**Sample letter: Meningococcal disease contact - no prophylaxis** Date: Re: MENINGOCOCCAL DISEASE

Dear Parent,

A child who regularly attends your child’s school/child care centre has been diagnosed with meningococcal disease. At this time, Public Health is not recommending that your child receive any medication or vaccine.

Meningococcal disease is a bacterial infection. It is spread by direct contact with secretions from the nose and mouth through activities such as kissing, sharing food, drinks, water bottles, toothbrushes, eating utensils or cigarettes. Since your child was not in direct contact with the infected child, the risk of your child getting this illness is very low. However, it is important to watch your child for a change in the level of alertness, fever, stiff neck, a rash, or any illness that seems more serious than usual. Seek medical attention if your child becomes ill.

If either you or your health care provider require further information, please contact me.

Sincerely,

Public Health Nurse

Phone

**Nova Scotia Communicable Diseases Manual**

Sample Letter 1