



# The 47th Provincial **Volunteer Awards**

September 20, 2021  
Broadcast Live from Pier 21  
Kenneth Rowe Hall Halifax,  
Nova Scotia

Nova Scotia Communities, Culture, Tourism and Heritage  
is pleased to host the Provincial Volunteer Awards  
and would like to congratulate  
all award recipients.



## ***Lieutenant Governor's Message***

As Her Majesty's representative in Nova Scotia, it is my great pleasure to welcome you all to the 47th Annual Provincial Volunteer Awards Ceremony.

The theme for this year's Award Ceremony is *The Value of One, the Power of Many* and reflects the 2021 National Volunteer Week theme. This theme illustrates that through the acts of kindness by individuals, that much can be achieved when we all work together for a common purpose. This has never more been the case than in Nova Scotia, particularly over the past 18 months. Despite health and safety restrictions, our citizens have continued to volunteer and have found alternative and innovative ways to selflessly give of their free time and resources across a broad range of charities and causes. They do this because they wish to improve the lives of other and help those who are less fortunate. Collectively, their efforts have made a huge difference.

On behalf of the Queen, I offer my sincere gratitude and best wishes to the volunteers honoured today and all the volunteers across our province. I commend you all and I greatly admire your compassion for your fellow Nova Scotians.

A handwritten signature in black ink that reads "Arthur J. LeBlanc". The signature is written in a cursive, flowing style.

***The Honourable Arthur J. LeBlanc, ONS, QC***  
Lieutenant Governor



## ***Premier's Message***

On behalf of the Province of Nova Scotia, welcome to the 47th Annual Provincial Volunteer Awards.

Volunteers generously give their time, provide support to their fellow Nova Scotians and promote community achievement all year long. They are the foundation of our communities and come from every corner of the province.

These have been challenging times for us. However, it is the strength, generosity, kindness, and resilience shown by volunteers that continues to help us overcome our challenges. We are a stronger province for this reason.

I want to congratulate the recipients of the 2021 Provincial Volunteer Awards. And I am honoured to be in service of our province alongside you.

Sincerely,

A handwritten signature in black ink that reads "Tim Houston". The signature is written in a cursive style.

***Honourable Tim Houston, M.L.A.***  
Premier



## ***Minister's Message***

It is my pleasure to welcome you to the 47th Annual Provincial Volunteer Awards. You have been selected by your community to represent the thousands of volunteers who make our province strong by acting with generosity, compassion, and goodwill towards others.

Volunteers play an important role in our thriving and healthy communities. These annual awards are our way of saying thank you to the many exceptional individuals of all ages who lift the lives of others and contribute to vibrancy in our communities.

The Provincial Volunteer Awards recognize the value of giving and the caring that you have shown to others. You demonstrate the power of people, organizations, communities, and nations working to make things better for others.

Thank you for your great work.

Sincerely,

A handwritten signature in black ink that reads "Pat Dunn". The signature is fluid and cursive, written in a professional style.

***Honourable Pat Dunn, M.L.A.***

Minister of Communities, Culture, Tourism and Heritage

# Agenda

*47th Annual Provincial Volunteer Awards 2021*

*11:45am*

**Emma Stevens**

*Unama'ki (Cape Breton) Recording Artist*

*Noon*

**Emcee Linda Carvery**

**Welcome**

**Jenna Robar**

*(Traditional Mi'kmaq drummer and singer)*

**Remarks from**

**The Honourable Arthur J. LeBlanc**

*Lieutenant Governor of Nova Scotia*

**Annual Volunteer Awards Address from  
The Honourable Pat Dunn**

*Minister of Communities, Culture, Tourism and Heritage*

**Volunteer Representative Awards Presentation**

*Performance by: Flamenco en Rouge*

*The Lieutenant Governor Presents the*

**Youth Volunteer of the Year**

*The Minister Presents the*

**Family of the Year Award**

*The Minister Presents the*

**Nova Scotia Strong Award**

*Dance Performance by: House of Eights (K-Pop)*

*Closing*



## ***Emma Stevens***

Seventeen-year-old Emma Stevens has been singing and performing most of her life but recently became a recording artist with the release of “My Unama’ki”, a song celebrating the strong and resilient indigenous culture of her home, the island of Unama’ki (Cape Breton).

In 2019, “The International Year of Indigenous Languages”, Emma recorded Paul McCartney’s “Blackbird” in her native, Mi’kmaq; a language with fewer than 10,000 living native speakers remaining. Since its release, Emma’s version of “Blackbird” has garnered international attention and helped bring awareness to various efforts being undertaken to revitalize endangered indigenous languages around the world.

Emma resides in Eskasoni First Nation, the largest indigenous community in Eastern Canada, where she is in her final year high school and is actively working on a variety of musical projects.



## ***Linda Carvery***

Former President of the award-winning Nova Scotia Mass Choir, Linda embarked on a solo career in 2000, recording her first CD Yesterday/Today.

In 2002, she won the ECMA for Best Jazz Artist and has since been recognized by the African Nova Scotian Music Association with a Lifetime Achievement Award.

Linda expanded her musical horizons with performances in several Neptune Theatre productions, and has done numerous fundraising concert collaborations with Halifax For Haiti and the East Coast Blues Summit.

With her optimistic outlook, Linda gave a Ted Talk, Aging Well, at MSVU. Then, in collaboration with MSVU, the Black Cultural Centre and the Africville Genealogical Society, she presented a one-woman show entitled The Soulful Sunday Sounds of Africville.

Linda's musical diversity and powerful presence combine to deliver an entertainment experience that has attracted a large and loyal following.

Beyond her varied performances, she has served as the Citizenship Judge for the Atlantic region.



## ***Jenna Robar***

Jenna Robar is an accredited Holistic Health Coach, passionate speaker, and a traditional hand-drummer and singer. Jenna carries the title of 'National Ambassador of Hope' with Canadian organization 'We Matter', frequently travelling across Canada to speak to Indigenous youth on life promotion. Seasoned in speaking up for what she believes in, she has spoken and drummed in the House of Commons, with the United Nations Association of Canada, in schools and universities on behalf of the Truth and Reconciliation Commission of Canada, and with YMCA locations across the country.



## ***Flamenco en Rouge***

*Flamenco en Rouge* (FER) is an award-winning Halifax-based group of six, internationally-trained, artists who have performed on the stages of Canada and Spain. The group is known for its authentic approach to gypsy (gitano) flamenco and also for its multimedia artistic collaborations.

