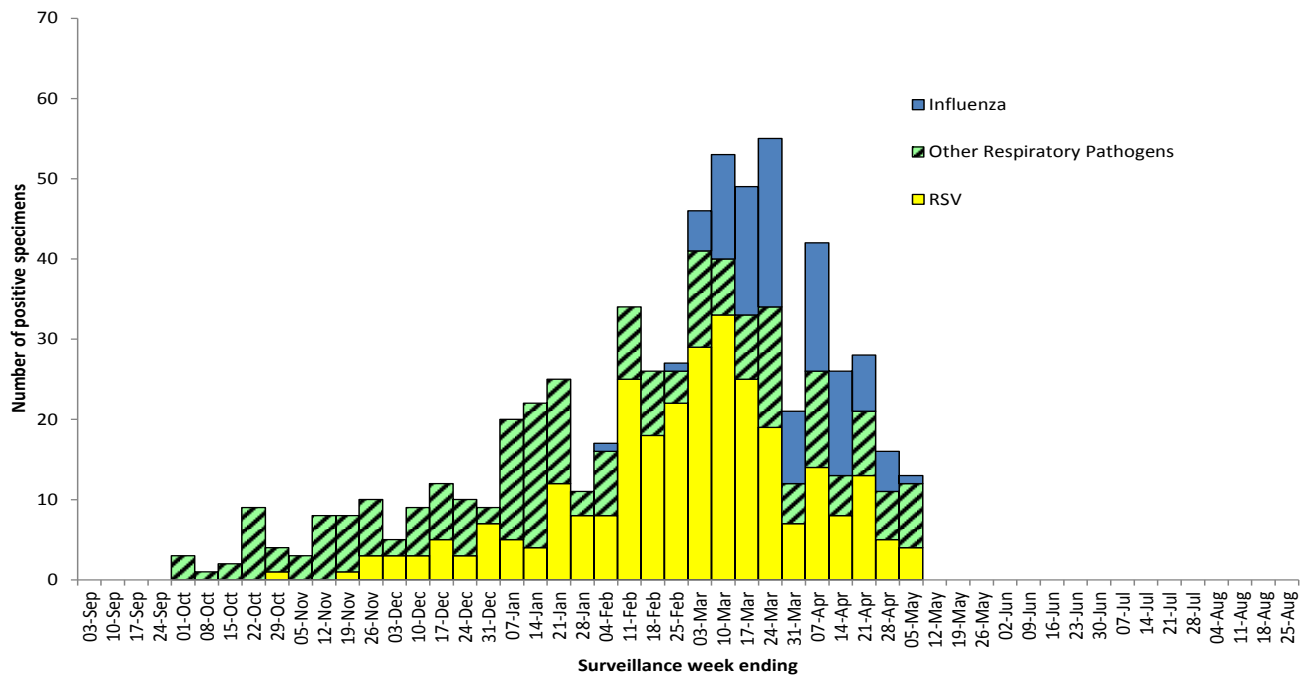


Summary of Nova Scotia surveillance findings, for the period ending May 5, 2012:

- One laboratory confirmed case of influenza B for week 18.
- Influenza activity reported in DHAs 9.
- Other respiratory pathogen activity continues. Positive results were received for coronavirus, human metapneumovirus, parainfluenza and RSV.

Figure 1: Summary of laboratory detected circulating respiratory pathogens, Nova Scotia, 2011–2012

