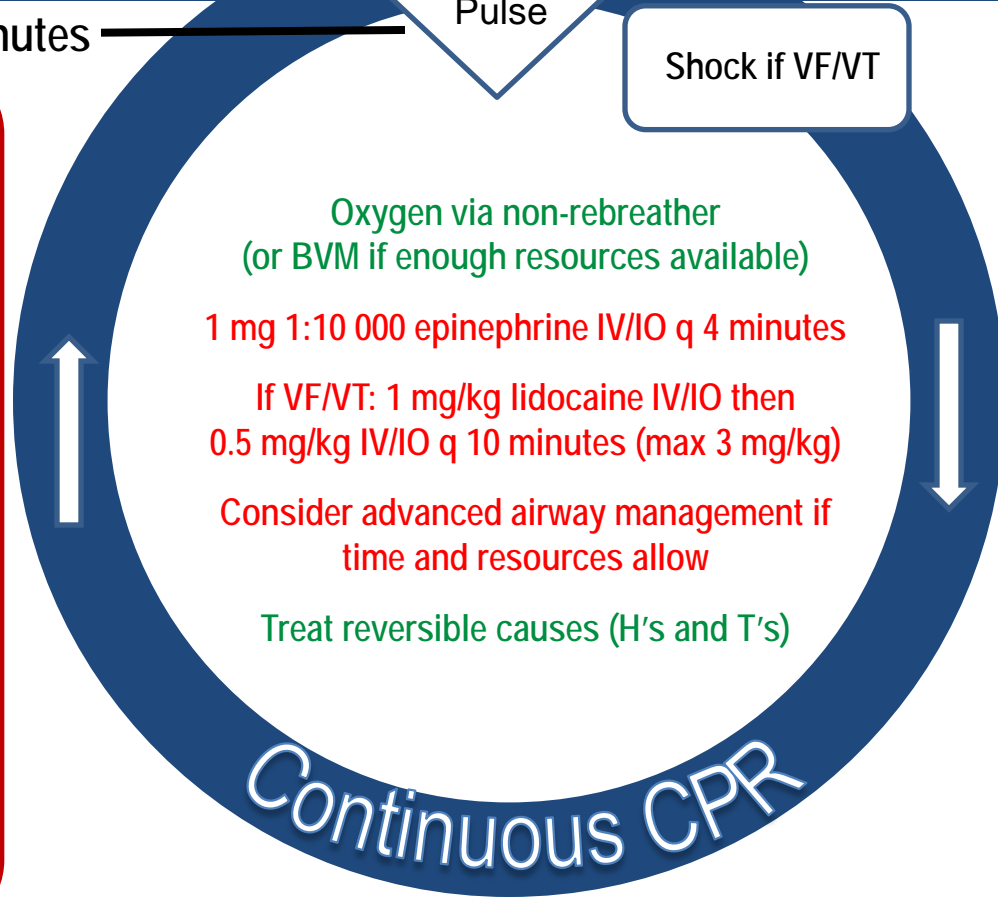


## Goals

- Perform and monitor high quality CPR:
  - At least 100/min
  - At least 5 cm deep
  - Allow recoil
  - Minimize pauses
  - Rotate compressors
- Defibrillate early (for VF/VT)
- Obtain ROSC



## Tips

- Higher defibrillation energy may be considered if patient does not respond to initial 200J shocks
- Avoid hyperventilation (8-10 ventilations/min is adequate)
- Intubation is your lowest priority
- See ROSC care field guide