*Flamenco en Rouge* often performs “tablao style”, replicating the intimate, dark ambiance of the Spanish flamenco tavern, but also in theatres and large-scale venues, such as the Music and Beyond Festival in Ottawa, the National Gallery of Canada, Ottawa, the Canadian Museum of Immigration at Pier 21, and the Maritime Museum of the Atlantic, to name a few. *Flamenco en Rouge* was competitively selected to perform at the Victoria International Flamenco Festival in 2017 and 2019.



*house of eights*

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DANCE STUDIO

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## ***House of Eights***

House of Eights Dance Studio is a community dance space with the mission to empower all through dance education, community engagement and artist development. Located in downtown Halifax, people from all walks of life are celebrated and equipped to achieve their goals as dancers. An experienced and diverse faculty is dedicated to providing a positive learning environment and consistently invest in training to give back to our dance community. The group will perform a contemporary fusion dance piece that showcases their styles and craft as Asian artists in Halifax's dance community.

# *2021 Representative Volunteers*

## ***Cape Breton Region***

### ***Bernard, Maurice*** ***We'koqma'q First Nation***

Maurice is being recognized for his dedication to the We'koqma'q First Nation, where he has been involved for over 10 years offering his time as a volunteer with several community groups including the We'koqma'q Evening Recreation overseeing volleyball, basketball, floor hockey, archery and a walking group.

### ***Johnson, John Duncan*** ***Potlotek First Nation***

At 91 years of age, John D. has devoted much of his life, living a life of service for his community. Married to his wife Aggie for almost 66 years they raised 13 children together. A carpenter by trade, he is responsible for many of the buildings in his community and eagerly shared his skills with the young men of Potlotek. A self-taught man he returned to school, at a time when most people retire, to receive his official "Papers" for carpentry and continued his work for another 20 years. A man of deep faith, he has been devoted

to the upkeep of St. Anne's Church on Chapel Island. A fire destroyed the Church in 1976 and John D., with his team of volunteers, worked to replace it. He was named to the Grand Council as Captain in 1985. In this capacity, he was able to continue his volunteer service to advocate for the people of Potlotek. His dedication and hard work have been an inspiration to the many generations of residents and has made John D. the respected elder he is today in our community.

## ***Johnston, Mary*** ***Town of Port Hawkesbury***

Mary has been an active volunteer in the Town of Port Hawkesbury for 30 years. She was a founding member of the Port Hawkesbury Food Bank and is currently the primary coordinator. Mary has spent countless hours helping clients, attending meetings, taking phone calls, and assisting in any way that she can. She is also, a longtime volunteer at the Port Hawkesbury Anglican Church as a Eucharistic Minister, Sunday School teacher, envelope secretary and a member of the church council. Mary has also donated her time as a volunteer at the Port Hawkesbury Library as well as the Festival of the Strait.

## ***MacLeod, Brian*** ***Municipality of the County of Victoria***

Reverend Brian MacLeod is responsible for running two successful youth groups within the community of Baddeck. He is also an active member of the local Rugby Club, the local Lions Club, and is the chaplain for the local Legion. There is no doubt that the continuous work Reverend Brian contributes to our community will continue to have a long-lasting impact.

## ***MacMillan, Stephen***

### ***Municipality of the County of Inverness***

Stephen has been an active member of the Glencoe Station Recreation Association since 1998 and is currently going into his third year as president. In 2019, the 40+ year old Glencoe Station community hall received much needed energy efficiency upgrades thanks to Stephen's vision and commitment. Stephen's fundraising efforts for the organization and his can-do attitude are truly impressive and his good nature and leadership skills have sparked interest in the younger generation to join and become more active.

## ***Marshall, Leonard & Gina***

### ***Eskasoni First Nation***

Leonard and Gina are very involved with Eskasoni's sports and recreation programs. On most days they have their hands full with 5 kids of their own, travelling from one rink or ballfield to another. Travelling in two cars everywhere they go they willingly take many other team members to rinks, lacrosse and ballfields. Leonard and Gina still always manage to find time to volunteer everywhere they go to coach, fill referee roles or assist with programming, ensuring the success of every sport.

## ***Pierro, Mary Catherine***

### ***Wagmatcook First Nation***

Mary is an active member in our community who is always involved in events, activities, gatherings, and ceremonies. She is one of the members of the Elder's Council and is often the spokesperson for the group. She is also a member of the Justice Council and volunteers her time with the court to provide assistance and guidance. She is the Spiritual Prayer leader in the community, Queen of the World Church

clerical assistant and Eucharistic Minister. Mary is a very well-respected elder in our community and her home is often open to people looking for guidance.

## ***Samson, Rose***

### ***Municipality of the County of Richmond***

Rose is the person to call if you need anything done, she never says no. She dedicates countless hours to fundraising and recruiting volunteers for many causes. Rose is devoted and always willing to help, she can be seen helping at most local fundraisers organizing bake sales, cake walks, and musical performances. She regularly assists people diagnosed with a serious illness to pick up groceries or medication and to run errands for seniors and/or people with disabilities. Her volunteer legacy inspires everyone to contribute time to volunteer.

# *2021 Representative Volunteers*

## ***Central Region***



### ***Aucoin, Jeff***

***Halifax Regional Municipality***

Jeff is a key pillar in both the Dartmouth and Nova Scotia soccer communities. He has been coaching soccer for more than 25 years and has served as president on many volunteer boards and was involved with Canada Games as a Provincial Team Manager. Through volunteering Jeff has built community resilience in soccer. His passion and dedication to the sport have inspired many new and experienced leaders to follow his path, enabling the sport to live and thrive in our communities today and for many years to come.

### ***Beamish, Mike***

***Halifax Regional Municipality***

Mike has served in many roles with Chebucto Minor Hockey including President, Team Manager and Website Manager. He has also provided his time to St. James United Church, Halifax County United Soccer Club and Halifax West

High School Football team. He was back on the baseball field helping to train young umpires two months after undergoing a stem cell transplant two years ago and hasn't slowed down since. This exemplifies Mike's commitment to young athletes saying "it's all about the kids."

## ***Beuree-Edwards, Natasha*** ***Halifax Regional Municipality***

Natasha has seen the impact of her family's charitable efforts her entire life. With COVID-19 making her more aware of the needs in her own community, Natasha undertook the organization of a food drive that involved many households in her neighbourhood. She collected more than 2,000 food items which helped to lessen the stress for dozens of families in her neighbourhood during the holiday season. Natasha also gives her time as a karate instructor, tutor, and student council.

