


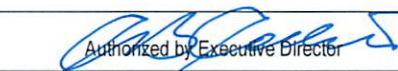
Chapter:	Health Care	Classification:	Public Document
Subject:	Decreased or Refused Nutritional Intake		
For:	Correctional Facilities	 Authorized by Executive Director	

1. Policy

- 1.1 Correctional staff must
 - 1.1.1 notify health care whenever an individual commences to decrease or refuse any nutritional intake, i.e., food, fluids
 - 1.1.2 place the individual in an area where nutritional intake can be monitored
- 1.2 An individual, who has refused or has decreased nutritional intake for a period of forty-eight (48) hours and is housed in a facility where health care staff is not present 5 to 7 days a week, must be transferred to a facility with this level of health care staff service.

2. Procedures

- 2.1 In facilities where health care is not immediately available correctional staff must
 - 2.1.1 closely monitor the individual
 - 2.1.2 ensure health care staff assess the individual during their next scheduled visit
 - 2.1.3 in consultation with health care staff, implement the Intake and Output Chart (see form [46.14.00 - A](#)) to record all food and fluids offered, refused or eaten by the individual
- 2.2 The implementation of the Intake and Output Chart should be done without the knowledge of the individual in an attempt not to bring attention to, or escalate the behaviour, i.e. decreasing or refusing nutritional intake.
- 2.3 In an attempt to encourage an individual to eat, correctional staff may provide additional juices and milk at each meal, ice cream may be offered at lunch and supper and staff may offer juice and/or milk and fruit during rounds.
- 2.4 When requested by health care, correctional staff will offer nutritional supplements, e.g., Boost®.

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3. Standard Operating Procedures

3.1 Superintendents may develop standard operating procedures (SOP) to address the additional procedures to be followed with respect to an individual who has decreased or is refusing nutritional intake.