



Government
of Canada

Gouvernement
du Canada



Nova Scotia School for Adult Learning

2024 - 2025

Program Calendar



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What is the Nova Scotia School for Adult Learning (NSSAL)?

The Nova Scotia School for Adult Learning (NSSAL) is part of the Adult Education Division within the Nova Scotia Department of Labour, Skills and Immigration and is funded in part by the Government of Canada.

NSSAL offers adult learning programs delivered through a network of service providers all across Nova Scotia. NSSAL coordinates the programs and services NSSAL service providers offer. These service providers will work with adult learners to help them meet their employment and educational goals.

The NSSAL service providers are comprised of 33 Community Learning Organizations, some of which work primarily with Mi'kmaw and Indigenous, African Nova Scotian, Francophone, and Deaf or Hard of Hearing communities. As well, there are three credit issuing institutions, Nova Scotia Community College, Adult High Schools, and Université Sainte Anne where adult learners can graduate with their Nova Scotia High School Graduation Diploma for Adults or upgrade previous high school courses to gain entrance into post-secondary education programs.

NSSAL programs are FREE!

NSSAL Mandate

The Nova Scotia School for Adult Learning (NSSAL) administers, coordinates, and supports the development and delivery of adult education through learning partners in Nova Scotia. From adult basic education to a high school credential, NSSAL offers clear, accessible pathways to support adult learners in gaining the knowledge and skills required to adapt to a changing labour market.

Criteria To Participate

To participate in a *NSSAL Program, a learner must:

- currently reside in Nova Scotia;
- be one of the following:
 - a Canadian citizen;
 - a permanent resident;
 - a protected person, as defined in Section 95 of the *Immigration and Refugee Protection Act*;
 - a permanent resident applicant with a work permit; or
 - a temporary foreign worker with a permanent and full-time job offer.
- be 18 years of age or older;
- not currently be in school; and
- be sufficiently proficient in speaking and listening in the language of instruction to benefit fully from NSSAL Programs (except for deaf learners).

*The above criteria does not apply to Community Literacy programs.

If you have any questions about the programs NSSAL offers, please feel free to contact us directly at NSSAL@novascotia.ca, by phone at 1-877-466-7725, or any one of our service providers listed in this calendar.

Nova Scotia Community College (NSCC)

NSCC offers the Adult Learning Program Level III and IV courses at 13 locations across Nova Scotia. Learners can use Level IV credits toward the Nova Scotia High School Graduation Diploma for Adults or to upgrade academic standing. The Adult Learning Program offered through NSCC can be completed full-time or part-time and partially or completely online. In addition to the standard ALP courses, the NSCC offers an Afrocentric Learning option and the IT campus in Halifax offers an English as an Additional Language option.

For additional information on attending the Adult Learning Program through NSCC, please visit their website [Adult Learning Program \(ALP\) | Programs | NSCC](#) or contact them by phone at 902-491-4911, Toll-free in Canada and USA: 1-866-679-6722.

Adult High Schools

Adult high schools are available at some Regional Centers for Education in the province. They offer grade 11 and 12 courses based on the public-school curriculum (PSP), which can be used toward a Nova Scotia High School Graduation Diploma for Adults or to upgrade academic standing.

Annapolis Valley Regional Centre for Education, Kings County Adult High School

18 Jones Rd. New Minas, NS
Phone: 902-681-4930

Annapolis Valley Regional Centre for Education, Windsor Adult High School

94 Wentworth Rd. Windsor, NS

CBVRCE – Sydney Adult Education Centre

290 Whitney Ave. Sydney, NS B1P 5A6
Phone: 902-562-5178

CBVRCE – Glace Bay Adult Education Centre

42 MacKeen St. Glace Bay, NS B1A 5B9
Phone: 902-842-1620

CBVRCE – New Waterford Adult Education Centre

667 Eighth St. New Waterford, NS B1H 3T4
Phone: 902-862-7880

CBVRCE – Northside Adult Education Centre

55 King St. Sydney Mines, NS B1V 1L7
Phone: 902-736-0685

Halifax Regional Centre for Education

Bedford Campus
1658 Bedford Highway, Bedford NS B4A 2X9 Phone: 902-832-8630

Halifax Regional Centre for Education

Dartmouth Campus
 136 Pinecrest Dr. Dartmouth, NS B3A 1J9
 Phone: 902-832-8630

South Shore Regional Centre for Education

Bridgewater Campus
 821 King Street, Unit #2 Bridgewater, NS B4V 1B7
 Phone: 902-527-5990

South Shore Regional Centre for Education

Queens Adult High School (Rossignol Campus)
 19 Milton Road Liverpool, NS B0T 1K0
 Phone: 902-354-7630

Université Sainte-Anne

Université Sainte-Anne offers the Formation Générale des Adultes (FGA) niveau IV credits in French at five campuses across Nova Scotia.

L'Université Sainte-Anne offre les crédits de la Formation générale des adultes (FGA) niveau IV en français dans cinq campus en Nouvelle-Écosse.

