



# **HOME CARE AGENCIES DIRECTORY**

October 2018

**Risk Mitigation- Continuing  
Care System Strategy and  
Performance  
Department of Health  
& Wellness**

**1894 Barrington  
Street, PO Box 488  
Halifax, Nova  
Scotia, B3J 2R8**

Home Care is available to all Nova Scotians who need help with care in their homes and communities. Home Care Services supplement the help people already receive from their family, friends or community. Through Home Care, people are able to remain as independent as possible, by staying in their home and community. It is always the first option for care in the community.

Home Care Services include:

### **Home Support**

A range of personal care and home support services are available. Personal care services help the client with daily living tasks, such as dressing/undressing, bathing, toilet use, feeding, and help with mobilization. Home Support Services also help the client with tasks, such as light housekeeping, laundry, and meal preparation. In-home respite services for caregivers are also available. There may be a cost, depending on your income.

### **Nursing**

Home Care nurses provide a variety of nursing services in the client's home, such as, nursing assessment, health teaching, health monitoring and treatment. Direct nursing care in the home can include activities, such as intravenous therapy, dressing changes, catheter care and assistance with medication management. Nova Scotians can receive services at home free of charge.

### **How do I access Home Care?**

You can speak to someone about Home Care by calling Continuing Care at the toll-free number, **1-800-225-7225**. If you require an assessment for Home Care, a Care Coordinator will arrange a time to meet with you to complete the assessment. The assessment will determine what care services you are eligible to receive based on your needs. Home Care adds to the help you currently have in your community. It does not replace existing care.

## **Zone 1 (Western)**

### **Lunenburg County Home Support Society (Home Support)**

Joan Regimbal, Executive Director  
197 Dufferin Street, Suite 304, Bridgewater, NS B4V 2G9  
Phone No.: 902-543-1650 Fax No.: 902-659-0299  
E-mail: [jregimballuncohs@eastlink.ca](mailto:jregimballuncohs@eastlink.ca)  
Covers: All of Lunenburg County

### **Region of Queens Home Support (Home Support)**

Kelly Whalen, Executive Director  
PO Box 2156, 20 Market Street, 2nd Floor, Liverpool, NS B0T 1K0  
Phone No.: 902-354-3333 Fax No.: 902-354-2010  
E-mail: [hsprt@eastlink.ca](mailto:hsprt@eastlink.ca)  
Covers: All of Queens County

### **VON Lunenburg County (Nursing)**

Karen Marr, Senior Manager  
1924 Northwest Road, PO Box 147, Blockhouse, NS B0J 1E0  
Phone No.: 902-624-1897 Fax No.: 902-624-0319  
E-mail: [karen.marr@von.ca](mailto:karen.marr@von.ca)  
Covers: All of Lunenburg County

### **VON Queens County (Nursing)**

Karen Marr, Senior Manager  
1 Waterfront Plaza, PO Box 78, Liverpool, NS B0T 1K0  
Phone No.: 902-354-3297 Fax No.: 902-354-5520  
E-mail: [karen.marr@von.ca](mailto:karen.marr@von.ca)  
Covers: All of Queens County

### **Digby/Clare Home Support Agency (Home Support)**

Tonya Boudreau, Agency Director  
PO Box 100, Weymouth, NS B0W 3T0  
Phone No.: 902-837-4226 Fax No.: 902-837-4447  
E-mail: [tonya@dchsa.ca](mailto:tonya@dchsa.ca)  
Covers: All of Digby County

### **VON Tri-County Branch (Home Support and Nursing)**

Karen Marr, Senior Manager  
55 Starrs Road, Yarmouth, NS B0T 1K0  
Phone No.: 902-742-4512 Fax No.: 902-742-8962  
E-mail: [karen.marr@von.ca](mailto:karen.marr@von.ca)  
Covers: Home Care - only in Barrington and Liverpool, Shelburne, Nursing Liverpool to Digby (Tri-County)

**Yarmouth Argyle Home Support Services Society (Home Support)**

Heather MacDonald, Executive Director

PO Box 100, 3997 Gavel Road, Tusket, NS B0W 3M0

Phone No.: 902-648-2137 Fax No.: 902-648-3277

E-mail: [heathermacdonald@yahss.ca](mailto:heathermacdonald@yahss.ca)

Covers: Yarmouth County - From Digby all the way to Shelburne

**VON Annapolis Valley (Home Support and Nursing)**

Kayla Smith, District Executive Director

46 Chipman Drive, Kentville, NS B4N 3V7

Phone No.: 902-678-3415 Fax No.: 902-690-2106

E-mail: [kayla.smith2@von.ca](mailto:kayla.smith2@von.ca)

