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Malaine Cial			

Malaise, Sick

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Trauma (ABCs/Major)

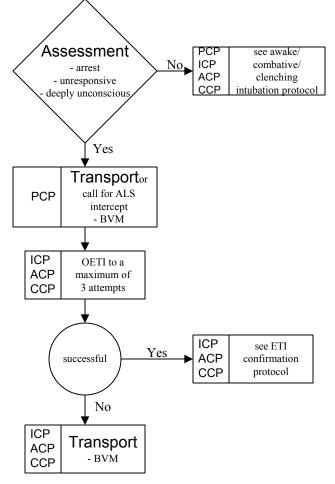
Monday, December 18, 2006

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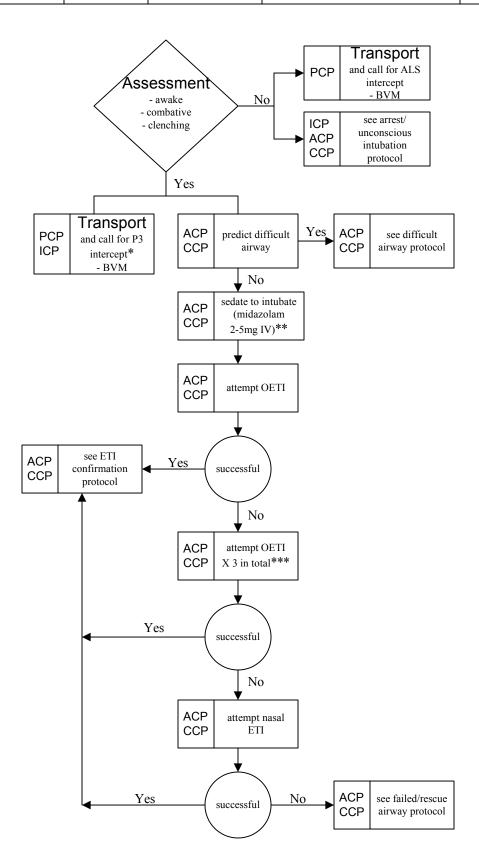
Protocol: Arrest/Unconscious Intubation	<b>PDN:</b> 6200.03	Last Updated: November 25, 2003	Subject: Advanced Airway Management	Page 1





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Protocol: Awake/Combative/Clenching Intubation	PDN: 6201.02	Updated: April 1, 2003	Subject: Advanced Airway Management	Page 1	ĺ
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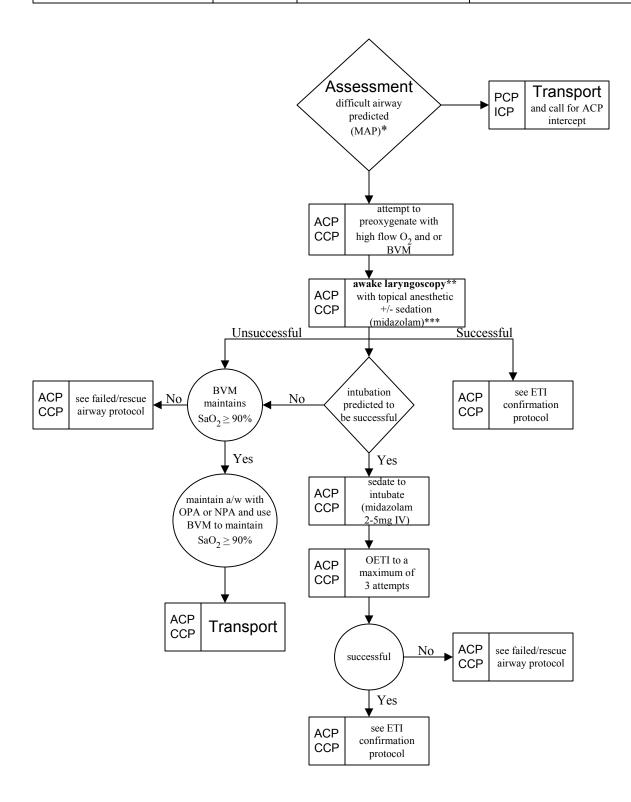


\*if during transport patient becomes unresponsive, ICP goes to arrest-unconscious intubation protocol \*\*if head injury, lidocaine 1.5mg/kg \*\*\*GUM Bougie





Protocol: Difficult Airway Intubation	<b>PDN:</b> 6202.04	Last Updated:	December 12, 2003	Subject: Advanced Airway Management	Page 1
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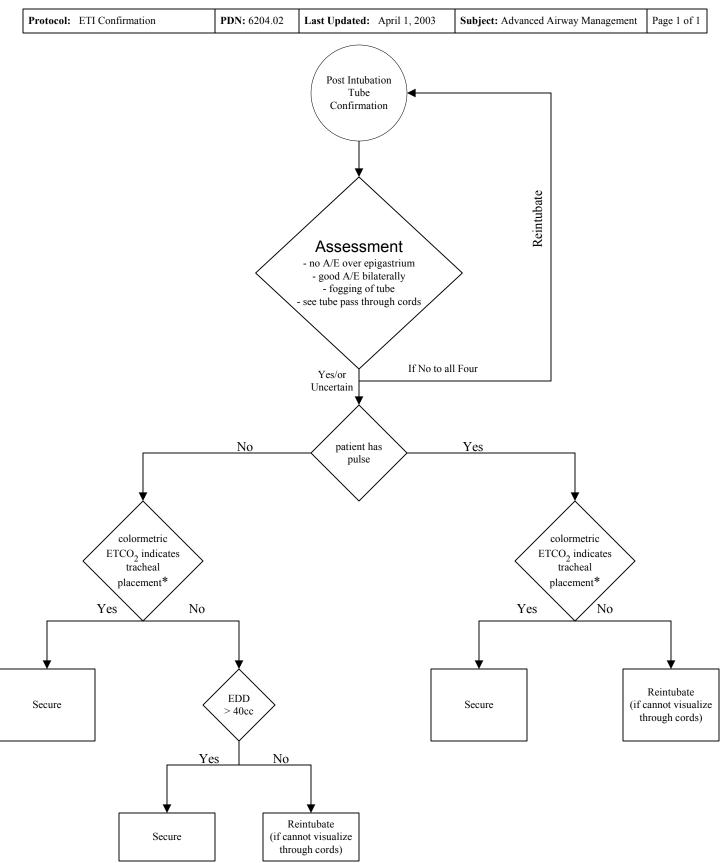


\*MAP:

- Measurement/Mallampati
- Anatomical considerations
- Pathological considerations
- \*\*if head injury, lidocaine 1.5mg/kg
- \*\*\*Have GUM Bougie Ready





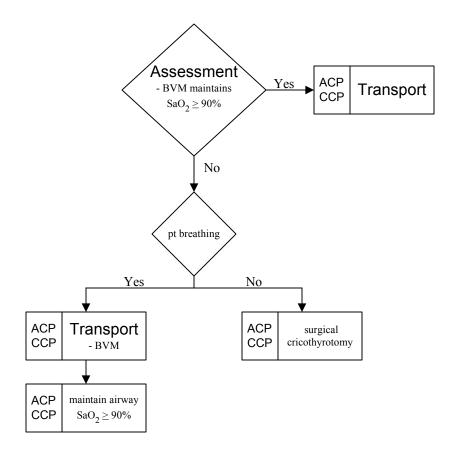






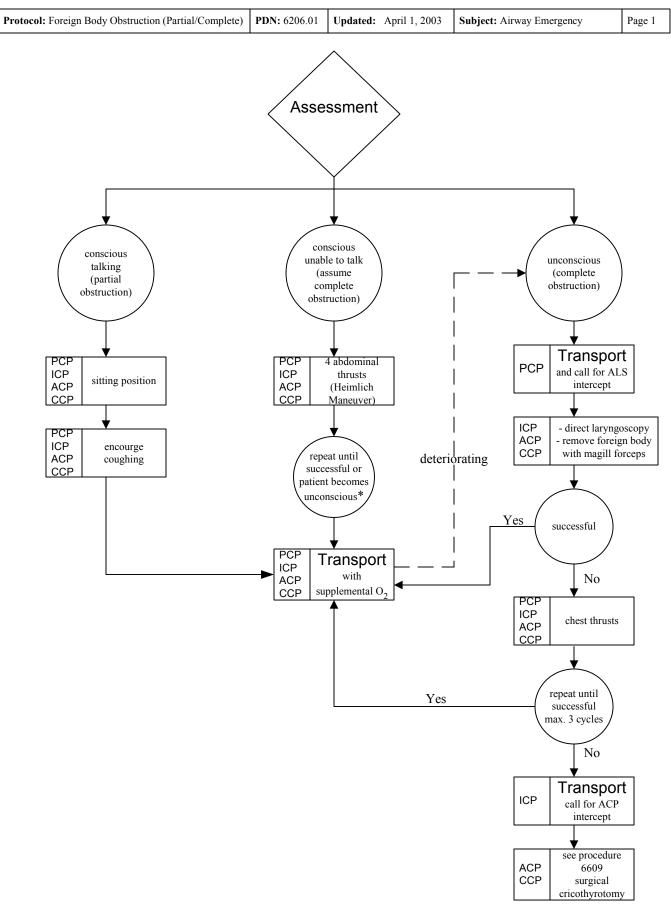
Subject: Advanced Airway Management

## Can only arrive at this protocol from awake/combative/clenching or difficult airway intubation protocol



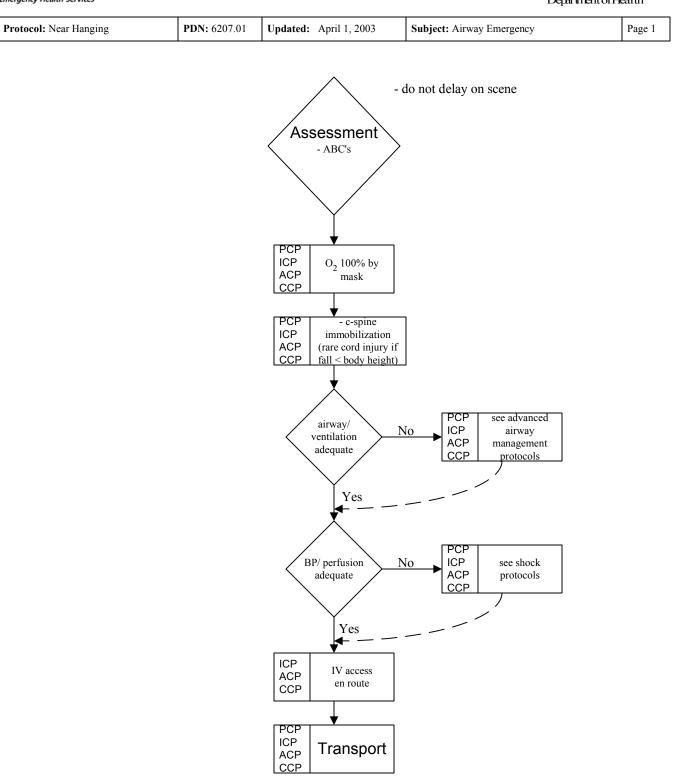






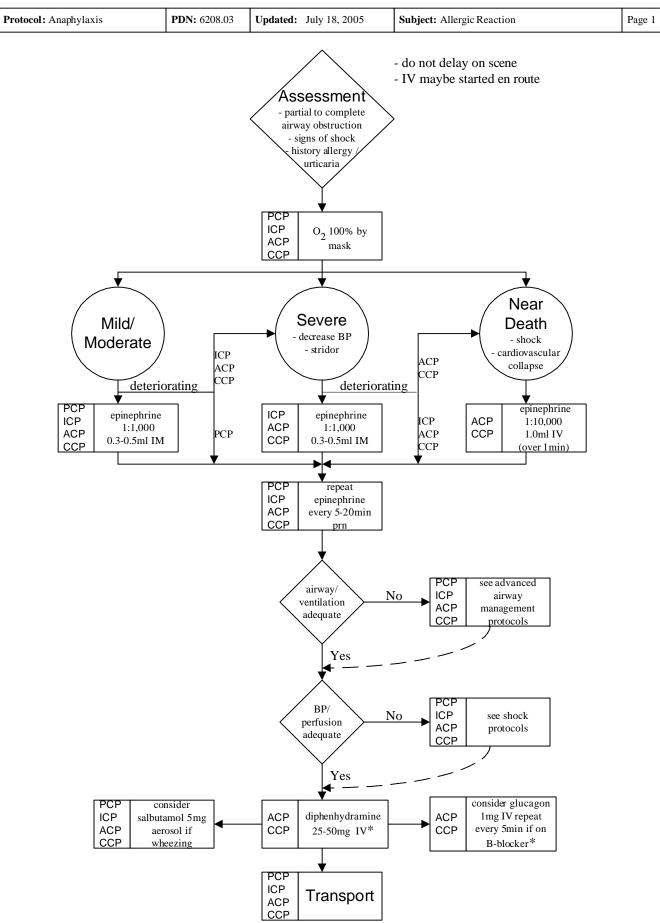






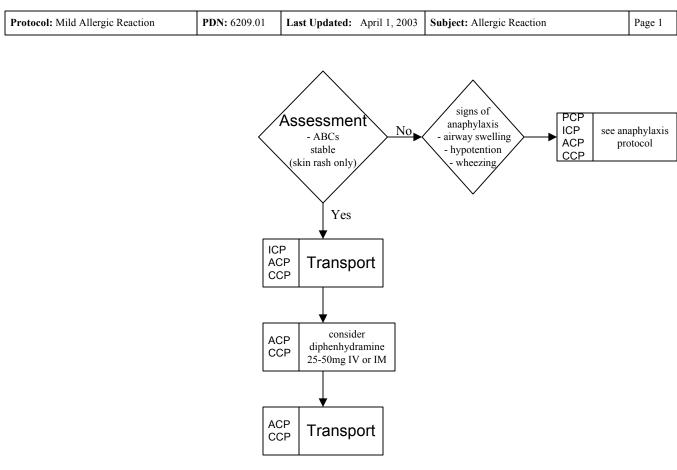






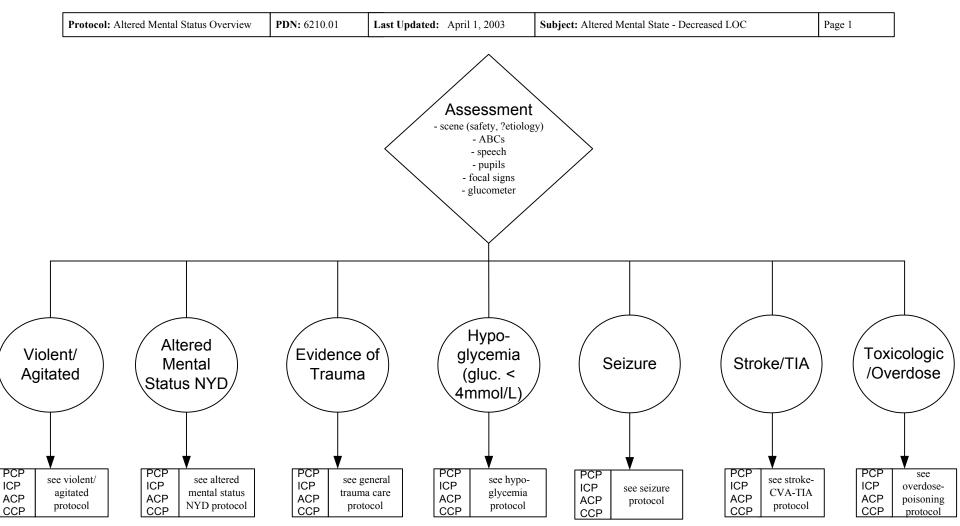






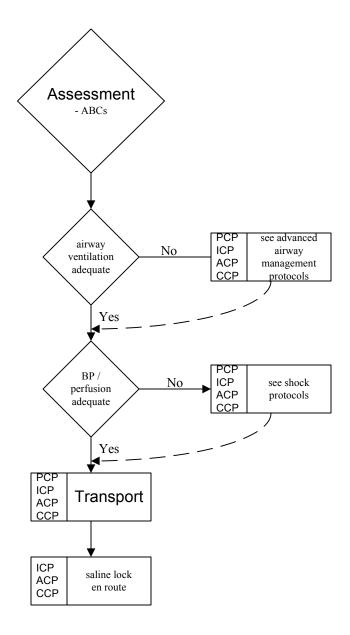






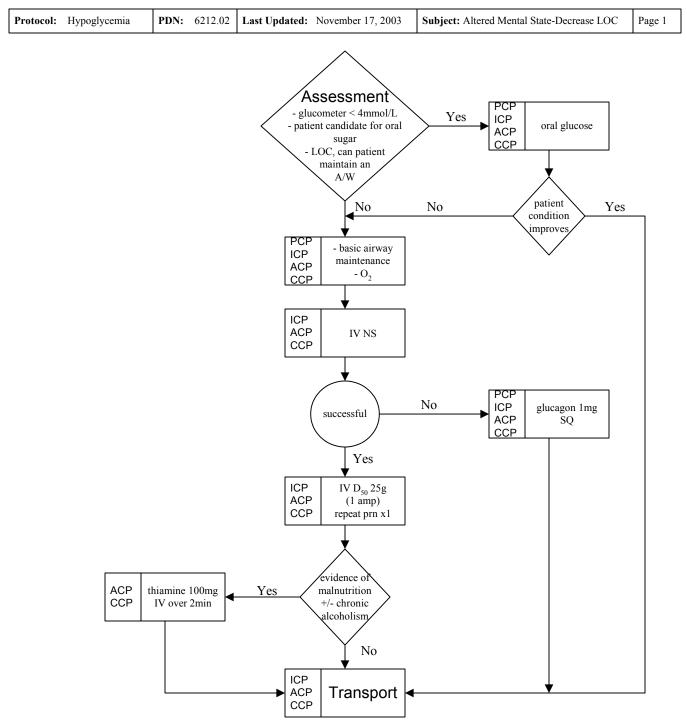






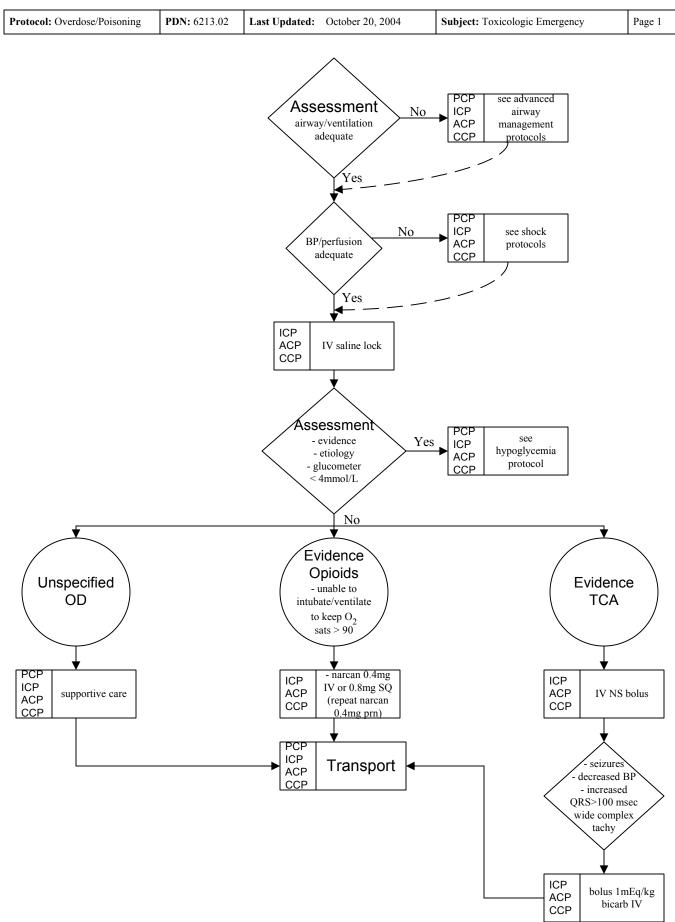






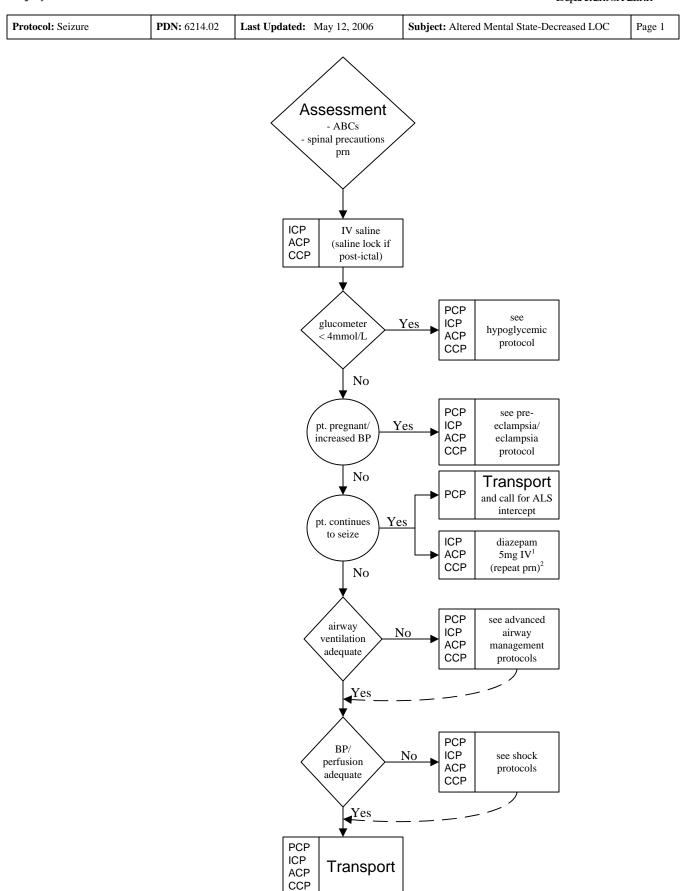








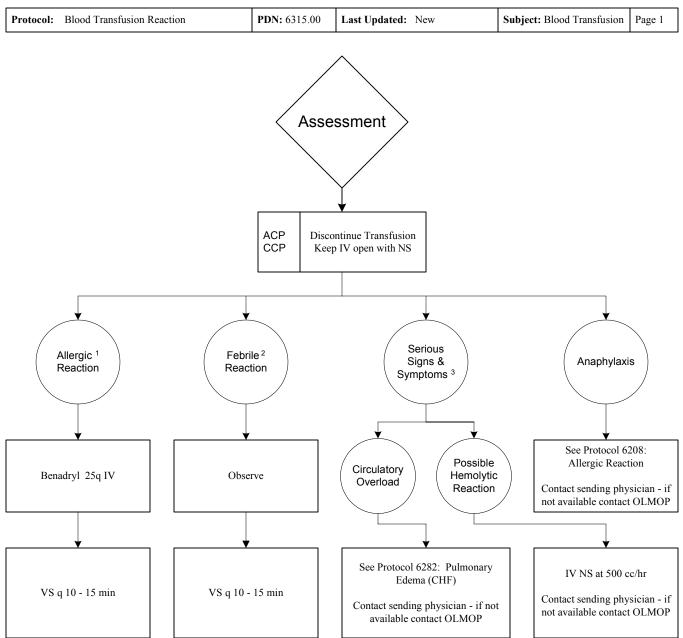




1. If unable to establish IV, ACPs/CCPs use Midazolam 5mg Buccal or Intranasally (IN); ICPs transport and/or call for ACP/CCP Intercept.

