Home Care is available to all Nova Scotians who need help with care in their homes and communities. Home Care Services supplement the help people already receive from their family, friends or community. Through Home Care, people are able to remain as independent as possible, by staying in their home and community. It is always the first option for care in the community.

Home Care Services include:

**Home Support**

A range of personal care and home support services are available. Personal care services help the client with daily living tasks, such as dressing/undressing, bathing, toilet use, feeding, and help with mobilization. Home Support Services also help the client with tasks, such as light housekeeping, laundry, and meal preparation. In-home respite services for caregivers are also available. There may be a cost, depending on your income.

**Nursing**

Home Care nurses provide a variety of nursing services in the client’s home, such as, nursing assessment, health teaching, health monitoring and treatment. Direct nursing care in the home can include activities, such as intravenous therapy, dressing changes, catheter care and assistance with medication management. Nova Scotians can receive services at home free of charge.

**How do I access Home Care?**

You can speak to someone about Home Care by calling Continuing Care at the toll-free number, **1-800-225-7225**. If you require an assessment for Home Care, a Care Coordinator will arrange a time to meet with you to complete the assessment. The assessment will determine what care services you are eligible to receive based on your needs. Home Care adds to the help you currently have in your community. It does not replace existing care.
Zone 1 (Western)

Lunenburg County Home Support Society (Home Support)
Heath Spencer, Executive Director
197 Dufferin Street, Suite 304, Bridgewater, NS  B4V 2G9
Phone No.: 902-543-1650  Fax No.: 902-659-0299
E-mail: heathspencerluncohs1@eastlink.ca
Covers: All of Lunenburg County

Region of Queens Home Support (Home Support)
Annette Hartlen, Executive Director
PO Box 2156, 20 Market Street, 2nd Floor, Liverpool, NS  B0T 1K0
Phone No.: 902-354-3333 ext 24  Fax No.: 902-354-2010
E-mail: hsprt@eastlink.ca
Covers: All of Queens County

VON Lunenburg County (Nursing)
Karen Marr, Senior Manager
1924 Northwest Road, PO Box 147, Blockhouse, NS  B0J 1E0
Phone No.: 902-624-1897  Fax No.: 902-624-0319
E-mail: karen.marr@von.ca
Covers: All of Lunenburg County

VON Queens County (Nursing)
Karen Marr, Senior Manager
1 Waterfront Plaza, PO Box 78, Liverpool, NS  B0T 1K0
Phone No.: 902-354-3297  Fax No.: 902-354-5520
E-mail: karen.marr@von.ca
Covers: All of Queens County

Digby/Clare Home Support Agency (Home Support)
Tonya Boudreau, Agency Director
PO Box 100, Weymouth, NS  B0W 3T0
Phone No.: 902-837-4226  Fax No.: 902-837-4447
E-mail: tonya@dchsa.ca
Covers: All of Digby County

VON Tri-County Branch (Home Support and Nursing)
Karen Marr, Senior Manager
55 Starrs Road, Yarmouth, NS  B0T 1K0
Phone No.: 902-742-4512  Fax No.: 902-742-8962
E-mail: karen.marr@von.ca
Covers: Home Care - only in Barrington and Liverpool, Shelburne, Nursing Liverpool to
Digby (Tri-County)
Yarmouth Argyle Home Support Services Society *(Home Support)*
Heather MacDonald, Executive Director
PO Box 100, 3997 Gavel Road, Tusket, NS  B0W 3M0
Phone No.: 902-648-2137  Fax No.: 902-648-3277
E-mail: heathermacdonald@yahss.ca
Covers: Yarmouth County - From Digby all the way to Shelburne

VON Annapolis Valley *(Home Support and Nursing)*
Kayla Smith, District Executive Director
46 Chipman Drive, Kentville, NS  B4N 3V7
Phone No.: 902-678-3415  Fax No.: 902-690-2106
E-mail: kayla.smith2@von.ca
Covers: Kings County - and all of Annapolis County