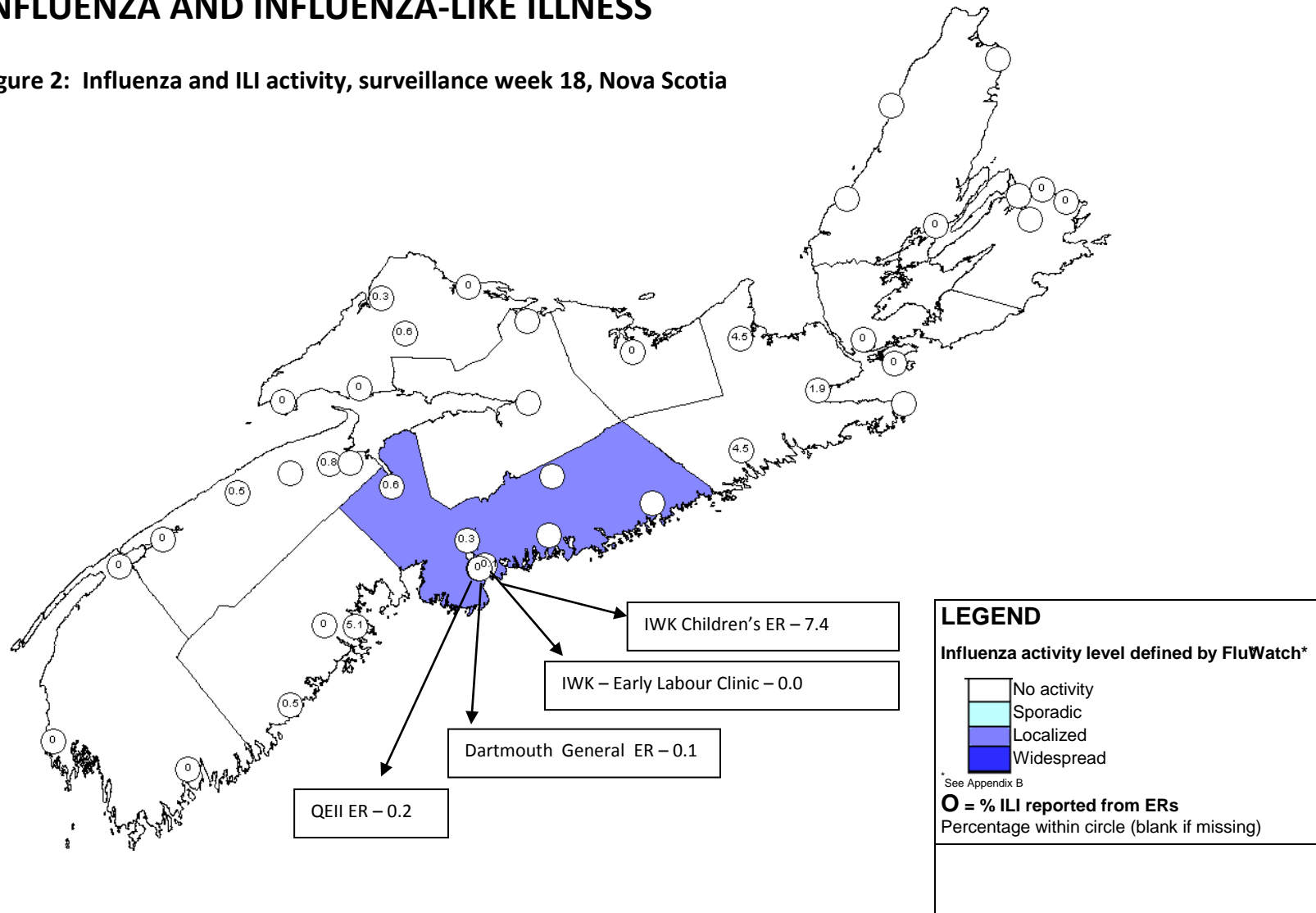


RESPIRATORY WATCH

Week 18 (April 29 to May 5, 2012)

INFLUENZA AND INFLUENZA-LIKE ILLNESS

Figure 2: Influenza and ILI activity, surveillance week 18, Nova Scotia



RESPIRATORY WATCH

Week 18 (April 29 to May 5, 2012)

Figure 3: Number of reported lab-confirmed influenza cases by type and report week, Nova Scotia, 2011–2012

