

# NOVA SCOTIA PROVINCIAL PHARMACARE PROGRAMS

## First Request for Cholinesterase Inhibitor

Please provide the following to support your request for *initial 4 month coverage* of a cholinesterase inhibitor

PATIENT INFORMATION			
PATIENT SURNAME	PATIENT GIVEN NAME	HEALTH CARD NUMBER	DATE OF BIRTH
PATIENT ADDRESS			
CHOLINESTERASE INHIBITOR			
<b>Cholinesterase inhibitor requested and starting dosage</b>			
<input type="checkbox"/> Donepezil (Aricept)	Dosage: _____		
<input type="checkbox"/> Galantamine (Reminyl ER and generics)	Dosage: _____		
<input type="checkbox"/> Rivastigmine (Exelon and generics)	Dosage: _____		
DIAGNOSTIC INFORMATION – COMPLETE ALL			
<input type="checkbox"/> Mild to moderate dementia			
MMSE Score _____ Date _____ FAST Score _____ Date _____			
FAST Stage	<b>Functional Impairment due to cognitive deficit (NOT PHYSICAL DEFICIT)</b>		
4 Mild	IADLs: needs assistance (Instrumental Activities of Daily Living include complex tasks such as managing money and medications, shopping, cooking, driving, housekeeping, using telephone)		
5 Moderate	Re-wearing clothes; requires assistance in such basic tasks of daily life as choosing proper clothing. Assistance is required for independent community living.		
6 Severe	ADLs: needs hands-on assistance, especially with dressing and bathing, due to cognitive impairment; eventually experiences urinary and fecal incontinence (Activities of Daily Living include dressing, washing, toileting, feeding, mobility)		
7 Very Severe (End Stage)	Non-verbal, non-ambulatory		
<i>Only patients with a FAST score of 4 or 5 are eligible for coverage for cholinesterase inhibitors. Adapted from: Reisberg, B. Functional Assessment Staging. Psychopharmacology Bulletin. 1988.</i>			
Has this patient been on a cholinesterase inhibitor before? <input type="checkbox"/> YES since _____ <input type="checkbox"/> NO			
Is this a switch to a different agent due to intolerance? <input type="checkbox"/> YES <input type="checkbox"/> NO			
PRESCRIBER NAME & ADDRESS:			
_____ LICENCE #	_____ PRESCRIBER SIGNATURE	_____ DATE	

If you need assistance, please contact the Pharmacare Office at (902) 496-7001 or 1-800-305-5026

**Please Return Form To:** Nova Scotia Pharmacare Programs  
P.O. Box 500, Halifax, NS B3J 2S1  
Fax: (902) 496-4440