2. Call OLMO if you need to exceed 10mg Diazepam or 5mg Midazolam.





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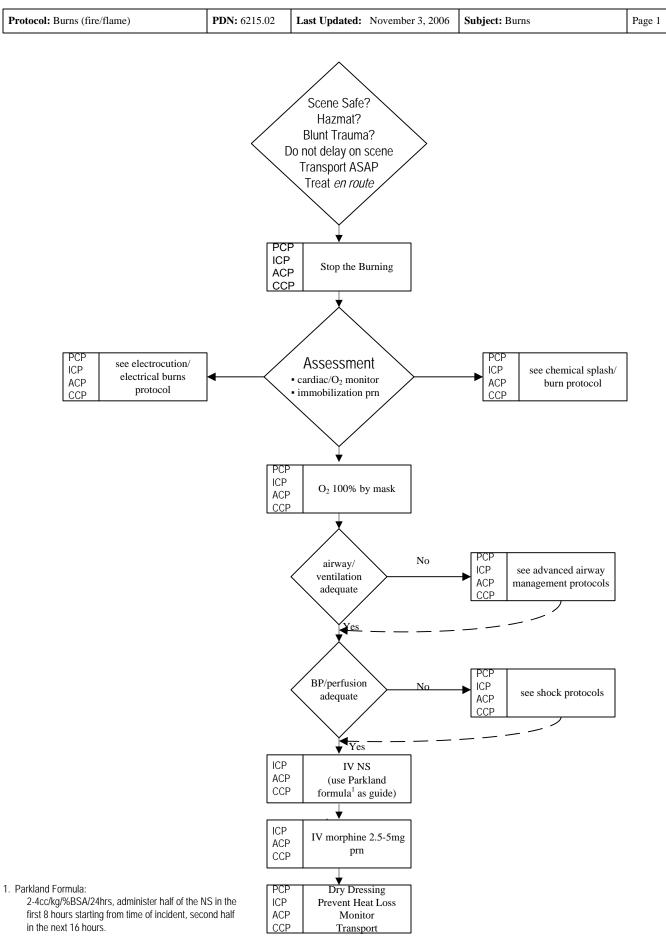
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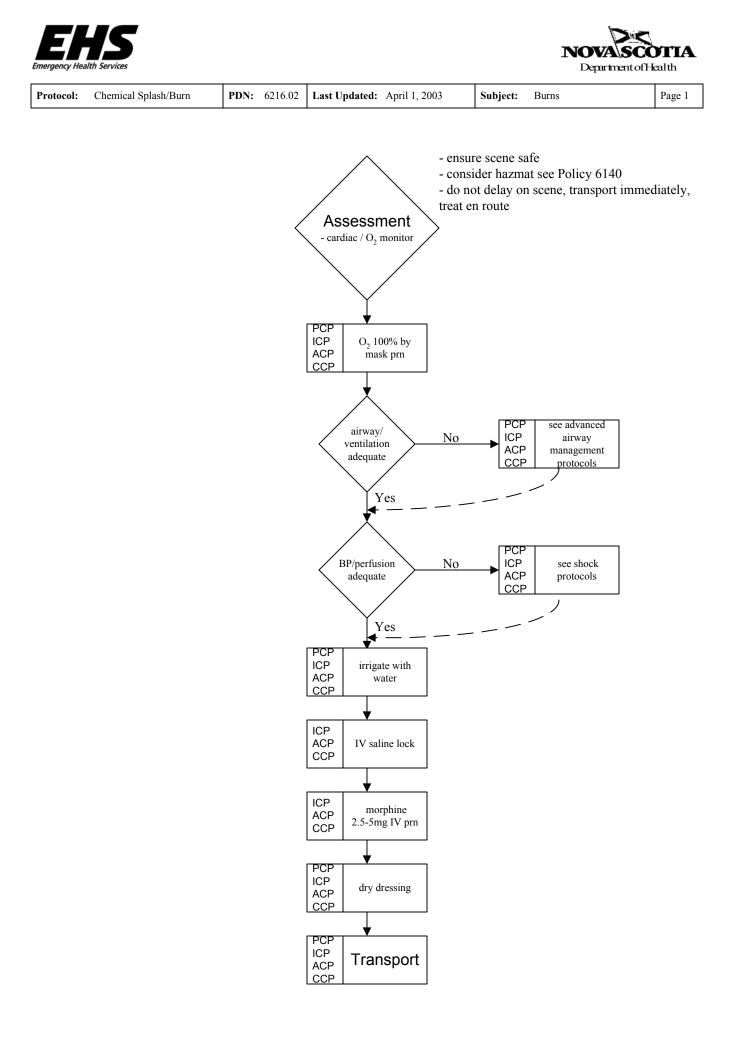
1. Skin reaction only (hives/rash over less than 25% of body), no other symptoms.

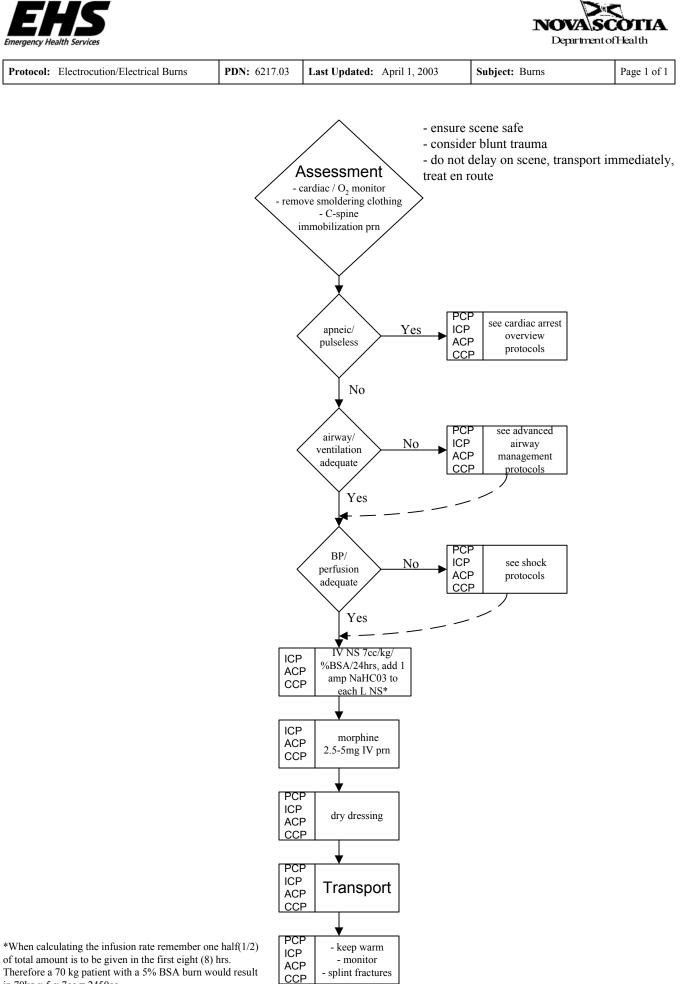
- 2. Febrile Reaction (chills, fever, patient not neutropenic, no other symptoms and onset more than 15 mins into transfusion).
- Serious Signs & Symptoms: If Patient has any <u>one</u> of the following: Onset < 15 min; Patient is neutropenic; Hypotension/Shock; Rigors; Anxiety; Back/chest pain; Dyspnea /SOB; Bleeding from IV site; Nausea/vomiting; Temperature ≥39C; Tachycardia/arrhythmias; Generalized flushing; Hives/rash covering > 25% of body.



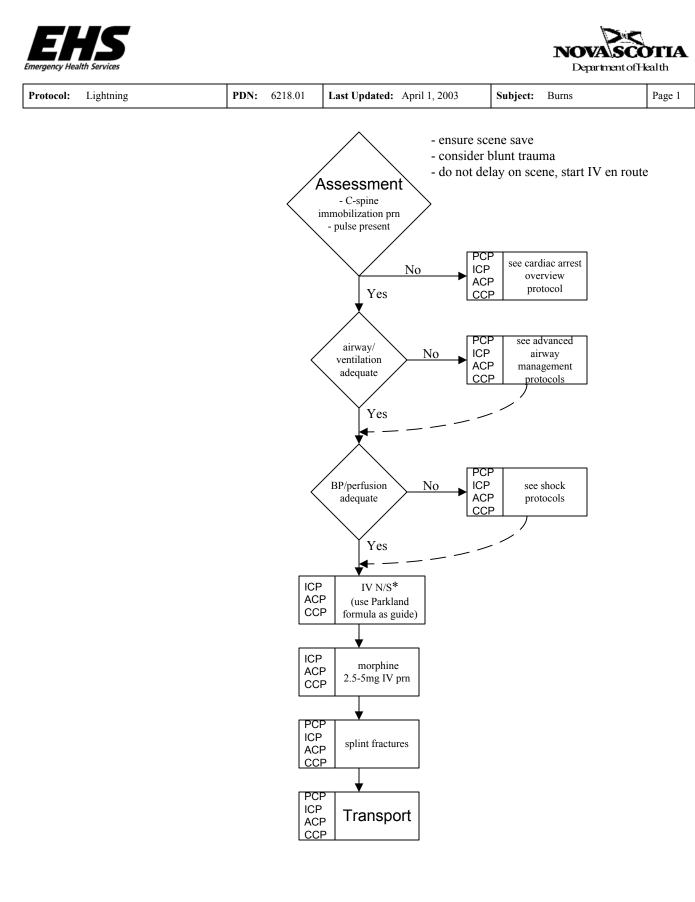






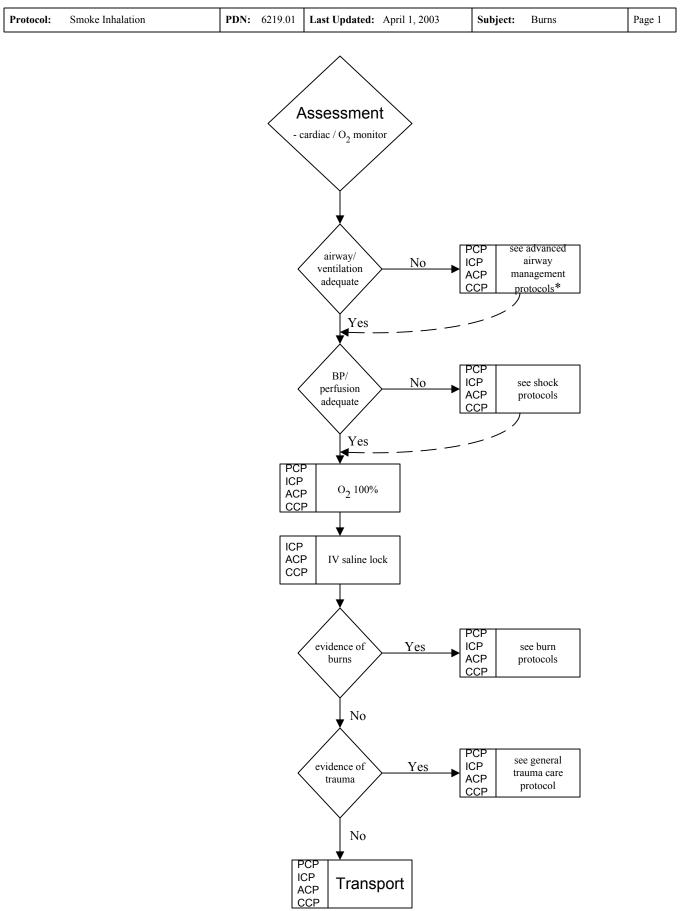


in 70kg x 5 x 7cc = 2450cc.



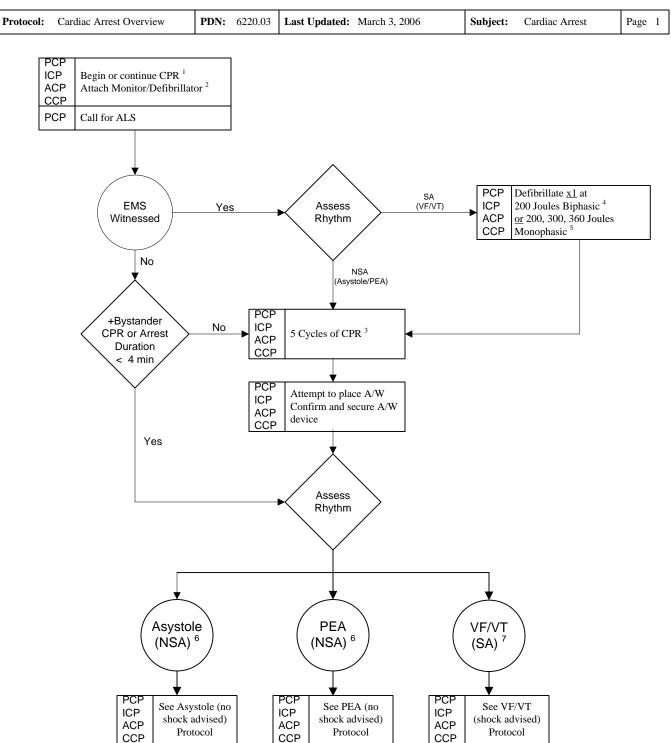








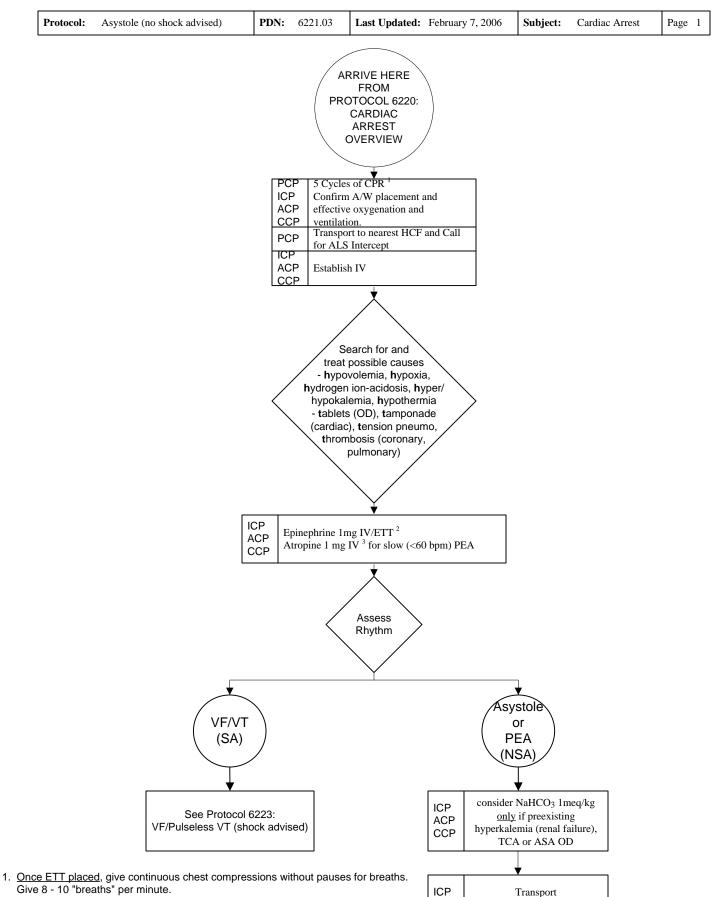




- 1. Emphasis is on minimal interruption of chest compressions. Be aware of possible Foreign Body Airway Obstruction (FBAO).
- 2. Use Defibrillator in Automated Mode ACPs and CCPs may switch to manual if disagree with Defibrillator interpretation.
- 3. Each cycle is 30:2 (compressions:ventillations with a compression rate of 100/min). If possible the compressor role should be rotated after each cycle of 5 to prevent compressor fatigue.
- 4. Resume CPR immediately. Only do pulse check if you see organized complexes when you assess the rhythm.
- 5. ACPs and ICPs use Monophasic Defibrillator in Manual Mode to give one (1) shock. Resume CPR immediately after shock(s) is (are) given. Only do pulse check if you see organized complexes when you assess the rhythm.
- NSA: No Shock Advised 6.
- 7. SA: Shock Advised







ACP

CCP

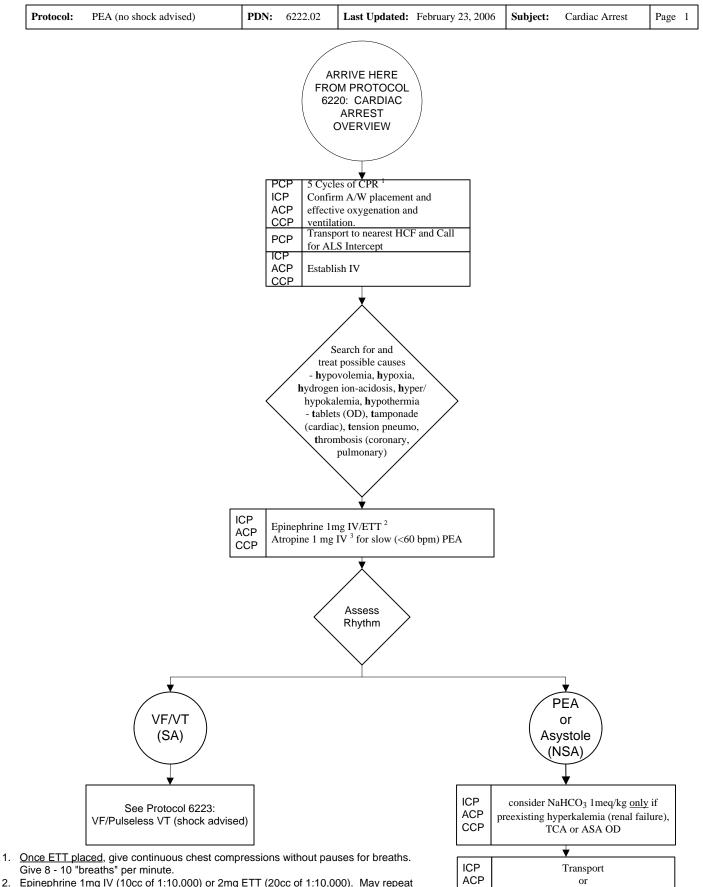
or

Cease Resuscitation <sup>4</sup>

- Epinephrine 1mg IV (10cc of 1:10,000) or 2mg ETT (20cc of 1:10,000). May repeat q 3-5 minutes.
- 3. Repeat Atropine q 3 5 min (up to 3 doses)
- If patient in PEA or Asystole after 20 min of ALS, contact the OLMOP to discontinue resuscitation efforts







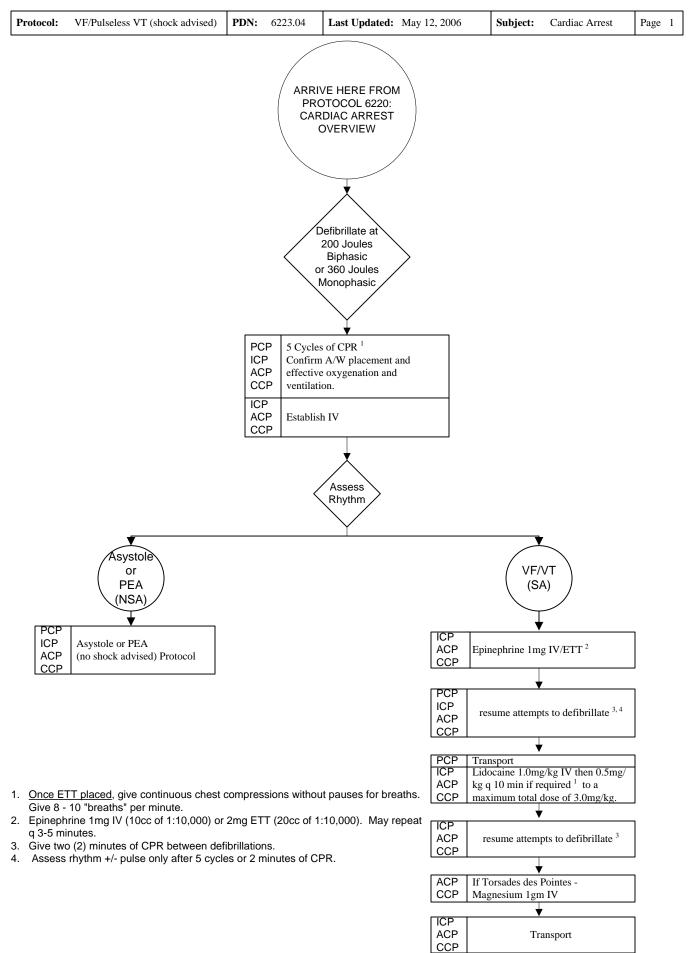
CCP

Cease Resuscitation 4

- Epinephrine 1mg IV (10cc of 1:10,000) or 2mg ETT (20cc of 1:10,000). May repeat q 3-5 minutes.
- 3. Repeat Atropine q 3 5 min (up to 3 doses)
- 4. If patient in PEA or Asystole after 20 min of ALS, contact the OLMOP to discontinue resuscitation efforts



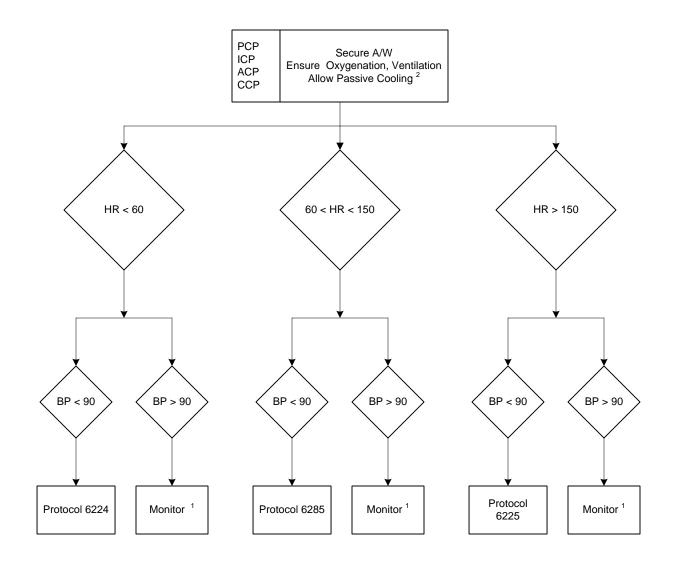






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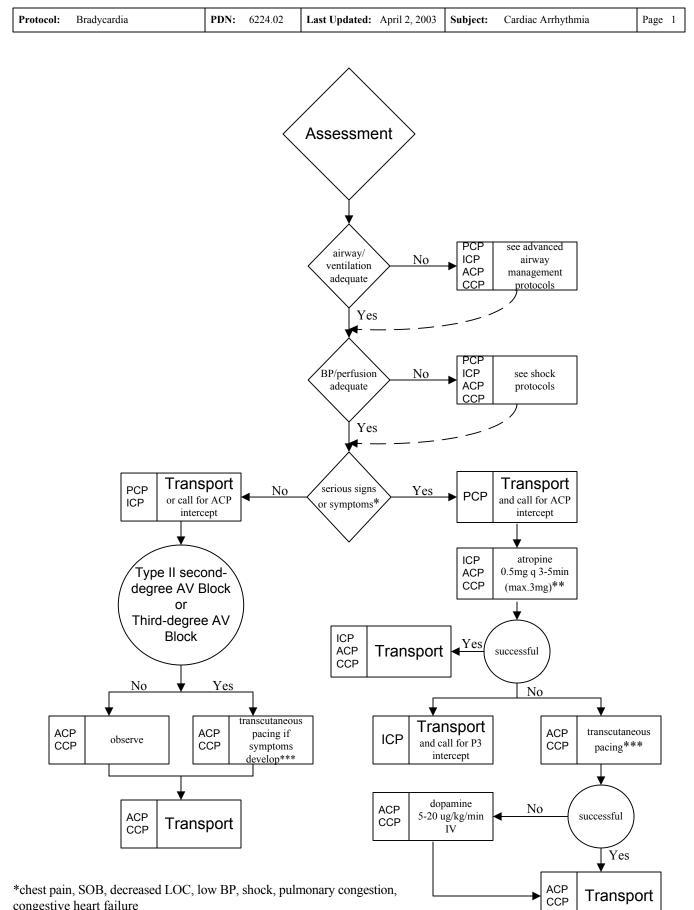
Protocol:	Post Adult Cardiac Arrest - ROSC <sup>1</sup>	<b>PDN:</b> 6311.03	Last Updated: May 12, 2005	Subject: (	Cardiac Arrest	Page	1	
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- 1. ROSC Return of spontaneous circulation.
- 2. Remove clothing and expose patient to ambient air if patient unable to respond to verbal commands.





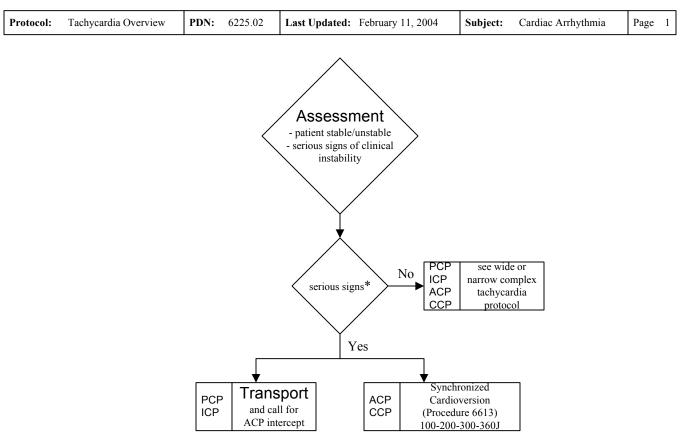


congestive heart failure \*\*denervated transplanted hearts will not respond to atropine

\*\*\*consider sedation

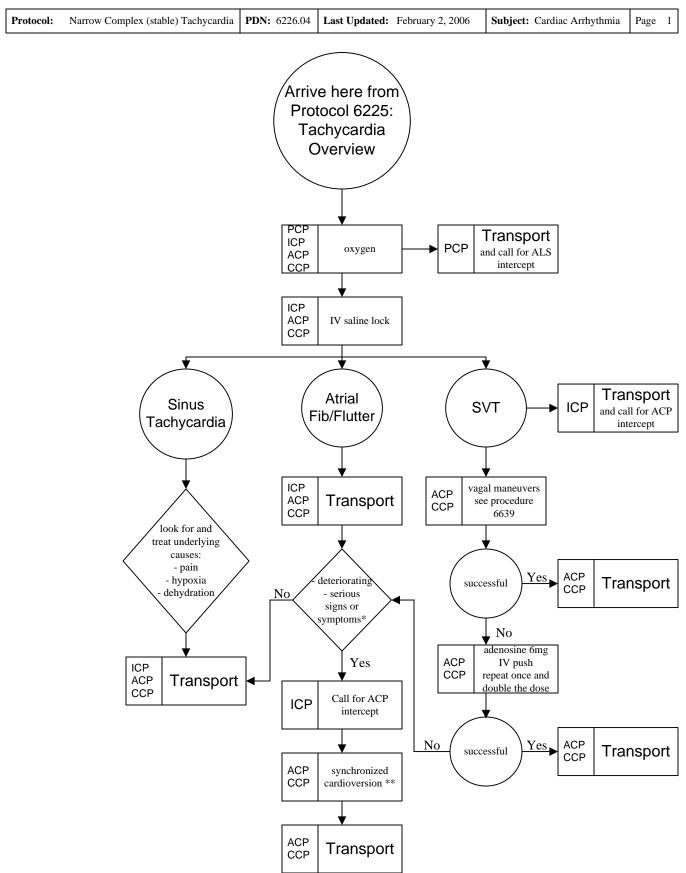










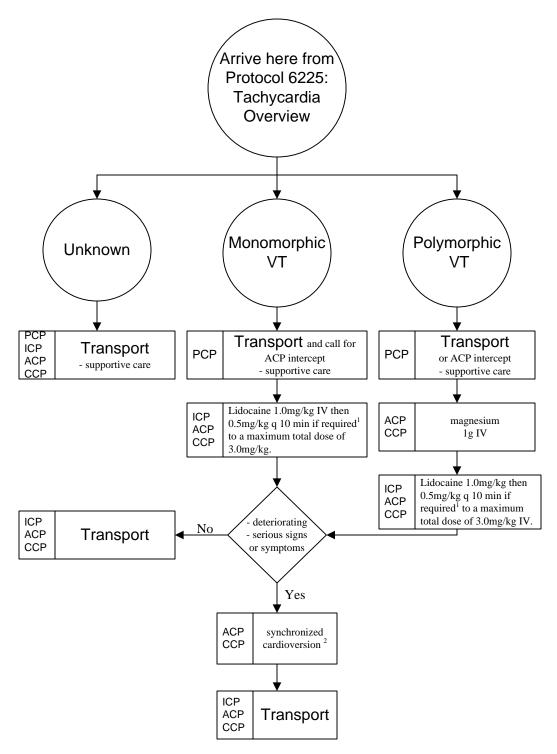


- \* chest pain, decreased LOC, low BP, shock, pulmonary congestion and congestive heart failure
- \*\* start at 100 Joules. If initial shock fails to convert the Arryhthmia, increase to 200 Joules, then 300 Joules, then 360 Joules.