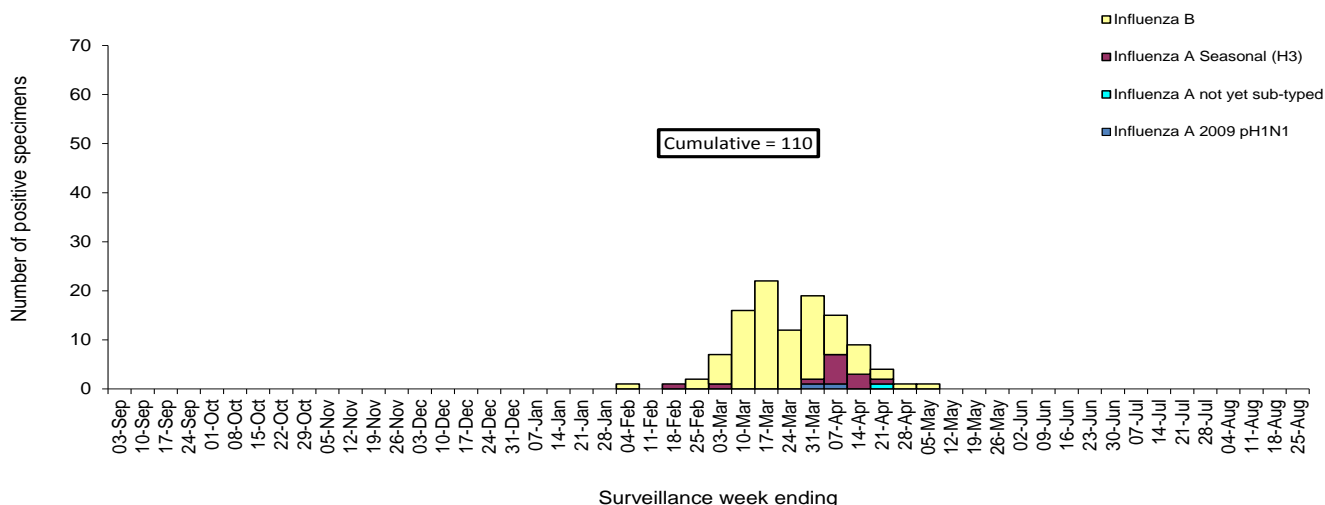
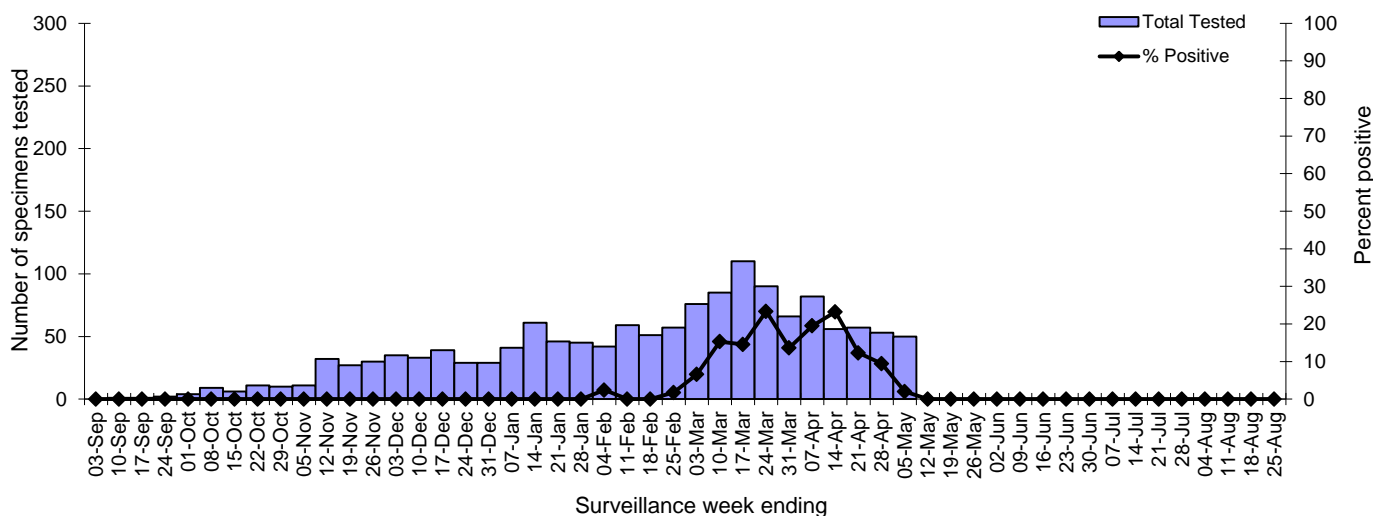


Figure 4: Number of specimens tested for influenza and percent positive, Nova Scotia Provincial Public Health Laboratory Network, 2011–2012*



*Data presented in this figure refers to week specimen was tested.

