

## Summary of Nova Scotia surveillance findings, for the period ending April 11, 2015:

- There were 8 positive influenza cases received this week, 2 influenza A unsubtype and 6 influenza B. There have been 733 lab confirmed\* cases of influenza this season (171 influenza A H3, 333 influenza A (unsubtyped\*\*) and 229 influenza B).
- There have been 36 ICU admissions of laboratory confirmed influenza for the 2014-2015 influenza season.
- There have been 30 influenza deaths\*\*\* for the 2014-2015 influenza season.
- Positive results were received for adenovirus, bocavirus, coronavirus, metapneumovirus, mycoplasma pneumonia, rhinovirus and RSV.
- The ILI rate for Nova Scotia for this reporting period was 1.6.
- Ninety-two percent of emergency departments reported ILI data.

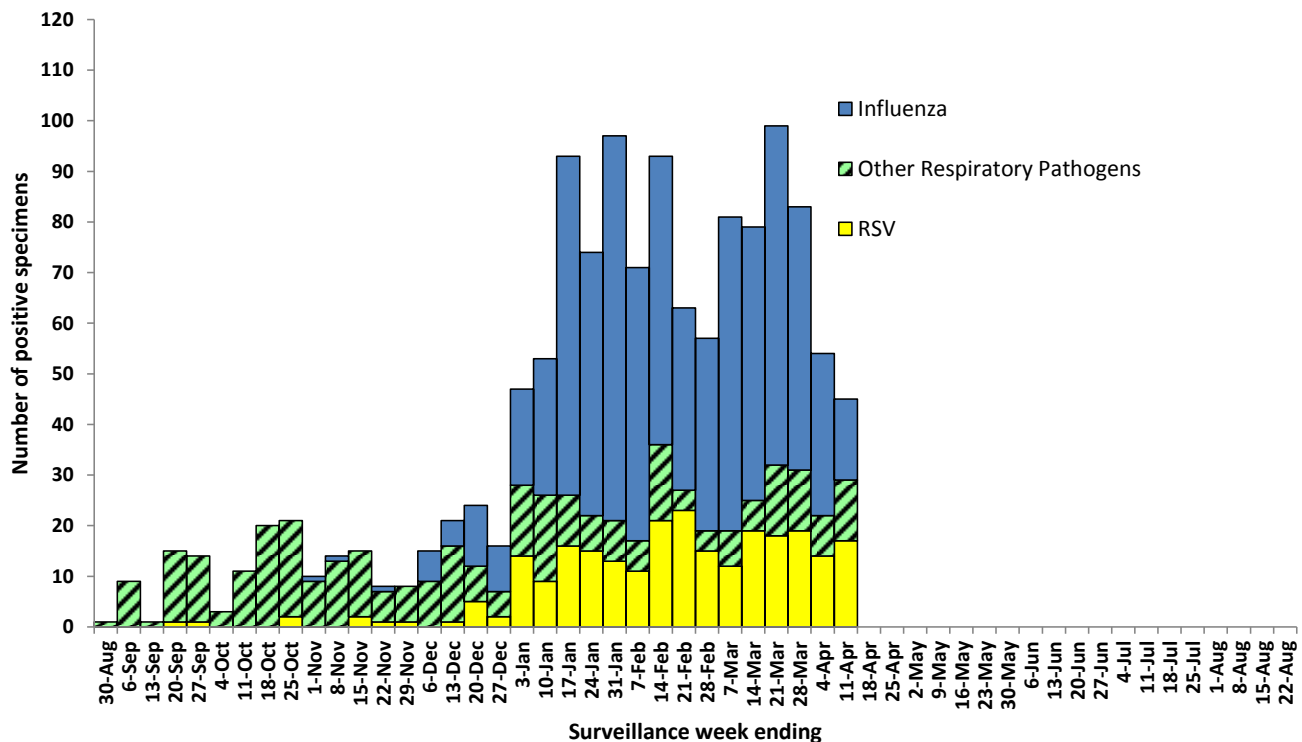
\*Lab confirmed cases of influenza are only the 'tip of the iceberg', representing a fraction of individuals infected. Laboratory testing is reserved for patients admitted to hospital with respiratory infection. Because we do not routinely test community specimens, the number of laboratory confirmed cases is an underestimation of the true number of infections.

