

The Program:

BBTT is a series of workshops designed for people working within Nova Scotia's health care system. Its purpose is to help you learn new skills, gain new insights and increase your confidence to collaborate in teams with people within and outside of your own profession.

Each workshop is 2-3 hours in length.

Facilitators in your organization can work with you to adjust the timeframes to meet the needs and availability of your team.

Benefits of Collaboration in Healthcare:

Evidence shows that collaboration between professions can enhance your individual practice and improve the delivery of services. It may also have a positive impact on the quality of patient care and the health of your community.

Collaboration impacts the challenges facing our health care system:

- Timely access to care
- Healthy workplaces
- Patient safety
- Population health and wellness
- Chronic disease prevention and management
- Cultural competence
- Recruitment and retention of health workers
- Sharing patient care

"If healthcare providers are expected to work together and share expertise in a team environment, it makes sense that their education and training should prepare them for this type of working arrangement".

Roy Romanow (2002)

Learn more about the BBTT program at:

<http://www.gov.ns.ca/health/primaryhealthcare/bbtt.asp>



Health

To register for a BBTT session or to schedule a BBTT workshop for your team contact:

Jane/John Doe

BBTT Contact Job Title

District Name

Phone: 902 888 8888 ext 8888

Email: jane-johndoe@something.ca



**Team Development for
Collaboration in Health
Care**

*You can change the way you and
your colleagues work together!*

District logo

BTT Modules

Please check with your local contact to find out which modules are offered in your area.

Building a Better Tomorrow Together

Team Development for Collaboration in Health Care



Program Framework

<p>Enhancing Collaboration (1 module)</p> <ul style="list-style-type: none"> Assessing your current knowledge and skills regarding interprofessional collaboration Reflecting on your current collaborative efforts 	<p>Interpersonal and Communication Skills (1 module)</p> <ul style="list-style-type: none"> Understanding different communication styles and applying communication techniques in your practice 	<p>Team Functioning (1 module)</p> <ul style="list-style-type: none"> Building your team: vision, mission, operating guidelines Conducting effective team meetings 	<p>Roles and Responsibilities (1 module)</p> <ul style="list-style-type: none"> Enhancing confidence in and knowledge of team member roles Labeling and professional stereotyping 	<p>Decision Making and Leadership (1 module)</p> <ul style="list-style-type: none"> Decision making strategies Leadership roles within teams The sources and challenges of power in teams 	<p>Conflict Resolution (1 module)</p> <ul style="list-style-type: none"> Understanding/respecting different conflict resolution styles Exploring interest based conflict resolution strategies
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<p>Understanding Primary Health Care (2 modules)</p> <ul style="list-style-type: none"> The history and language of primary health care Population health and health promotion 	<p>Chronic Disease Self-Management Support (1 modules)</p> <ul style="list-style-type: none"> Exploring awareness of general chronic disease self-management support principles 	<p>An Intro to Cultural Competence in Health Care ** (2 modules)</p> <ul style="list-style-type: none"> Exploring the meaning of culture and its implications for health and care
<p>Program Planning and Evaluation (3 modules)</p> <ul style="list-style-type: none"> Program planning (steps 1-6) Program evaluation 	<p>Building Community Partnerships (1 module)</p> <ul style="list-style-type: none"> Exploring partnerships based on the social determinants of health 	<p>Generations and Learning Styles at Work (1module)</p> <ul style="list-style-type: none"> Appreciating learning styles and generational differences within teams

BTT is the key to breaking down silos between professions and building a better team and work environment that promotes improved health for individuals and communities.

GREEN: reflects competencies for interprofessional collaborative practice and needs assessment/evaluation results.

BLUE: reflects needs assessment priorities for quality health care service delivery.

Notes:
1. ** Janet Rhymes, Logical Minds Consulting, designed this module.