Table 1: Influenza case counts by DHA, current surveillance week and cumulative, Nova Scotia, 2011–2012

| | DHA 1 | DHA 2 | DHA 3 | DHA 4 | DHA 5 | DHA 6 | DHA 7 | DHA 8 | DHA 9 | Nova Scotia |
|--|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------------|
| Influenza A 2009 pH1N1 | | | | | | | | | | |
| Current Week | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Cumulative 2011 - 2012 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 2 |
| Influenza A (not yet sub-typed) | | | | | | | | | | |
| Current Week | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Cumulative 2011 - 2012 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 1 |
| Influenza A Seasonal (H3) | | | | | | | | | | |
| Current Week | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Cumulative 2011 - 2012 | 1 | 1 | 2 | 0 | 4 | 0 | 0 | 1 | 4 | 13 |
| Influenza B | | | | | | | | | | |
| Current Week | 0 | 0 | 0 | 0 | 0 | 2 | 0 | 0 | 1 | 1 |
| Cumulative 2011 - 2012 | 2 | 0 | 1 | 4 | 7 | 3 | 7 | 7 | 63 | 94 |

RESPIRATORY WATCH

Week 18 (April 29 to May 5, 2012)

Figure 5: Influenza rate per 100,000 population by type and age group, cumulative, Nova Scotia, 2011–2012

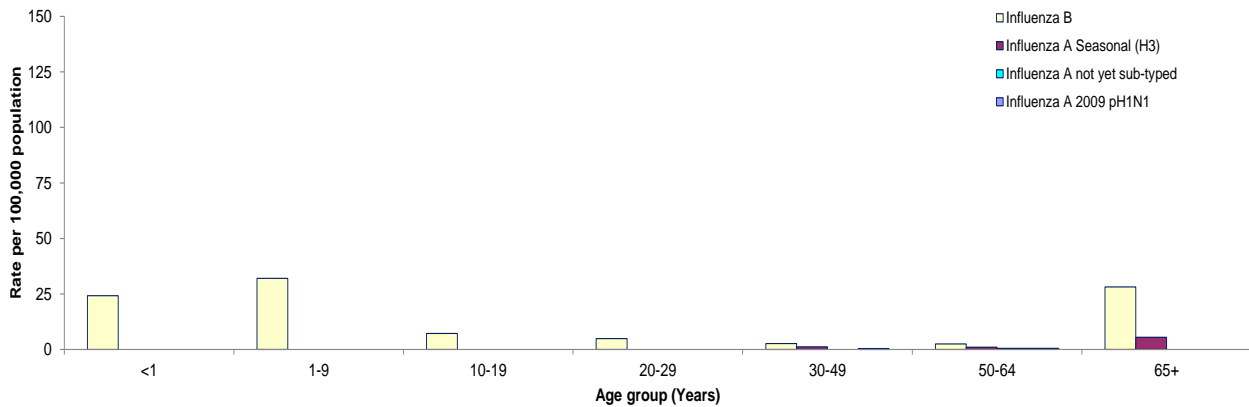


Figure 6: Influenza rate per 100,000 population by type and DHA, cumulative, Nova Scotia, 2011–2012

