Ciboux Island and Hertford Island known collectively as Bird Islands are located about five kilometres off the coast of Cape Breton Island, near Cape Dauphin, Victoria County. Hertford Island is owned by the Nova Scotia Bird Society. Ciboux Island is owned by the Province and the federal government. The islands are mostly rock and cliffs. The wildlife management area includes the islands, and the water surrounding them to a total area of about 550 ha. The islands support a globally important population of Great Cormorants and other seabirds including Atlantic Puffin, Razorbills and Black-legged Kittiwake.

This wildlife management area protects sensitive colonies of breeding seabirds, as well as the broader unique and important biodiversity value tied to coastal island ecosystems. Access to the islands and activities on or near the islands are limited on a seasonal basis.