\*\*Subtyping was discontinued on February 5, 2015. Subtyping was performed on 175 specimens and all were H3.

\*\*\*Deaths include individuals with a positive influenza test result. For some individuals with pre-existing conditions, influenza may not have been the major contributing cause of death or hospitalization.

**NOTE:** The 2014-2015 influenza season is defined using the Public Health Agency of Canada's influenza surveillance weeks. This year runs from August 24, 2014 (Week 35) to August 29, 2015 (week 34)

Figure 1: Summary of laboratory detected circulating respiratory pathogens, Nova Scotia, 2014–2015



This figure is based on laboratory information. All other figures and tables in this report are based on ANDS data.

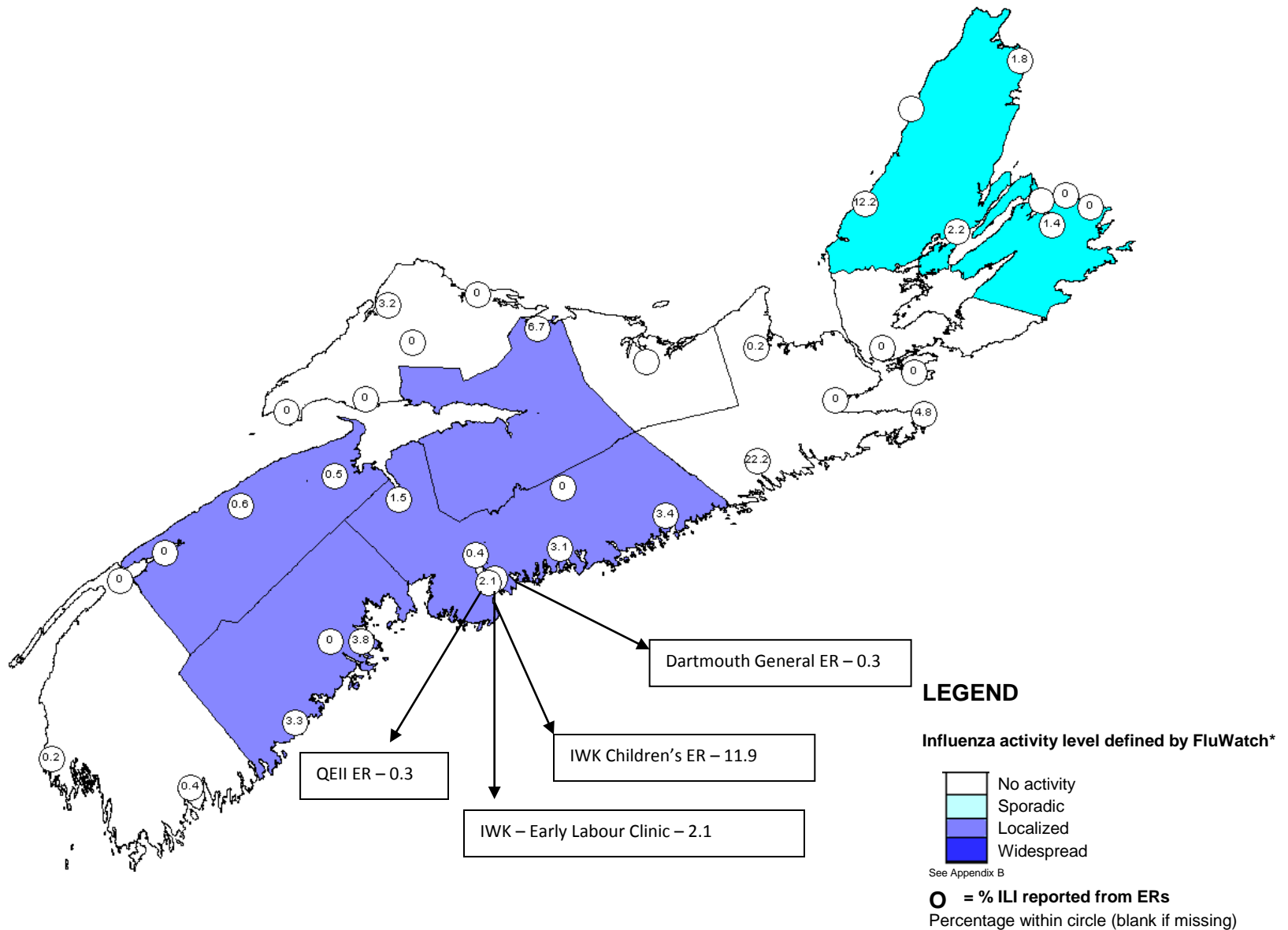


# RESPIRATORY WATCH

Week 14 (April 5 to April 11, 2015)

## INFLUENZA AND INFLUENZA-LIKE ILLNESS

Figure 2: Influenza and ILI activity, surveillance week 14, Nova Scotia



# RESPIRATORY WATCH

Week 14 (April 5 to April 11, 2015)

Figure 3: Number of reported lab-confirmed influenza cases by type and report week, Nova Scotia, 2014–2015

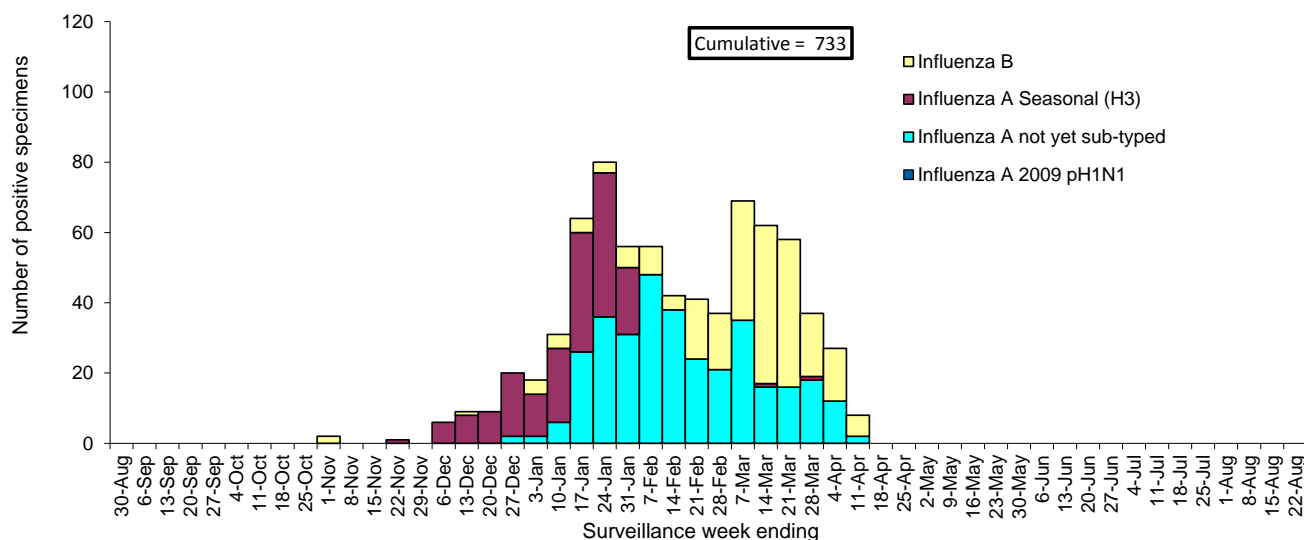
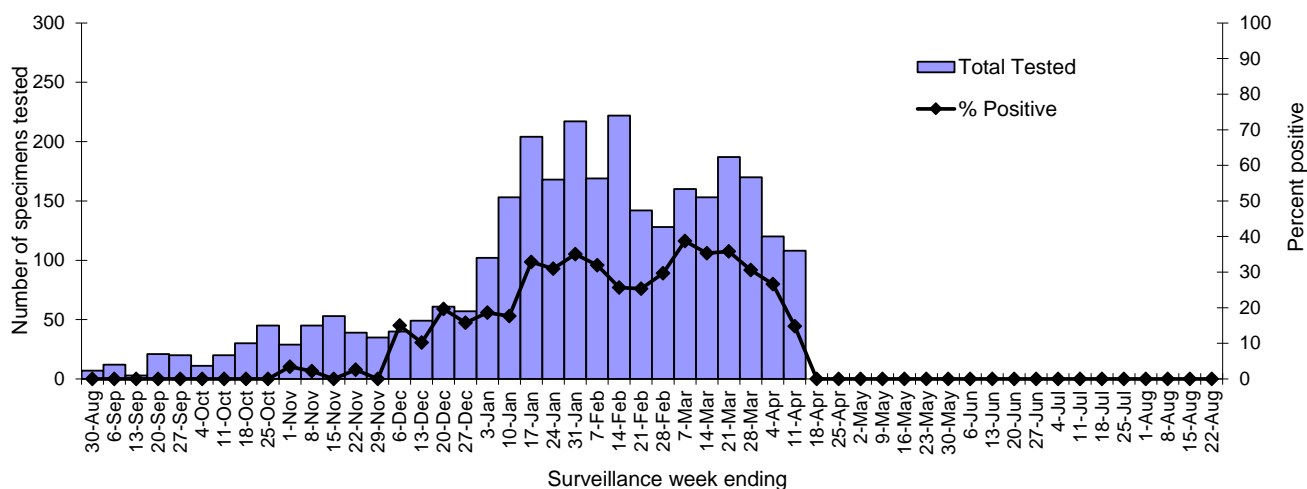


