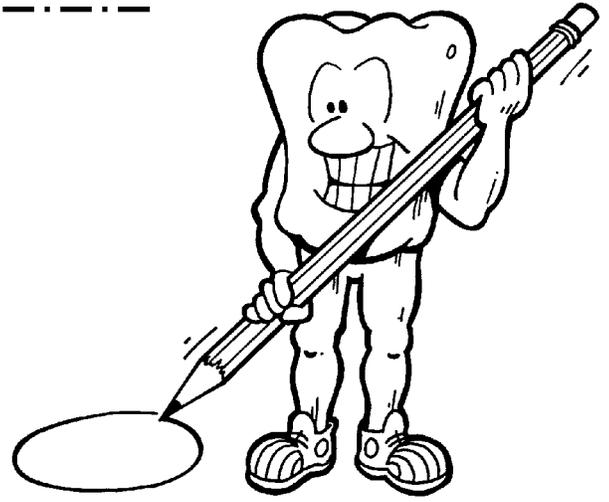


# Things You Should Know About Your Teeth



Circle all correct answers.

1. What can you do with your teeth?

smile

jump

eat

climb

talk

look

2. Each tooth has a crown and a root. Which one holds them firmly in the mouth?

crown

root

3. What is plaque?

hole in a tooth

sticky germs

sugar

4. The bristles of your toothbrush should be ...

hard

soft

5. You should brush your teeth ...

once a week

twice a year

twice a day

6. You must learn to use dental floss properly or it can hurt your

teeth

gums

fingers

7. What is a cavity?

hole in your tooth

place to put your tongue

a filling in your tooth

*More questions on the other side!*

**8. The dentist is your friend. He/she helps you keep your teeth healthy. You should visit your dentist . . .**

once a week

at least once a year

only when you have a toothache

**9. Which of the following can hurt your teeth?**

pushing at a water fountain

chewing a banana

smiling

playing soccer without a mouthguard

opening packages with your teeth

biting or chewing on a pencil

**10. Fluoride makes your teeth . . .**

white

shiny

strong

**11. Which group of snacks causes cavities?**

(a) milk

(b) gum

(c) apple

unsweetened juices

cake

banana

cheese & crackers

sucker

carrot

**12. Primary teeth . . .**

are the last set of teeth

hold spaces for the permanent teeth

are not very important

**13. How much fluoride toothpaste should you use?**

cover all the bristles

a pea-size amount

none at all

**14. When you are about 6 years old you get your first permanent molar. This tooth . . .**

grinds food

shows when you smile

should last a lifetime

isn't very important