

After a Flood: Food Safety



Nova Scotia Environment and Climate Change (ECC) recommends that you prepare for emergencies at work and at home. Emergencies can include hurricanes, floods, winter storms and power outages.

- Your home should be stocked with a three-day supply of water, canned and dried foods and prescription medicines as well as emergency supplies such as flashlights, a battery-operated or hand-crank radio, batteries, a first-aid kit and a thermometer.
- In the event of an emergency, alerts will be broadcast through Alert Ready on radio stations and cable providers, as well as Twitter and Facebook through the Emergency Management Office.
- More information on emergency plans and emergency supply kits is available from the [Nova Scotia Emergency Management Office](#).

Food

Food may not be safe to eat during and after an emergency, especially in cases of floods or power outages. For more information visit:

Food Safety After a Flood:

<https://novascotia.ca/nse/food-protection/docs/factsheet-flood.pdf>

Saving Foods When My Power is Off:

<https://www.novascotia.ca/nse/food-protection/docs/factsheet-poweroff.pdf>