Figure 4: Number of specimens tested for influenza and percent positive, Nova Scotia Provincial Public Health Laboratory Network, 2014–2015\*



\*Data presented in this figure refers to week specimen was tested.

Table 1: Influenza case counts by DHA, current surveillance week and cumulative, Nova Scotia, 2014–2015

	DHA 1	DHA 2	DHA 3	DHA 4	DHA 5	DHA 6	DHA 7	DHA 8	DHA 9	Nova Scotia
<b>Influenza A 2009 pH1N1</b>										
Current Week	0	0	0	0	0	0	0	0	0	0
Cumulative 2014 - 2015	0	0	0	0	0	0	0	0	0	0
<b>Influenza A (not yet sub-typed)</b>										
Current Week	0	0	1	1	0	0	0	0	0	2
Cumulative 2014 - 2015	18	11	22	10	18	12	18	83	141	333
<b>Influenza A Seasonal (H3)</b>										
Current Week	0	0	0	0	0	0	0	0	0	0
Cumulative 2014 - 2015	13	0	17	1	1	14	17	2	106	171
<b>Influenza B</b>										
Current Week	1	0	0	0	0	0	0	3	2	6
Cumulative 2014 - 2015	31	13	18	7	5	6	9	17	123	229

# RESPIRATORY WATCH

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Figure 5: Influenza rate per 100,000 population by type and age group, cumulative, Nova Scotia, 2014–2015

