**Sample letter: Return to work/childcare** Date: Dear:

Re:

Public Health has information indicating that:

 you are able to resume normal activities

 your child is able to return to child care

You may provide a copy of this letter to your employer/daycare as verification that it is safe for you to perform your regular duties/your child to return to child care. Please remember that careful and frequent hand washing is critical to preventing the spread of communicable diseases.

If you have any questions, please contact the following Public Health Nurse

Sincerely,

Phone

**Nova Scotia Communicable Diseases Manual**

Sample Letter 1