## ***Edgar, Jim & Judie*** ***Halifax Regional Municipality***

As cancer survivors, Judie and Jim participated in and fundraised for cancer events for many years. Their warm and engaging personality has gone the distance in helping others feel supported during challenging times, always thinking of how they can help those with life after cancer. Together they envisioned a place that cancer survivors could go to reflect on their journey and to celebrate cancer survivorship. Now located on the Dartmouth Waterfront, the Cancer Survivors Daffodil Garden is the result of thousands of hours of meetings, planning, promoting and organizing. Their commitment to this project inspired the contributions of many organizations, as well as dozens of helpers and donors. The result is a place of hope and inspiration for those affected by cancer and their families. Jim and Judie's

unwavering perseverance with this project has ensured a landmark on the waterfront for many years to come.

## ***Kamali, Kiyana***

### ***Halifax Regional Municipality***

Over the past few years Kiyana has been involved with many initiatives within Halifax. Some of her most notable volunteer work has been fundraising for homeless youth with Phoenix House, creating care packages and raising awareness for immigrants and refugees at Atlantic Lighthouse. Kiyana has also been involved in increasing patient comfort at the Victoria General Hospital as an ophthalmology surgery patient assistant and is also a Crisis Responder for Kids Help Phone.

## ***Mailman, Lyle***

### ***Halifax Regional Municipality***

Lyle has been a significant community contributor, getting things done and initiating important conversations about mental health. He has a personal understanding of the impacts of mental health challenges, and willingly shares his story with battling depression to encourage and support others coping with mental illness. Lyle says the best therapy is showing gratitude and living a life of service. He has provided his time to the Beaver Bank Kinsac Community Centre, Acadia Park Square Roots program, and Beaver Bank Community Watch.

## ***Nashnoush, Eptehal***

### ***Halifax Regional Municipality***

Eptehal is a full-time engineering student at Dalhousie University, who dedicates her time in helping others realize their scientific potential through her various volunteer

roles and leadership positions, including the Discovery Centre and the QE2 Hospital and Engineers NS. She has contributed more than 150 hours volunteering. With her outstanding efforts, she has earned not only this recognition, but the respect and gratitude of her colleagues and peers whom she is committed to seeing success.

## ***Rollings, Colleen***

### ***Halifax Regional Municipality***

Colleen has used her time and talents to provide excellent leadership to Rockingham United Church's Building and Property committee, overseeing large projects such as the LED light conversion project, a roof replacement, and a solar panel project which will have huge environmental impact. She is dedicated, hard-working and inspires others in her community to take an active role in making her community a better place. Colleen also provides her time to Grosvenor Wentworth Park School, Engineers NS and the Halifax Wolverines Soccer Club.

## ***Wright, Julia Meredith***

### ***Halifax Regional Municipality***

Julia is a problem solver who seeks both conventional and out of the box opportunities to contribute to her community. Whatever she does as a volunteer, she gives 100%, as a Brownie Junior Leader or volunteering to organize fundraisers within our community. Her actions have inspired others with her volunteer commitment to Adsum House, Girls Guides, and Sacred Heart School.

## *2021 Representative Volunteers*

# ***Fundy Region***

### ***Blair, Crystal*** ***Municipality of Colchester County***

Instead of taking a well-deserved rest after serving customers for 31 years, Crystal, owner of the Glenhome Petro Pass, did the complete opposite. During the pandemic she realized how difficult it had become for essential workers and made the decision to remain open and provide a resting place, along with a home cooked meal free of charge to truck drivers. As time went by more and more drivers heard of the welcoming service and as a gesture nicknamed her Angel. Crystal is a compassionate and extraordinary individual whose kindness allowed her community to thrive. She feels we are really all in this together and when all is said and done our community connections will stand the test of time.

### ***Chandler, Jacki*** ***Municipality of East Hants***

Jacki has been a valued volunteer giving her time and leadership to multiple community organizations for more

than 18 years. She currently holds the chair position at the East Hants Museum Society and the Hants Craft Show. She had played a large part in building a new playground for her community and served on the Nine Mile River Trail and the Upper Nine Mile River Hall Committees as a member. She is also involved in East Hants Grounds Search & Rescue as Treasurer and participates in searches. Jacki has a love of volunteering and takes every opportunity to assist her community.

## ***Gillis, Mike***

### ***Millbrook First Nation***

Mike has been an active member of Millbrook First Nation's community garden and the Millbrook Greenhouse for several years. His commitment and dedication to the gardens has given community members the opportunity to learn about sustainable agricultural practices. He has been especially important during the pandemic, as his efforts have provided nutritious food for our low income and the Elder populations within the community.

## ***Gower, Lisa***

### ***Town of Amherst***

Lisa is a dedicated teacher at the Nova Scotia Community College who puts her heart and soul into helping her students. She is a dedicated Rotarian, as both a member and President, who drives their international volunteer work, ensuring grants for various projects. From orphanages in Kenya to local Syrian refugee settlements, Lisa's volunteer work shows she is not only passionate about her own community, but also about issues around the world.

## ***Mackinnon, Glenn***

### ***Town of Truro***

Since the mid 80's, Glenn has been a well-known name in many households. He has always made time to be an active volunteer in his community. Glenn has been very involved in the local sporting community, coaching basketball, hockey, soccer, archery, volleyball, badminton, floor hockey, and golf. Since his retirement, he has been volunteering his evenings organizing open gym nights, family archery and snowshoeing events to facilitate families to spend time together while being active. A great example of how he goes above and beyond can be seen through his family snowshoe hikes. Glenn takes the time to light the trails with tea lights and hides "wild animals" in the trees to the delight of his students. It is not only what Glenn does that is deserving of recognition, but also the energy and enthusiasm that he brings to every occasion.

## ***Nix, Gregory***

### ***Municipality of the County of Cumberland***

Greg has been a champion of all things outdoor. He has continually encouraged and guided many groups in outdoor activities and the knowledge he has shared has made a positive impact on our county and throughout Nova Scotia. Greg has taken on the challenge of overseeing trail maintenance to ensure a safe experience, especially during Hurricane Dorian. He also teaches orienteering to youth and demonstrates how to safely adventure outdoors. His endless determination has resulted in amazing trails and the beginning of an outdoor legacy.