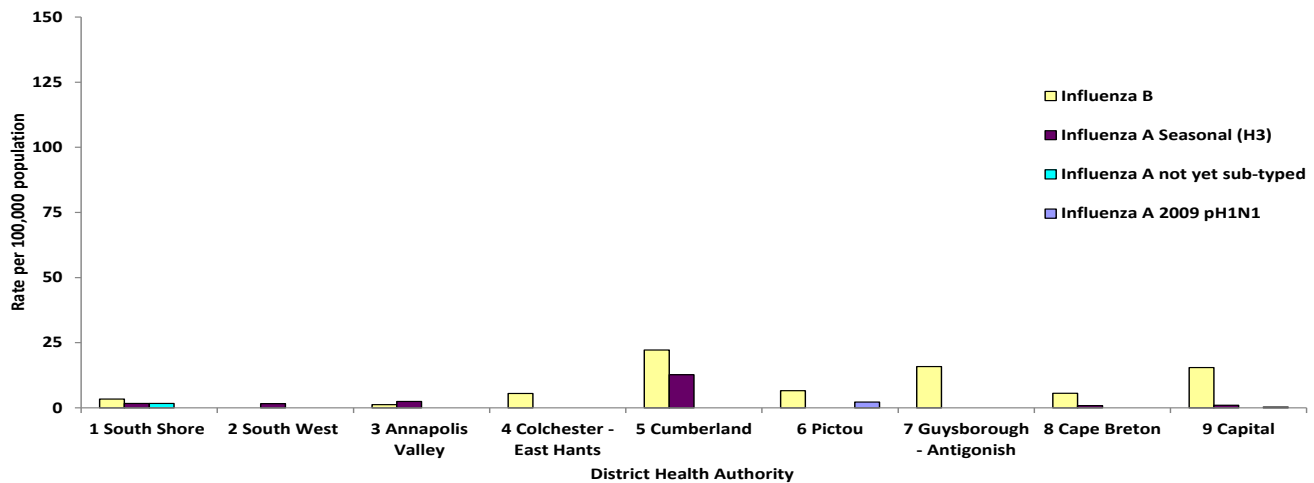


Table 2: Number of influenza hospitalizations by type and report week, Nova Scotia, 2011–2012

| | Hospitalized | ICU | Total |
|--|--------------|-----|-------|
| Influenza A 2009 pH1N1 | | | |
| Current Week | 0 | 0 | 0 |
| Cumulative 2011 - 2012 | 1 | 0 | 1 |
| Influenza A (not yet sub-typed) | | | |
| Current Week | 0 | 0 | 0 |
| Cumulative 2011 - 2012 | 0 | 0 | 0 |
| Influenza A Seasonal (H3) | | | |
| Current Week | 0 | 0 | 0 |
| Cumulative 2011 - 2012 | 6 | 0 | 6 |
| Influenza B | | | |
| Current Week | 0 | 0 | 0 |
| Cumulative 2011 - 2012 | 46 | 4 | 50 |
| Current Week Total | 0 | 0 | 0 |
| Season Total | 53 | 4 | 57 |

* Note that Hospitalized cases exclude ICU admissions

RESPIRATORY WATCH

Week 18 (April 29 to May 5, 2012)