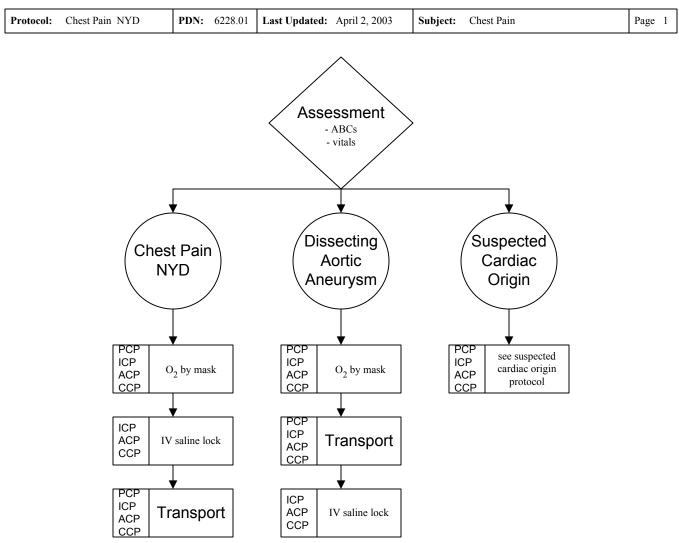
Protocol:	Wide Complex (stable) Tachycardia	<b>PDN:</b> 6227.04	Last Updated: May 12, 2006	Subject:	Cardiac Arrhythmia	Page 1



- 1. If runs of VT.
- 2. Start at 100 Joules. If initial shock fails to convert the Arryhthmia, increase to 200 Joules, then 300 Joules, then 360 Joules Biphasic or Monophasic.



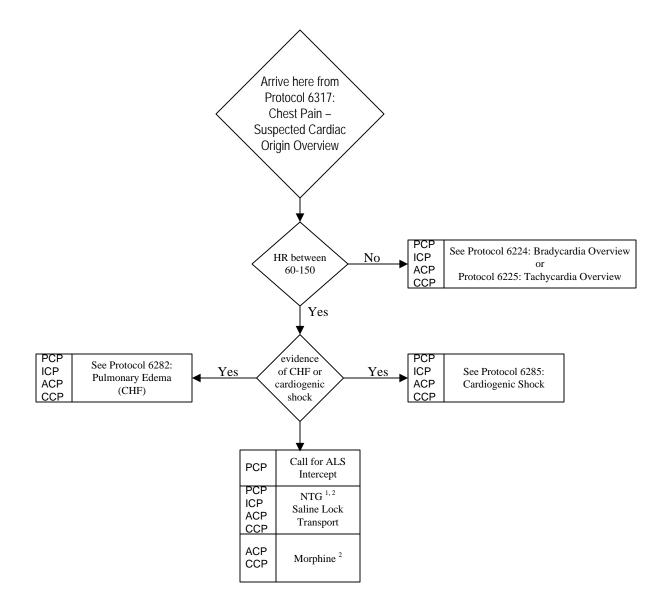






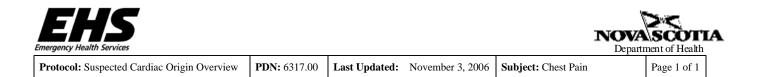


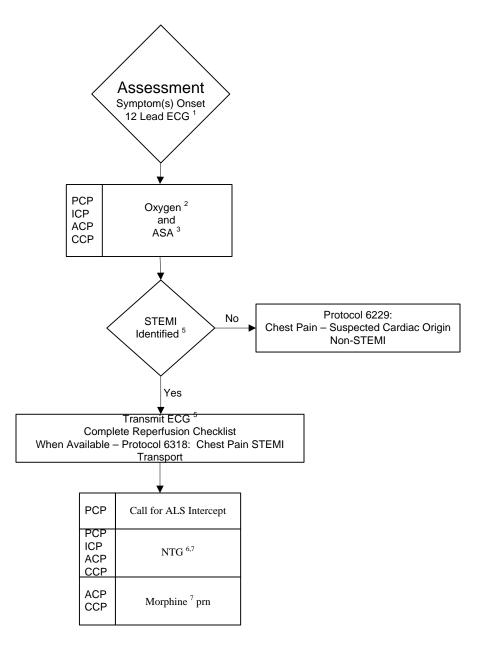
Protocol: Suspected Cardiac Origin – Non STEMI PDN: 622	9.04 Last Updated: November 3, 2006 Subject: Chest Pain Pa	age 1
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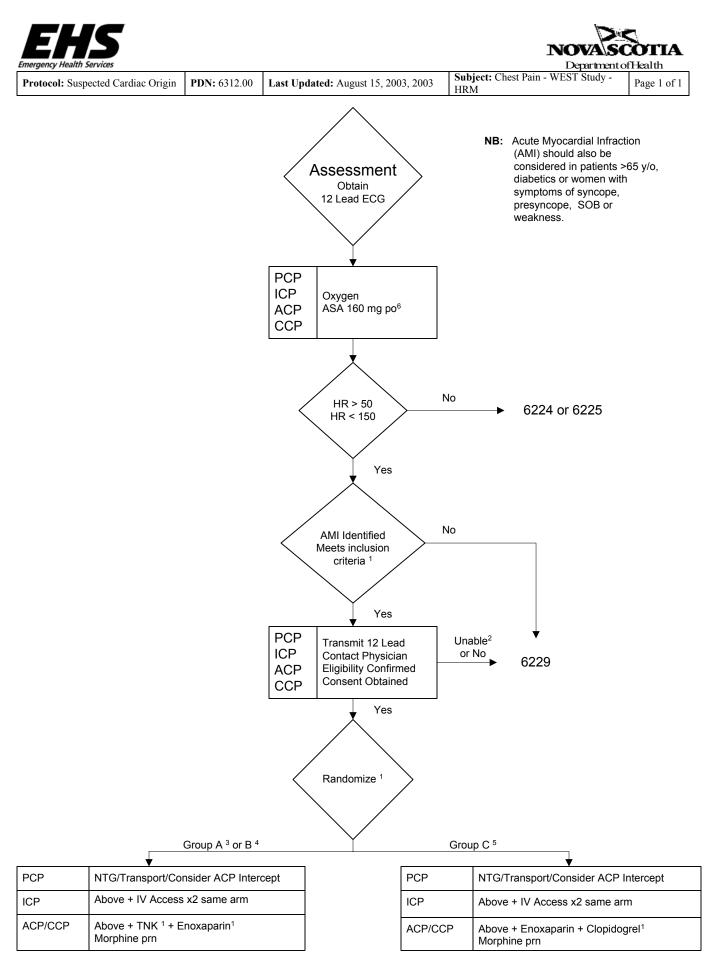
2. Be extremely cautious using NTG and Morphine with inferior MIs.

<sup>1.</sup> NTG – 0.4mg S/L prn every 3 – 5 minutes up to a maximum of 3 doses only and if patient remains stable (SBP > 90 and HR between 50 and 150 bpm).





- 1. If unable to complete ECG
  - manage as Chest Pain Suspected Cardiac Origin Non-STEMI (Oxygen, ASA, NG +/- Morphine)
- 2. Maintain O<sub>2</sub> Sats of at least 92% (Use Nasal Prongs first).
- 3. ASA 160 mg po
- 4. a. 2mm of ST elevation in two (2) or more contiguous predcordial leads or
- b. 1mm of ST elevation in two (2) or more limb leads or
- c. a new LBBB
- 5. If unable to transmit and ECG shows STEMI, Transport and attempt to transmit enroute.. Continue conventional treatment en route.
- 6. NTG 0.4mg S/L prn every 3 5 minutes up to a maximum of 3 doses only and if patient remains stable (SBP > 90 and HR between
- 50 and 150 bpm). 7. Be extremely cautious using NTG and Morphine with inferior MIs.



1 See Reference Cards

2 May retry once if condition permits

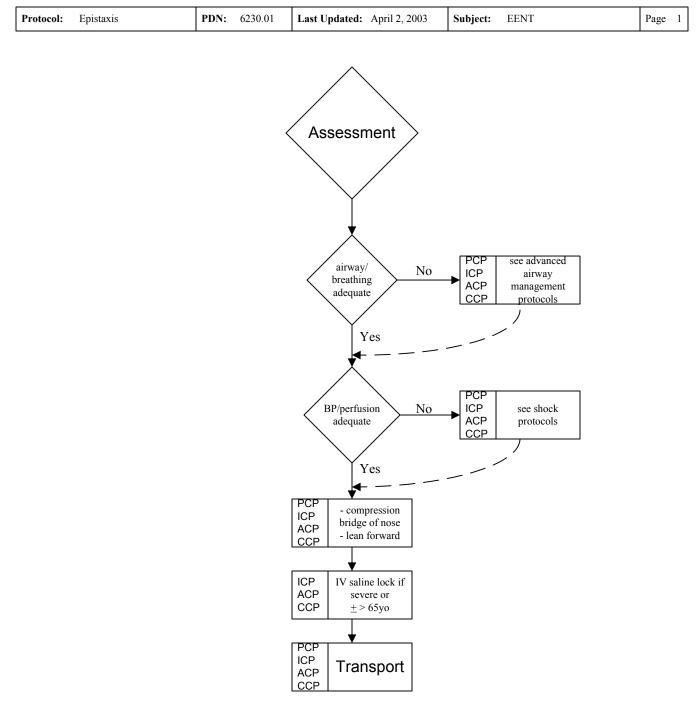
3 Transport to nearest HCF or if TNK given bypass CMC and go directly to DGH or QEII - whichever is closer.

- 4 Transport to nearest HCF or if TNK given, go directly to QEII.
- 5 Transport directly to QEII.

6 For patients with an allergy to ASA, ACP/CCPs may give Clopidogrel 300 mg po.

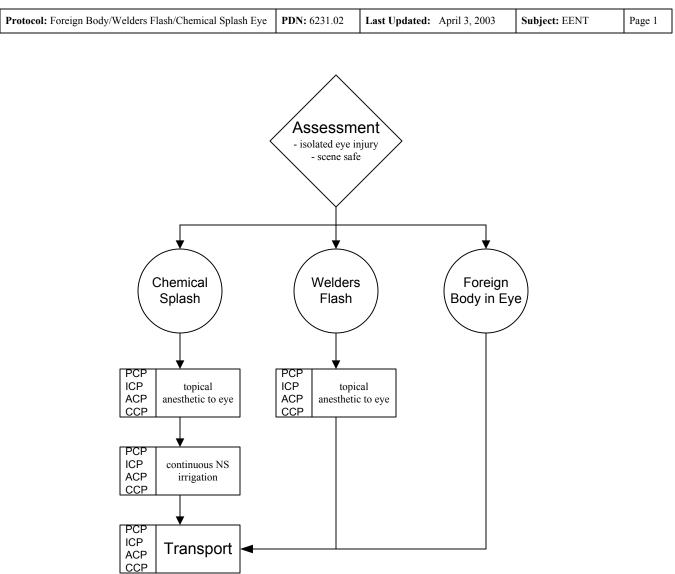








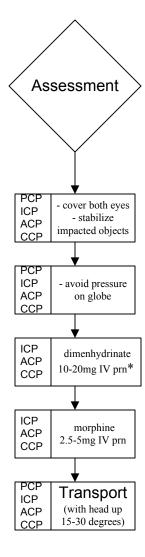


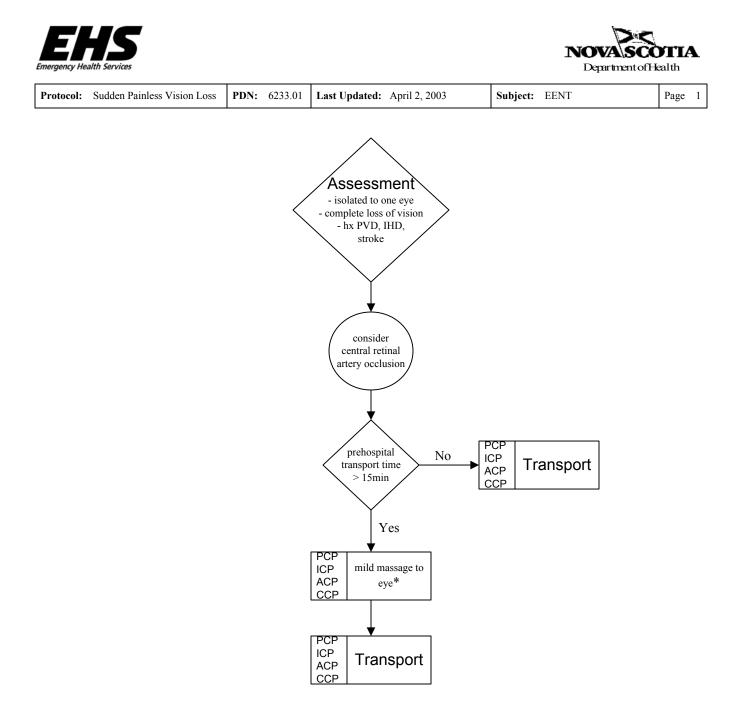






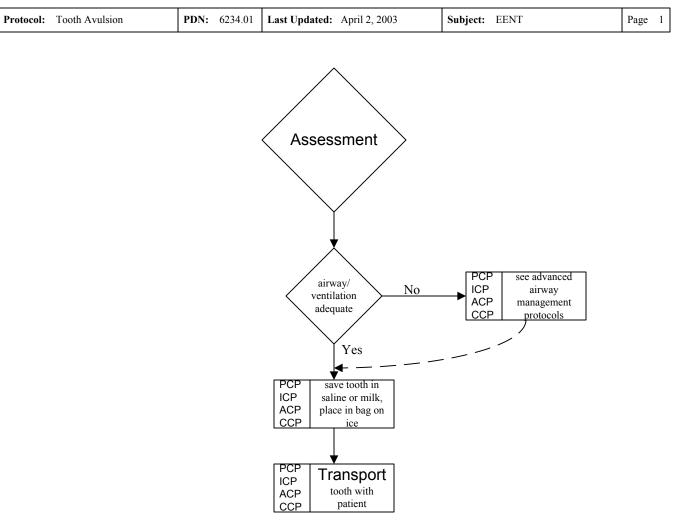
Protocol: (	Ocular Trauma	<b>PDN:</b> 6232.01	Last Updated: April 2, 2003	Subject: EENT	Page 1
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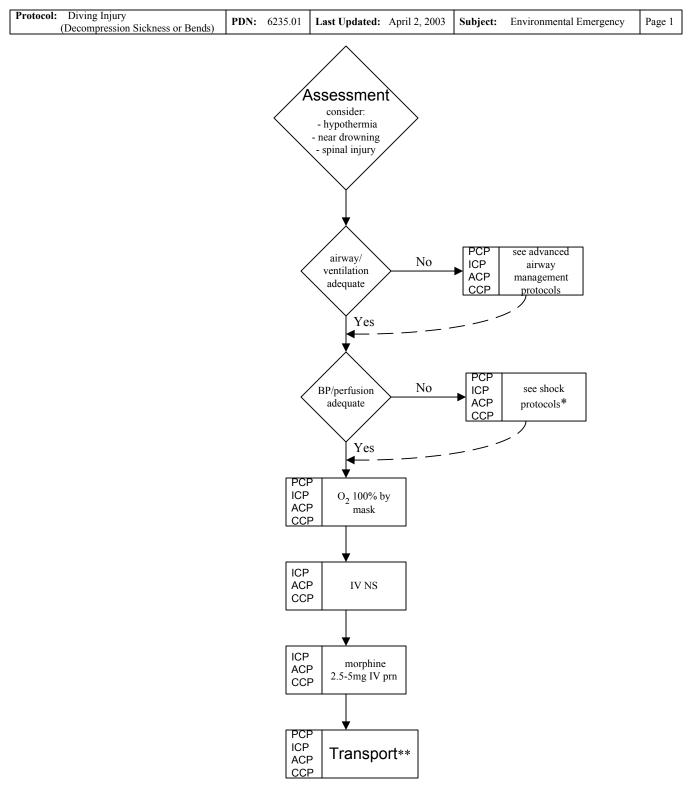






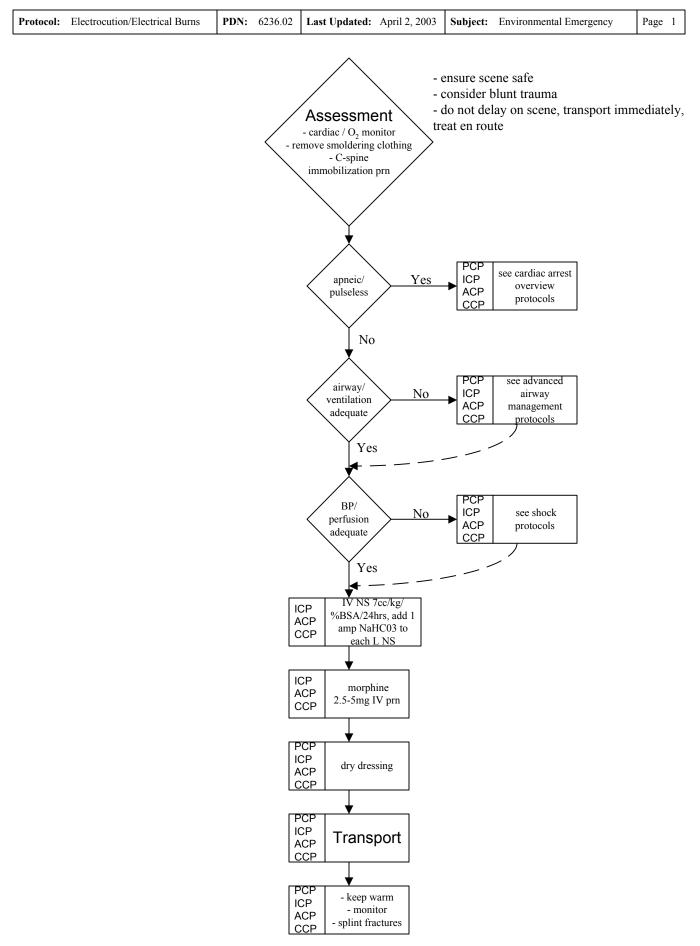
















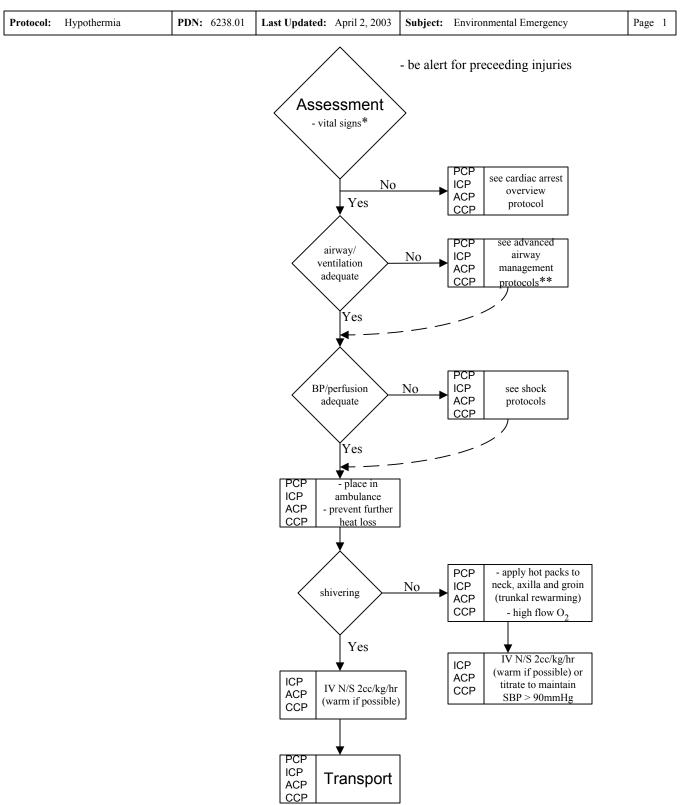
Emergency Health Services Department						
Protocol: Hyperthermia	<b>PDN:</b> 6237.01	Last Updated: April 3, 2003	Subject: Environmental Emergency	Page		
	I					
		$\wedge$				
		Assessment				
		$\backslash$				
		Y				
		¥.				
			PCP see advanced ICP airway			
			ACP management CCP protocols			
		Yes				
	<	BP/perfusion NO	ICP see shock ACP protocols			
		Yes				
		▲ — — — — —				
	ICI	P IV N/S 2cc/kg/hr				
	AC	CP or to maintain				
		V				
		P				
	AC					
	PC					
		P Transport				
	CC	P				

\*to cool

<sup>expose as much of patient's body surface area to air as feasible
place cold packs/ice on head, neck, axilla and/or groin
wet patient's skin with water</sup> 



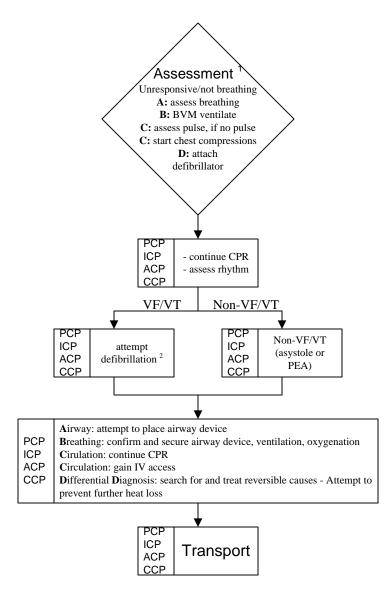








Protocol:Hypothermic Cardiac ArrestPDN: 6239.03Last Updated:May 12, 2006Subject:Environmental EmergencyPage
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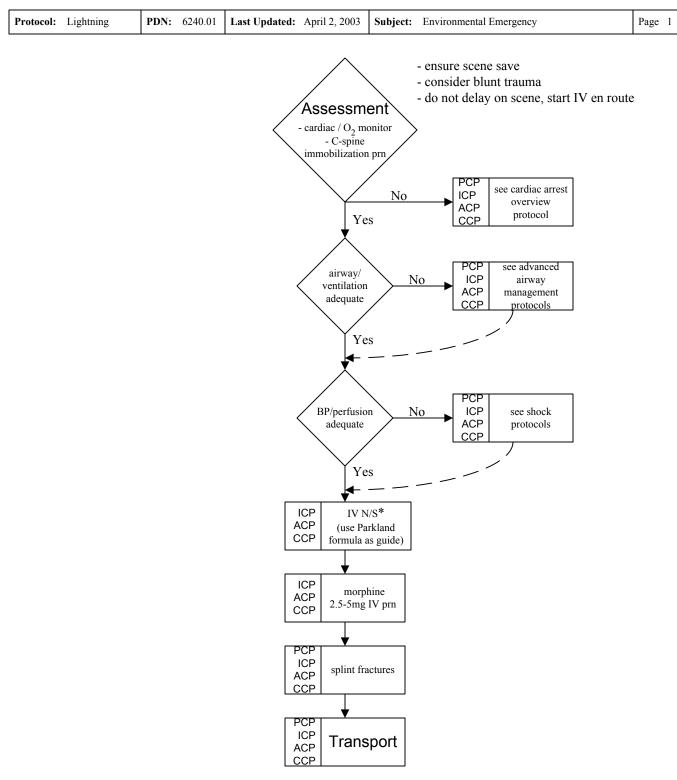