## ***Ross, Joe***

### ***Town of Stewiacke***

Since 2018, Joe has taken the lead on all the Town of Stewiacke's children's sport programming. He volunteers his time working with children to support them in basketball, t-ball, flag football, floor hockey, soccer and introductory sport programming. Joe also assists the recreation department with program planning and implementation. His dedication to youth is commendable - the community is very thankful to have such a devoted and caring volunteer in their community.

# *2021 Representative Volunteers*

## ***Highland Region***



### ***Crouse, Randy***

***Municipality of the County of Antigonish***

Randy is the coordinator for Antigonish Challenger Baseball, Provincial Coordinator for Nova Scotia Challenger Baseball, and National Coordinator for Challenger Baseball Canada. These positions have given Randy the opportunity to work with Baseball Canada, Little League Canada, Toronto Blue Jays, and Jays Care Foundation which helps develop and grow baseball opportunities for children and youth across Canada. He was a member of the leadership team that oversaw the construction of a fully accessible field in Antigonish, The Sandlot. Randy is currently involved with Antigonish Multisport and Sport HUB. He is passionate about advocating for accessibility and opportunities for individuals to participate in sports/physical activity no matter their experience, ability, or circumstance.

## ***Cullen, Donald***

### ***Town of Trenton***

When Donald moved back home from Alberta in 2017, he learned the community's FunFest Committee had been dissolved, with the possibility of no festival happening at all. Don immediately volunteered to Chair and organize the volunteer committee. His goal was not to simply 'save' the festival, but to make it better than ever. He organized fundraisers, sponsors and supported a local band to fill the Trenton Arena for the FunFest dance. With Don's leadership, the town continues to enjoy this annual event.

## ***Davis, Allan***

### ***Town of New Glasgow***

Allan is being recognized for decades of active contribution to our community. Most notably, Allan has been a board member and treasurer with Pictou County Roots for Youth and Trinity United Church for over a decade. Allan is quick to respond, lending a hand and his expertise for various needs to contribute countless hours preparing monthly financial reports, bills payments, answering to other stakeholders and preparing annual statements for audit. Humble in his approach, he is the first to give credit to someone else. He talks about succession planning for his position but both organizations find him irreplaceable.

## ***Francis, Lorraine***

### ***Pictou Landing First Nation***

Lorraine has been a member of the Pictou Landing First Nation Powwow Committee for a number of years. She has worked with various members to ensure a well-planned weekend event that not only celebrates the culture and style of each individual, but also brings together communities. She helps plan for months in advance to

secure funding. Throughout the weekend she ensures guests are fed a delicious breakfast, and that the weekend is running smoothly. Lorraine is dedicated to giving back to the community, each year, by bringing knowledge keepers and community members together to continue to build our relationship with who we are as Mi'kmaq people.

## ***LeBlanc, Eric***

### ***Town of Pictou***

Eric began volunteering upon his retirement from his teaching profession and in 2020 he was honored by the Nova Scotia Legislature for his commitment to his community. Over the years he has been very involved in his church community, in many capacities, including the Cemetery Committee, organizing fundraisers, coordinating cemetery masses, and vault and grounds enhancements. He has been an active member of various community organizations in different capacities including the Stella Maris Parish Council, Knights of Columbus, Funeral Service Committee, St. Vincent de Paul, Pictou County Help Line, Pictou County Fuel Fund, the Pictou Historical Photography Society (founding member), Pictou West Food Bank, the Hector Centre and Sutherland Harris Memorial Foundation.

## ***McDonald Jeanne***

### ***Town of Westville***

Jeanne started volunteering with Walk N Roll program, during its inception 3 years ago. Over the years Jeanne has met the most wonderful, determined individuals who, despite huge mobility issues, can walk and exercise in a safe, and accepting space. Jeanne takes pride in what she does, she takes the time to walk beside them and has enjoyed many conversations with them as they walk, or roll, depending on the individual's abilities. Her dedication

is inspiring; however Jeanne says she is the one who feels privileged to be a part of this program, and looks forward to seeing the clients weekly. Jeanne has been an inspiration to us all, with her dedication, kindness, and amazing upbeat attitude.

## ***Munro, Ann***

### ***Municipality of Pictou County***

Ann was the driving force behind the capital project to upgrade the Garden of Eden Community Centre. She worked tirelessly throughout the entire process - the centre is now accessible and is a great asset to the small rural community. When Ann commits to a volunteer job, she sees it through to completion. She is very approachable, pragmatic, and diplomatic in all her endeavours. In addition to her work with the Community Centre, Ann is involved with the Women's Institute, The Nova Scotia Gaelic Society, The Pictou Exhibition, Pictou County Seniors Lunch and Learn, The Blue Mountain Fire Department, and much more.

## ***Oldford-Cowley, Tanya***

### ***Town of Stellarton***

When we first started seeing cases of COVID-19 diagnosed in Nova Scotia, Tanya responded to a Facebook ad searching for volunteers to sew face masks for those who didn't have access to them. She has been the driving force behind United We Stand Pictou County and solicited for the material, supplies and people needed to sew and deliver over 5000 masks. Her home was transformed into the central location for this group with Tanya managing the logistics, including acting as a liaison for local community groups needing masks inside and outside of the county.

## ***Russell, Bob***

***Town of Mulgrave***

Bob is always ready and willing to help the seniors living in his neighbourhood to assist with shoveling, plowing, delivering groceries, and other necessities as needed. He is a very active volunteer with the Royal Canadian Legion Branch 37 helping to set up, run, and clean-up at events. He also volunteers countless hours at the Mulgrave Memorial Centre to help with painting, events, the Scotia Cafe, as well as many other committees. Bob is always ready and willing to lend a hand!

## ***Schupbauch, Gabriella***

***Municipality of the District of St. Mary's***

Gabriella puts countless hours into developing and coordinating the Sherbrooke Main St. Farmers Market. Since 2018 Gabriella has grown The Main Street Farmers Market exponentially each year. It was her vision to see a sustainable and independent market and bring community members together to sell, buy, and give away their products and talent. Her efforts have made the market a meeting place for the young and elderly to connect and have musicians donate their time and talent in support of donations for the local food bank. Her passion and love for her community makes her an amazing contributor to life in the Sherbrooke area.

## ***Stewart, Kenny***

***Town of Antigonish***

For the past 40 years, Kenny has been a fixture in our community, dedicating his time to helping the people. As a dedicated member of the Antigonish Chapter of the Knights of Columbus, he regularly fundraises for local initiatives that have a major impact on families and locally based

causes. Kenny spends countless hours donating his time to ensure seniors have company when travelling to their appointments. People in the community who know Kenny, recognize and appreciate that he is always available for anyone who may require assistance, whether it be to aid in an emergency, to assist during a challenging time or lend a sympathetic ear.