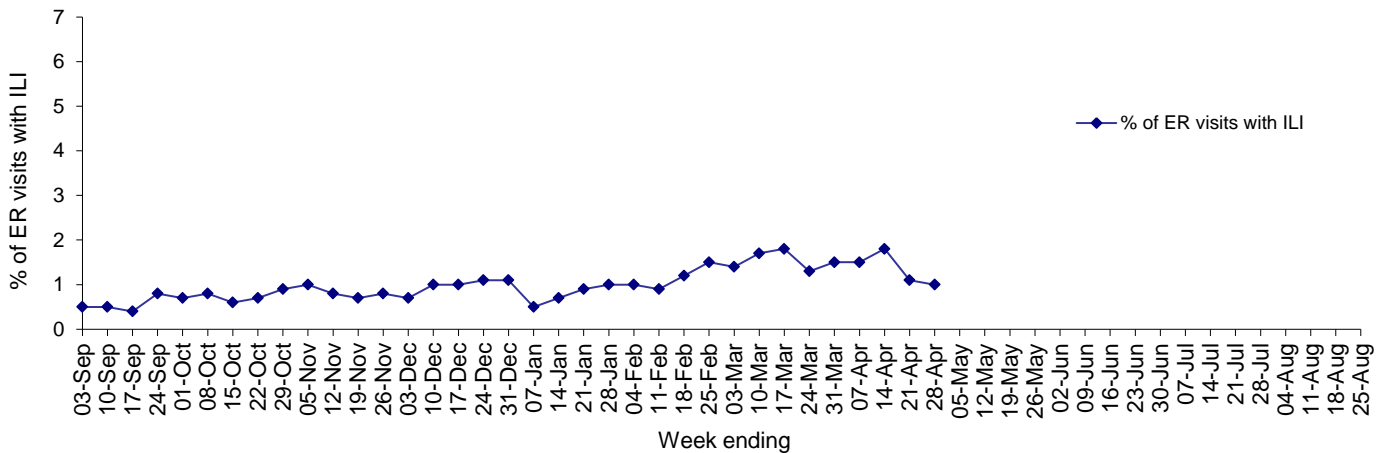
Table 3: ILI reporting from emergency departments and FluWatch sentinel physicians, Nova Scotia

| | ER SURVEILLANCE | | SENTINEL SURVEILLANCE* | |
|---------------------------------|-----------------|-----------------|------------------------|-----------------------------|
| | %ILI | Reporting ERs | %ILI | Reporting Sentinels |
| DHA 1 | 1.7 | 3 of 3 | 0.0 | 1 of 4 |
| DHA 2 | 0.0 | 3 of 3 | – | 0 of 1 |
| DHA 3 | 0.7 | 3 of 5 | – | 0 of 1 |
| DHA 4 | – | 0 of 2 | – | 0 of 1 |
| DHA 5 | 0.3 | 5 of 5 | 9.1 | 1 of 2 |
| DHA 6 | 0.0 | 1 of 1 | – | 0 of 2 |
| DHA 7 | 2.4 | 6 of 6 | – | 0 of 3 |
| DHA 8 | 0.0 | 3 of 8 | 0.0 | 1 of 3 |
| DHA 9 | 0.2 | 5 of 7 | 0.0 | 1 of 3 |
| IWK | 5.5 | 1 of 1 | | |
| Nova Scotia (excl. IWK)† | 0.6 | 29 of 40 | 72.5% | |
| Nova Scotia (incl. IWK) | 1.0 | 30 of 41 | 73.2% | 4 of 18 22.2% |

*Flu watch sentinels

†Excludes the children's ER from IWK

Figure 7: Percentage of ER visits with ILI, Nova Scotia, 2011–2012



RESPIRATORY WATCH

Week 18 (April 29 to May 5, 2012)

RESPIRATORY SYNCYTIAL VIRUS (RSV)

Figure 8: Number of positive RSV specimens by report week, Nova Scotia, 2011–2012