Covers: Kings County - and all of Annapolis County

## **Zone 2 (Northern)**

**VON Pictou Branch (Home Support and Nursing)**

Mona Teed, Senior Manager

PO Box 45, New Glasgow, NS B2H 5E1

Phone No.: 902-752-3184 Fax No.: 902-755-2091

E-mail: [mona.teed@von.ca](mailto:mona.teed@von.ca)

Covers: Truro/Pictou County and Cape Breton

**VON Colchester East Hants (Home Support and Nursing)**

Janet Watt, Senior Manager

30 Duke Street, Suite 5, Truro, NS B2N 2A1

Phone No.: 902- 455-6644 Fax No.: 902-895-6559

E-mail: [janet.watt@von.ca](mailto:janet.watt@von.ca)

Covers: Colchester and East Hants County

**VON Cumberland (Home Support and Nursing)**

Mona Teed, Senior Manager

43 Prince Arthur Street, PO Box 362, Amherst, NS B4H 3Z5

Phone No.: 902-667-8796 Fax No.: 902-667-8303

E-mail: [mona.teed@von.ca](mailto:mona.teed@von.ca)

Covers: Cumberland County

## **Zone 3 (Eastern)**

### **VON Cape Breton Branch (Nursing)**

Elizabeth MacDonald, District Executive Director  
200 Churchill Drive, #109, Sydney, NS B1S 0H5  
Phone No.: 902-562-8502 Fax No.: 902-562-2330  
E-mail: [elizabeth.macdonald@von.ca](mailto:elizabeth.macdonald@von.ca)  
Covers: Cape Breton

### **Antigonish & Area Homemaker Service (Home Support)**

Sharon Crane, Agency Director  
Antigonish Mall Business Centre, 133 Church Street - Unit 1, Antigonish, NS B2G 2E3  
Phone No.: 902-863-8181 Fax No.: 902-863-9244  
E-mail: [sharon@cbcohomemakers.ca](mailto:sharon@cbcohomemakers.ca)  
Covers: All of Antigonish County

### **Guysborough County Home Support Agency (Home Support)**

Denise Halloran, Executive Director  
PO Box 264/9996 Hwy. 16, Unit F2, Guysborough, NS, B0H 1N0  
Phone No.: 902-533-3655 Fax No.: 902-533-2622 Cell No.: 902-870-7988  
E-mail: [gchsa@ns.aliantzinc.ca](mailto:gchsa@ns.aliantzinc.ca)  
Covers: All of Guysborough County

### **Guysborough County Home Support Agency, Richmond County (Home Support)**

Denise Halloran, Executive Director  
538 Highway 320, PO Box 469, Louisedale, NS, B0E 1V0  
Phone No.: 902-345-2900 Fax No.: 902-345-2645  
E-mail: [ed.rc@bellaliant.com](mailto:ed.rc@bellaliant.com)  
Covers: All of Richmond County

### **VON Antigonish (Nursing)**

Elizabeth MacDonald, District Executive Director  
133 Church Street, Suite 6, Antigonish, NS, B2G 2E3  
Phone No.: 902-863-5700 Fax No.: 902-863-0992  
E-mail: [elizabeth.macdonald@von.ca](mailto:elizabeth.macdonald@von.ca)  
Covers: All of Antigonish County

### **Cape Breton County Homemakers Agency (Home Support)**

Sharon Crane, Agency Director  
5 Detheridge Drive, Suite 105, Sydney, NS, B1L 1B8  
Phone No.: 902-562-5003 Fax No.: 902-564-5056  
E-mail: [sharon@cbcohomemakers.ca](mailto:sharon@cbcohomemakers.ca)  
Covers: Coxheath, Westmount, Sydney River Route 4 to Irish Vale, Reeves St in Sydney (Old County Line) to the town line of Glace Bay, Gardiner to the Town Line of New Waterford, South Bar to the Town Line of New Waterford, Donkin, Port Morien, Mira Gut, Catalone, Main-a-Dieu, Lorraine, Mira, Albert Bridge, From the Town Line of

Louisbourg to the Town Line in Sydney, Garbarus to the Town Line in Sydney, Frenchvale, Point Edward to the Town line in North Sydney, Town Line in Sydney Mines to St James Road (including Millville, Big Bra D'or, Alder Point Groves Point Road), Leitches Creek Hwy 223 to Castle Bay, Northside East Bay

**City Homemakers Service Society (Home Support)**

Kyla Bourgeois, Executive Director  
43 Cossitt Heights Drive, Unit 3, Sydney, NS, B1P 7B4  
Phone No.: 902-564-0460 ext 224 Fax No.: 902-564-2678  
E-mail: [city.homemakers@ns.sympatico.ca](mailto:city.homemakers@ns.sympatico.ca)  
Covers: Dominion, Sydney, Louisburg