- Church Point
- Halifax
- Petit-de-Grat
- St-Joseph-du-Moine
- Tusket

These credits may be used toward a Diplôme de fin d'études secondaires pour adultes de la Nouvelle-Écosse or to upgrade academic standing. They also offer non-credit Level II and III programming which provides adult learners the opportunity to upgrade their academic skills to prepare for entrance into the Formation Générale des Adultes program.

Ces crédits peuvent être utilisés pour obtenir le Diplôme de fin d'études secondaires pour adultes de la Nouvelle-Écosse ou pour améliorer le rendement académique. Ils proposent également des programmes non crédités de niveaux II et III qui offrent aux apprenants adultes la possibilité d'améliorer leurs compétences académiques.

Community Learning Organizations

The Community Learning Organizations offering the NSSAL programs are divided into 5 regions, Cape Breton Region, Metro Halifax Region, Northern Region, Southwestern Region, Valley Region, plus the francophone community.

*Click on the **organization's name** to see what they are offering for the 2024-2025 year.*

****Programs may be subject to change without notice. Please verify availability with the applicable service provider.***

CAPE BRETON REGION

Adult Learning Association of Cape Breton County

440 George Street, Sydney

(902) 564-8404

Community Learning Association North of Smokey

36243 Cabot Trail, Ingonish

(902) 285-2354

Inverness County Literacy Council

16 Railway St, Inverness

(902) 258-3110

Port Hawkesbury Literacy Council

305 Granville Street, Unit 1, Port Hawkesbury

(902) 625-1599

Potlotek First Nation/Chapel Island

12004 Nova Scotia 4, Chapel Island

(902) 535-3317

Richmond Community Learning Network

10036 Grenville Street – Unit B, St.

Peter's (902) 535-3304

METRO REGION

Bedford-Sackville Learning Network 409

Glendale Drive, Lower Sackville (902)

869-3838

Black Educators Association

2136 Gottingen Street, Halifax

(902)424-7036

Dartmouth Learning Network Society 73

Tacoma Drive, Suite 802, Dartmouth

(902)463-9179

Dartmouth Work Activity Society (Solutions Learning Centre)

15 Poseidon Court, Dartmouth
(902)468-1320

Deaf Literacy Nova Scotia

(902)422-7130
1888 Brunswick Street, Suite 805, Halifax

Halifax Community Learning Network

1657 Barrington Street, Halifax
(902)422-7648

HRDA Enterprises (Cunard Learning Centre)

7071 Bayers Road, Suite LL05, Halifax
(902)453-2982

Mi'kmaw Native Friendship Society

2021 Brunswick Street, Suite 209, Halifax
(902) 420-1576

Preston Area Learning Skills Society

875 Main Street, Unit 2, Dartmouth
979 North Preston Road, Suite 124, North Preston
(902) 462-6042

Western Halifax Community Learning Network

5209 St. Margaret's Bay Road, Suite 205, Upper Tantallon
(902) 225-6320

NORTHERN REGION

Antigonish County Adult Learning Association

283 Main Street, Antigonish
(902) 863 3060

Colchester Adult Learning Association

966B Prince Street, Truro
(902) 895-2468

Cumberland Adult Network for Upgrading

21 Acadia Street, 2nd Floor, Amherst
(902) 661-0153

East Hants Community Learning Association

224 Highway 214, Suite 101, Elmsdale
(902) 883-1608

Eastern Shore & Musquodoboit Valley Literacy Network

22756 Nova Scotia Trunk 7, Sheet Harbour
(902) 391-0014

Guysborough County Adult Learning Association

9996 Highway 16, Guysborough
(902) 533-4252

Pictou County Continuous Learning Association

174 Archimedes Street, New Glasgow
91 Beeches Road, Pictou
(902) 755-5827 – New Glasgow
(902) 485-7014 – Pictou

SOUTHWEST REGION

Employment Solutions Society / Lunenburg County Adult Learning Network

215 Dominion Street, Bridgewater
(902) 543-2479

Queens County Learning Network

279 Main Street, Liverpool
(902) 354-3635

Shelburne County Learning Network

25C King Street, Shelburne
3394 Highway 3, Barrington
(902) 637-4333

Yarmouth County Learning Network

3B 101 Water Street, Pier 1 Building, Yarmouth
(902) 742-8151

VALLEY REGION

Annapolis Valley First Nation

29 Toney Blvd, Cambridge
(902) 538-7149

Digby Area Learning Association

207A Highway 303, Digby
(902) 245-7540

Hants Learning Network Association

90 Sanford Drive, Windsor
(902) 792-6754

L'équipe d'alphabétisation nouvelle-écosse

6960 Mumford Road, Halifax: / (902) 431-0506
1 Slocumb Street, Tusket / (902) 260-0501
9976 Highway 1, Saulnierville / (902) 260-0501

Valley Community Learning Association

49 Bridge Street, Suite 106, Kentville
(902) 679-5252

ADULT LEARNING ASSOCIATION OF CAPE BRETON COUNTY

(902) 564-8404
440 George Street, Sydney

CAEC Prep

The CAEC Prep Program helps people without a high school diploma earn a high school equivalency certificate by preparing them for the Canadian Adult Education Credential (CAEC) assessments, which have replaced the GED in Nova Scotia. The program includes 5 tests in Math, Science, Social Studies, Reading, and Writing, all of which must be passed to earn the CAEC Certificate. We offer a mix of instructor-led sessions and independent study to help you prepare for these exams. Our instructors will guide you through the material, assist with setting up your CAEC account, and help you schedule your tests. The CAEC is free for Nova Scotia residents.