1. For at least 30 seconds

2. Single defibrillation at 200 Joules with Biphasic and 360 Joules with Monophasic Defibrillator.

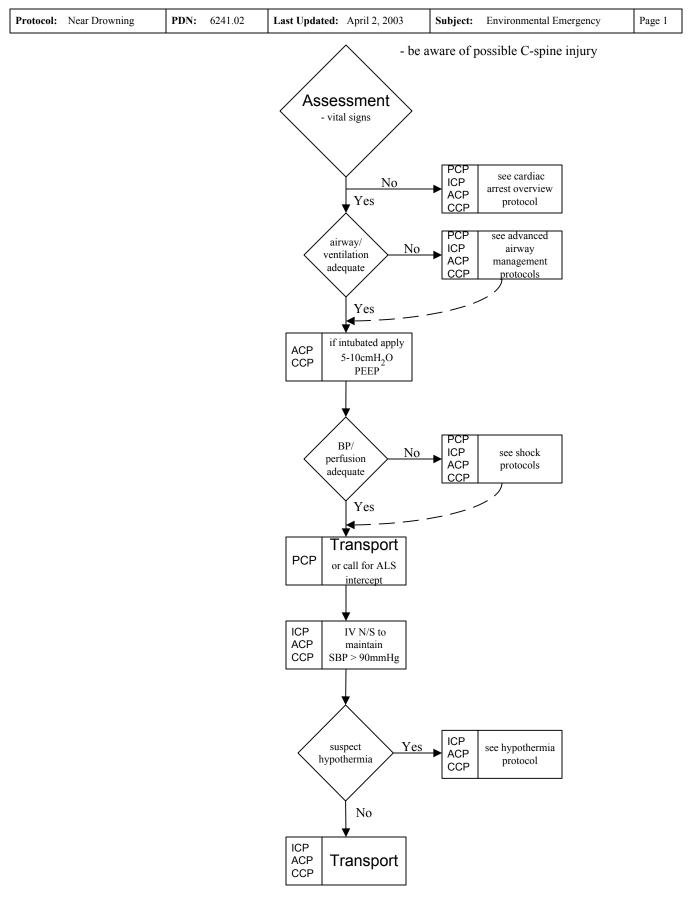






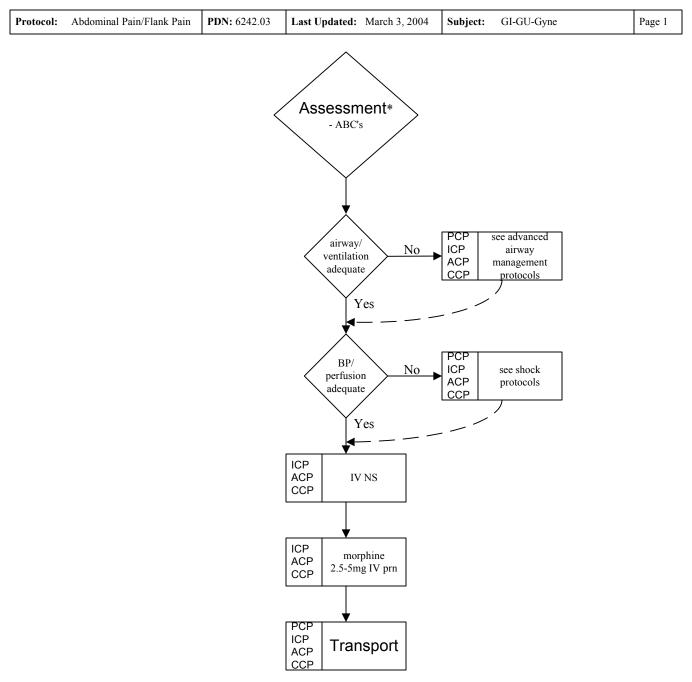








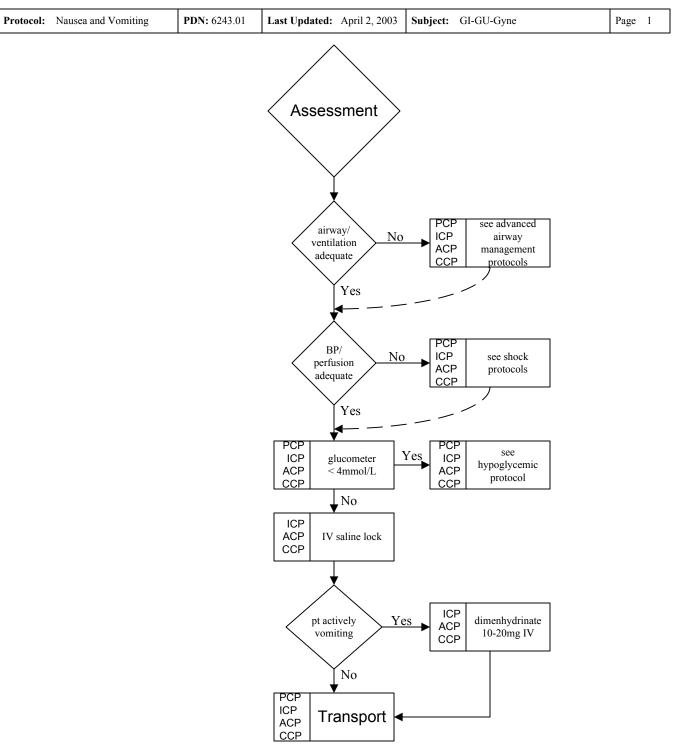




\*a detailed assessment of the abdomen is not required, document area of tenderness, presence of guarding or rigidity and presence of pulsatile mass

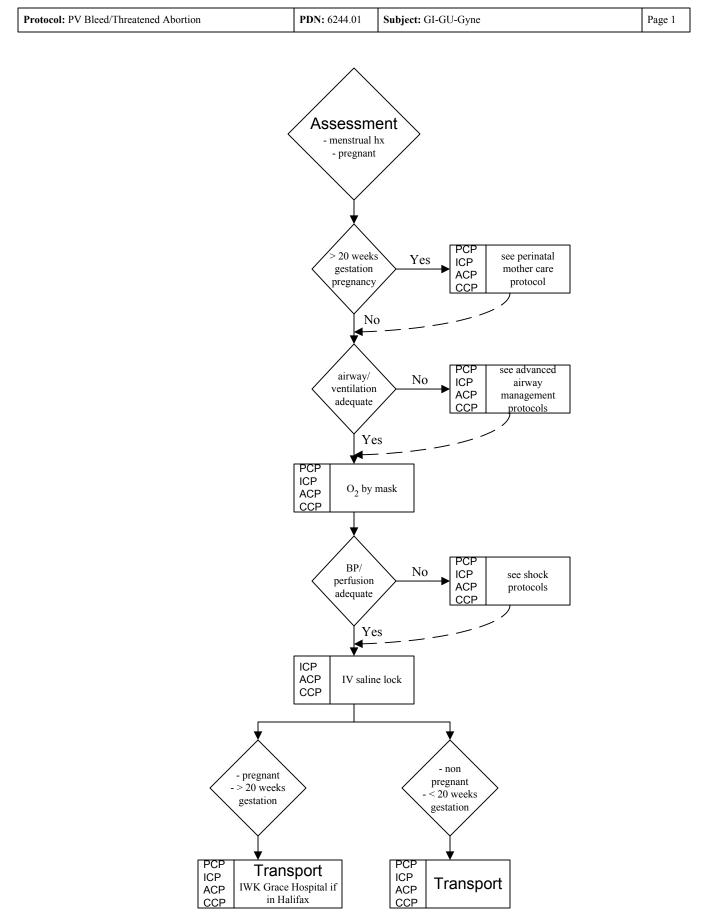






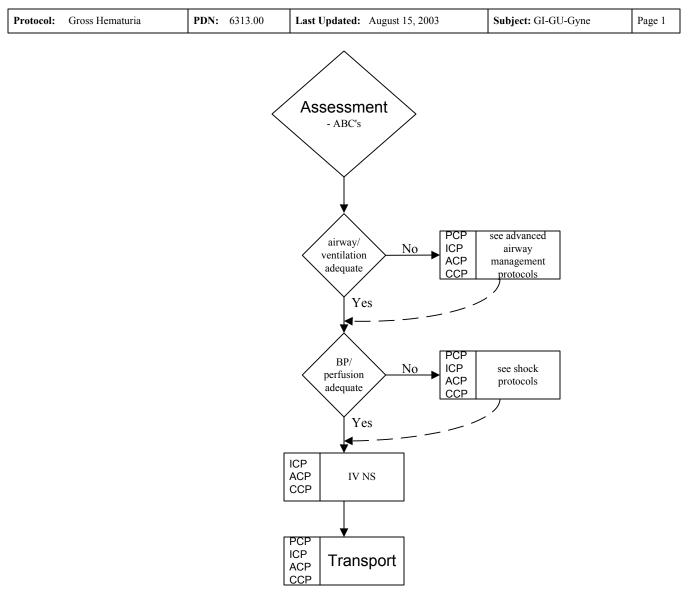






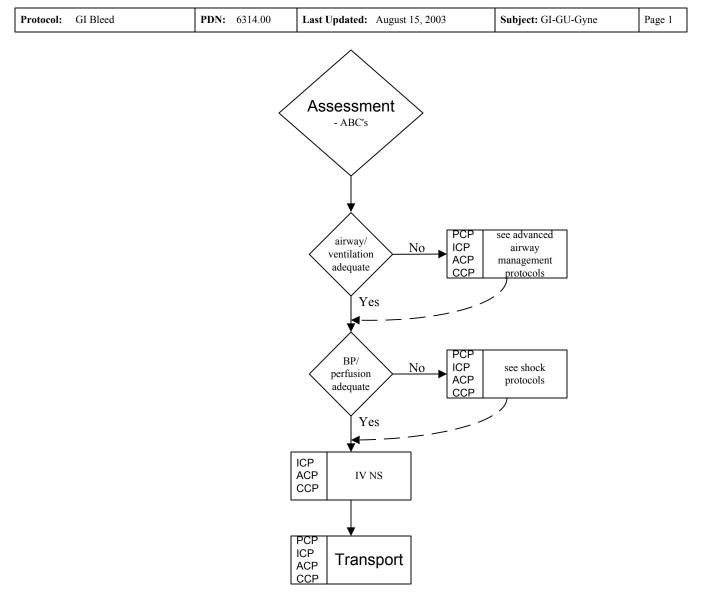








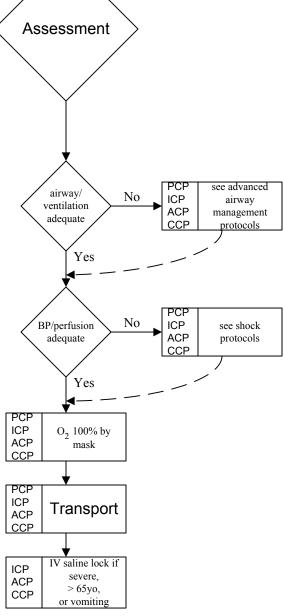








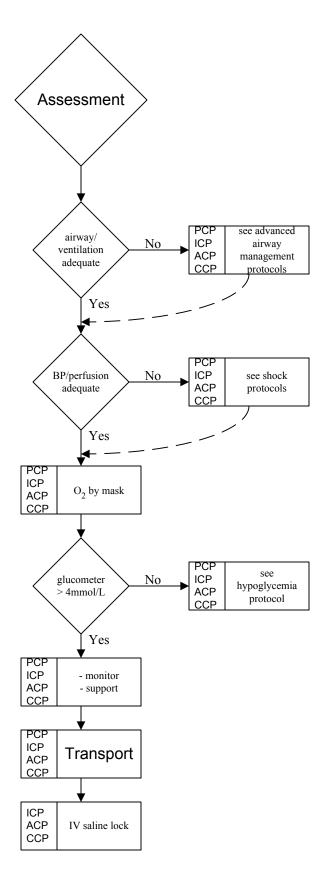
Protocol: Headache	<b>PDN:</b> 6245.01	Last Updated: April 2, 2003	Subject: Headache	Page 1				
$\wedge$								
	4	Assessment						







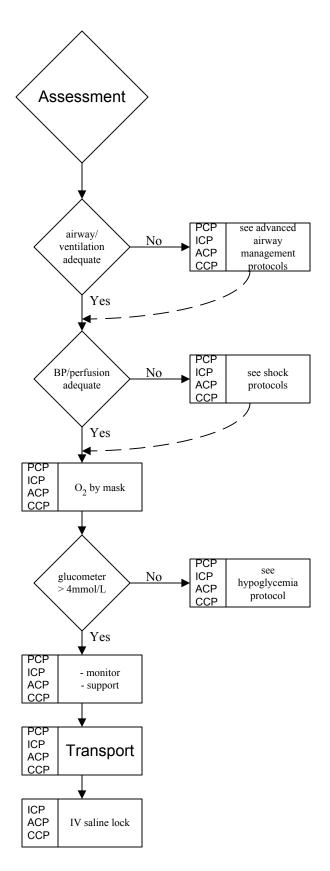
Protocol:SyncopePDN: 6246.01Last Updated:April 2, 2003Subject:Malaise, SickP	Page 1	l
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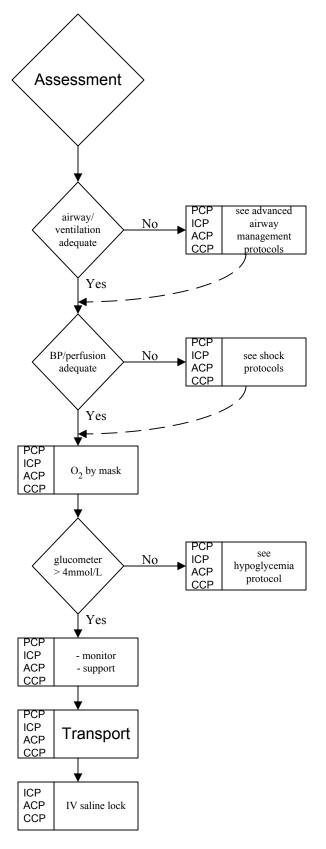
Protocol:Vertigo/DizzinessPDN:6247.01Last Updated:April 2, 2003Subject:Malaise, SickPagePage
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Protocol: Weakness/Fatigue	<b>PDN:</b> 6248.01	Last Updated: April 2, 2003	Subject: Malaise, Sick	Page 1



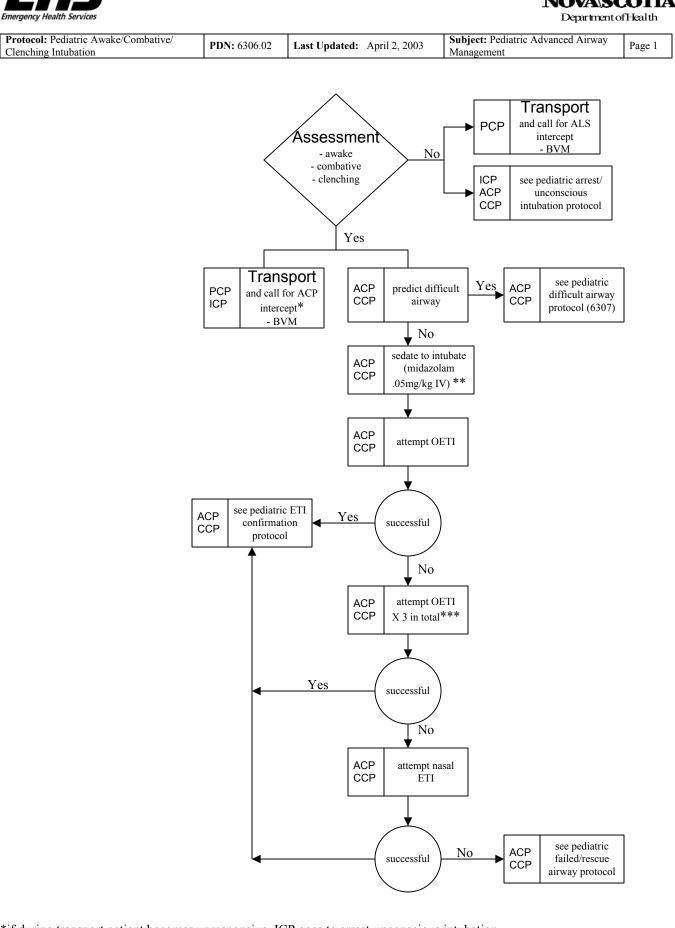




mergency Health Services	Department of He				
Protocol: Pediatric Arrest/Unconscious Intubation	<b>PDN:</b> 6305.02	Last Updated: Ap	ril 2, 2003	Subject: Pediatric Advanced Airway Management	Page 1
	1				
		^			
		$\langle \$			
	Ass	essment	No PCI	see pediatric awake/combative/	
	< -u	- arrest	AC	clenching	
	- deep	ly unconscious	CC	P intubation protocol	
	$\sim$				
		$\bigvee_{\mathbf{u}}$			
		¥ Yes			
		Transport			
	PCP	or call for ALS			
		intercept - BVM			
	ICP	<b>_</b>			
	ACP	attempt oral intubation			
	CCP	Intuotition			
		<b>↓</b>			
	(	uccessful Yes		<ul><li>see pediatric ETI</li><li>confirmation</li></ul>	
				P protocol	
	$\sim$				
		No			
		♥			
	ICP ACP	attempt OETI			
	CCP	X 3*			
		<b>V</b>			
	( 5	successful <u>No</u>			
			CC	P - BVM	
		$\checkmark$			
		Yes			
	ICP	see pediatric ETI			
	ACP	confirmation			
	CCP	protocol			



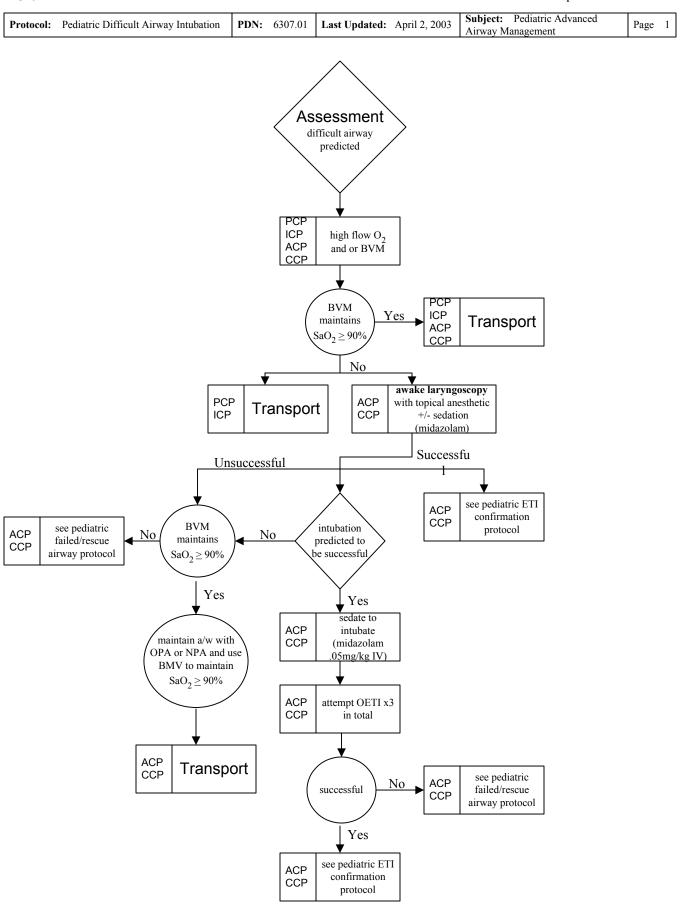
NOVASCOTIA	
Department of Health	



\*if during transport patient becomes unresponsive, ICP goes to arrest-unconscious intubation
protocol
\*\*if head injury, lidocaine 1.0mg/kg
\*\*\*GUM Bougie

