Goals
• Protect the airway
• Ensure hemostasis

Tips
• Identify any high-risk factors:
  • Hypertension
  • Trauma
  • Known bleeding disorder
  • Anti-platelet/anti-coagulant use
• Attempt to identify if it is a unilateral or bilateral bleed
• Avoid putting pressure on the bridge or bony part of the nose when compressing nares

Have patient gently blow nose to expel clots

Lean patient forward, apply firm bilateral pressure to nares for 15 uninterrupted minutes

Consider dimenhydrinate 25 mg IV (or 25-50 mg IM) q 20 min x 1 if patient is nauseous