Unit 330, 440 George St, Sydney

September 16, 2024 – June 19, 2025

Monday, Tuesday, Wednesday & Thursday: 12:30pm – 3:30pm

Monday, Tuesday & Wednesday: 5:00pm – 8:00pm

219 Commercial St, Glace Bay

September 16, 2024 – June 19, 2025

Monday, Tuesday, Wednesday & Thursday: 12:30pm – 3:30pm

Community Essentials

Promoting lifelong learning for adults with cognitive/intellectual challenges. Learners will develop skills to effectively communicate, to develop positive relationships and to promote independence through literacy, math and digital technology skills.

Unit 330, 440 George St, Sydney

September 16, 2024 – June 20, 2025

Monday & Wednesday: 6:00pm – 8:00pm

Skills for Success

Learn the skills you need to succeed in the workforce, further learning or volunteering. Get a better understanding of your strengths, and build your skills in communication, time management, problem solving and other essential skills. Make the move for a better future!

487 Heelan St, New Waterford

October 1, 2024 – October 31, 2024

May 13, 2025 – June 12, 2025

Tuesday & Thursday: 1:00pm – 3:00pm

Want to contact NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

***Programs may be
subject to change
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ADULT LEARNING ASSOCIATION OF CAPE BRETON COUNTY

(continued)

Life and Word Essentials

Improve your communication, digital and numeracy skills so you can easily take advantage of educational and workforce opportunities to thrive in your community. Includes internationally recognized Northstar Digital Literacy certification, valuable workplace certifications and an optional fun and engaging Making Meals Together module to further develop skills in communication, math and working with others.

Unit 330, 440 George St, Sydney

September 16, 2024 – June 20, 2025

Monday, Tuesday, Wednesday & Thursday: 9:00am – 12:00pm

219 Commercial St, Glace Bay

September 16, 2024 – June 20, 2025

Monday, Tuesday, Wednesday & Thursday: 9:00am – 12:00pm

Monday, Tuesday & Wednesday: 4:30pm – 7:30pm

765 Main St. Sydney Mines

September 16, 2024 – June 20, 2025

Monday, Tuesday, Wednesday & Thursday: 9:00am – 12:00pm

487 Heelan St, New Waterford

September 16, 2024 – June 20, 2025

Monday, Tuesday, Wednesday & Thursday: 9:00am – 1:00pm

765 Main St. Sydney Mines

September 16, 2024 – June 19, 2025

Monday, Tuesday, Wednesday & Thursday: 12:30pm – 3:30pm

Power of You

Take charge of your health and well-being - find The Power of You! In this six-week mini program you learn how to take better control over your well-being, improve your confidence when communicating with health care professionals, make smarter healthcare choices and find positive ways to manage stress.

487 Heelan St, New Waterford

November 5, 2024 – December 10, 2024

Tuesday: 1:00pm – 3:00pm

Unit 330, 440 George St, Sydney

November 8, 2024 – December 13, 2024

Friday: 10:00am – 12:00pm

Want to contact
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1-877-466-7725



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ADULT LEARNING ASSOCIATION OF CAPE BRETON COUNTY

(continued)

Between the Lines – Enjoying Books and Writing

Do you enjoy books and want to try your hand at writing with like-minded people? Between the Lines - Enjoying Books and Writing is the program for you! Join other book lovers in sharing and discussing books, and have fun with writing in a supportive, friendly atmosphere.

487 Heelan St, New Waterford

November 7, 2024 – December 12, 2024

Thursday: 1:00pm – 3:00pm

Nourish and Grow

Cheap Eats and Easy Gardening! Are you interested in stretching your food dollars while still eating things you like and that are healthy too? In this six-week mini program, learn how to make meals on a budget, ways to stretch your food dollars and enjoy delicious recipes. This program is perfect for anyone looking to improve their knowledge and skills when it comes to food.

487 Heelan St, New Waterford

April 3, 2025 – May 8, 2025

Thursday: 1:00pm – 3:00pm

Unit 330, 440 George St, Sydney

May 16, 2025 – June 20, 2025

Friday: 10:00am – 12:00pm

Stay Connected – Online Safety and Savvy

In just eight weeks, learn the skills you need to stay connected. Emails, websites, staying safe online, protecting your privacy, how to spot scams and more. Improve your digital and tech savvy.