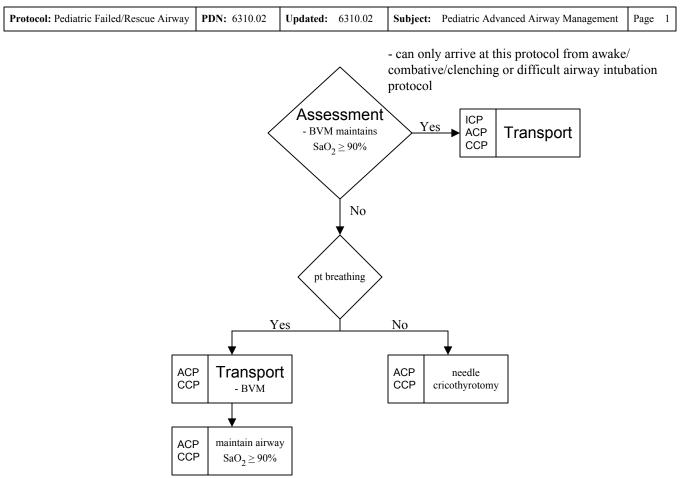






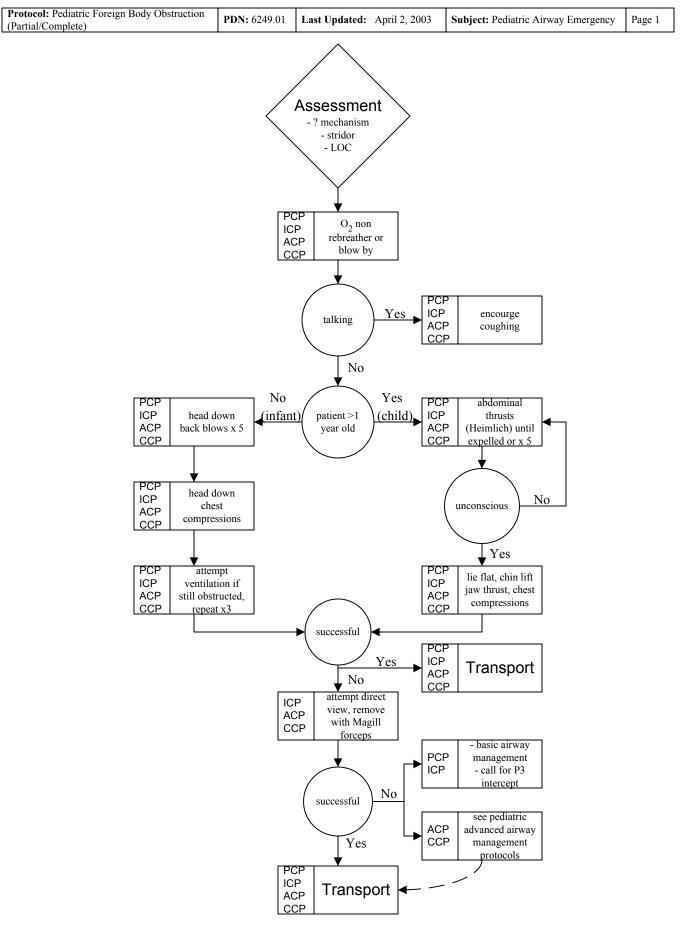






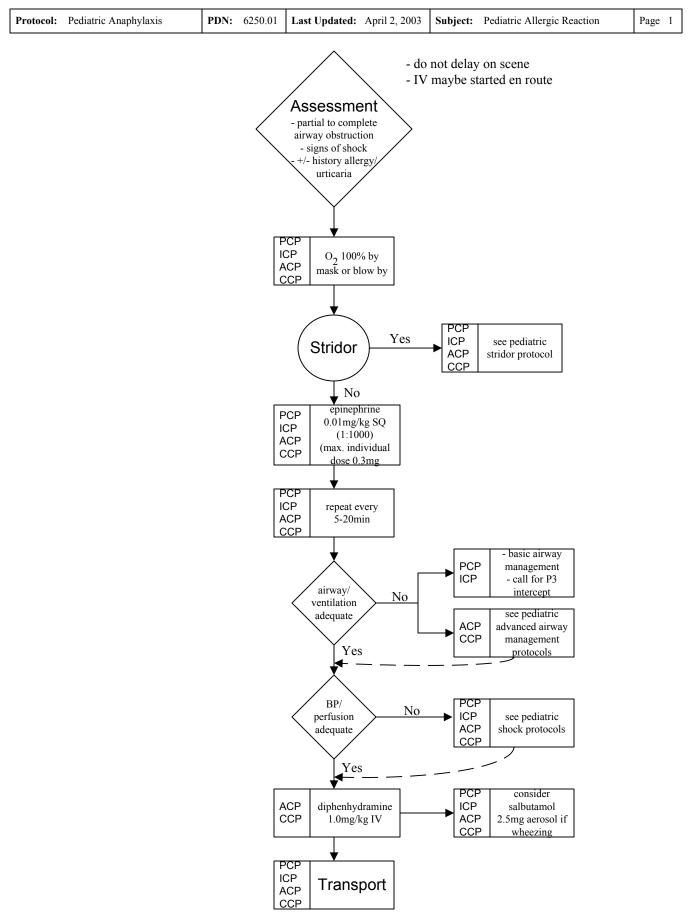






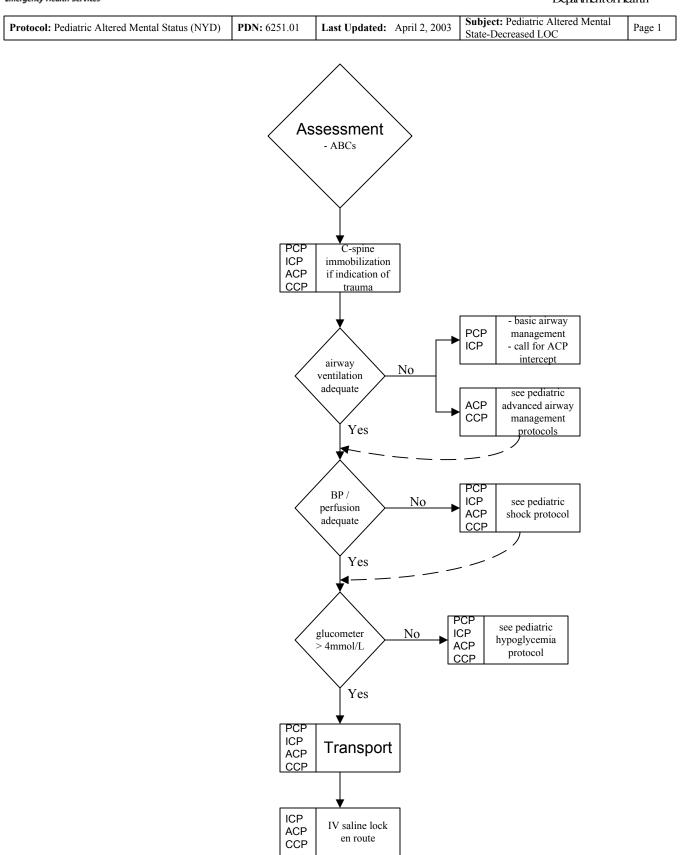












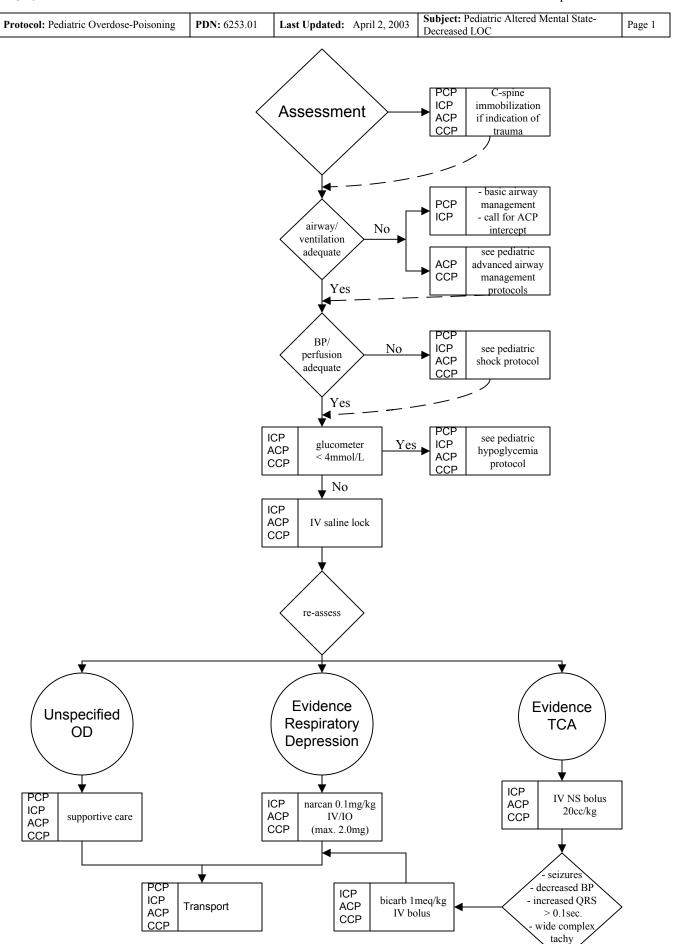




Protocol	Pediatric Hypoglycemia	PDN.	6252.01	Last Updated:	April 2, 2002	Subject:	Departmen Pediatric Altered Mental State-	
rotocol:	rediatric Hypoglycemia	PDN:	0252.01	Last Updated:	April 2, 2003	Decreased	LOC	Page
					$\wedge$			
							PCP	
					essment	<u>Yes</u>		
					sugar		CCP	
							Ļ	
					$\checkmark$		$\wedge$	
					No	No	patient Yes	
							improves	
				ICP	•		$\checkmark$	
				ACP CCP	IV NS			
					*			
					ccessful	No	PCP glucagon SQ ICP 1mg or 0.5mg	
							ACP if < 20kg	
					Yes			
				<b></b>	★	1		
				ICP ACP	D <sub>50</sub> 1cc/kg IV (repeat prn x1			
				CCP	max. 50cc)			
					Ļ			
				PCP ICP			Ļ	
				ACP 1	Fransport	◀	▼	]

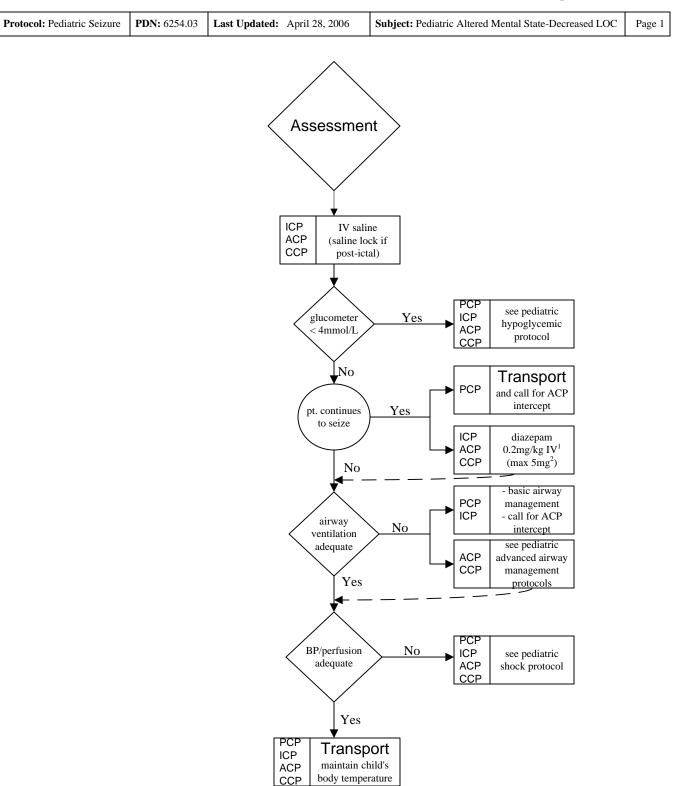










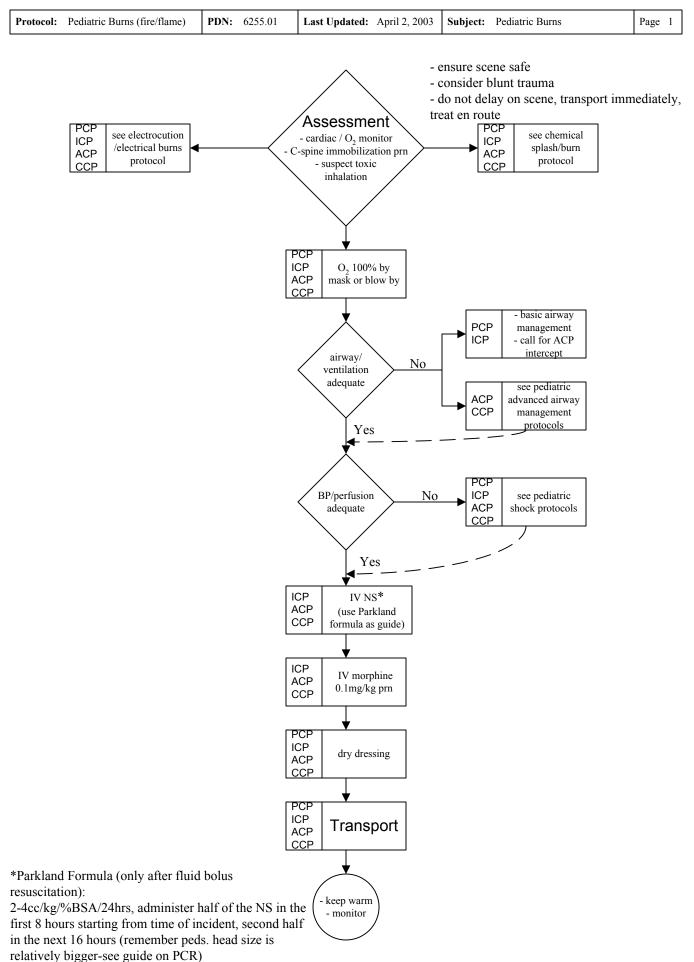


1. If unable to establish IV, ACPs/CCPs use Midazolam intranasally (IN) or Buccal (drip medication into nose or between gums and cheek) .2mg/kg (maximum of 2mg). ICPs use Diazepam .5mg/kg pr (Maximum 5mg).

2. Call OLMOP if you need to exceed 5mg Diazepam or 2mg Midazolam.

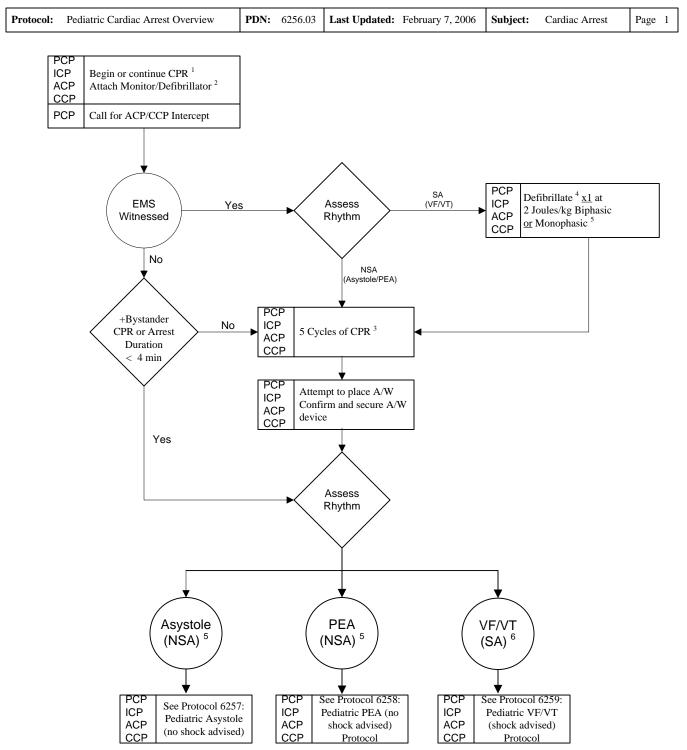












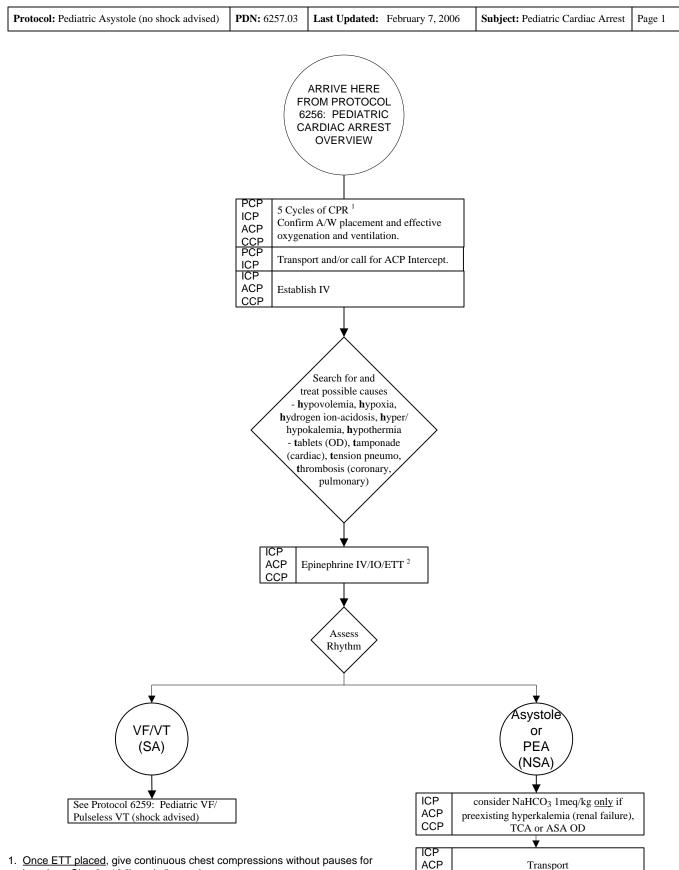
- 1. Emphasis is on minimal interruption of chest compressions. Be aware of possible Foreign Body Airway Obstruction (FBAO).
- PCPs and ICPs follow Procedure 6641: Semi-Automated External Defibrillation Pediatric. ACPs and ICPs – follow either Procedure 6641: Semi-Automated External Defibrillation – Pediatric or Procedure 6633: Manual Defibrillation.
- Each cycle is 15:2 (compressions:ventillations with a compression rate of 100/min). If possible the compressor role should be rotated after each cycle of 5 to prevent compressor fatigue.
- 4. Use 2 Joules/kg for initial defibrillation and 4 Joules/kg for subsequent shocks. If unable to change energy setting, use 200J Biphasic or 360J Monophasic.
- 5. Resume CPR immediately. Only do pulse check if you see organized complexes when you assess the rhythm.
- 5. NSA: No Shock Advised
- 6. SA: Shock Advised





Transport

CCP

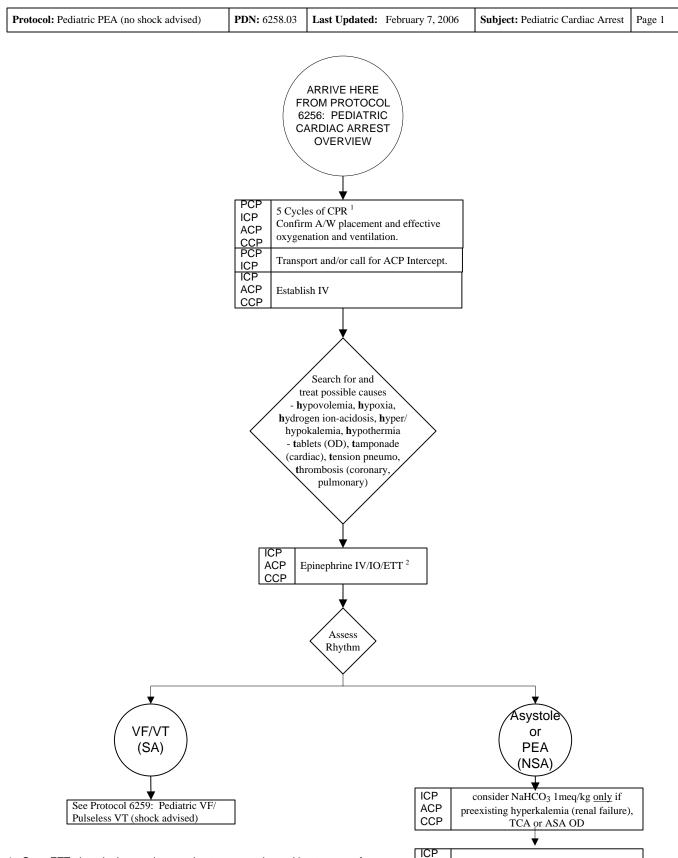


1. Once ETT placed, give continuous chest compressions without pauses for breaths. Give 8 - 10 "breaths" per minute.

2. Epinephrine IV/IO: .01mg/kg (.1cc/kg of 1:10,000) q 3-5 mins ETT: .1mg/kg (.1cc/kg of 1:1,000) up to 1mg IV/IO or 10mg ETT q 3-5 minutes.







ACP

CCP

Transport

- 1. <u>Once ETT placed</u>, give continuous chest compressions without pauses for breaths. Give 8 10 "breaths" per minute.
- 2. Epinephrine **IV/IO:** .01mg/kg (.1cc/kg of 1:10,000) q 3-5 mins **ETT:** .1mg/kg (.1cc/kg of 1:1,000) up to 1mg IV/IO or 10mg ETT q 3-5 minutes.





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Transport

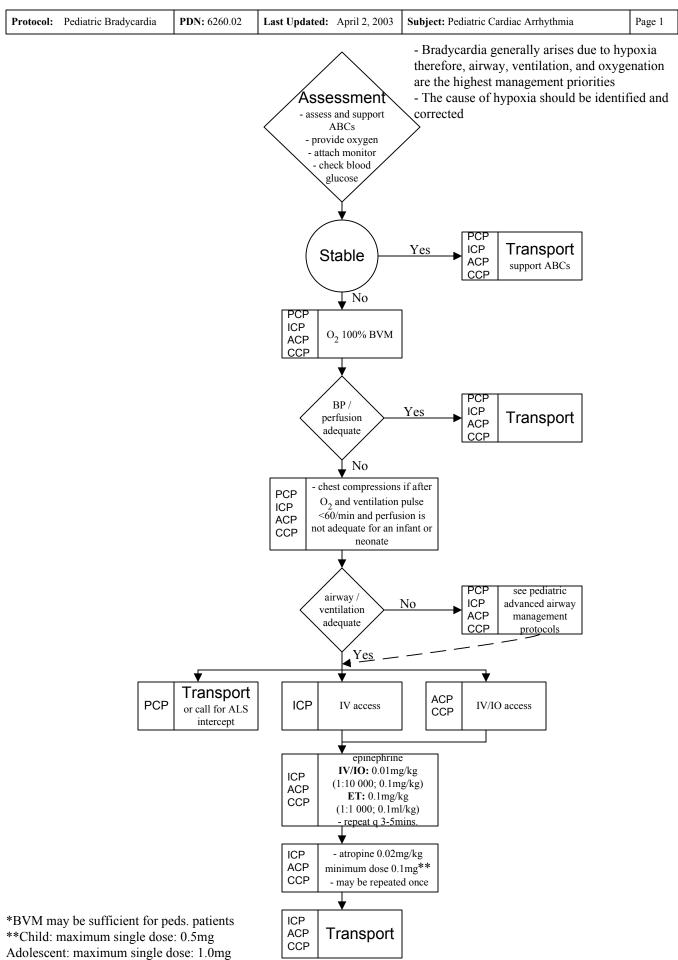
ICP ACP

CCP

Protocol: Pediatric VF/Pulseless VT (shock advised)	<b>PDN:</b> 6259.06	Last Updated: May 12, 2006	Subject: Pediatric Cardiac Arrest	Pa
		TOCOL 6256: TRIC CARDIAC		
		ST OVERVIEW		
		×		
	/			
		$\langle \rangle$		
	$\left<  ext{ Det}  ight.$	efibrillate <sup>1</sup>		
		$\mathbf{Y}$		
٩	CP CP	¢		
	CP 5 Cycles o CP Confirm A	/W placement and effective		
С	CP oxygenatio	on and ventilation.		
	CP CP	Establish IV		
c	CP			
		×		
		$\langle \ \rangle$		
		Assess		
	$\backslash$	Rhythm		
		$\bigvee$		
		. ↓		
			<b>V</b>	
Asystole or PEA				
(NSA)			(SA)	
Protocol				
		Г		
ICP Asystole or PEA (no shock ACP advised) Protocol			ACP Epinephrine q $3 - 5$ mins $^3$ CCP	
CCP			•	
			PCP	1
			ACP resume attempts to defibrillate <sup>4</sup>	
			CCP	
a not withhold defibrillation based on weight and size or	itaria Racommo			
o not withhold defibrillation based on weight and size cr /kg for first shock, then 4J/kg for subsequent shocks. If		nded settings are Energy settings	PCP Transport	
/kg for first shock, then 4J/kg for subsequent shocks. If AED) use 200J Biphasic or Monophasic.	f unable to adjust	nded settings are Energy settings	PCP Transport Lidocaine 1.0mg/kg IV/IO then 0.5mg/kg q 10 min if required <sup>1</sup> to	
/kg for first shock, then 4J/kg for subsequent shocks. If AED) use 200J Biphasic or Monophasic. nce ETT placed, give continuous chest compressions wit ive 8 - 10 "breaths" per minute.	f unable to adjust thout pauses for b	nded settings are Energy settings reaths.	PCP Transport ICP Lidocaine 1.0mg/kg IV/IO then 0.5mg/kg q 10 min if required <sup>1</sup> to a maximum total dose of 3.0mg/	
/kg for first shock, then 4J/kg for subsequent shocks. If LED) use 200J Biphasic or Monophasic. <u>nce ETT placed</u> , give continuous chest compressions wit	f unable to adjust thout pauses for b naximum per dos	nded settings are Energy settings reaths. e of 10cc (1mg). 1:1.000 (.1mg/kg) to	PCP Transport ICP Lidocaine 1.0mg/kg IV/IO then 0.5mg/kg q 10 min if required <sup>1</sup> t a maximum total dose of 3.0mg/ kg.	
/kg for first shock, then 4J/kg for subsequent shocks. If ED) use 200J Biphasic or Monophasic. <u>nee ETT placed</u> , give continuous chest compressions wit ve 8 - 10 "breaths" per minute. pinephrine <b>IV/IO:</b> .1cc/kg of 1:10,000 (.01mg/kg) to a m	f unable to adjust thout pauses for b naximum per dos	nded settings are Energy settings reaths. e of 10cc (1mg). 1:1,000 (.1mg/kg) to	PCP Transport ICP Lidocaine 1.0mg/kg IV/IO then 0.5mg/kg q 10 min if required <sup>1</sup> to a maximum total dose of 3.0mg/	