## ***Toole, Heather***

### ***Municipality of the District of Guysborough***

Heather has been a member of Royal Canadian Legion Branch 81 Guysborough for 16 years. Coming from a family with a long history of service, she joined after her son, Ryan, joined the military. For the past 8 years, Heather has been on the executive as the service officer, which entails assisting veterans to acquire services offered through Legion and Veterans Affairs. She also helps with dinners, dances, barbeques, bingo and planning Remembrance Day services. Heather is also a volunteer for MADD Canada, Guysborough Chapter since 2012. She had lost a sister years ago due to an impaired driver, and volunteering with MADD has helped her deal with her loss. She is currently the Treasurer and helps with promotion of MADD's Red Ribbon campaign.

## *2021 Representative Volunteers*

# ***South Shore Region***

### ***Allen, Jon***

#### ***Municipality of the District of Lunenburg***

Jon has been volunteering for 26 years with South Shore Players. He is the President of the organization and spends a lot of his time directing, writing, and acting. His positive approach is uplifting. Under his leadership, the SSP produced and presented free entertainment during the pandemic. South Shore Players also offer the Sarah K. Allen Memorial Bursary each year to a person pursuing post-secondary education in Theatre Arts, in memory of Jon's daughter.

### ***Crosby, Darryl***

#### ***Municipality of the District of Argyle***

Darryl spends many hours volunteering on the 87 kms of Rail Trail in Yarmouth County. As a key volunteer, he cuts the grass and brush, grades the trail bed and has been instrumental in re-decking the 14 bridges including the 400-foot Tusket Bridge. In 2016 he was tasked with rebuilding a chapel in his community to its original form. With the help of

old photos and community input, he was able to restore it to its 1900's glory.

## ***Doyle, Siobhan***

### ***Town of Bridgewater***

Since 2011, Siobhan has been a tireless champion for youth and the school community. She served on the School Advisory Committee for both elementary and junior high and was active with the School Travel Planning Committee. This work led her to volunteer with the Town's Active Transportation Advisory Committee, where she has helped to organize "bike to school" events, active transportation assessments and advocated for improvements to the physical environment to promote walking, rolling and cycling. After 6 years of service, Siobhan recently resigned from the Board of Directors of Harbour House, a transition house serving women and their dependent children leaving situations of intimate partner violence. She is also a Youth Ministry Leader with St. Joseph's Parish.

## ***Falls, Josephine***

### ***Acadia First Nation***

Josephine Falls has been a dedicated volunteer for Acadia First Nation since 1990. She is always there to ensure the kitchen is running smoothly and everyone is fed at each community gathering. Her contributions go above and beyond the kitchen and we are grateful for everything she does. She displays the qualities of a true leader when it comes to fundraising for the band. You can always count on her to be there to lend a helping hand. Her advocacy for the youth in our communities is exceptional. From fostering Indigenous children through Mi'kmaq Family and Children Services to supporting our youth and students. The list of events that Josephine has taken part is endless, and

her efforts and compassion for our Acadian First Nation members continues to be an asset we cherish. Acadia First Nation appreciates you Josephine, and everything you do.

## ***Falls, Josephine***

### ***Newiska'q jel LLuiknek Te'sipunqekl Lukewinu'k Muiwalujik***

Josephine Falls sa'q apoqnmuaaji Acadiaewa q tujiw 1990ek. Kaqaisk eyk, maliaptik aq ankatik wisukatikemkeweyo'kuom wlpnian aq msit wen wl-smuksin te's mawita'mk. Pikweli apoqnmuet aq muiwalkit wjit ta'n te'sik kisa'toq. Kaqaisk ekinua'tuksiek ta'n tel klusit nikanusi'skw ta'n tujiw ketantoq suliewey wujit wikma. Kejiut nekm itew aq apoqnmuetewta'n tujiw nuta'mk. Piama'sit ta'n teli apoqnmuaaji aq ta'n tel matneket wjit maljewe'jk. Ankweywaji L'nuji'jk wjit Mi'kmaq Familyaq aq melki nimji'muaaji maljewe'jk aq pemi kina'masultite'wk. Pikwelk ta'n tesik koqoey Josephine kisi ika'lsit, wtlukwaqn aq wtewlite'taqnm wjit Acadiaewa q welte'tmek, kepmite'tmek, aq keskeltmek. Acadiaewa q L'nu'k kesite'lmiskik, Josephine, aq kesite'tmek ta'n tel-pikwel lukewiek.

Kiskuk emtoqalnek.  
(Today, we honour you.)

## ***Gore, Erin***

### ***Municipality of the District of Chester***

Erin lives in front of her sewing machine, except when she takes time to volunteer in the summer on Tuesday evening's Picnic in the Park concerts. She also attends the Chester Farmers Market to sell homemade face masks with 100% of the proceeds going to Chester PRO Kids to raise more than \$10,000. There are not may benefits or fundraisers in Chester Erin has not impacted including her involvement with costumes for the Chester Playhouse, Coldest Day of

the Year at the Fo'c'sle, food server at Chester Area Middle School, Line Dancing classes, Harvest Jam, 50/50 Draw for Our Health Centre and PPE for Shoreham residents. During the Covid-19 lockdown, Erin was able to adapt "Trivia at the Fo'c'sle" to a Facebook page so everyone could safely benefit from a brain stretch and some fun at home. Our community is much richer in spirit, inclusion, education, and fun because of Erin's dedicated involvement.

## ***Harding, George***

### ***Town of Lockeport***

George has a strong love of and commitment to the small coastal community of Lockeport, where he was born and raised. George's life work centered on education, working as a Special Education Teacher, a school administrator, and in the final 23 years of his career as principal of three schools in Nakusp, British Columbia. Since returning home in 2012, George has provided his time and talents to Rotary Clubs of Canada, Shelburne County Garden Club, and Lockeport Recreation Department volunteer. He has also been a board member for the Harmony Bazaar Festival of Women & Song member, Chair and currently Vic-Chair of the Shelburne County Arts Council, member of the Osprey Arts Centre, Chair of the Roseway Manor board of directors, and Chair of the Osborne Cemetery Association. He has, almost single-handedly, helped Lockeport to literally blossom, by planting and tending to flowers and plants in public spaces all over town.