487 Heelan St, New Waterford

January 14, 2025 – March 4, 2025

Tuesday: 1:00pm – 3:00pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
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COMMUNITY LEARNING ASSOCIATION NORTH OF SMOKEY



(902) 285-2354
36243 Cabot Trail, Ingonish

ALP III

This program helps you build and improve skills in English, Math, Science, and Social Studies. With a classroom teacher who understands different learning styles and your past experiences, you'll get personalized support to reach your goals. This program prepares you for ALP IV and further education.

36243 Cabot Trail, Ingonish
September 16, 2024 – April 11, 2025
Monday & Friday: 9:00am – 12:00pm

29243 Cabot Trail, Cape North
September 16, 2024 – April 11, 2025
Tuesday & Thursday: 9:00am – 12:00pm

678 New Haven Rd, Neil's Harbour
September 16, 2024 – April 11, 2025
Wednesday: 9:00am – 12:00pm

Making Technology Part of Your Everyday Life

This program is aimed at adults who would like to improve their digital skills and gain confidence in the use of technology. It will introduce basic technology to beginning learners and enhance the technical skills of more advanced learners so they can be more comfortable in the use of technology in their everyday lives.

36243 Cabot Trail, Ingonish
September 16, 2024 – April 11, 2025
Monday & Friday: 1:00pm – 4:00pm

29243 Cabot Trail, Cape North
September 16, 2024 – April 11, 2025
Tuesday & Thursday: 1:00pm – 4:00pm

678 New Haven Rd, Neil's Harbour
September 16, 2024 – April 11, 2025
Wednesday: 1:00pm – 4:00pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



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COMMUNITY LEARNING ASSOCIATION NORTH OF SMOKEY

(continued)



CLANS Kitchen

A series of 8 weekly healthy eating and cooking workshops that is offered at 3 locations in the North of Smokey area. It teaches families (elementary school children & their caregivers) the basics of cooking/baking and healthy eating on a budget. The program enhances participants' reading and numeracy skills while teaching them how to follow a recipe to prepare meals and the importance of good nutrition and how it affects a child's performance in school.

North Highlands Cultural Centre, Cape North

September 16, 2024 – November 8, 2024

Wednesday: 2:00pm – 6:00pm

St. Andrew's Hall, Neil's Harbour

November 11, 2024 – January 17, 2025

Wednesday: 2:00pm – 6:00pm

St. John's Hall, Ingonish

January 20, 2025 – March 21, 2025

Wednesday: 2:00pm – 6:00pm

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NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



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Government of Nova Scotia, Canada](#)

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INVERNESS COUNTY LITERACY COUNCIL

(902) 258-3110

info@invernesslit.com

16 Railway St, Inverness

Want to contact NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning - Government of Nova Scotia, Canada](#)

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CAEC Prep

The CAEC Prep Program helps people without a high school diploma earn a high school equivalency certificate by preparing them for the Canadian Adult Education Credential (CAEC) assessments, which have replaced the GED in Nova Scotia. The program includes 5 tests in Math, Science, Social Studies, Reading, and Writing, all of which must be passed to earn the CAEC Certificate. We offer a mix of instructor-led sessions and independent study to help you prepare for these exams. Our instructors will guide you through the material, assist with setting up your CAEC account, and help you schedule your tests. The CAEC is free for Nova Scotia residents.

16 Railway St, Inverness

September 16, 2024 – June 20, 2025

Monday & Friday: 9:30am – 2:30pm

Opportunity Knocks

A program that focuses on personal development, empowerment, and essential skills training with the focus on digital literacy. Enabling participants to develop strategies to help them identify and work on skills they need to enter or re-enter the labour market or return to school. Delivery will be flexible, depending on skill level. Tailored to fill labour market needs in the Residential Rehabilitation Worker field, and offers certifications: CPR, Safe Food, WHMIS, etc.

16 Railway St, Inverness

September 16, 2024 – June 20, 2025

Tuesday & Thursday: 9:00am – 3:00pm

7972 Cabot Trail, Margaree Forks

September 16, 2024 – June 20, 2025

Wednesday: 9:30am – 2:30pm

Seniors' Literacy

Digital Skills for Seniors. Instruction is provided to small groups as dictated by registration. Intake is ongoing. Individual needs are assessed upon registration and an individual program is developed starting from recognition of computer components up to the introduction of Excel. We have provided a mobile classroom in the past so we can reach more people in the county and would like to continue this service based on areas of need.

7972 Cabot Trail, Margaree Forks

September 16, 2024 – June 20, 2025

Tuesday & Thursday: 10:00am – 3:00pm



INVERNESS COUNTY LITERACY COUNCIL

(continued)



Family Literacy

A learning experience following the curriculum guidelines for Family Literacy. The purpose of this activity is to improve adult literacy skills within the context of family literacy activities. Parents and children benefit from program activities while both develop an awareness of literacy. This activity promotes literacy and enhances children's literacy skills along with those of their parents. Materials and home-based activities are provided and used in the home with all members taking an active role. The materials will be kept in the home. There will be consistent "pick-up and drop-off" of materials approx. once per month with time to discuss needs and interests. Promotion of life-long learning is our goal for the activity.