**Zone 2 (Northern)**

VON Pictou Branch *(Home Support and Nursing)*
Mona Teed, Senior Manager
PO Box 45, New Glasgow, NS  B2H 5E1
Phone No.: 902-752-3184  Fax No.: 902-755-2091
E-mail: mona.teed@von.ca
Covers: Truro/Pictou County and Cape Breton

VON Colchester East Hants *(Home Support and Nursing)*
Janet Watt, Senior Manager
30 Duke Street, Suite 5, Truro, NS  B2N 2A1
Phone No.: 902- 455-6644 Fax No.: 902-895-6559
E-mail: janet.watt@von.ca
Covers: Colchester and East Hants County

VON Cumberland *(Home Support and Nursing)*
Mona Teed, Senior Manager
43 Prince Arthur Street, PO Box 362, Amherst, NS  B4H 3Z5
Phone No.: 902-667-8796  Fax No.: 902-667-8303
E-mail: mona.teed@von.ca
Covers: Cumberland County
Zone 3 (Eastern)

VON Cape Breton Branch (Nursing)
Elizabeth MacDonald, District Executive Director
200 Churchill Drive, #109, Sydney, NS B1S 0H5
Phone No.: 902-562-8502 Fax No.: 902-562-2330
E-mail: elizabeth.macdonald@von.ca
Covers: Cape Breton

Antigonish & Area Homemaker Service (Home Support)
Sharon Crane, Agency Director
Antigonish Mall Business Centre, 133 Church Street - Unit 1, Antigonish, NS B2G 2E3
Phone No.: 902-863-8181 Fax No.: 902-863-8069
E-mail: sharon@cbcohomemakers.ca
Covers: All of Antigonish County

Guysborough County Home Support Agency (Home Support)
Denise Halloran, Executive Director
PO Box 264/9996 Hwy. 16, Unit F2, Guysborough, NS, B0H 1N0
Phone No.: 902-533-3655 Fax No.: 902-533-2622 Cell No.: 902-870-7988
E-mail: gchsa@ns.aliantzinc.ca
Covers: All of Guysborough County

VON Guysborough/Richmond County (Home Support)
Elizabeth MacDonald, Executive Director
538 Highway 320, PO Box 469, Louisdale, NS, B0E 1V0
Phone No.: 902-345-2900 Fax No.: 902-345-2645
E-mail: Elizabeth.MacDonald@von.ca
Covers: All of Richmond County

Cape Breton County Homemakers Agency (Home Support)
Sharon Crane, Agency Director
5 Detheridge Drive, Suite 105, Sydney, NS, B1L 1B8
Phone No.: 902-562-5003 Fax No.: 902-564-5056
E-mail: sharon@cbcohomemakers.ca
Covers: Coxheath, Westmount, Sydney River Route 4 to Irish Vale, Reeves St in Sydney (Old County Line) to the town line of Glace Bay, Gardiner to the Town Line of New Waterford, South Bar to the Town Line of New Waterford, Donkin, Port Morien, Mira Gut, Catalone, Main-a-Dieu, Lorraine, Mira, Albert Bridge, From the Town Line of Louisbourg to the Town Line in Sydney, Garbarus to the Town Line in Sydney, Frenchvale, Point Edward to the Town line in North Sydney, Town Line in Sydney Mines to St James Road (including Millville, Big Bra D'or, Alder Point Groves Point Road), Leitches Creek Hwy 223 to Castle Bay, Northside East Bay
City Homemakers Service Society (Home Support)
Kyla Bourgeois, Executive Director
43 Cossitt Heights Drive, Unit 3, Sydney, NS, B1P 7B4
Phone No.: 902-564-0460 ext 224 Fax No.: 902-564-2678
E-mail: city.homemakers@ns.sympatico.ca
Covers: Dominion, Sydney, Louisburg

Inverness County Home Support Society (Home Support)
Angela MacEachern, Agency Director
PO Box 100/30 Reynolds Street, Port Hood, NS, B0E 2W0
Phone No.: 902-787-2714 Fax No.: 902-787-2626
E-mail: amaceachern@ichss.ca
Covers: All of Inverness County