## ***Hartley, Vanessa***

### ***Municipality of the District of Shelburne***

In June, the Black Lives Matter March for Unity was held in Shelburne with Vanessa being one of the main organizers and event emcee. Vanessa joined numerous groups

including the South End Environmental Injustice Society (SEED), the Black Loyalist Heritage Society Board and African Nova Scotian Affairs. She has volunteered for the Association of Black Social Workers (ABSW) COVID response team, utilizing grant funds to purchasing supplies and personally delivering them to local families. She also contributed a short video to the Nocturne: Art at Night art activism festival, which raised awareness about environmental racism. Recently, she has been involved with a project to build a safe retreat space for the BIPOC and 2SLGBTQ community.

## ***Hennigar, Lynn*** ***Town of Mahone Bay***

Lynn comes from a family with a long history of giving back to their community. She has always been generous with her time and since her retirement in 2017 she has dedicated herself fully to volunteering her time. Lynn currently serves on several committees and organizations. She is Chair of the Mahone Bay Centre Society, founding member of NOW Lunenburg County, Chair and Founder of the Rural Riches Treasure Trove Association and Secretary to the Three Churches Foundation. The organizations that she contributes to benefit immensely from her experience and talents. Mahone Bay is fortunate to have such an enthusiastic and hard-working volunteer, giving her all to make the community a more happy and healthy home for residents.

## ***Jacklin, Darren*** ***Town of Shelburne***

For close to 16 years Darren has been an active volunteer in Shelburne County for many sports predominately in Basketball. He's been coaching the Shelburne Regional

High School Boys Basketball teams since 2012 as well as founding the Shelburne County Kings and Queens Rep Program. Darren serves on the Basketball Nova Scotia Board, volunteers with Shelburne County Basketball Association and sits on the Shelburne Regional High School Advisory Committee. He was also a lead organizer of the Black Lives Matter March for Unity. His passion and dedication to the Youth of Shelburne is commendable.

## ***MacKinnon, Tim*** ***Town of Yarmouth***

Tim MacKinnon is a terrific volunteer in the Town of Yarmouth. He is out on the streets cleaning up litter and taking the many bags of garbage to the landfill site. He is doing more than his part by trying to keep the streets clean by picking up more than 1,000 bags every year. He is a Volunteer Fire Fighter in Yarmouth and hosts a Halloween night as a fundraiser for the Children's Wish Foundation.

## ***Quinlan, Nancy*** ***Municipality of the District of Barrington***

Nancy has been a one-woman force in keeping the area around the Causeway clean ensuring an un-marred beauty of the area for both businesses and residents. She has been picking up garbage for years however, at 74 years of age, when COVID hit, she said, "You have to get out and do something." She started by cleaning garbage all along the causeway. She now cleans a large area close to her home including the trail, sidewalks, and park space. She has also volunteered with Clark's Harbour Elementary and Shelbourne County Basketball Association.

## ***Randall, Mike***

### ***Municipality of the District of Yarmouth***

Mike was appointed to the Mariners Centre Management Board in 2009 and held the position of Chairperson, until his resignation in 2020. During his time there, he guided the Centre through the pandemic when there was no General Manager. He was appointed to the Board by the Municipality of the District of Yarmouth as a representative of the Town of Yarmouth. His participation through those years was commendable and his leadership was greatly appreciated by the community.

## ***Saunders, Joy***

### ***Town of Lunenburg***

Joy is 102 years-old and a Veteran of WW2 with the Canadian Women's Army Corps. In May Joy hit the streets of Lunenburg to raise money and awareness for VON Canada, in recognition of the outstanding contribution of VON caregivers during the pandemic. She walked a 0.8km route 102 times before her 102nd birthday in October 2020! All funds raised supported VON's work in NS communities, including meal delivery and transportation programs for vulnerable seniors and persons with disabilities. Her courage, determination and desire are nothing short of amazing and heart-warming. Joy has also volunteered with many organizations including the hospital auxiliary, St. John's Anglican Church, and Meals on Wheels, to name a few. Joy also recently received the Governor General's award "The Sovereign's Medal for Volunteers" to honour her selfless desire to support VON and in gratitude for her fundraising efforts that benefits Nova Scotian communities from Yarmouth to Sydney.

## ***Shot, Kendra***

### ***Region of Queens Municipality***

Kendra is known throughout the community for her involvement with entertainment and social events, serving as co-chair of Queens County Seafest in Brooklyn and co-chair of the entertainment tent at Liverpool's Privateer Days Festival. She also shares her time with Nova Scotia Music Week and the Canadian Junior Curling Championships. Kendra also supports youth with her involvement at the Victory Over Violence Teen Shelter, Nova Scotia Youth Centre volunteer tutor, and as a Restorative Justice Facilitator. Her passion project has been Queens County Santa's For Seniors, which she initiated in 2019. The program was an overwhelming success, with 546 seniors receiving gifts. This was a huge undertaking, which helped seniors feel connected to the community.

## ***Shupe, Ron***

### ***Region of Queens Municipality***

Ron has been a valued member of the Milton Community Association for the past 15 years. Serving on the Board of Directors he facilitated the application process for hall's permanent liquor license and was responsible for all bar services. In 2020, Ron retired from the Board, and focused on the Bingo program, selling cards, calling games, and submitting the paperwork to the lottery commission. Ron is also a qualified floor hockey coach for Special Olympics, looking at new ways of making the sport accessible. He also volunteers his time with Milton Days and organizes the annual Car Show.

## ***Stoddard, Karen***

### ***Town of Clark's Harbour***

Karen has dedicated many hours to CHAMBA, the local baseball association, first as treasurer from 2013 to 2017 and then as President. Throughout those 8 years she has also been a coach to many of the House and Rep Teams. Karen has also been a volunteer for the local school's breakfast program. Her dedication and enthusiasm to keep baseball alive in Clark's Harbour has been a great asset to the town.

# *2021 Representative Volunteers*

## ***Valley Region***



### ***Chrysalis House***

#### ***Board of Directors***

***Town of Kentville***

The Board of Directors, the Project Renew committee and front-line staff all work together to enhance the services provided to families in our community. Empowering women to make their own choices to live free from violence and abuse is an integral part of this work. Members bring valuable skills, knowledge, and hands-on support in the form of grocery shopping, event organization, fundraising, sharing information about services, advocating for supports and donations, and giving of their own services to benefit the organization.