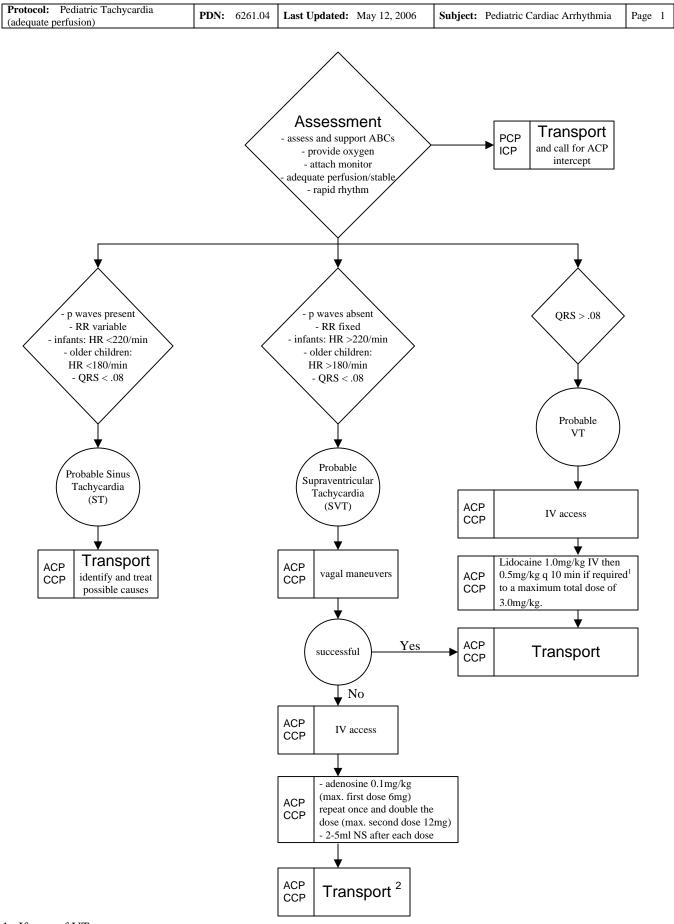










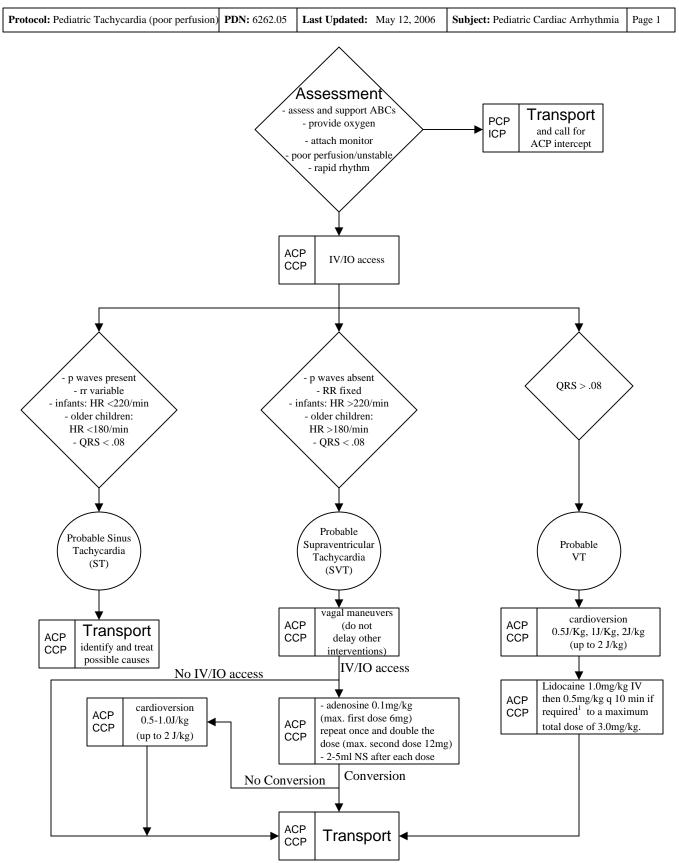


## 1. If runs of VT.

2. Prepare for cardioversion if patient deteriorates

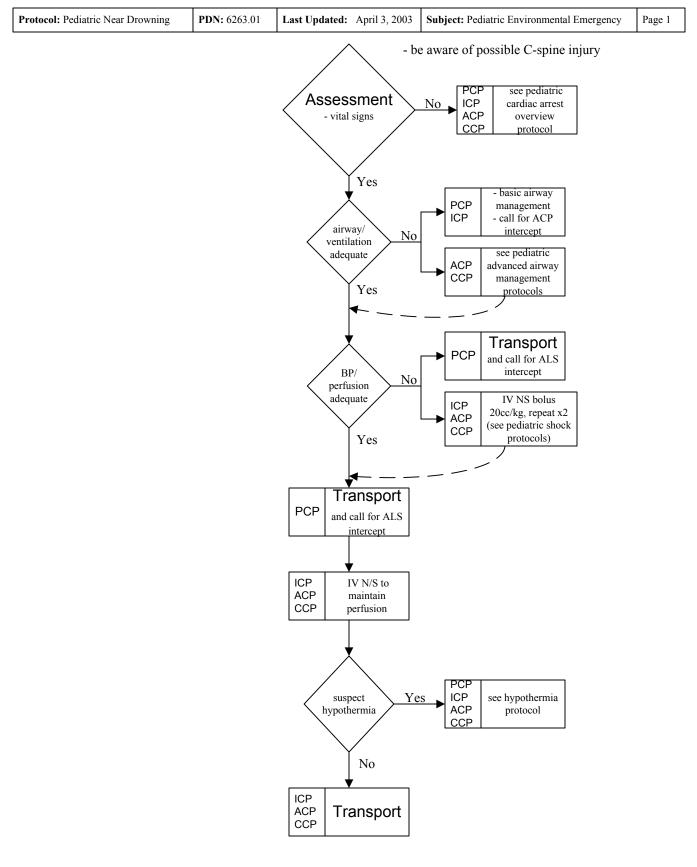








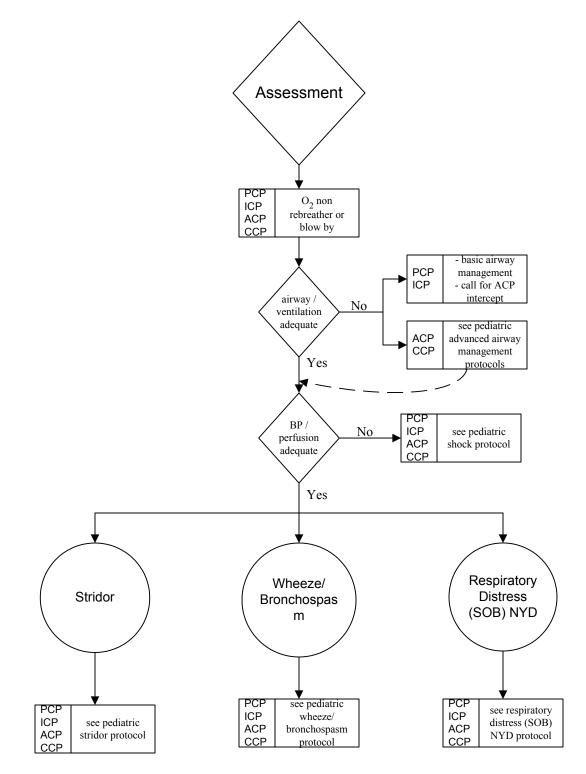








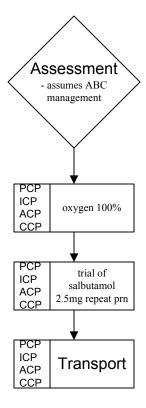
<b>Protocol:</b> Pediatric Respiratory Distress (SOB) Overview	<b>PDN:</b> 6264.01	Last Updated: April 3	3, 2003 Subject: Pediatric Respiratory Distress (SOB	Page 1
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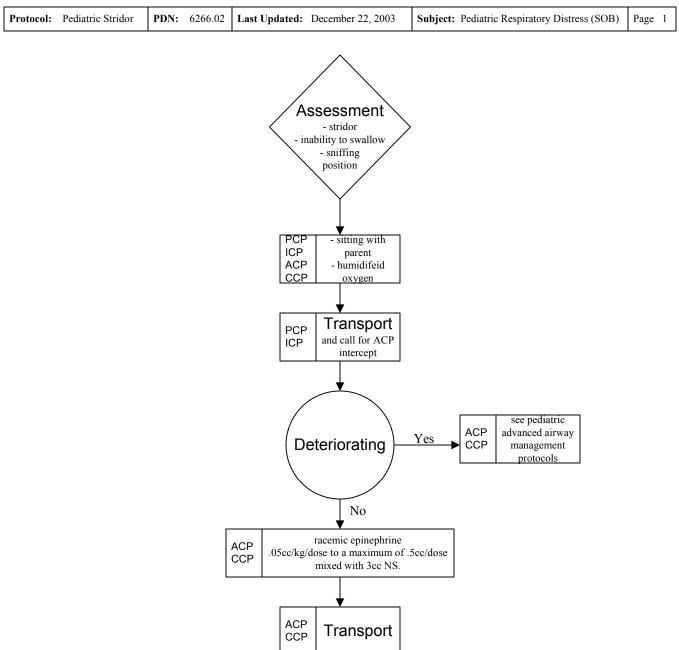


<b>Protocol:</b> Pediatric Respiratory Distress (SOB) NYD	<b>PDN:</b> 6265.01	Last Updated: April	13,2003 Subject: Respirator	Pediatric ry Distress (SOB)	Page 1	]
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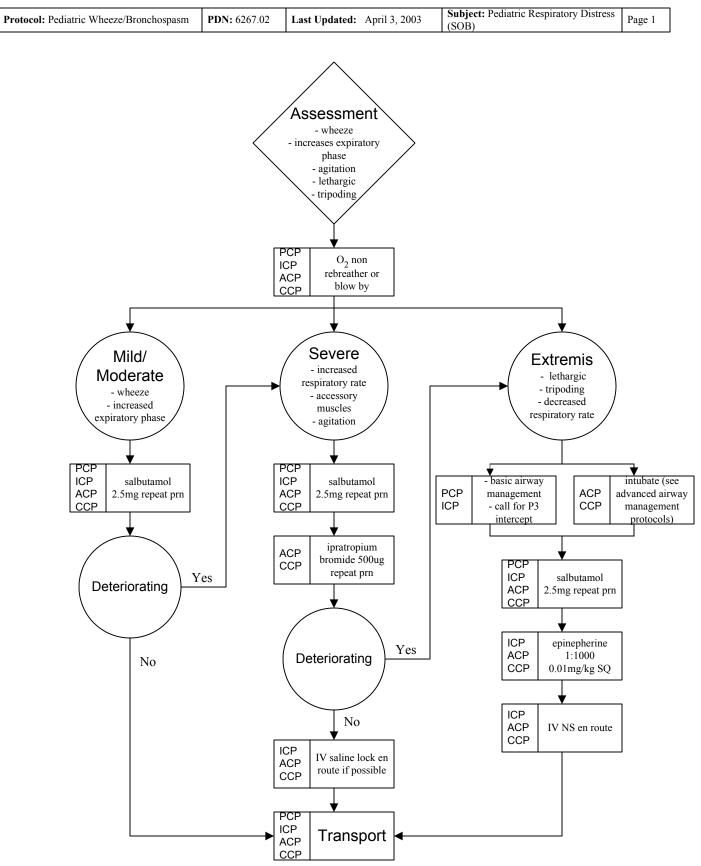






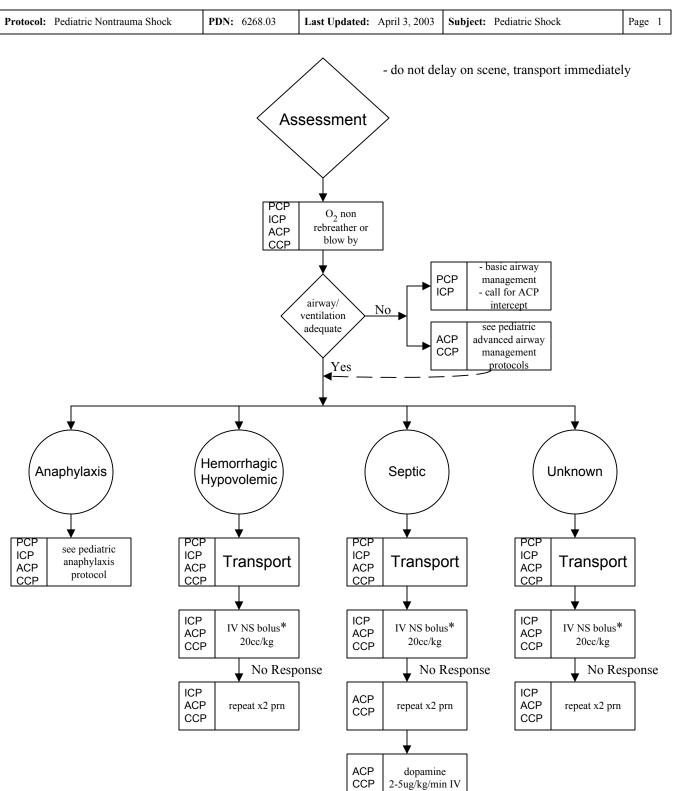






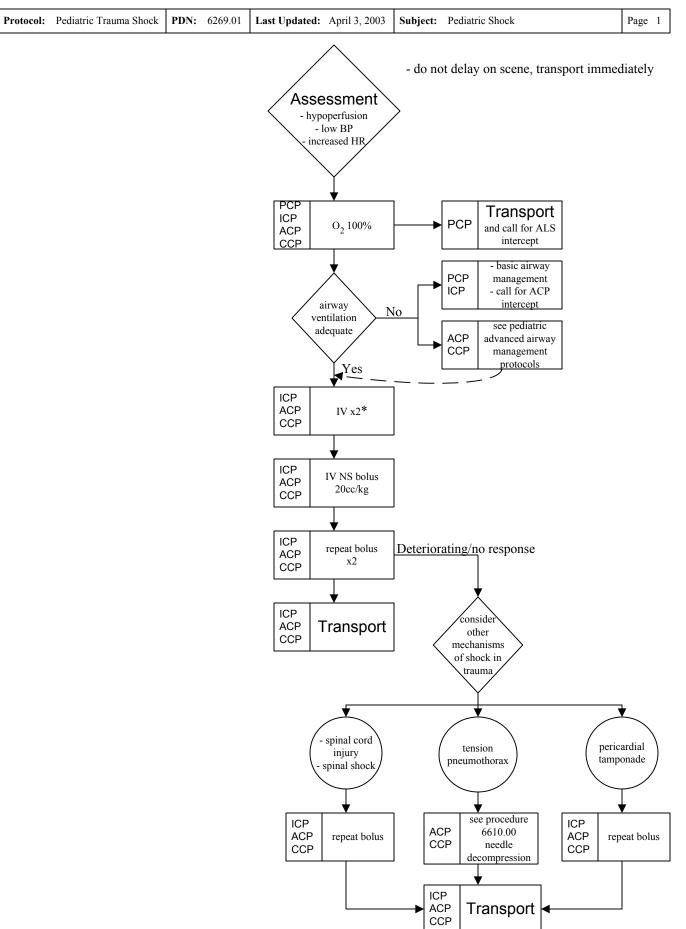






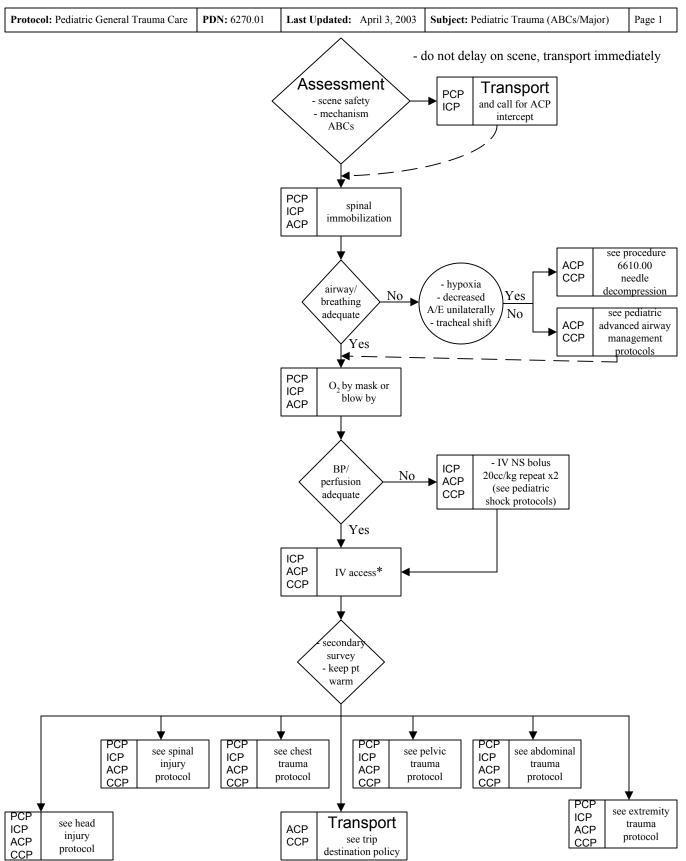






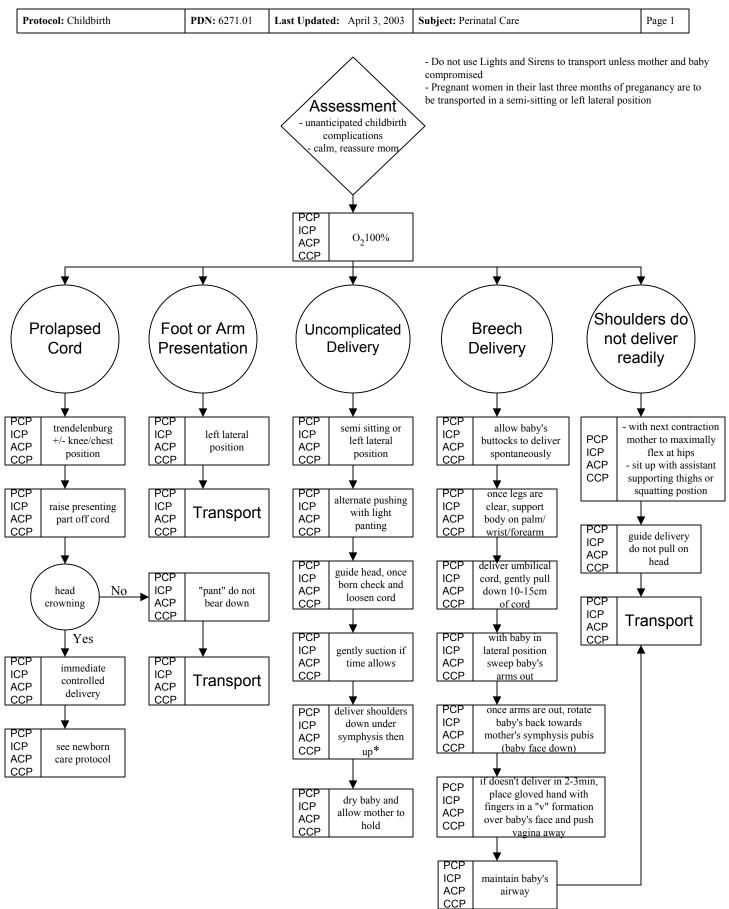








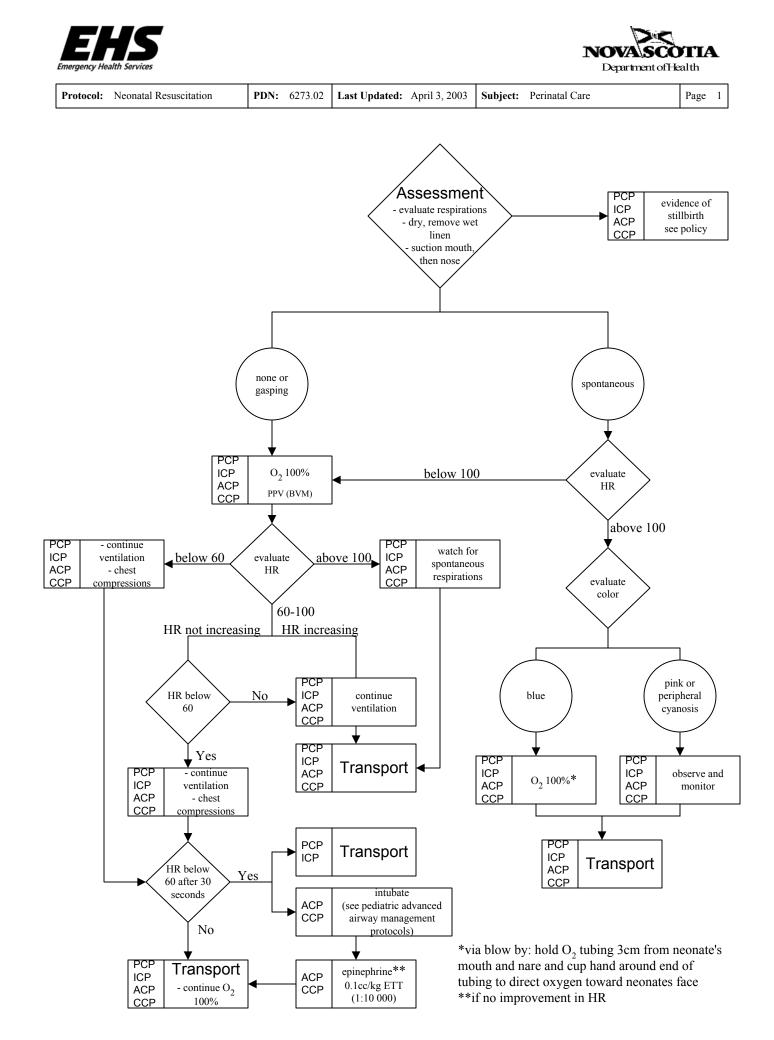






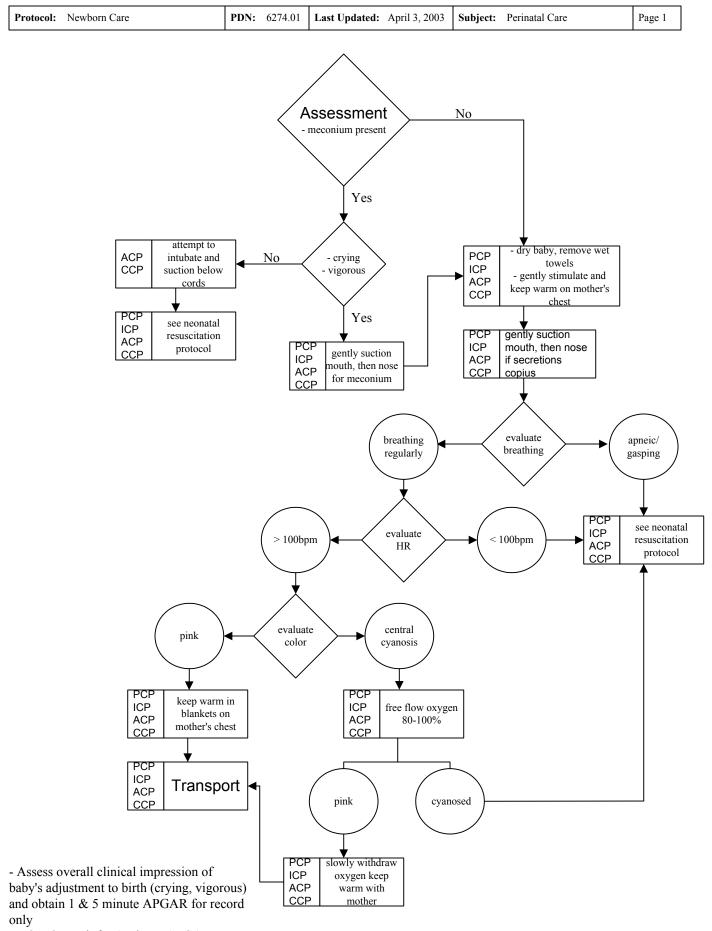


Protocol:	Childbirth/Post Natal Mother Care	PDN:	6272.02	Last Updated:	April 3, 2003	Subject:	Perinatal Care	Page 1
				~				
			/					
			ASS	essment	>			
				$\mathbf{Y}$				
			PCP	clamp cord				
			ICP ACP CCP	(greater than 5cm from baby)				
			mother	baby				
	_				<b>•</b>			
	/	CP ACP	IV NS		see newborn care protocol			
		CCP		ССР	1			
-								
	ICP syntocinon IV, ACP 30u in 1L run at	s sig	idence of gnificant <u>No</u> st partum		ransport			
L	CCP 250cc/hr		morrhage	CCP				
	· · ·		<u> </u>		+			
	placenta No	PCP CP ACP	do not pull on cord		acenta livered			
		CCP						
_	Yes		•		Yes			
	ICP Vigorousiy	PCP CP - ACP	Transport	ICP s ACP 3 CCP	yntocinon IV, Du in 1L run at 250cc/hr			

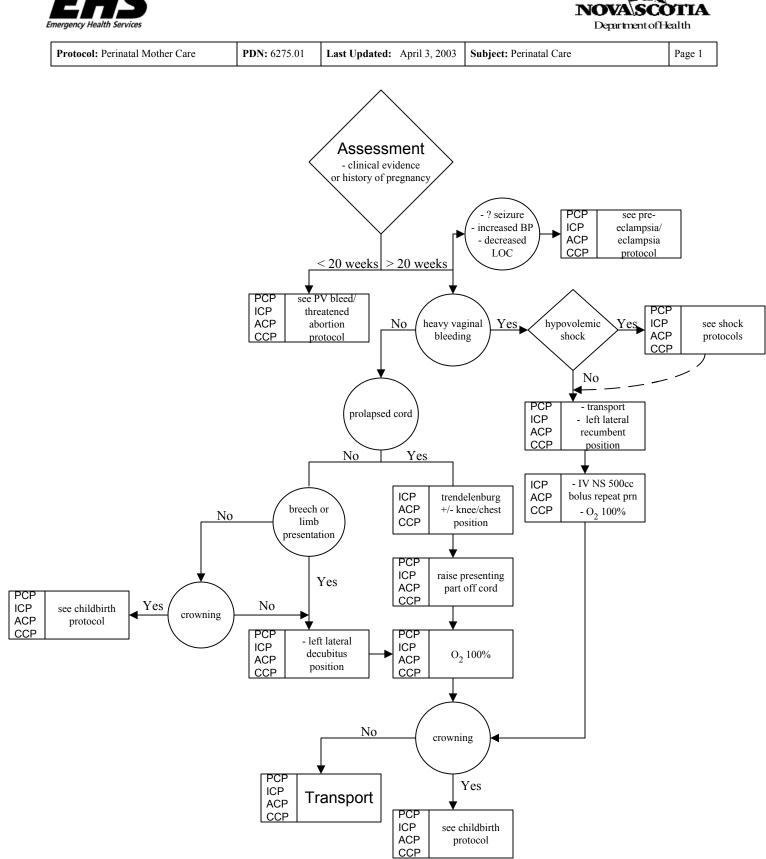








- DO NOT wait for 1 minute APGAR to start resuscitation if required



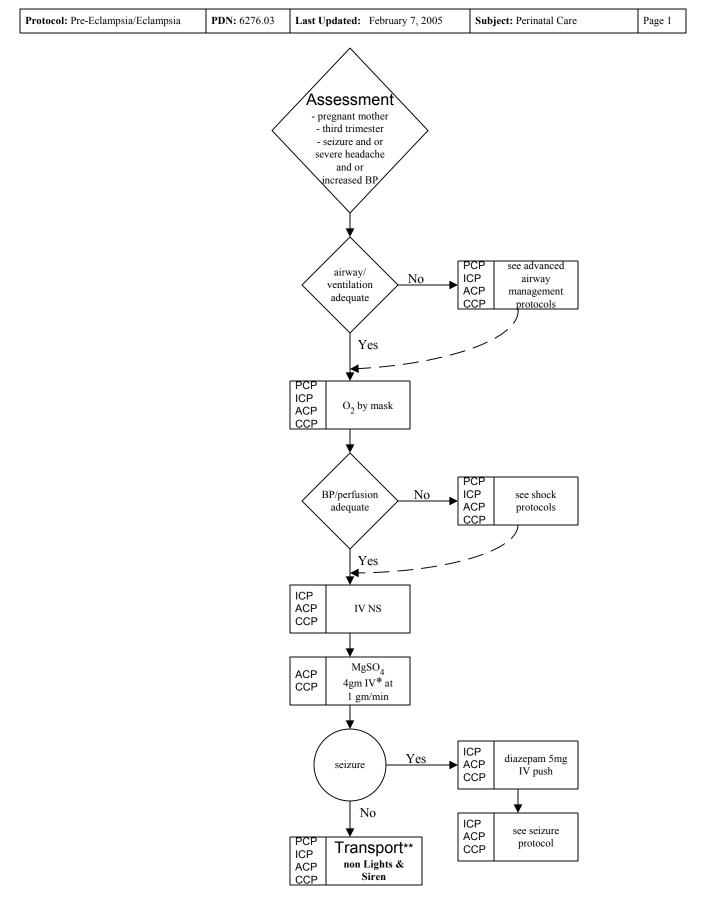








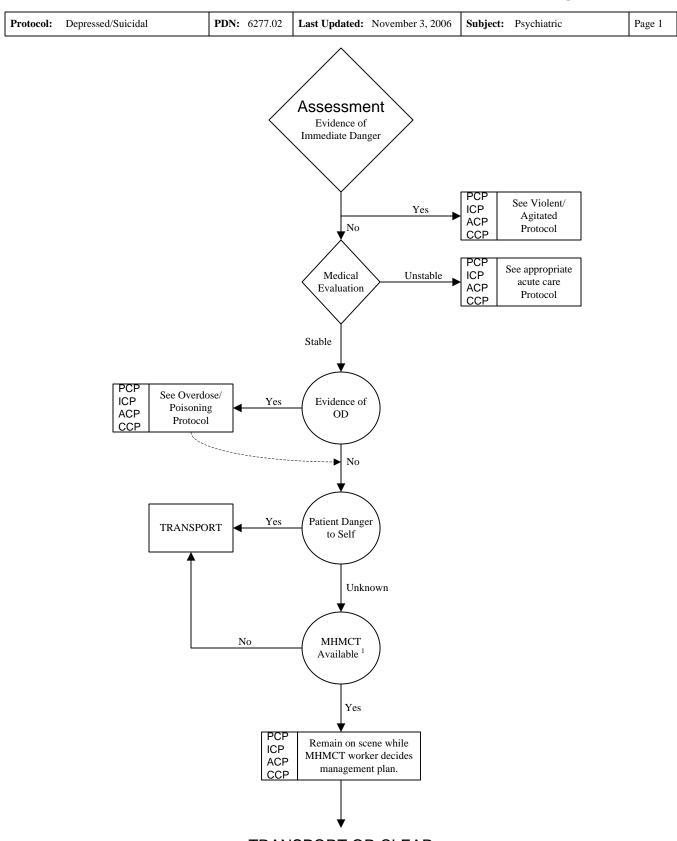




\*may give magnesium IM if unable to get IV, indications for magnesium (seizure, severe headache, BP > 160/100) \*\* PCP and ICP call for ACP intercept