**Inverness County Home Support Society (Home Support)**

Angela MacEachern, Agency Director  
PO Box 100/30 Reynolds Street, Port Hood, NS, B0E 2W0  
Phone No.: 902-787-2714 Fax No.: 902-787-2626  
E-mail: [amaceachern@ichss.ca](mailto:amaceachern@ichss.ca)  
Covers: All of Inverness County

**New Waterford Homecare Service Society (Home Support)**

Helen Marsh, Executive Director  
3390 Plummer Avenue, New Waterford, NS, B1H 1Y9  
Phone No.: 902-862-7554 Fax No.: 902-862-8282  
E-mail: [hmarsh@ns.aliantzinc.ca](mailto:hmarsh@ns.aliantzinc.ca)  
Covers: Glace Bay and New Waterford

**Northside Homemaker Service Society (Home Support)**

Norma Blinkhorn, Executive Director  
735 Main Street, Sydney Mines, NS, B1V 2L3  
Phone No.: 902-736-2701 ext 233 Fax No.: 902-736-0957  
E-mail: [nblinkhorn@nshomemakers.ca](mailto:nblinkhorn@nshomemakers.ca)  
Covers: Sydney Mines and North Sydney and All of Northside County

**Victoria County Home Support Service Society (Home Support)**

Gwen Jarabeck, Agency Director  
PO Box 278/521 Chebucto Street, Baddeck, NS, B0E 1B0  
Phone No.: 902-295-2764 Fax No.: 902-295-1152  
E-mail: [vchss@ns.aliantzinc.ca](mailto:vchss@ns.aliantzinc.ca)  
Covers: All of Victoria County

## **Zone 4 (Central)**

### **Bayshore Home Health (Home Support)**

Jeanette Mills, Area Director

7071 Bayer's Road, Suite 237, Halifax, NS B3L 2C2

Phone No.: 902-425-3351 ext 20225 Fax No.: 902-425-8554

E-mail: [jmills@bayshore.ca](mailto:jmills@bayshore.ca)

Covers: Whole HRM (Bedford/Sackville etc.) into the outskirts area if the staff can provide at the time

### **CBI Home Health (Home Support)**

Jenn Adams, Atlantic Director

1595 Bedford Highway, Suite 403 Bedford, NS B4A 3Y4

Phone No.: 902-454-2571 Fax No.: 902-454-2522

E-mail: [jadams@cbi.ca](mailto:jadams@cbi.ca)

Covers: Whole Municipality of HRM

### **Closing the Gap Healthcare Group (Home Support)**

Christa Quinn, Client Services Manager

1550 Bedford Highway, Unit 408, Bedford, NS B4A 1E6

Phone No.: 902-832-9913 ext 4707 Fax No.: 902-832-4722

E-mail: [christa.quinn@closingthegap.ca](mailto:christa.quinn@closingthegap.ca)

Covers: Whole Municipality of HRM

### **Northwood Homecare Ltd. (Home Support)**

Janet Simm, President & CEO

130 Eileen Stubbs Avenue, Suite 19 North, Dartmouth, NS B3B 2C4

Phone No.: 902-421-6320 Fax No.: 902-421-6313

E-mail: [jsimm@nwood.ns.ca](mailto:jsimm@nwood.ns.ca)

Covers: Whole Municipality of HRM

### **Red Cross Home Partners, Canadian Red Cross, NS Region (Home Support)**

Chris Baert-Wilson, Director

133 Troop Avenue, Dartmouth, NS, B3B 2A7

Phone No.: 902-424-9035 Fax No.: 902-422-6247

E-mail: [christina.baert-wilson@redcross.ca](mailto:christina.baert-wilson@redcross.ca)

Covers: Whole Municipality of HRM

### **Paramed Home Health Care (Home Support)**

Kathy Mastrangelo, Regional Director of Operations

1475 Bedford Highway, Suite 208, Canada Trust Court, Bedford, NS, B4A 3Z5

Phone No.: 902-453-0838 Fax No.: 902-453-1018 1-800-565-1930

E-mail: [kathy.mastrangelo@paramed.com](mailto:kathy.mastrangelo@paramed.com)

Covers: Whole Municipality of HRM

RJF Healthcare Services Ltd. **(Home Support)**

Jenn Adams, Atlantic Director

1595 Bedford Highway, Suite 403 Bedford, NS B4A 3Y4

Phone No. 902-425-4031 Fax No.: 902-425-8848

E-mail: [jadams@cbi.ca](mailto:jadams@cbi.ca)

Covers: Whole Municipality of HRM

VON Greater Halifax **(Nursing)**

Maria Kleronomos, Regional Director

7075 Bayers Road, Suite 100, Halifax, NS B3L 2C1

Phone No.: 902- 455-6644 Fax No.: 902-455-5412

E-mail: [maria.kleronomos@von.ca](mailto:maria.kleronomos@von.ca)

Covers: Central