New Waterford Homecare Service Society (Home Support)
Helen Marsh, Executive Director
3390 Plummer Avenue, New Waterford, NS, B1H 1Y9
Phone No.: 902-862-7554 Fax No.: 902-862-8282
E-mail: hmarsh@ns.aliantzinc.ca
Covers: Glace Bay and New Waterford

Northside Homemaker Service Society (Home Support)
Alicia Buffett, Executive Director
735 Main Street, Sydney Mines, NS, B1V 2L3
Phone No.: 902-736-2701 ext 233 Fax No.: 902-736-0957
E-mail: abuffett@nshomemakers.ca
Covers: Sydney Mines and North Sydney and All of Northside County

Victoria County Home Support Service Society (Home Support)
Gwen Jarabeck, Agency Director
PO Box 278/521 Chebucto Street, Baddeck, NS, B0E 1B0
Phone No.: 902-295-2764 Fax No.: 902-295-1152
E-mail: vchss@ns.aliantzinc.ca
Covers: All of Victoria County
Zone 4 (Central)

Bayshore Home Health (Home Support)
Elaine Hatcher, Area Director
7071 Bayer’s Road, Suite 237, Halifax, NS B3L 2C2
Phone No.: 902-425-3351 ext 20225 Fax No.: 902-425-8554
E-mail: ehatcher@bayshore.ca
Covers: Whole HRM (Bedford/Sackville etc.) into the outskirts area if the staff can provide at the time

CBI Home Health (Home Support)
Alana Makinen, Regional Operations Manager
1595 Bedford Highway, Suite 403 Bedford, NS B4A 3Y4
Phone No.: 902-454-2571 Fax No.: 902-454-2522
E-mail: amakinen@cbi.ca
Covers: Whole Municipality of HRM

Closing the Gap Healthcare (Home Support)
Leighton McDonald, President, CEO
Closing the Gap Healthcare Group
2810 Matheson Blvd E., Suite 100
Mississauga, ON, L4W 4X7
Phone: 905.306.0202 ext. 2005, Fax: 905.306.0209
E-mail: Leighton.Mcdonald@closingthegap.ca
Covers: Whole Municipality of HRM

Northwood Homecare Ltd. (Home Support)
Janet Simm, President & CEO
130 Eileen Stubbs Avenue, Suite 19 North, Dartmouth, NS B3B 2C4
Phone No.: 902-421-6320 Fax No.: 902-421-6313
E-mail: jsimm@nwood.ns.ca
Covers: Whole Municipality of HRM

Red Cross Home Partners, Canadian Red Cross, NS Region (Home Support)
Chris Baert-Wilson, Director
133 Troop Avenue, Dartmouth, NS, B3B 2A7
Phone No.: 902-424-9035 Fax No.: 902-422-6247
E-mail: christina.baert-wilson@redcross.ca
Covers: Whole Municipality of HRM

Paramed Home Health Care (Home Support)
Kathy Mastrangelo, Regional Director of Operations
1475 Bedford Highway, Suite 208, Canada Trust Court, Bedford, NS, B4A 3Z5
Phone No.: 902-453-0838 Fax No.: 902-453-1018 1-800-565-1930
E-mail: kathy.mastrangelo@paramed.com
RJF Healthcare Services Ltd.  **(Home Support)**  
Alana Makinen, Regional Operations Manager  
1595 Bedford Highway, Suite 403 Bedford, NS B4A 3Y4  
Phone No.: 902-454-2571 Fax No.: 902-454-2522  
E-mail: amakinen@cbi.ca  
Covers: Whole Municipality of HRM

VON Greater Halifax **(Nursing)**  
Maria Kleronomos, Regional Director  
7075 Bayers Road, Suite 100, Halifax, NS B3L 2C1  
Phone No.: 902-455-6644 Fax No.: 902-455-5412  
E-mail: maria.kleronomos@von.ca  
Covers: Central