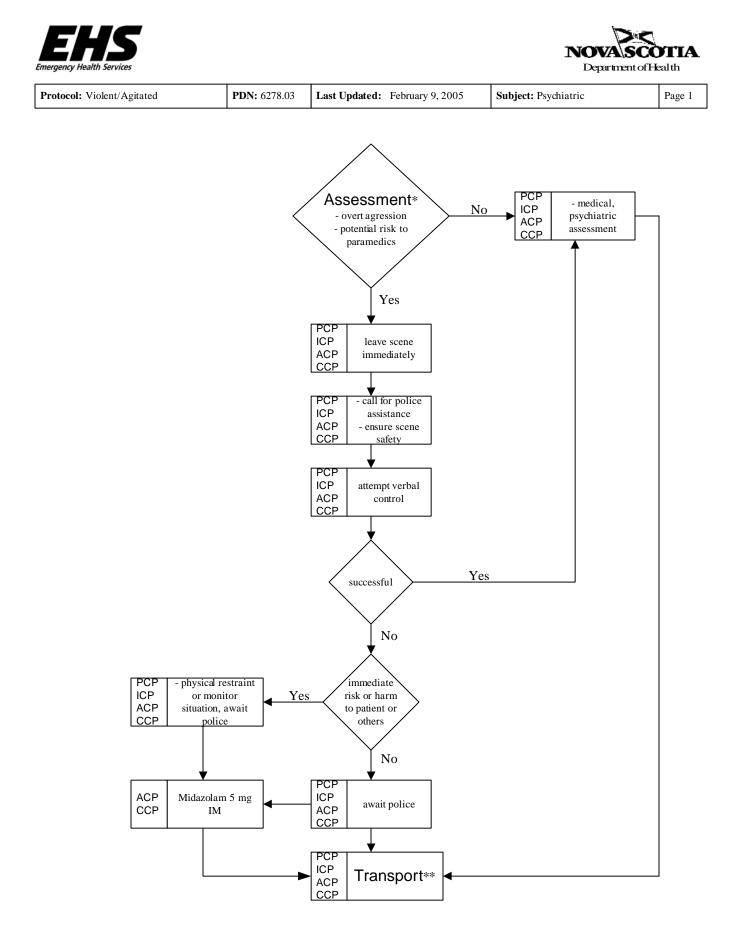






TRANSPORT OR CLEAR

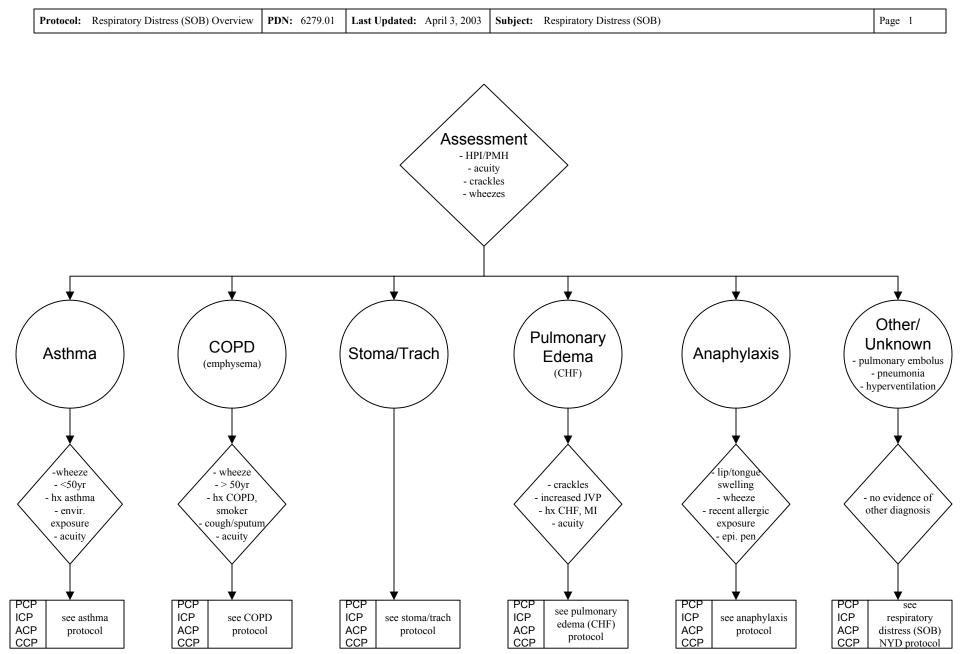
- 1. MHMCT:
  - Mental Health Mobile Crisis Team (429-8167) available to respond in Halifax Regional Police Catchment area between 1300 0100 daily.
  - Mental Health Worker available by phone from 0900 0500 daily for patients in Capital Health District.



- \* be aware of the possibility of hypoglycemia
- \*\* whether police accompany you in ambulance or transport patient in their vehicle, this will be made on a case by case basis, either way

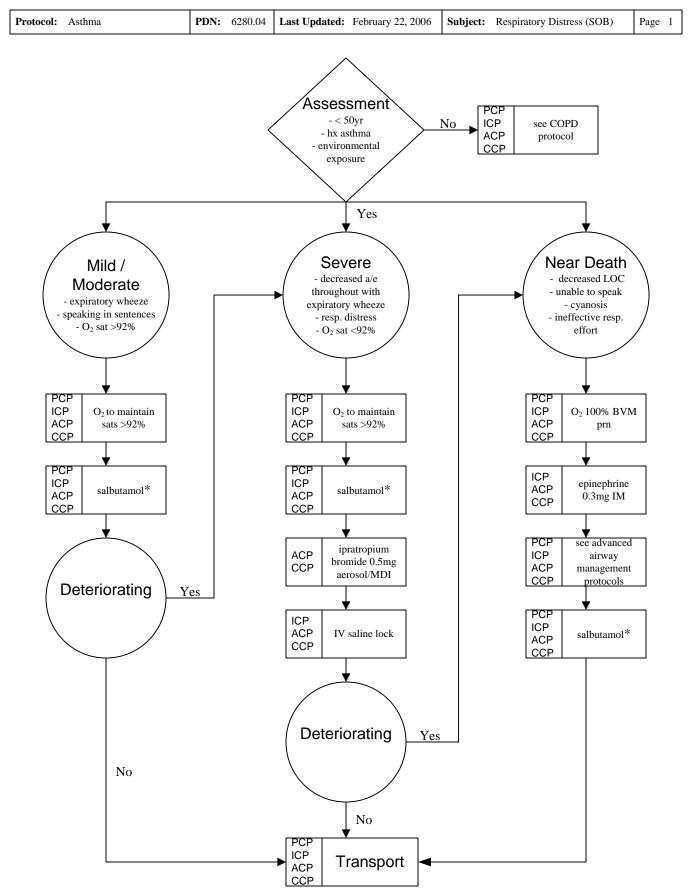








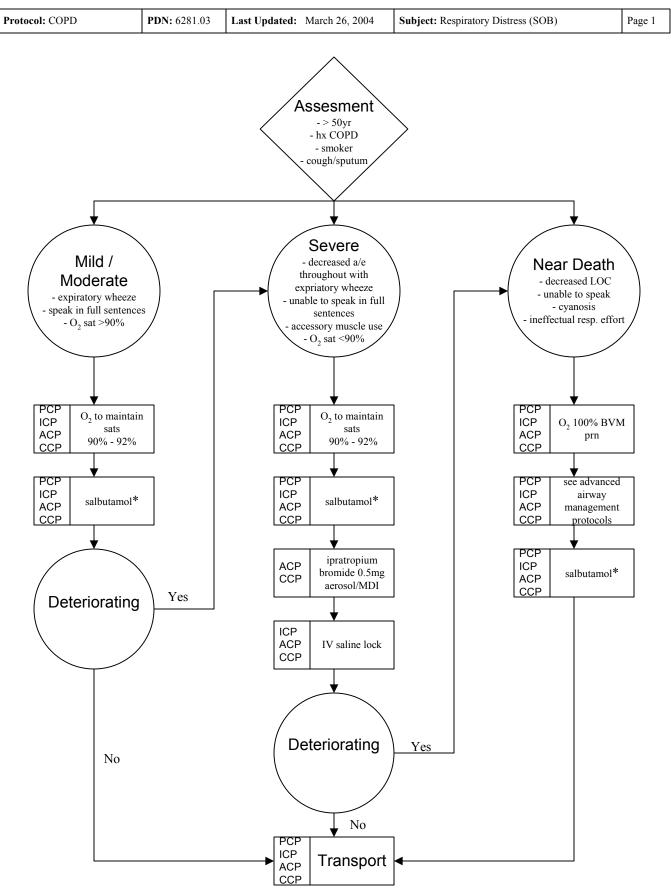




\*5mg by mask or 4-6 puffs by MDI/spacer, repeat prn

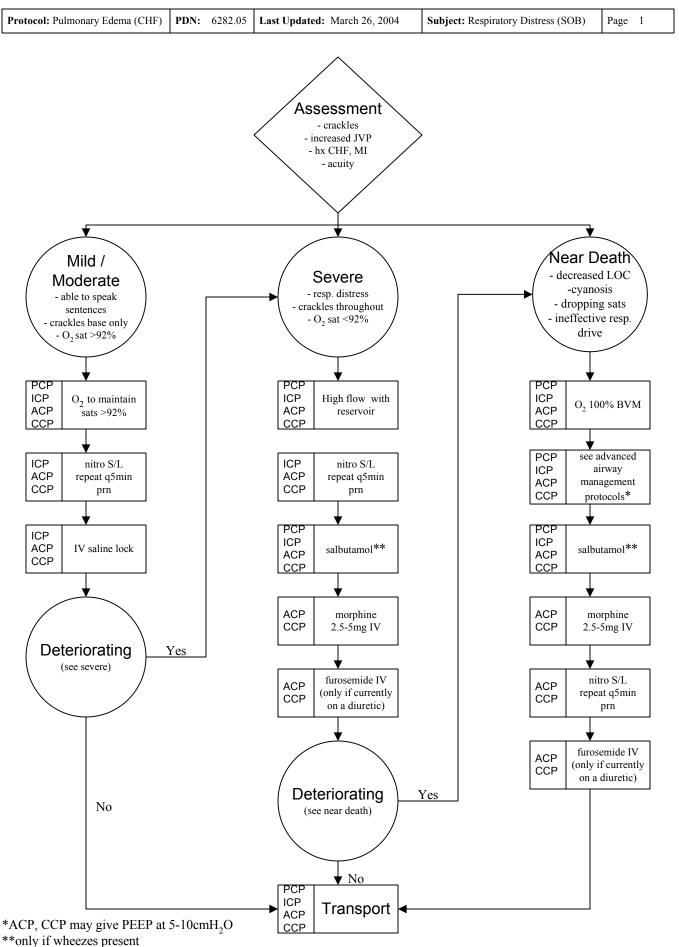








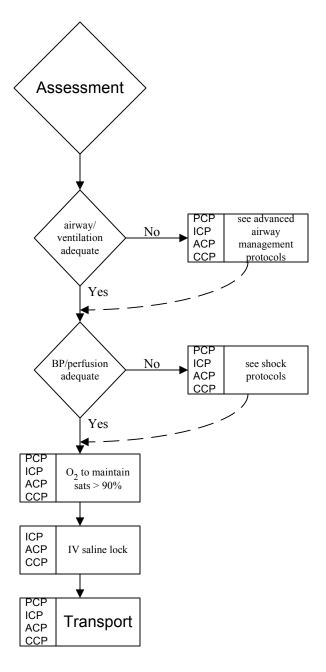








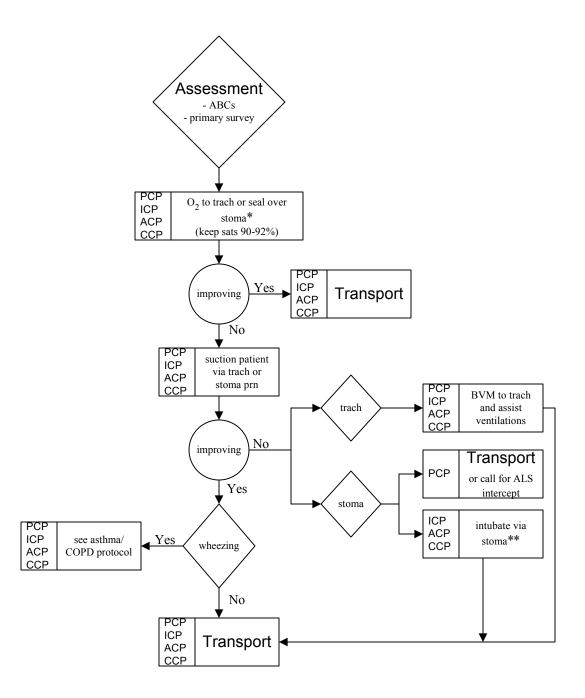
Protocol: Respiratory Distress NYD	<b>PDN:</b> 6283.02	Last Updated:	March 26, 2004	Subject: Respiratory Distress (SOB)	Page 1







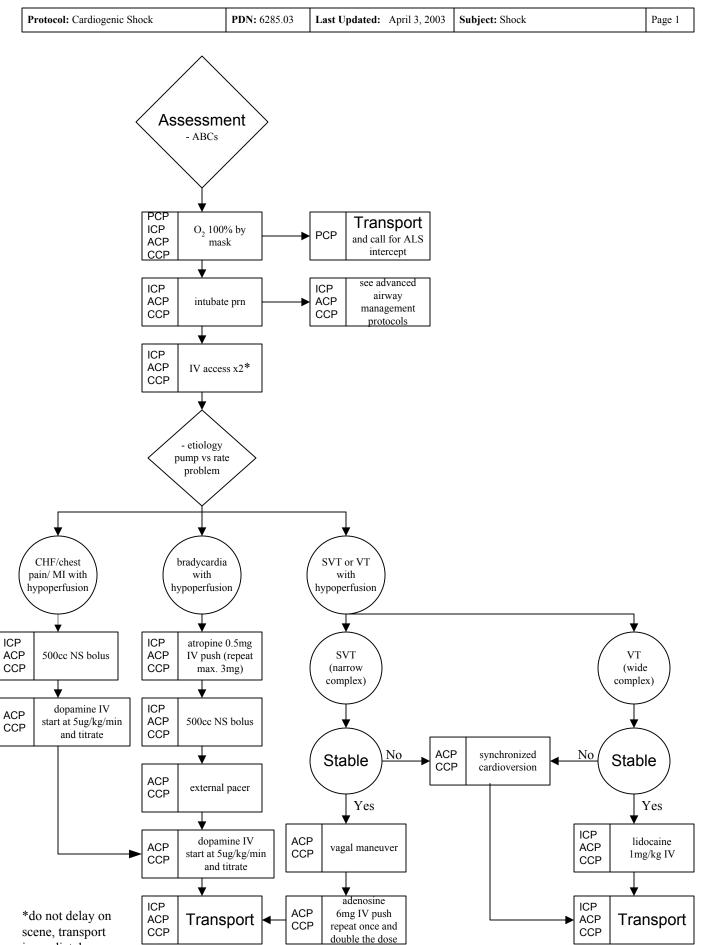
Protocol:	SOB (Stoma/Trach)	PDN: 6284.02	Last Updated:	March 26, 2004	Subject:	Respiratory Distress (SOB)	Page 1	
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\*if not ventilating, bag mask patient and have partner seal stoma with hand and 4x4 to prevent air leak \*\*intubate via stoma using largest ETT that will fit. Do not use a stylet



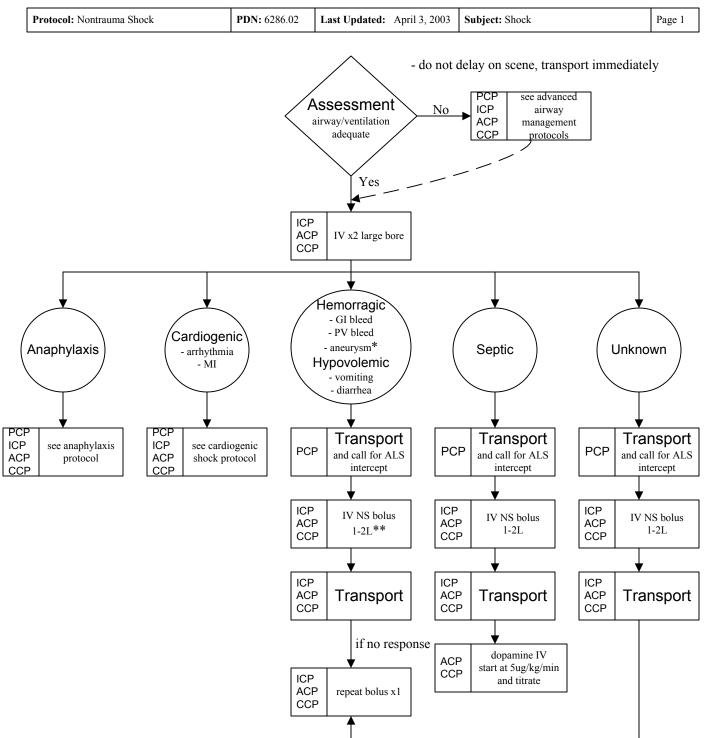


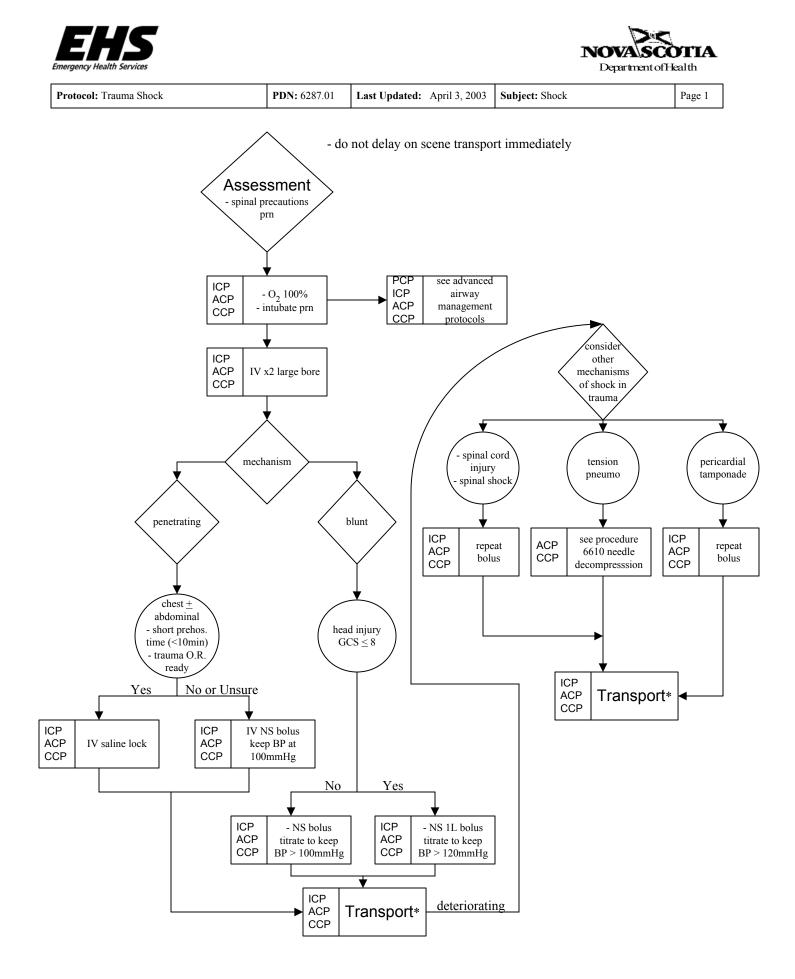


immediately





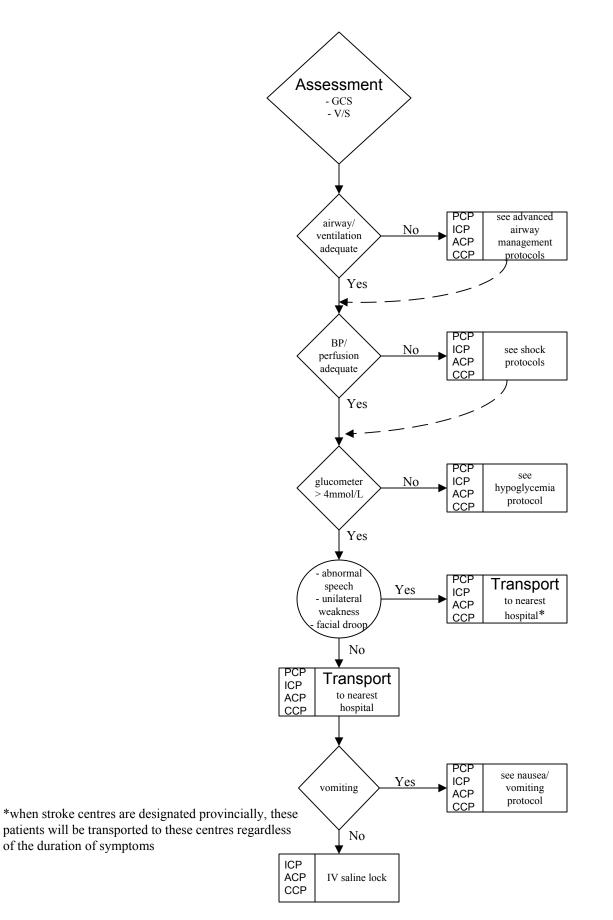


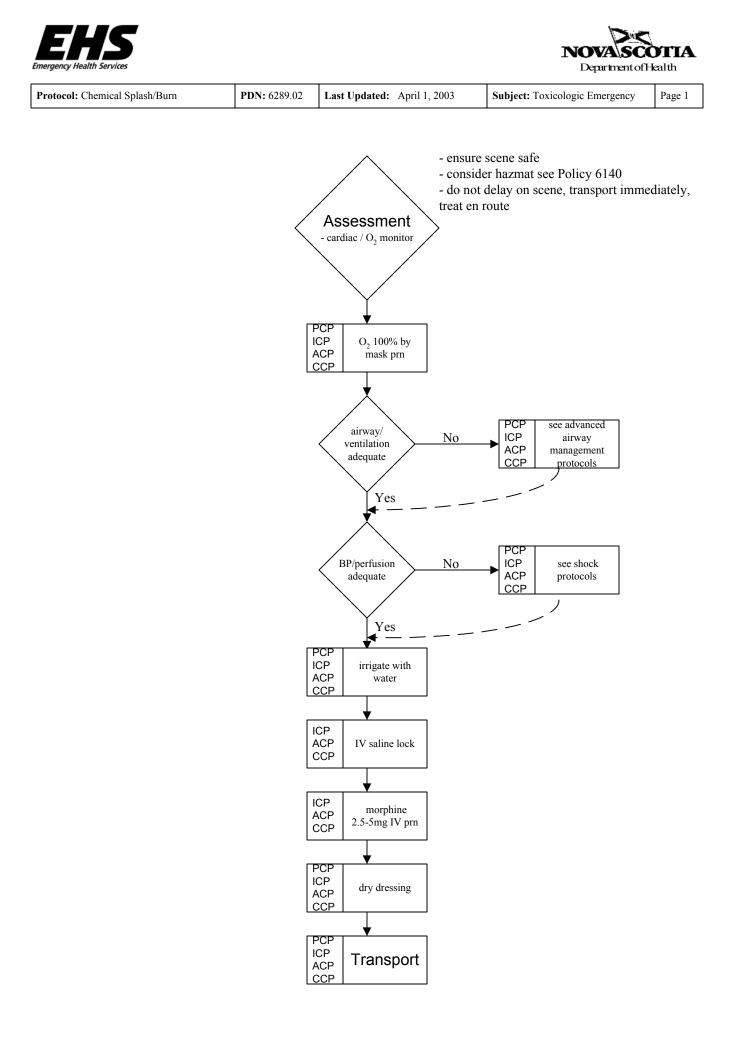






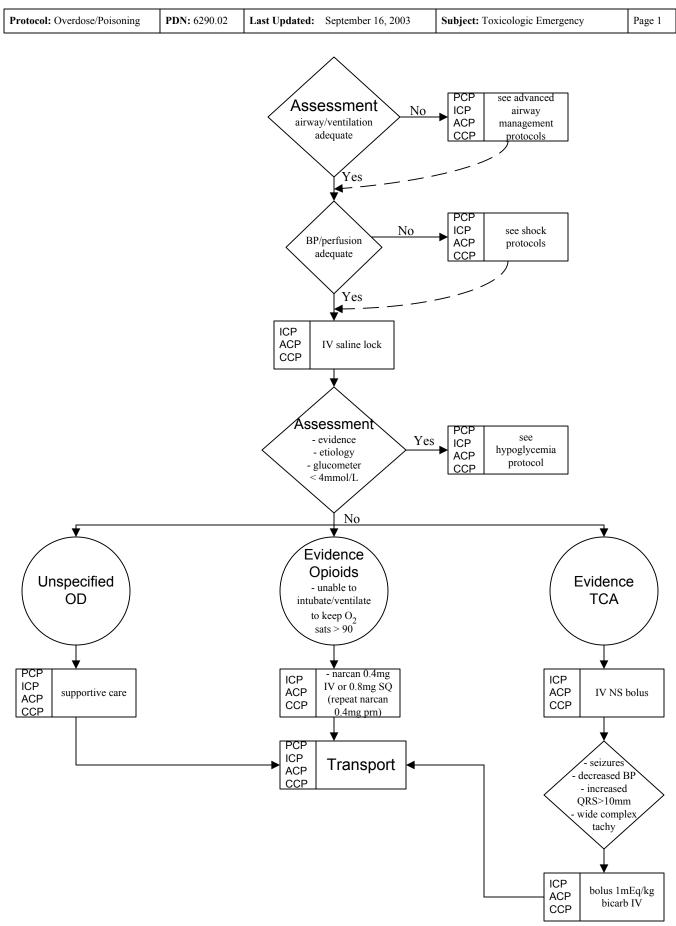
Protocol: Stroke/CVA/TIA	PDN: 6288.03	Last Updated: April 3, 2003	Subject: Stroke-CVA-TIA	Page 1