Want to contact NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

7972 Cabot Trail, Margaree Forks

September 16, 2024 – June 20, 2025

Wednesday: 10:00am – 3:00pm

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PORT HAWKESBURY LITERACY COUNCIL

(902) 625-1599

porthawkesburyliteracycouncil@gmail.com

305 Granville Street, Unit 1, Port Hawkesbury

CAEC Prep

The CAEC Prep Program helps people without a high school diploma earn a high school equivalency certificate by preparing them for the Canadian Adult Education Credential (CAEC) assessments, which have replaced the GED in Nova Scotia. The program includes 5 tests in Math, Science, Social Studies, Reading, and Writing, all of which must be passed to earn the CAEC Certificate. We offer a mix of instructor-led sessions and independent study to help you prepare for these exams. Our instructors will guide you through the material, assist with setting up your CAEC account, and help you schedule your tests. The CAEC is free for Nova Scotia residents.

305 Granville St., Unit 1, Port Hawkesbury

September 16, 2024 – December 13, 2024

January 6, 2025 – June 20, 2025

Monday, Tuesday, Wednesday, Thursday & Friday: 12:00pm – 3:00pm

Lifestream Program

Learners will develop the skills and obtain short certifications necessary to search for gainful employment or transition to a new type of employment. It will address the need for in-depth assessment for academics and employment readiness, develop soft skills, address workplace expectations, overcoming personal barriers, and goal setting. It will explore the reality of anxiety and mental health barriers in the workplace and attempt to provide (through qualified guest speakers) alternative coping strategies to encourage mental and physical wellbeing. Learners will have the opportunity to participate in the Northstar Digital Literacy program as well as obtain some short certifications to add to their resumes. Short certifications will be transferable across a number of jobs and include: First Aid/CPR, OHS, WHMIS, Fire Safety and Food Handler's Safety.

305 Granville St., Unit 1, Port Hawkesbury

September 16, 2024 – December 13, 2024

January 6, 2025 – June 20, 2025

Monday, Tuesday, Wednesday, Thursday & Friday: 9:00am – 12:00pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



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PORT HAWKESBURY LITERACY COUNCIL

(continued)

Communications and Math Foundations

The program is designed to help learners overcome the barriers to learning that they have been struggling with. Learners will focus on study skills, as well as the foundations of reading, writing, and mathematics to improve the basic skills needed to advance to higher academic levels.

305 Granville St., Unit 1, Port Hawkesbury
September 16, 2024 – December 13, 2024
January 6, 2025 – June 20, 2025

Monday, Tuesday, Wednesday, Thursday & Friday: 9:00am – 12:00pm

Digital Literacy Basics

Classes will offer beginner and intermediate classes for people looking to improve their digital literacy skills. We offer lessons on Windows 10 and Windows 11 on laptops, iPads and iPhones, introduction to Chromebooks, and will touch on Android devices.

305 Granville St., Unit 4, Port Hawkesbury
September 16, 2024 – November 15, 2024
November 18, 2024 - February 7, 2025
February 10, 2025 – April 18, 2025
April 21, 2025 – June 20, 2025

Monday, Tuesday, Wednesday & Thursday: 9:00am – 1:00pm

Want to contact
 NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
 Government of Nova Scotia, Canada](#)

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POTLOTEK FIRST NATION

(902) 535-3317

12004 Nova Scotia 4, Chapel Island

CAEC Prep

The CAEC Prep Program helps people without a high school diploma earn a high school equivalency certificate by preparing them for the Canadian Adult Education Credential (CAEC) assessments, which have replaced the GED in Nova Scotia. The program includes 5 tests in Math, Science, Social Studies, Reading, and Writing, all of which must be passed to earn the CAEC Certificate. We offer a mix of instructor-led sessions and independent study to help you prepare for these exams. Our instructors will guide you through the material, assist with setting up your CAEC account, and help you schedule your tests. The CAEC is free for Nova Scotia residents.

Potlotek Education Admin Building

September 16, 2024 – January 3, 2025

Monday, Tuesday, Wednesday, Thursday & Friday: 1:00pm – 4:00pm

January 6, 2025 – May 9, 2025

Monday, Tuesday, Wednesday, Thursday & Friday: 9:00am – 12:00pm

Community Literacy

The Community Literacy Program will be offered to all community members 18 + years of age. The activities will help build the community's capacity towards motivating individuals to access future programs to further increase their cultural knowledge and identity, enhance their education and increase employability skills. Planned activities will run from September 2024 to June 2025 and include a variety of events and workshops such as Indigenous workshops, classes such as first Aid and other short courses, as well as workshops addressing employability skills, financial competency, and health issues.