### ***Deveau, Josanne***

***Municipality of Clare***

Josanne has been a volunteer for the Clare Special Olympics for more than 8 years. Inspired by her sister, who is a Clare Special Olympics athlete, she became assistant coach of

Athletics 4 years ago helping with coaching and fundraising. She is also an active volunteer for Clare-Digby Minor Hockey Association as a coach, mentor, and Female Coordinator on the Board of Directors. She organized development sessions and arranged for gear, with the help of a grant from the Golf and Gala Fund, so that any girl could try the sport, regardless of their financial situation.

## ***Dupuis, Al*** ***Town of Digby***

Al has had a full journey in the music industry and has committed countless hours volunteering his talent to the Digby Hospital Foundation Golf Fundraiser, Annapolis-Digby Christmas Daddies, community benefits and fundraisers to help those who are in need of financial assistance for medical trips. During the COVID-19 restrictions, Al performed on his front porch every Sunday afternoon for his neighbors - his music provided connection and helped both the young and old take their minds off the stress of being in a pandemic. Al has a strong partnership with the Digby Business Association working on the Annual Christmas Tree Lighting and the House Lighting. This year Al created a virtual Christmas video and "Music on the Promenade", an outdoor summer concert series showcasing local talent.

## ***Foster, Joan*** ***Glooscap First Nation***

Throughout the years Joan has volunteered her time with various gatherings, events and with people in her community. At the end of a long night, she is always the one to stay and help clean up after an event, from picking up garbage to stacking tables and chairs. For many years, she has helped Santa during the Breakfast with Santa event to

ensure everyone in her community enjoys this annual event. Joan is often seen taking Elders for a drive with a stop for ice cream. Her commitment to her community means she is always lending a hand whenever she can.

## ***Johnson, Elizabeth***

### ***Village of Port Williams***

Since the 1960s Liz has cheerfully given of herself to various organizations and groups. With her riding talents and enthusiasm, she started horseback riding for a disabled group in the 1960's called the Willowbank Riders. Some of the many groups Liz has contributed her time to, include President and Secretary of the Port Williams Women's Institute, the Port Williams Elementary School, member of the Port Williams Health Auxiliary, local Princess Committee member for the Annapolis Valley Apple Blossom Festival, District Commissioner of the Annapolis Pony Club, member of the Loyal Workers for the Port Williams United Baptist Church, 4H and Girl Guides of Canada as a Brownie leader.

## ***Morse, Heather***

### ***Municipality of the County of Kings***

Heather has been a volunteer of the Western Kings Community Health Board since May of 2017 and is currently the Chair. She is passionate about the health of the community with a particular interest in food security. She has worked on many committees throughout her time on the Community Health Board advocating for a Healthy Eating Environment Policy at the Municipality of the County of Kings, the Kings County Food Council, School Food, Farm to School and Wellness Fund Committee. She has also lent her time to the Senior Safety Provincial Council of Chairs and the Postcard Distribution Committee. Heather is also a member of the Berwick Community Development

Committee, the Community Alcohol Partnership Committee and volunteers with the Kingston Greenwood Mental Health Association. She also sits on the the Board of Directors for the Evangeline Club and Nourish Nova Scotia and is a volunteer facilitator with Valley Restorative Justice.

## ***Newport and District Rink Commission West Hants Regional Municipality***

The Newport and District Rink Commission is a volunteer board that has existed since 1971 and was formed to create a facility that would enhance recreation and physical activity opportunities for the community. This group of passionate volunteers goes above and beyond to ensure there are opportunities for both young and old alike. The facility is also an economic generator for this small community as it welcomes thousands of people yearly from across the province.

## ***Proulx, Gini Municipality of the County of Annapolis***

Gini has been volunteering for over 45 years. She has spent over thirty years working with the Annapolis County Recreation Services in leading and giving talks at the Delaps Cove Wilderness Trail and played an active role with Pathway to Canada, Target One; a program to protect lands throughout Canada. She was a founding member of a group committed to the protection of the Tobeatic Wilderness Area, which is now protected as part of NS Parks and Protected System Plan. Gini is also credited with the collection of hundreds of plant specimens submitted to the NS Museum of Natural History and the E.C. Smith Herbarium (Acadia University) over the years. This included approximately 30 new, previously unreported, plant collections for Annapolis and Digby counties. She was

rewarded with having a newly discovered plant named after her, the “Gini Dots”. Her passion for protecting the environment and all things that live there is an important legacy that she has passed down to her family and to the many people she has worked.

## ***Robinson, Megan***

### ***Municipality of the District of Digby***

Megan is a dependable and loyal community volunteer bringing her cheerful and positive attitude to any task. She is the youngest trustee member of the Admiral Digby Library and Historical Society. She has been empowering girls and women in her community through her volunteering activities with Digby Area Recreation that include a monthly, “Girls Who Hike” program, to promote connecting with nature, and a “Girls on Boards” leader, a program that focuses on facilitating body positive conversations. Megan has also volunteered with the local gymnastic club as a coach, Digby Relay for Life, Girl Guides of Canada, Digby Food Bank and Habitat for Humanity.

## ***White, Sara***

### ***Town of Berwick***

Whether it is with Girl Guides, Hardwood Lake Camp, Valley Thunder Lacrosse, or various community events, Sara is there and giving 100 percent. Over the past twenty years, Sara has impacted countless number of lives. She is the current president of Valley Thunder Lacrosse, leader and champion of Berwick Girl Guides, Chair of the Central Kings Advisory Council, Co- Chair of 100+ Giving Group Annapolis Valley, Community Correspondent on CBC Information Morning, Vice-President Sales and Marketing for Lacrosse Nova Scotia and oversees bookings for the South Berwick Community Hall and volunteers at Hardwood Lake Camp.

## *2021 Specialty Award Winners*

# ***Family Award***

### ***The Dupuis Family***

***Jennifer, Marcel, Sophie,  
Lily, Henry and Beau***

The Dupuis are community builders – involved in every effort, they initiate fundraisers, promote local businesses and connect people who can help each other. When they see a need they find a way to fulfill it. They are the ideal neighbour who would give you the shirt off their backs.

Marcel often provides his photography skills to fundraisers and business start-ups.

Jennifer was instrumental in curating donations of breast milk to fill the bellies of seven babies.

Sophie (age 12) orchestrated a go-fund me campaign to shave her head, to contribute to a family suffering with a cancer diagnosis, raising \$3,508. This was her fifth hair donation while Lily has also donated three times and Marcel, one.

Lily (age 11) spearheaded a fundraising drive for Souls Harbour to raise \$1,029.