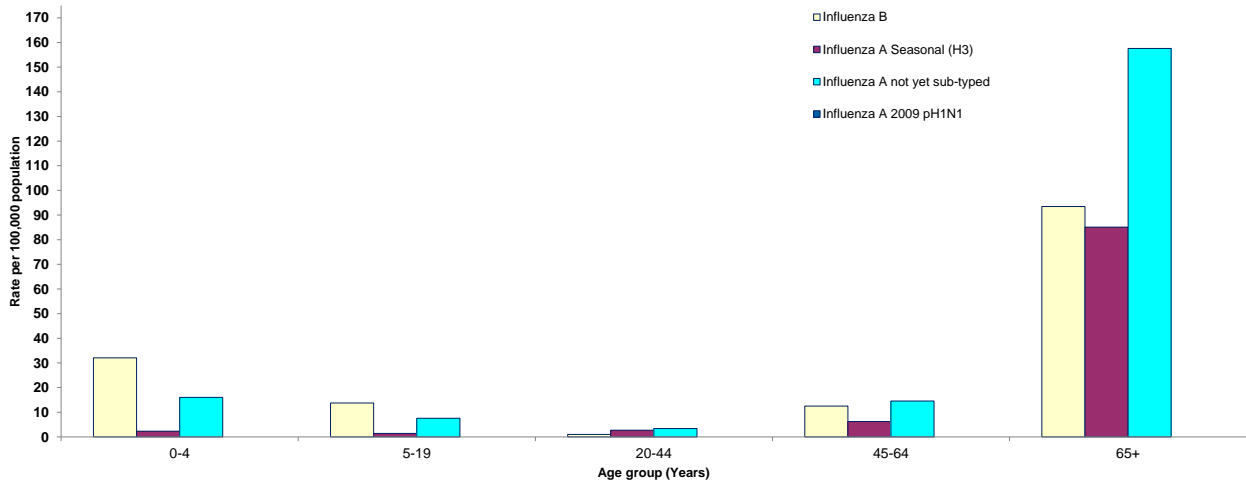
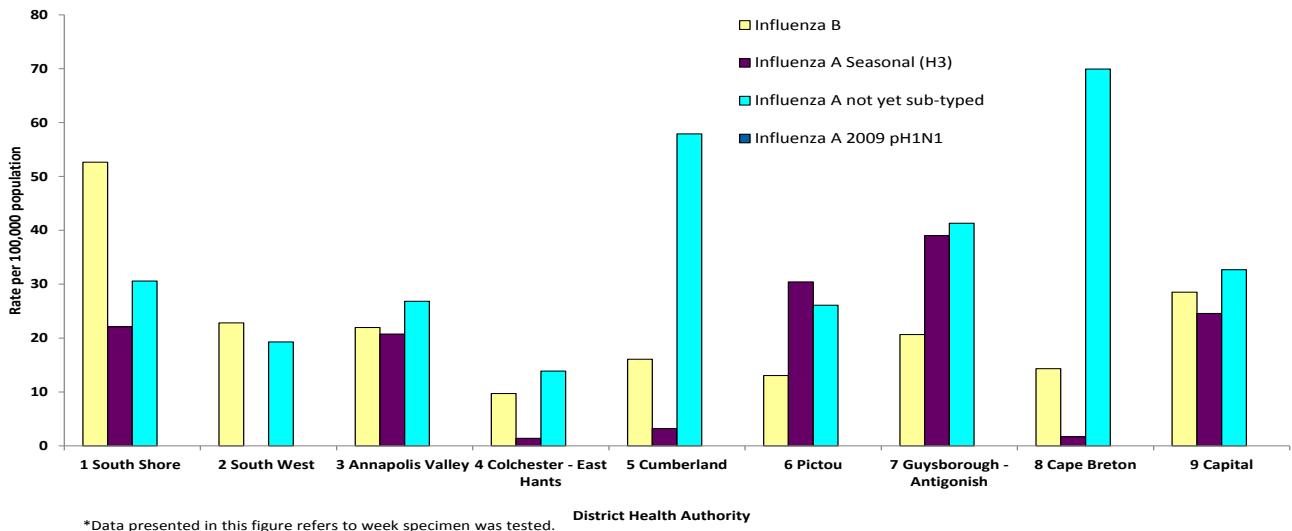


Figure 6: Influenza rate per 100,000 population by type and DHA, cumulative, Nova Scotia, 2014–2015



\*Data presented in this figure refers to week specimen was tested. District Health Authority

Table 2: ILI reporting from emergency departments, Nova Scotia, 2014–2015

ER SURVEILLANCE			
	%ILI	Reporting ERs	
DHA 1	2.0	3	of 3
DHA 2	0.2	3	of 3
DHA 3	0.5	3	of 3
DHA 4	1.7	2	of 2
DHA 5	1.5	5	of 5
DHA 6	-	0	of 1
DHA 7	0.9	6	of 6
DHA 8	2.1	6	of 8
DHA 9	0.5	7	of 7
IWK	9.3	1	of 1
<b>Nova Scotia (excl. IWK)</b>	<b>1.0</b>	<b>35 of 38</b>	<b>92.1%</b>
<b>Nova Scotia (incl. IWK)</b>	<b>1.6</b>	<b>36 of 39</b>	<b>92.3%</b>