Potlotek First Nation – 12004 Nova Scotia 4, Chapel Island

September 16, 2024 – January 3, 2025

Monday, Tuesday, Wednesday, Thursday & Friday: 9:00am – 12:00pm

January 6, 2025 – May 9, 2025

Monday, Tuesday, Wednesday, Thursday & Friday: 1:00pm – 4:00pm

Want to contact NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



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RICHMOND COUNTY LITERACY NETWORK

(902) 535-3304
10036 Grenville Street – Unit B, St. Peter's

CAEC Prep

The CAEC Prep Program helps people without a high school diploma earn a high school equivalency certificate by preparing them for the Canadian Adult Education Credential (CAEC) assessments, which have replaced the GED in Nova Scotia. The program includes 5 tests in Math, Science, Social Studies, Reading, and Writing, all of which must be passed to earn the CAEC Certificate. We offer a mix of instructor-led sessions and independent study to help you prepare for these exams. Our instructors will guide you through the material, assist with setting up your CAEC account, and help you schedule your tests. The CAEC is free for Nova Scotia residents.

St. Peters Classroom and Virtual
September 16, 2024 – June 27, 2025
Monday & Friday: 9:00am – 4:00pm

Basic Digital Literacy

This program will allow learners to enhance their digital skills and seize job opportunities in a competitive market. This 3 day per week, 12-week program will certainly give learners foundational digital knowledge but perhaps more importantly, build confidence in using digital tools for work and education. RCLN will ensure earners are set up with everything that they need in order to be successful, including lending a laptop and software and at the end there will be an accredited Northstar certificate.

St Peters Classroom & Community
September 16, 2024 – December 18, 2024
January 6, 2025 – June 20, 2025
Monday & Tuesday: 8:30am – 4:00pm

Digital Wellness

Whether one is new to using technology or simply wishing to improve digital skills, our inclusive and personalized program is tailored to personal needs. Richmond County Literacy Network is offering classes to learn more about the learners' tools: phones, laptops, tablets, etc. Weekly classes are tailored to everyday electronics. Classes are in- person, online and there are location options available as well.

St. Peters classroom & Arichat
September 16, 2024 – December 18, 2024
January 6, 2025 – June 20, 2025
Thursday & Friday: 8:30am – 4:00pm

Want to contact NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning - Government of Nova Scotia, Canada](#)

****Programs may be subject to change without notice. Please verify availability with the applicable service provider.***



BEDFORD-SACKVILLE LEARNING NETWORK SOCIETY

(902) 869-3838

hello@bsln.ca

409 Glendale Drive, Lower Sackville

CAEC Prep

The CAEC Prep Program helps people without a high school diploma earn a high school equivalency certificate by preparing them for the Canadian Adult Education Credential (CAEC) assessments, which have replaced the GED in Nova Scotia. The program includes 5 tests in Math, Science, Social Studies, Reading, and Writing, all of which must be passed to earn the CAEC Certificate. We offer a mix of instructor-led sessions and independent study to help you prepare for these exams. Our instructors will guide you through the material, assist with setting up your CAEC account, and help you schedule your tests. The CAEC is free for Nova Scotia residents.

232 Cobequid Road, Lower Sackville

September 23, 2024 – June 20, 2025

Monday, Tuesday, Wednesday, Thursday & Friday: 9:00am – 2:30pm

Wednesday: 4:00pm – 8:00pm

Skill Enhancement Community Literacy

This activity will focus on meeting the learner needs with the CAEC preparation programs. Strengthen and expand literacy skills like basic computer and software skills, reading comprehension, writing and numeracy. It will support the involvement of parents and guardians in their children's learning. Learn personal financial and budget management. Use digital devices such as smart phones, Chrome books, scanning, saving and sharing documents, setting up and using email, digital file management, and work with printed and digital information. Learners will continue to be able to use literacy-based support to transition to other E3 Aligned and E3 Foundations programs.

Various locations in the community

September 23, 2024 – June 20, 2025

As required

Volunteer Tutoring

BSLN will provide one-on-one tutoring to learners in reading, writing, math, and computer applications as well as in support of preparing to write the CAEC tests.

Various locations in the community

September 23, 2024 – June 20, 2025

As required

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

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BLACK EDUCATORS ASSOCIATION

(902) 424-7036
2136 Gottingen Street, Halifax



Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

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Adult Learning Program – Dartmouth North

The Dartmouth North Adult Learning Program by the Black Educators Association is an inclusive, interactive, and engaging program designed to empower adults by elevating their reading, writing, math, computer, and other essential skills. Whether you are aiming for higher-level adult learning programs or seeking employment opportunities, we have you covered. Join us to unlock your potential and accomplish your goals and dreams.

105 Highfield Park Drive, Dartmouth
September 16, 2024 – December 13, 2024
Monday, Tuesday, Wednesday & Thursday: 10:00am – 1:30pm

106 Highfield Park Drive, Dartmouth
January 6, 2025 – March 7, 2025
Monday, Tuesday, Wednesday & Thursday: 10:00am – 1:30pm

107 Highfield Park Drive, Dartmouth
March 17, 2025 – June 20, 2025
Monday, Tuesday, Wednesday & Thursday: 10:00am – 1:30pm

Adult Learning Program – Yarmouth

The Yarmouth Adult Learning Program by the Black Educators Association is an inclusive, interactive, and engaging program designed to empower adults by elevating their reading, writing, math, computer, and other essential skills. Whether you are aiming for higher-level adult learning programs or seeking employment opportunities, we have you covered. Join us to unlock your potential and accomplish your goals and dreams.

