



# Additional Resources

## This section includes the following resources:

1. Promotion Planning Worksheet (Sample)
2. Promotion Planning Worksheet
3. Action Plan Worksheet
4. Activity/Session Promotion Poster
5. Participant Evaluation Form
6. Participant Pre Education and Awareness Raising Evaluation Worksheet
7. Participant Post Education and Awareness Raising Evaluation Worksheet
8. Participant Pre Skill Building Evaluation Worksheet
9. Participant Post Skill Building Evaluation Worksheet
10. Implementer's Evaluation Worksheet
11. CD Table of Contents
12. How to Access a Dietitian in Nova Scotia
13. Recommended Websites
14. Recommended Books
15. Websites for the Fact Sheets and Handouts
16. *Food Allergy and Food Intolerances: What's the Difference?*

### Sleeve Inserts:

1. *Eating Well with Canada's Food Guide*
2. *Healthy Ways, Healthy Weight*—Booklet
3. *Organic*—Brochure from Atlantic Canadian Organic Regional Network
4. *Canada's Physical Activity Guide*
5. *Take Back the Lunch Break*—Postcards
6. *Put Health on the Agenda*—Table Top Tool
7. *Eating Well with Canada's Food Guide—First Nations, Inuit and Métis*
8. CD
9. Set of Four Table Tents

Note: These resources are master copies.  
Please return them to the binder after photocopying.