# RESPIRATORY WATCH

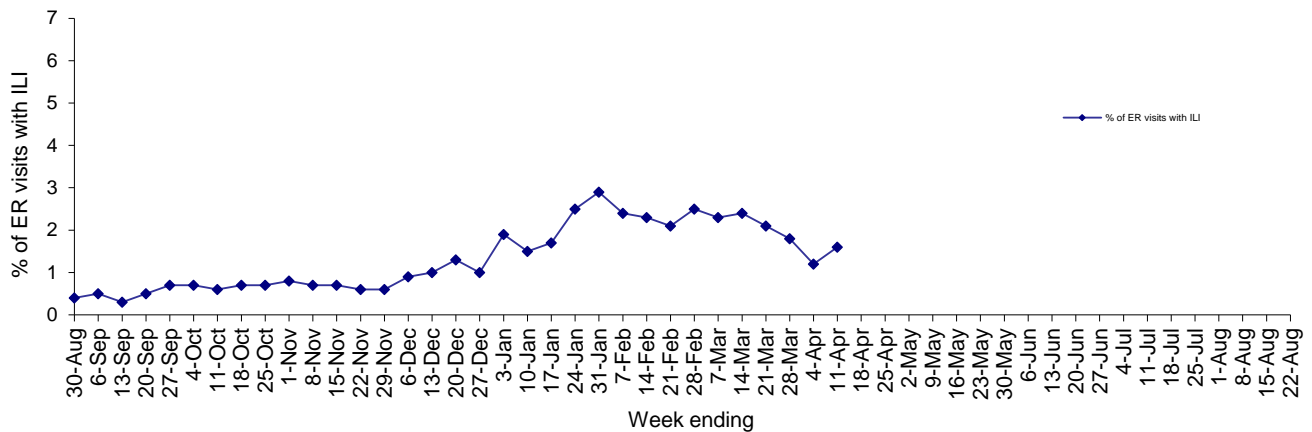
Week 14 (April 5 to April 11, 2015)

**Table 3: Hospitalizations, ICU Admissions and Deaths for influenza positive patients, Nova Scotia, 2014-2015**

	Hospitalized*	ICU	Death
<b>Influenza A 2009 pH1N1</b>			
Current Week	0	0	0
Cumulative 2014 - 2015	0	0	0
<b>Influenza A (not yet sub-typed)</b>			
Current Week	0	1	0
Cumulative 2014 - 2015	188	15	14
<b>Influenza A Seasonal (H3)</b>			
Current Week	0	0	0
Cumulative 2014 - 2015	89	8	11
<b>Influenza B</b>			
Current Week	3	0	0
Cumulative 2014 - 2015	138	13	5
<b>Current Week Total</b>			
<b>Season Total</b>	<b>415</b>	<b>36</b>	<b>30</b>

\* Note: Hospitalized cases exclude ICU admissions

**Figure 7: Percentage of ER visits with ILI, Nova Scotia, 2014–2015**



# RESPIRATORY WATCH

Week 14 (April 5 to April 11, 2015)

## RESPIRATORY SYNCYTIAL VIRUS (RSV)

Figure 8: Number of positive RSV specimens by report week, Nova Scotia, 2014–2015