Yarmouth Central School - 53 Parade St, Yarmouth
September 16, 2024 – December 13, 2024
January 6, 2025 – March 7, 2025
March 17, 2025 – June 20, 2025
Monday, Wednesday & Thursday: 4:00pm – 8:00pm
Tuesday: 5:00pm – 7:00pm



BLACK EDUCATORS ASSOCIATION

(continued)



Digital Skills

Join our Computer and Digital Skills Program and start your new journey to success! This program is designed for beginners, offering essential knowledge in web browsing, email communication, Windows keyboard shortcuts, and creating documents, presentations, and basic budgets. It's perfect if you want to improve your use of digital devices such as laptops, Chromebooks and tablets in an easy-going environment as you build confidence.

Black Cultural Centre - 10 cherry Brook Road, Cherry Brook
September 16, 2024 – December 13, 2024
January 6, 2025 – March 7, 2025
March 17, 2025 – June 20, 2025
Monday & Wednesday: 6:00pm – 8:30pm

Word in Action Ministries - 18 Tobermory Rd, Dartmouth
September 16, 2024 – December 13, 2024
Monday: 10:00am – 2:00pm

Word in Action Ministries - 19 Tobermory Rd, Dartmouth
January 6, 2025 – March 7, 2025
Monday: 10:00am – 2:00pm


Word in Action Ministries - 20 Tobermory Rd, Dartmouth
March 17, 2025 – June 20, 2025
Monday: 10:00am – 2:00pm

Dartmouth North - 105 Highfield Park Drive, Dartmouth
September 16, 2024 – December 13, 2024
TBA


Dartmouth North - 106 Highfield Park Drive, Dartmouth
January 6, 2025 – March 7, 2025
TBA

Dartmouth North - 107 Highfield Park Drive, Dartmouth
March 17, 2025 – June 20, 2025
TBA

Want to contact
 NSSAL directly?

 1-877-466-7725

 NSSAL@novascotia.ca

 [Nova Scotia School for Adult Learning - Government of Nova Scotia, Canada](http://www.novascotia.ca)

***Programs may be subject to change without notice. Please verify availability with the applicable service provider.**



BLACK EDUCATORS ASSOCIATION

(continued)



Community Narratives

Join us on a journey through time and heritage in the BEAALP Community Narratives Program at the Black Cultural Centre! Share and learn the richness of African Nova Scotian life in the Black Communities HRM through fascinating stories passed down through generations. From the hidden trails of everyday life to the resilience and triumphs of a vibrant community, these narratives weave together the spirit of our identity. Join us as we celebrate the art of storytelling, preserving our history for future generations. Be a part of our close-knit community, where your voice and story are valued. Help create a legacy that will endure for years, and in the process, learn the following skills to present your unique story: computers, gathering information, and document writing.

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning - Government of Nova Scotia, Canada](#)

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Black Cultural Centre - 10 cherry Brook Road, Cherry Brook
September 30, 2024 – December 13, 2024
Tuesday & Thursday: 5:30pm – 8:00pm

Black Cultural Centre - 11 cherry Brook Road, Cherry Brook
January 6, 2025 – March 7, 2025
Tuesday & Thursday: 5:30pm – 8:00pm

Black Cultural Centre - 12 cherry Brook Road, Cherry Brook
March 17, 2025 – June 20, 2025
Tuesday & Thursday: 5:30pm – 8:00pm

Yarmouth Central School - 53 Parade St, Yarmouth
September 30, 2024 – December 13, 2024
January 6, 2025 – March 7, 2025
March 17, 2025 – June 20, 2025
Saturday: 11:00am – 3:00pm



DARTMOUTH LEARNING NETWORK SOCIETY

(902) 463-9179

admin@dartmouthlearning.net

73 Tacoma Drive, Suite 802, Dartmouth

CAEC Prep

The CAEC Prep Program helps people without a high school diploma earn a high school equivalency certificate by preparing them for the Canadian Adult Education Credential (CAEC) assessments, which have replaced the GED in Nova Scotia. The program includes 5 tests in Math, Science, Social Studies, Reading, and Writing, all of which must be passed to earn the CAEC Certificate. We offer a mix of instructor-led sessions and independent study to help you prepare for these exams. Our instructors will guide you through the material, assist with setting up your CAEC account, and help you schedule your tests. The CAEC is free for Nova Scotia residents.

73 Tacoma Drive, Suite 802, Dartmouth

September 16, 2024 – June 20, 2025

Tuesday, Wednesday & Thursday: 1:00pm – 4:00pm

Tuesday & Thursday: 5:30pm – 7:30pm

Friday: 9:00am – 12:00pm

Communications Foundations

Communication Foundations is for adult learners who want to improve their reading and writing abilities. Foundations Level 1 develops core reading skills through structured literacy lessons. Foundations Level 2 improves core reading comprehension and writing skills through lessons and practical applications. Completion of Communication Foundations can help prepare a learner to enroll in high school equivalency programs. READING STRATEGIES will be offered once a week for adult learners who need extra reading support due to dyslexia, AD/HD or other learning disability.