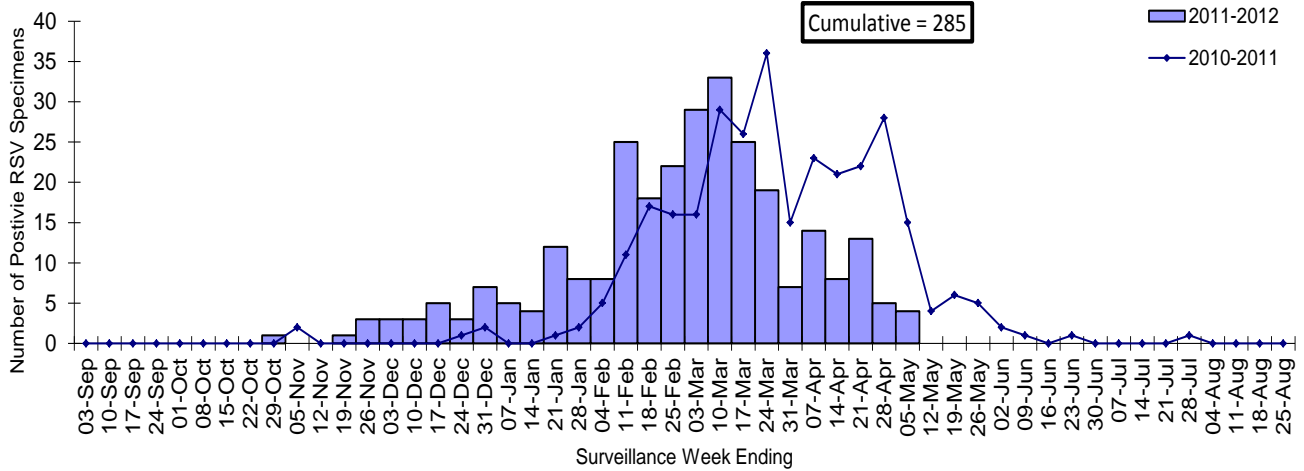
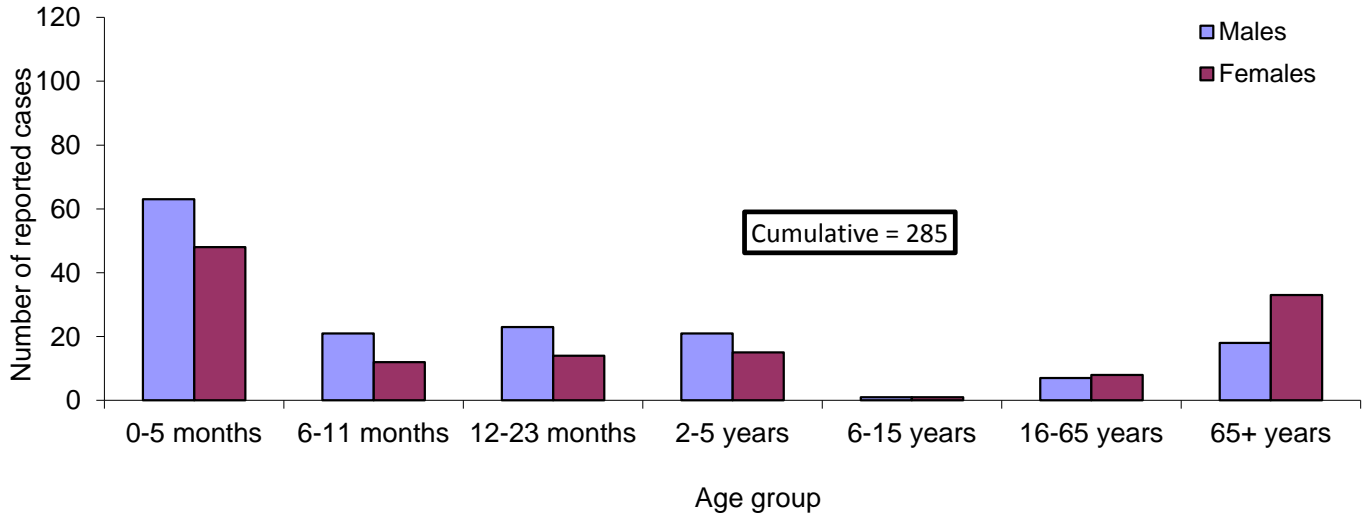


Figure 9: Cumulative number of positive RSV specimens by age group and sex, Nova Scotia, 2011-2012



RESPIRATORY WATCH

Week 18 (April 29 to May 5, 2012)