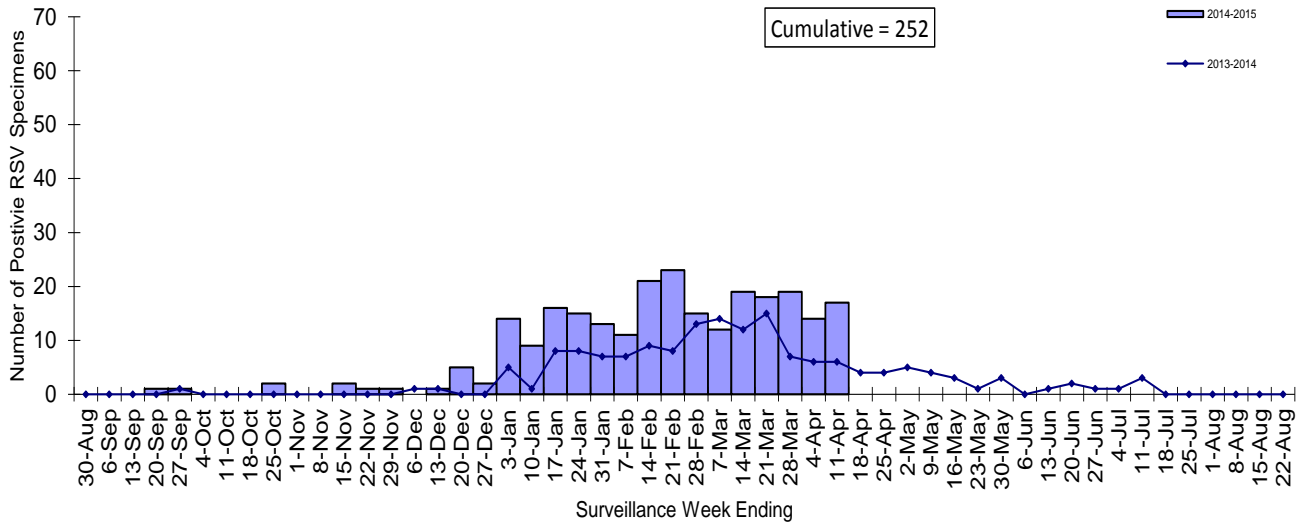
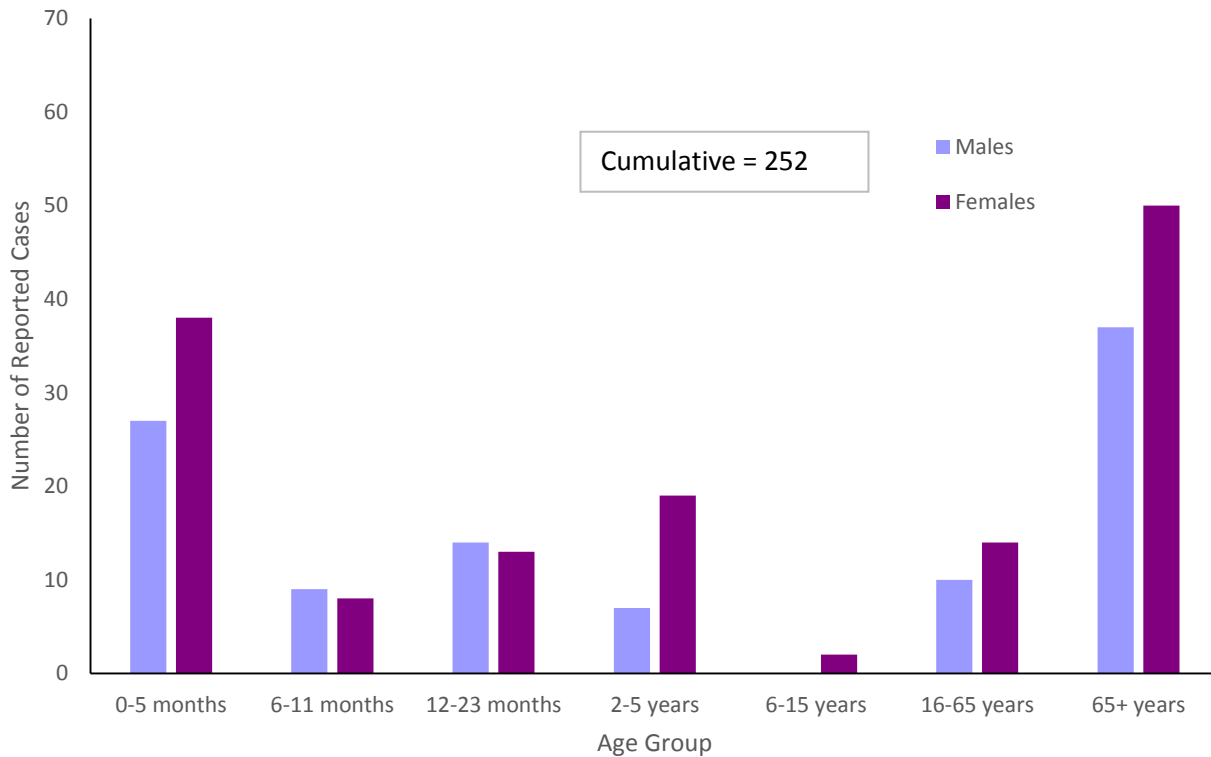


