**Goals**

- Perform and monitor high quality CPR:
  - At least 100/min
  - At least 5 cm deep
  - Allow recoil
  - Minimize pauses
  - Rotate compressors
- Defibrillate early (for VF/VT)
- Obtain ROSC

**Tips**

- Higher defibrillation energy may be considered if patient does not respond to initial 200J shocks
- Avoid hyperventilation (8-10 ventilations/min is adequate)
- Intubation is your lowest priority
- See ROSC care field guide

**Oxygen via non-rebreather (or BVM if enough resources available)**

- 1 mg 1:10 000 epinephrine IV/IO q 4 minutes
- If VF/VT: 1 mg/kg lidocaine IV/IO then 0.5 mg/kg IV/IO q 10 minutes (max 3 mg/kg)

**Consider advanced airway management if time and resources allow**

**Treat reversible causes (H’s and T’s)**