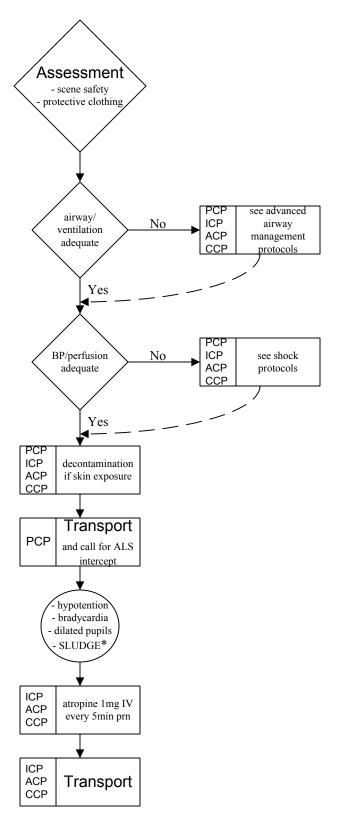




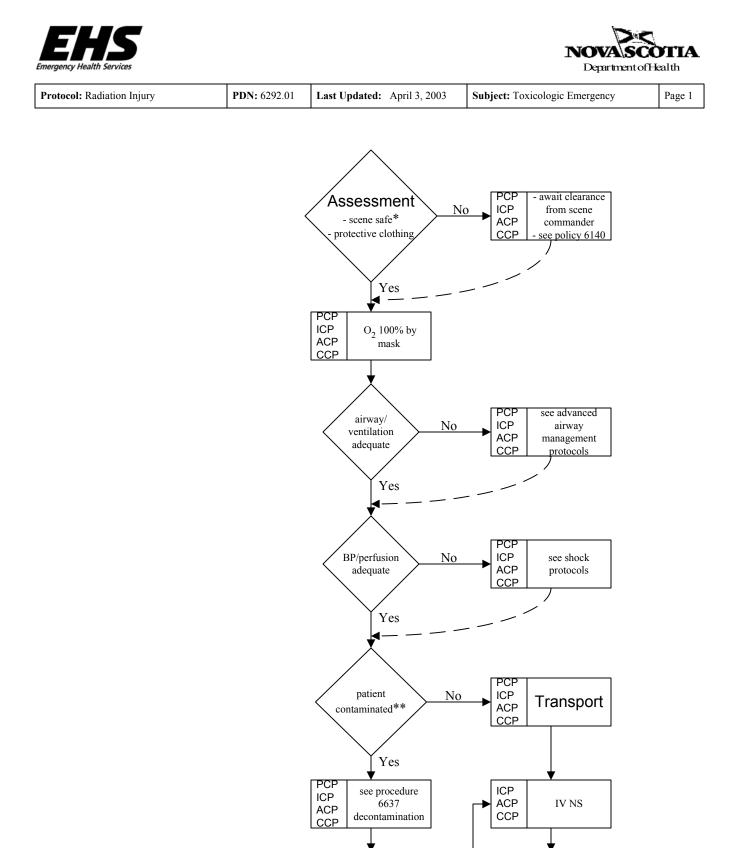




Protocol: Pesticide Poisoning	PDN: 6291.01	Last Updated: April 3, 2003	Subject: Toxicologic Emergency	Page 1



\*SLUDGE Salivation Lacrimation (watery eye) Urination Defecation GI upset Eye problems



\*see policy 6140 (Hazardous Material Exposure)

\*\*at no time during or after the accident does an <u>exposed</u> patient carry radioactive material or emit radiation. In contrast, <u>contamination</u> accidents involve not only exposure, but the patient has radioactive materials present either externally or internally. As a result, the contaminated patient is continuously exposed to radiation from the contaminated material until it is removed and he/she will give off radiation to responding rescuers

PCF

ICP

ACP

CCP

Transport

ICP

ACP

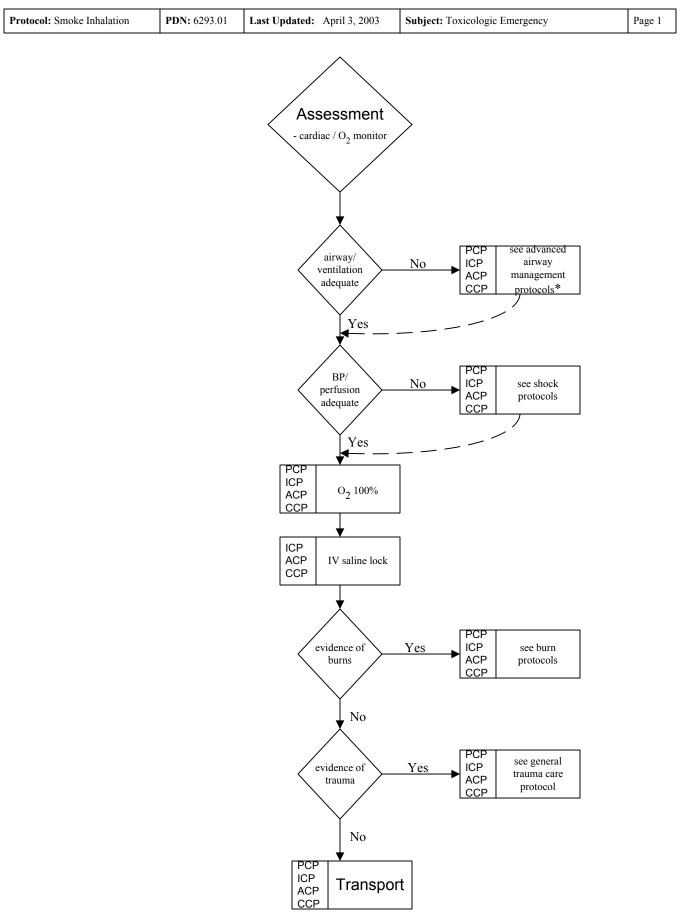
CCP

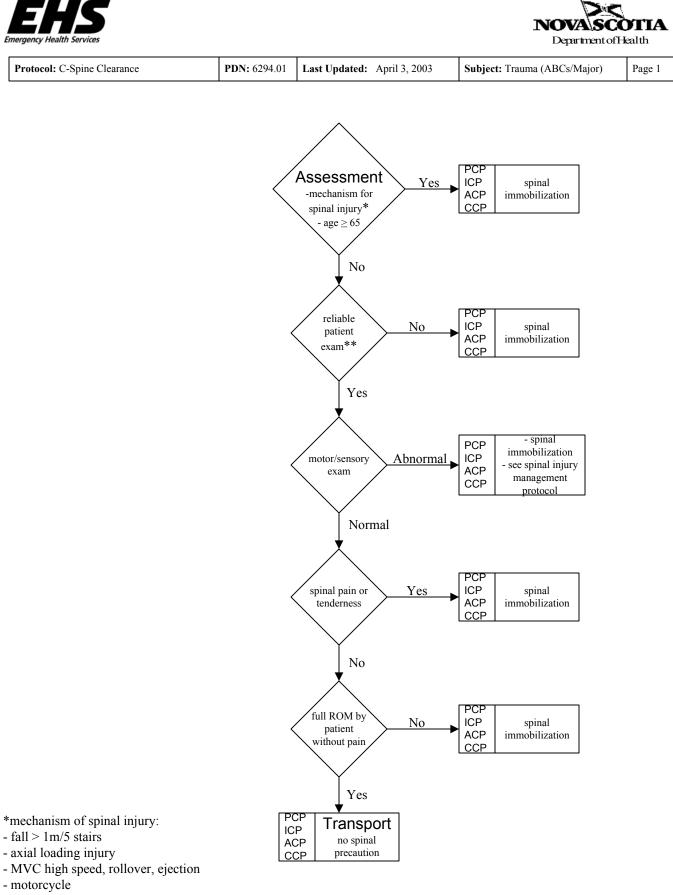
dimenhydrinate

10-20mg IV prn





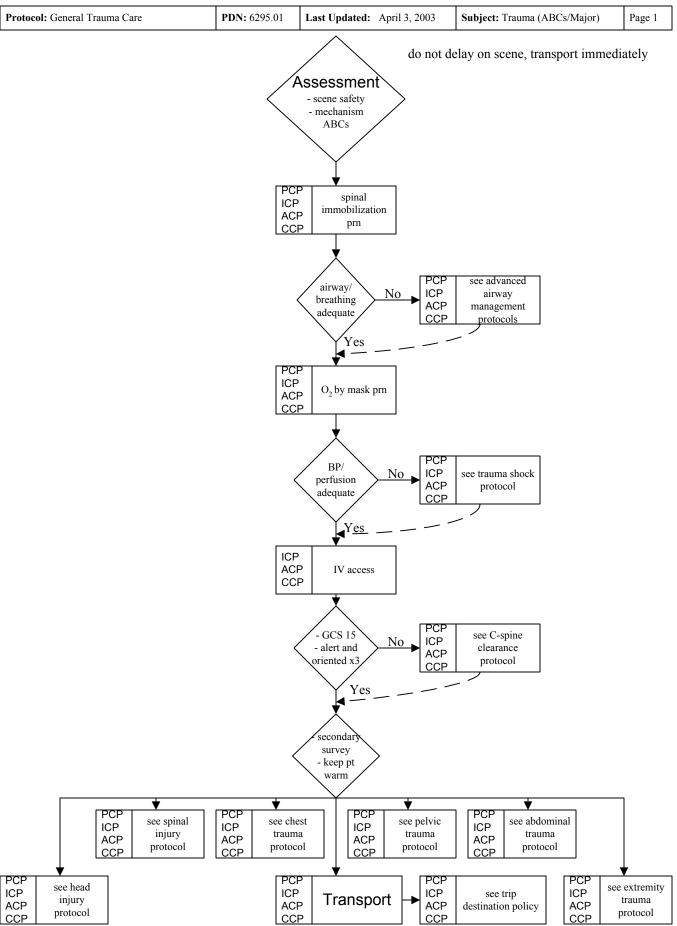


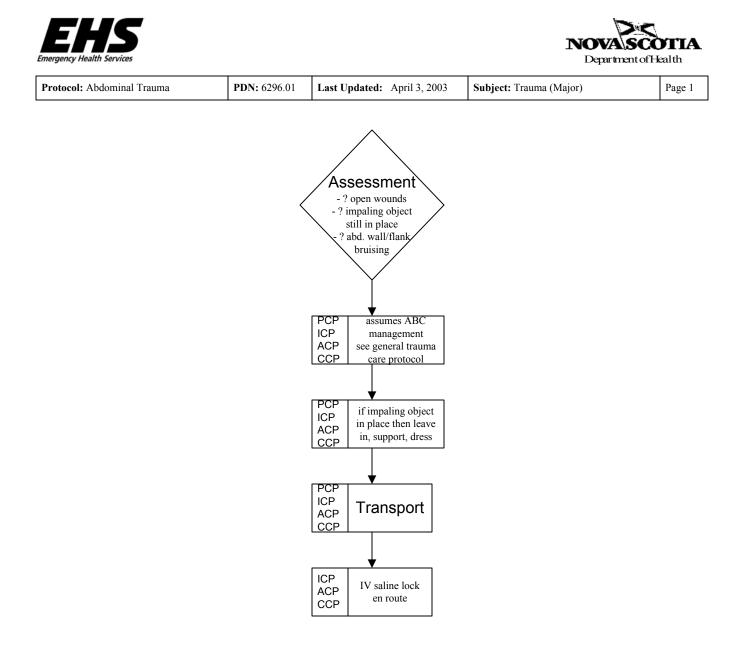


- penetrating trauma to spine
- \*\* no:
- acute stress reaction
- intoxication
- abnormal mental status
- distracting injuries
- communication problems



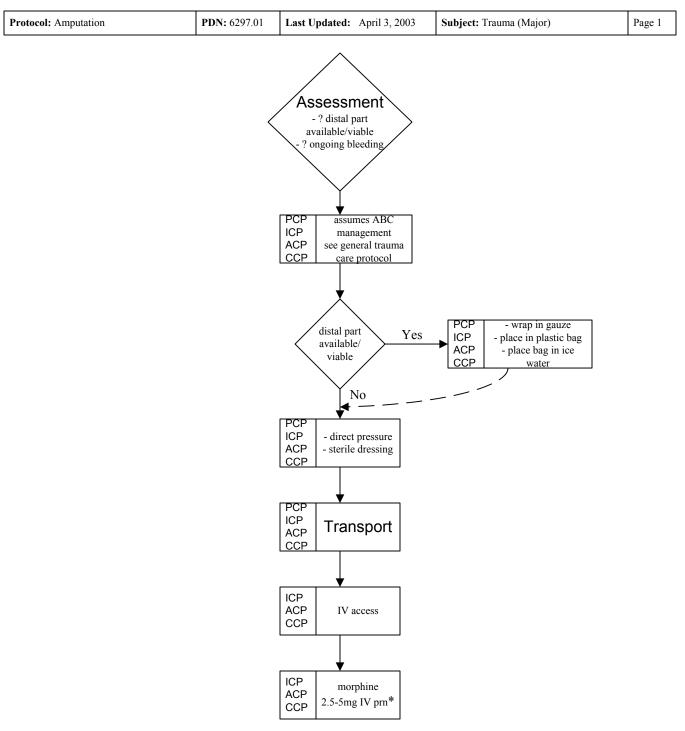


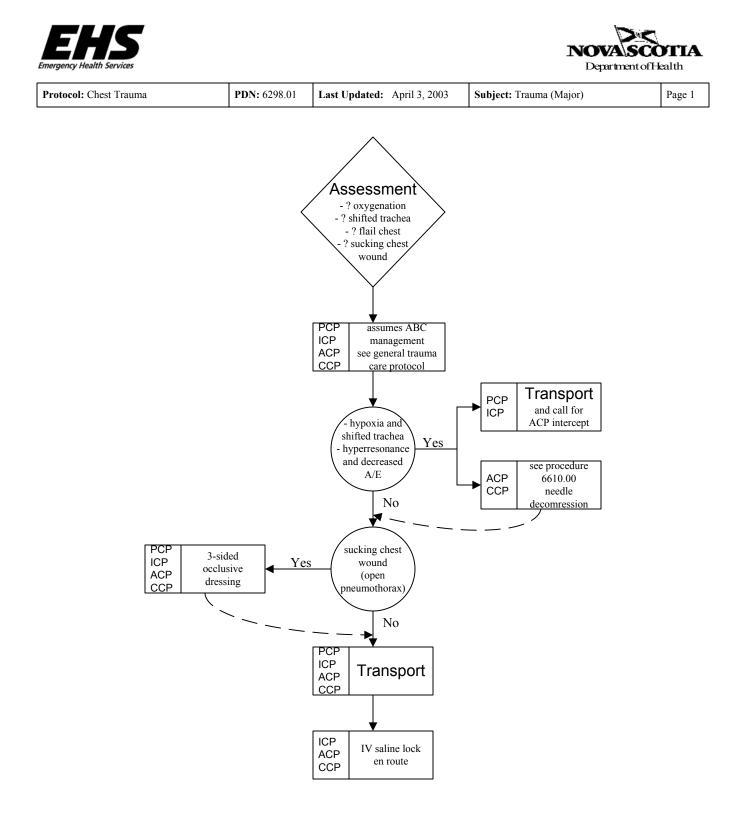






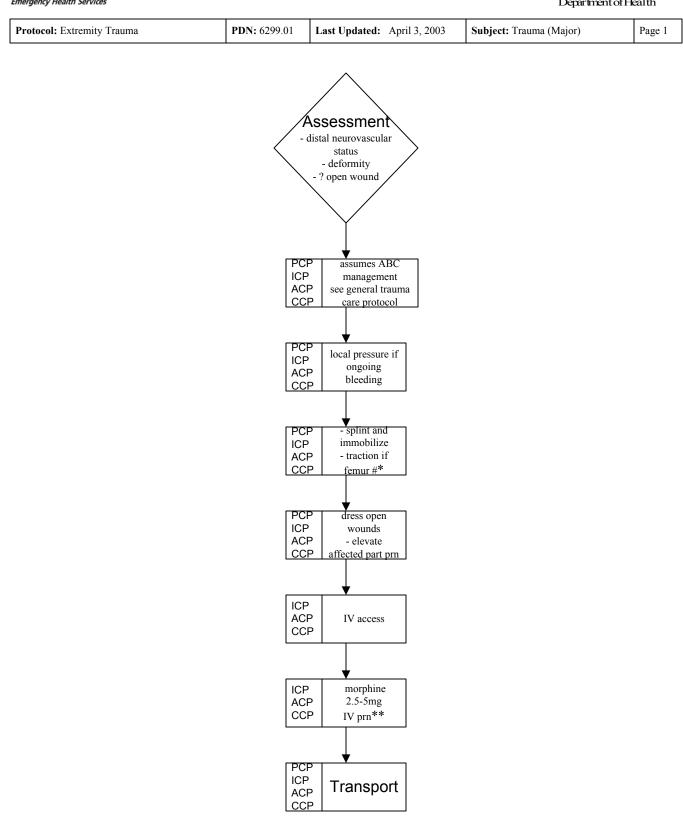


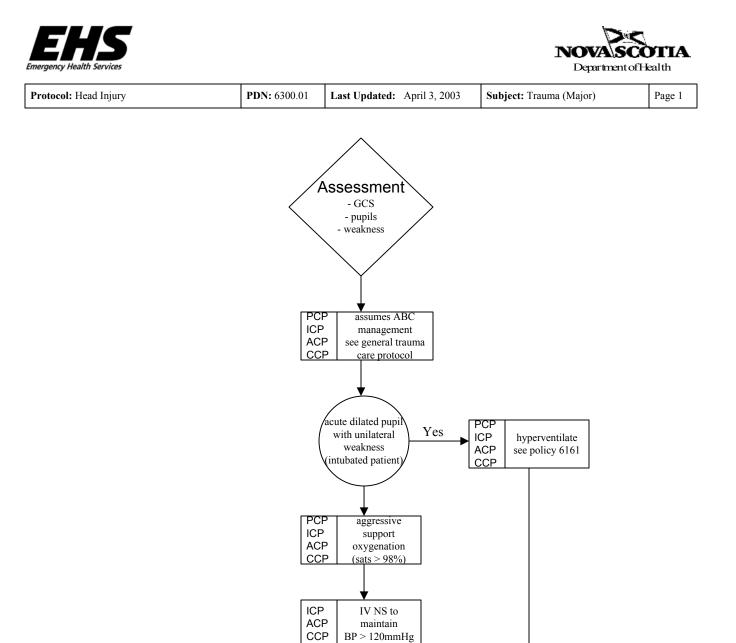










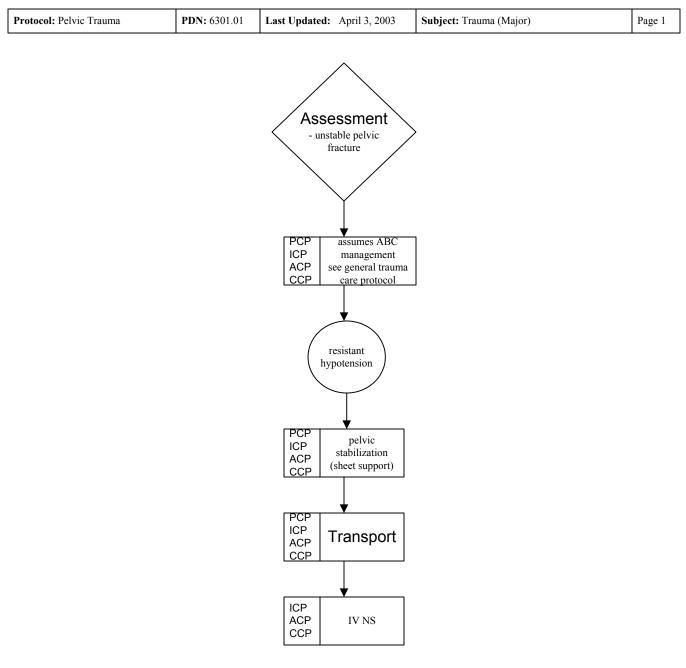


PCP ICP

ACP CCP Transport

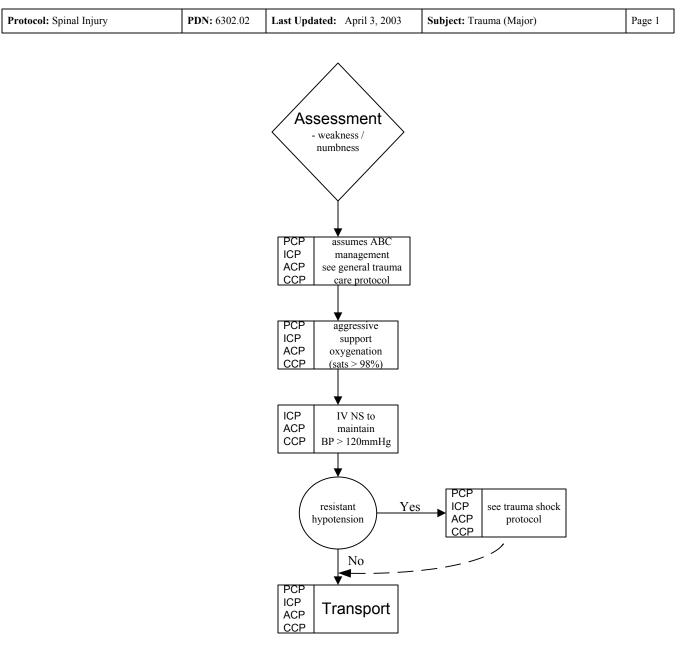














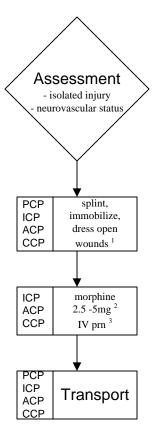


mergency nearth services			Departmentormeatur		
Protocol: Back Pain	<b>PDN:</b> 6303.01	Last Updated: April 3, 2003	Subject: Trauma (Minor)	Page 1	
		•			
		Assessment			
		- ? weakness/numbness in legs	$\backslash$		
		- ? incontinent/retention			
		stool or urine			
		Y			
		↓			
		PCP immobilize, if ICP evidence of trauma			
		ACP or neurologic			
		CCP compromise*			
		↓			
		ICP morphine			
		ACP 2.5-5mg CCP IV prn**			
		ICP Transport			
		ACP Transport			





Protocol: Fractures/Sprains/Abrasions/Lacerations	<b>PDN:</b> 6304.02	Last Updated: November 3, 2006	Subject: Trauma (Minor)	Page 1	
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1. If patient stable, IV and analgesia before splinting and/or moving patient.

- 2. Peds 0.1mg/kg infused at 1mg/min.
- 3. If unable to start IV, give Morphine 5mg subcutaneously PRN.