Figure 9: Cumulative number of positive RSV specimens by age group and sex, Nova Scotia, 2014-2015



# RESPIRATORY WATCH

Week 14 (April 5 to April 11, 2015)

## OTHER RESPIRATORY PATHOGENS

Table 4: Total number of specimens tested and number (%) positive for other respiratory pathogens, by report week and cumulative season, Nova Scotia, 2014–2015

Number and percent positive for:	Surveillance Week			Cumulative Season-to-Date Totals		
	n tested	n positive	% positive	n tested	n positive	% positive
Adenovirus	26	1	3.8	826	14	1.7
Bocavirus	26	1	3.8	826	1	0.1
Chlamydophila pneumoniae	21	0	0.0	645	1	0.2
Coronavirus	26	1	3.8	826	28	3.4
Enterovirus	26	0	0.0	826	2	0.2
Metapneumovirus	26	4	15.4	826	15	1.8
Mycoplasma pneumoniae	21	1	4.8	644	65	10.1
Parainfluenza	26	0	0.0	826	62	7.5
Pertussis	11	0	0.0	360	14	3.9
Respiratory syncytial virus A	26	1	3.8	858	2	0.2
Respiratory syncytial virus B	26	3	11.5	858	25	2.9
Respiratory syncytial virus not typed	83	13	0.0	1994	225	11.3
Rhinovirus	26	4	15.4	826	108	13.1

# RESPIRATORY WATCH

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## APPENDIX: Definitions used in Influenza Surveillance, 2014-2015

1) ILI in the general population:

Acute onset of respiratory illness with fever and cough and with one or more of the following - sore throat, arthralgia, myalgia, or prostration which is likely due to influenza. In children under 5, gastrointestinal symptoms may also be present. In patients under 5 or 65 and older, fever may not be prominent.

2) Outbreaks of influenza / ILI by setting:

Schools and Daycares:

Greater than 10% absenteeism (or absenteeism that is higher (e.g. >5-10%) than expected level as determined by school or public health authority) which is likely due to ILI.

Hospitals and residential institutions:

Two or more cases of ILI within a seven-day period, including at least one laboratory confirmed case. Institutional outbreaks should be reported within 24 hours of identification. Residential institutions include but not limited to long-term care facilities (LTCF) and prisons.

Other Settings:

Two or more cases of ILI within a seven-day period, including at least one laboratory confirmed case; i.e. closed communities.

3) National FluWatch Definitions for Influenza Activity Levels:

**Influenza activity levels are defined as:**

- |                         |  |
|-------------------------|--|
| <b>1 = No activity:</b> | i.e. no laboratory-confirmed influenza detections in the reporting week, however, sporadically occurring ILI* may be reported  |
| <b>2 = Sporadic:</b>    | sporadically occurring ILI* and lab confirmed influenza detection(s) with <b>no outbreaks</b> detected within the influenza surveillance region†   |
| <b>3 = Localized:</b>   | (1) evidence of increased ILI* and<br>(2) lab confirmed influenza detection(s) together with<br>(3) outbreaks in schools, hospitals, residential institutions and/or other types of facilities occurring in <b>less than 50% of the influenza surveillance region</b> †                |
| <b>4 = Widespread:</b>  | (1) evidence of increased ILI* and<br>(2) lab confirmed influenza detection(s) together with<br>(3) outbreaks in schools, hospitals, residential institutions and/or other types of facilities occurring in <b>greater than or equal to 50% of the influenza surveillance region</b> † |

\* ILI data may be reported through sentinel physicians, emergency room visits or health line telephone calls.

† Sub-regions within the province or territory as defined by the provincial/territorial epidemiologist.



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- 4) District Health Authorities (DHAs), Nova Scotia:
- DHA 1 – South Shore Health
  - DHA 2 – South West Health
  - DHA 3 – Annapolis Valley Health
  - DHA 4 – Colchester East Hants Health Authority
  - DHA 5 – Cumberland Health Authority
  - DHA 6 – Pictou County Health Authority
  - DHA 7 – Guysborough Antigonish Strait Health Authority
  - DHA 8 – Cape Breton District Health Authority
  - DHA 9 – Capital Health