Goals

• Support airway & breathing, control hemorrhage and maintain perfusion
• Identify and treat life-threatening injuries
• Minimize further injury through effective immobilization of possible fractures
• Adequate pain management

Tips

• Respect the mechanism of injury even if injuries are not obvious
• Determine and document the actual time of injury
• Consider Trauma Team or LifeFlight activation early
• Activate massive transfusion protocol if available

Consider c-spine immobilization

Oxygen to keep SpO₂ at 100%

Control external bleeding & administer fluid to maintain blood pressure ~100mmHg (~120mmHg if neuro trauma is suspected)

Consider needle decompression and/or 3 sided dressing

Consider TXA (1g mixed in 100mL normal saline run over 10 minutes IV)

Consider pelvic/femur stabilization

Stabilize penetrating objects in situ

Consider analgesia

Rapid Transport & Hospital Notification