OTHER RESPIRATORY PATHOGENS

Table 4: Total number of specimens tested and number (%) positive for other respiratory pathogens, by report week and cumulative season, Nova Scotia, 2011–2012

| Number and percent positive for: | Surveillance Week | | | Cumulative Season-to-Date Totals | | |
|---------------------------------------|-------------------|------------|------------|----------------------------------|------------|------------|
| | n tested | n positive | % positive | n tested | n positive | % positive |
| Adenovirus | 24 | 0 | 0.0 | 761 | 4 | 0.5 |
| Bocavirus | 24 | 0 | 0.0 | 761 | 0 | 0.0 |
| Chlamydomphila pneumoniae | 8 | 0 | 0.0 | 218 | 4 | 1.8 |
| Coronavirus | 24 | 1 | 4.2 | 761 | 62 | 8.1 |
| Enterovirus | 24 | 0 | 0.0 | 761 | 2 | 0.3 |
| Metapneumovirus | 24 | 6 | 25.0 | 763 | 32 | 4.2 |
| Mycoplasma pneumoniae | 8 | 0 | 0.0 | 218 | 33 | 15.1 |
| Parainfluenza | 24 | 1 | 4.2 | 761 | 43 | 5.7 |
| Pertussis | 6 | 0 | 0.0 | 138 | 0 | 0.0 |
| Respiratory syncytial virus A | 24 | 0 | 0.0 | 785 | 42 | 5.4 |
| Respiratory syncytial virus B | 24 | 1 | 4.2 | 785 | 3 | 0.4 |
| Respiratory syncytial virus not typed | 27 | 2 | 7.4 | 793 | 240 | 30.3 |
| Rhinovirus | 24 | 0 | 0.0 | 761 | 51 | 6.7 |

RESPIRATORY WATCH

Week 18 (April 29 to May 5, 2012)

APPENDIX: Definitions used in Influenza Surveillance, 2011-2012

1) ILI in the general population:

Acute onset of respiratory illness with fever and cough and with one or more of the following - sore throat, arthralgia, myalgia, or prostration which is likely due to influenza. In children under 5, gastrointestinal symptoms may also be present. In patients under 5 or 65 and older, fever may not be prominent.

2) Outbreaks of influenza / ILI by setting:

Schools and Daycares:

Greater than 10% absenteeism (or absenteeism that is higher (e.g. >5-10%) than expected level as determined by school or public health authority) which is likely due to ILI. Note: it is recommended that ILI school outbreaks be laboratory confirmed at the beginning of influenza season as it may be the first indication of community transmission in an area.

Residential institutions:

Two or more cases of ILI within a seven-day period, including at least one laboratory confirmed case. Institutional outbreaks should be reported within 24 hours of identification. Residential institutions include but not limited to long-term care facilities (LTCF) and prisons.

Other Settings:

Two or more cases of ILI within a seven-day period, including at least one laboratory confirmed case; i.e. workplace, closed communities.

3) National FluWatch Definitions for Influenza Activity Levels:

Influenza activity levels are defined as:

- | | |
|-------------------------|--|
| 1 = No activity: | i.e. no laboratory-confirmed influenza detections in the reporting week, however, sporadically occurring ILI* may be reported |
| 2 = Sporadic: | sporadically occurring ILI* and lab confirmed influenza detection(s) with NO ILI/influenza outbreaks detected within the influenza surveillance region† |
| 3 = Localized: | evidence of increased ILI* and lab confirmed influenza detection(s) together with outbreaks in schools, hospitals, residential institutions and/or other types of facilities occurring in less than 50% of the influenza surveillance region(s) † |
| 4 = Widespread: | evidence of increased ILI* and lab confirmed influenza detection(s) together with outbreaks in schools, hospitals, residential institutions and/or other types of facilities occurring in greater than or equal to 50% of the influenza surveillance region(s) † |

* ILI data may be reported through sentinel physicians, emergency room visits or health line telephone calls.

† Sub-regions within the province or territory as defined by the provincial/territorial epidemiologist.

RESPIRATORY WATCH

Week 18 (April 29 to May 5, 2012)

- 4) District Health Authorities (DHAs), Nova Scotia:
- DHA 1 – South Shore Health
 - DHA 2 – South West Health
 - DHA 3 – Annapolis Valley Health
 - DHA 4 – Colchester East Hants Health Authority
 - DHA 5 – Cumberland Health Authority
 - DHA 6 – Pictou County Health Authority
 - DHA 7 – Guysborough Antigonish Strait Health Authority
 - DHA 8 – Cape Breton District Health Authority
 - DHA 9 – Capital Health