Henry (age 8) and Beau (age 6) are the first to offer up support when we take on a new challenge. Whether helping to collect bottles to cash in, scouring the house for change or offering up their own spending money, they understand every effort counts no matter how small. It won't be long before they are finding their own personal "help projects" to take on and lead.

The kids also use their birthday parties as a way to give back by donating monetary gifts to the various fundraisers they are involved in.

As a family, their efforts are endless – they have collected deodorant donations for shelters and hygiene gift bags, donated food and coats to seniors and shelters, organized water bottle drives for refugee kids, organized a food drive and assisted nine refugee families to provide them with household items. Next, they are arranging to donate pillows to the Mi'kmaw Native Friendship Center new emergency shelter.

Their legacy in the community is built on a trail of goodwill, and 4 kids who will continue to grow, with identities as helpers instilled by the family motto to always lend a hand. As Jennifer so eloquently said, "We hope to inspire others to do their part too. The world would be such a lovely place if we all took a moment to help."

## *2021 Specialty Award Winners*

# ***Youth Award***

### ***Karema Alarabi***

At 14 years of age, Karema volunteers with many newcomers of all ages. She is a leader and a mentor for the youth in her community assisting with programs at Halifax Public Libraries, Veith House, and the Community Gardens. Karema is a bright, capable, creative young woman who has dedicated many hours to various community programs for newcomers in Halifax. She has worked in partnership with other community volunteers, including her mother, to plan and deliver many events.

Veith House is a Community Hub that provides social services in the North End of Halifax where Karema has taken initiative to contribute ideas to program activities and volunteer her time whenever needed. In 2019, Karema helped with the Annual North End Community Circle BBQ by making buttons, helping with set up and doing face painting for children in attendance. During the summer camp programs, and after school drop-in, she oversees

Henna and face painting on multiple activities, and helps to prepare and distribute snacks to the younger children.

Whether creating and teaching crafts and skills, gathering supplies, making food, or helping with set-up and clean-up, Karema is also a willing and dedicated volunteer at the Halifax Central Library. Activities she has helped with include Winter break programs for Arabic speaking girls at the Library, and community gatherings in Bayers- Westwood for women and children. These types of events connect people to one another, encourage sharing and learning, and help make Nova Scotia feel like home. Activities often celebrate cultural traditions, ensuring that these are maintained amidst so much that is new in Canada. Customs that are part of the wider Nova Scotian tradition are also introduced, helping newcomers feel more comfortable and confident with life in Canada.

Karema is an example of how the actions of one person can have a positive and supportive influence in the lives of many - "When my family came to Canada, people helped us to feel at home and I want to do the same. Volunteer work makes a community strong – hand in hand I will help people with whatever I am able to do."

*2021 Specialty Award Winners*

## ***NS Strong Award***



The Nova Scotia Strong Award is a legacy award born from the very thoughtful actions of a group of people who organized “Nova Scotia Remembers”, an online tribute to the 22 Nova Scotian souls lost in the tragic events in Portapique on April 18 and 19th, 2020.

Every year the award goes to an individual or group who come together to demonstrate how resilient and strong Nova Scotians are. Recipients will show that our strength comes from our community and the deep level of caring Nova Scotians have for one another.

## *2021 Nova Scotia Strong Award Recipients*

### ***Atousa Costandi Soheila Hashemi Mitra Naseh***

Mitra Naseh, Atousa Costandi and Soheila Hashemi have been active in the Iranian community of Nova Scotia for the past several years and have made a significant contribution to the progress and well-being of Iranian Canadians of NS, Iranian residents of NS and newcomers to the Province. Their hard work and dedication have been outstanding for many years, however their special attention and commitment to supporting the community over the past year, during the pandemic, has been exceptional.

Since this team joined the Iranian Cultural Society of Nova Scotia, they have made a major impact on the Society and the people it serves. These ladies provide continuous aid to newcomers to the province to assist with self-isolation, ease-in settlement and navigating the first weeks and months of their new journey in the province.

In early March 2020, they created a program called Helping Hands to provide information and assistance to those preparing for their journey to Canada. Helping Hands connected with families the moment they arrived at the Halifax Airport and made all arrangements for transportation, lodging, food and other services needed during the 14-day mandatory self-isolation. They also spear-headed communications with Red Cross to obtain assistance for the families in need who were under financial pressure at this unstable time. Helping Hands also provides community updates, on a daily basis, with pandemic related news, suggestions, and recommendations, through social

media platforms both in English and Farsi languages, to ensure reliable information is distributed and understood.

With the help of other volunteers, this team also managed a Sunday Farsi School for kids to connect with each other. They were quick to initiate a weekly zoom event for the children attending the school so kids continued to have the opportunity to learn and laugh with others when social interactions were limited, due to the stay at home orders.

This team considers their community's well-being from many different perspectives to support both their mental and physical well-being. They organized a series of virtual educational workshops on navigating and managing the Covid-19 crisis while learning how to cope with the rapid changes in these difficult times by recruiting a skilled and talented consultant from Montreal. They provided informative and educational videos and online workshops including Yoga, Tai-chi and other related activities. They also provide ongoing assistance to families through virtual educational workshops including tax workshops and a new homebuyers workshop.

This past year has been one of the most challenging times in all of our lives and the Iranian community of NS is extremely grateful for having these three selfless individuals to help our community to better cope with the new reality. The impact of their work will be felt and remembered for years to come.

## *Artist of the 2021 Nova Scotia Strong Award*



### ***Rhonda Barrett***

Rhonda Barrett is an artist from Newfoundland, currently living in Nova Scotia, whose study of paper and Japanese arts finds her working in a chigiri-e style with newsprint. The waste-not-want-not attitude and nostalgia of her maritime upbringing is paramount in her choice of medium and also informs many of the images she captures. The use of newspaper as her primary medium is a nod to the temporal arts, frugality, and our ideas of material value. She works out of her studio in Halifax, NS.

Rhonda has a background in architecture and design, but left that career in 2015 to pursue her artistic calling. She is currently a member of Visual Arts Nova Scotia (VANS), Canadian Artists Representation (CARFAC), and The Paper Artist Collective (UK). Her work has been seen in solo exhibitions and group exhibitions in numerous galleries in Nova Scotia, Vancouver, BC and Montreal, QC. She has been featured in local Halifax newspapers and on Global Halifax News Morning. Her work has been published with Kolaj Magazine, Murze Magazine and by Urban Ivy in their Mother's in Time series.

Visit her at [www.littlebitsofpaperbigart.com](http://www.littlebitsofpaperbigart.com) to learn more!

