The “Planting the Seed Series” is sharing and teaching about First Nation culture. The tree represents a symbol of life and began as a seed. As the seed gets nourished the more it will flourish. Like the tree of life, a person will also flourish when cultural nourishment is given. It helps to grow the individual, family, community and nation. The sharing of this information helps to plant the seed that leads to a life long journey of learning.

Sharing - The First Nation Way.
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The “Planting the Seed” series is produced by the Atlantic Policy Congress of First Nation Chiefs and the Elders Advisory Committee.

To learn more about Traditional Spirituality, History and Culture, please visit a First Nation community.