requirements of subsection (1), may be issued a candidate psychologist conditional licence by the registration and licensing decision maker pending the passing of the registration examinations.

Practice and Title Use Restrictions, Services Not Prohibited and Publication Restrictions

Restriction on practice of psychology

- 14** No person may engage or offer to engage in the practice of psychology or describe their activities as “psychology” or “providing psychological assessment” unless they are 1 of the following:
- (a) a registrant holding a psychologist practising licence, a psychologist conditional licence or a candidate psychologist conditional licence;
 - (b) otherwise authorized to practise psychology, in accordance with the Act, these regulations, the General Regulations or the bylaws;
 - (c) exempt from the application of the Act, these regulations, the General Regulations or the bylaws.

Restriction on use of “psychologist” title, description or designation

- 15 (1)** Except as provided in subsection (2), no person may take or use the title, description or designation of “psychologist”, the abbreviation “R.Psych” or any derivation or abbreviation of them either alone or in combination with other words, letters or descriptions unless the person is 1 of the following:
- (a) a registrant holding 1 of the following under these regulations or the bylaws:
 - (i) a psychologist practising licence, as permitted by clause 40(a) of the Act,
 - (ii) a psychologist conditional licence;
 - (b) otherwise authorized to practise as a psychologist or to use the relevant title, description or designation in accordance with the Act, these regulations, the General Regulations or the bylaws.
- (2)** A person who meets all of the requirements for registration in the psychologist practising register except for passing the registration examinations approved by the Board, and who has been issued a candidate psychologist conditional licence pending the passing of the examinations, may use the title “Candidate Psychologist” or “Psychologist (Candidate Register)” only.
- (3)** A person who meets all of the following criteria may use the title “professor of psychology”, but must not use any of the titles, descriptions, designations, derivations or abbreviations described in subsection (1):
- (a) they are not a registrant;
 - (b) at a post-secondary educational institution, they
 - (i) hold the academic title of “professor”, and
 - (ii) do any or all of the following:
 - (A) teach psychology,
 - (B) engage in research in psychology.
- (4)** A psychology technician may use the title or description of “psychology technician” only.

Restriction on use of bylaw licensing category title, description or designation

16 No person may take or use the title, description or designation of a licensing category established in the bylaws under clause 12(2)(l) of the Act, unless the person is 1 of the following:

- (a) a registrant holding a licence in the category that authorizes the use of that title, description or designation;
- (b) otherwise authorized to practise within the scope of the designation or to use the title, description or designation of that licensing category, in accordance with the Act, these regulations or the bylaws.

Services not prohibited by Act, regulations or bylaws

17 In addition to the services set out in Section 164 of the Act, nothing in the Act, these regulations or the bylaws prohibits the practice of psychology by a non-registrant through delegation or assignment of tasks by a registrant, if the practising and delegation or assignment are done in accordance with the requirements approved by the Board.

Restriction on use of title or designation in advertisement or publication

18 In any advertisement or publication, including business cards, websites and signage, that refers to activities that fall within the scope of practice of psychology, the following restrictions apply:

- (a) only a person who is authorized to do so by these regulations may use the following alone or in combination with other words, letters or descriptions:
 - (i) the title of “psychologist” or any other title or designation protected by these regulations or the bylaws,
 - (ii) any derivation or abbreviation of the titles or designations described in subclause (i);
- (b) only a person who is authorized to do so under Section 14 may describe their activities as “psychology” or “providing psychological assessment”.

Fines**Professional conduct fine maximum**

19 A fine imposed by the professional conduct committee under clause 110(1)(m) of the Act must not exceed a maximum amount of \$100 000.