Communication Foundations 1 - 73 Tacoma Drive, Suite 802, Dartmouth

September 16, 2024 – June 20, 2025

Monday, Tuesday, Wednesday & Thursday: 9:00am – 12:00pm

Communication Foundations 2 - 73 Tacoma Drive, Suite 802, Dartmouth

September 16, 2024 – June 20, 2025

Monday, Tuesday, Wednesday & Thursday: 1:00pm – 4:00pm

Reading Strategies - 73 Tacoma Drive, Suite 802, Dartmouth

September 16, 2024 – June 20, 2025

Friday: 9:00am – 12:00pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

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DARTMOUTH LEARNING NETWORK SOCIETY

(continued)

Academic Math

Academic Math is for adult learners who want to improve their basic academic math skills. Topics include whole number use and operations, fractions, decimals, percentages and geometry. Completion of Academic Math can help prepare a learner to enroll in high school equivalency programs.

73 Tacoma Drive, Suite 802, Dartmouth

September 16, 2024 – June 20, 2025

Tuesday, Wednesday & Thursday: 9:00am – 12:00pm

Digital Skills

Digital Skills is a two-part program for adult learners to develop and improve computer skills for work, education and life. BASIC DIGITAL SKILLS provides training for adult with no or low computer skills and covers basic computer use, review of computer features, safety, navigation, storage and general computer function. COMPUTER APPLICATIONS is for adult learners who have basic digital skills and provides training in everyday computer applications for work and life, such as Microsoft apps, email, banking, health, online navigations.

Basic Digital Skills - 73 Tacoma Drive, Suite 802, Dartmouth

September 16, 2024 – June 20, 2025

Monday, Wednesday & Friday: 9:00am – 12:00pm

Computer Applications - 73 Tacoma Drive, Suite 802, Dartmouth

September 16, 2024 – June 20, 2025

Tuesday & Thursday: 9:00am – 12:00pm

Skills for Advancement

Skills for Advancement is for adult learners who want to develop skills essential to advance work, education or life goals. It will encompass personal discovery, portfolio development, goal setting, managing your learning, time management, networking, career exploration, workplace communication and job search strategies. Guest speakers and field trips (job fairs) will augment the program. You 2.0 will be offered once/week for adult learners to focus on positive coping skills, good mental health habits, develop resiliency and creativity while exploring skill areas such as art, t-shirt making, journalling, gardening, meditation and collective projects.

Skills for Advancement - 73 Tacoma Drive, Suite 802, Dartmouth

September 16, 2024 – December 13, 2024

December 13, 2024 – March 7, 2025

March 7, 2025 – June 20, 2025

Monday, Tuesday, Wednesday & Thursday: 1:00pm – 4:00pm

Want to contact NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning - Government of Nova Scotia, Canada](#)

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DARTMOUTH LEARNING NETWORK SOCIETY

(continued)

You 2.0 - 73 Tacoma Drive, Suite 802, Dartmouth

September 16, 2024 – June 20, 2025

Friday: 9:00am - 12:00pm

Aptitude Test Prep

This program is for adult learners who are preparing to write an aptitude test for career entry, advancement or apprenticeship. A program will be devised to fit your needs and generally covers numeracy, spatial ability, vocabulary and problem-solving. If you are writing an aptitude test for the military, firefighting, policing, RCMP or others, contact us to see if we can help you to improve your readiness and confidence.

73 Tacoma Drive, Suite 802, Dartmouth

September 16, 2024 – June 20, 2025

Friday: 9:00am – 12:00pm

Literacy of Everyday Life

Learning for Life is for adult learners who want to improve everyday life skills in financial literacy (managing money, banking, taxes), food literacy (budgeting, shopping, nutrition, storage, food handling, and health literacy while building communication skills, community connections and confidence. Guest speakers and community field trips will be part of the program to help learners apply new skills. This program is ideal for adult learners who want to improve general skills in math, financial and food literacy while working on specific topics of interest, working with others and improving communication skills.

73 Tacoma Drive, Suite 802, Dartmouth

September 16, 2024 – June 20, 2025

Monday, Wednesday & Friday: 9:00am – 12:00pm

Tuesday & Thursday: 1:00pm – 4:00pm

Volunteer Tutoring

Dartmouth Learning Network has a small group of trained volunteer tutors who are available to provide short term support for adult learners pursuing academic upgrading (communications and math) but unable to attend class.

73 Tacoma Drive, Suite 802, Dartmouth

September 16, 2024 – June 20, 2025

Monday, Wednesday & Friday: 9:00am – 12:00pm

Tuesday & Thursday: 1:00pm – 4:00pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



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DARTMOUTH WORK ACTIVITY SOCIETY/ SOLUTIONS LEARNING CENTRE

(902) 468-1320
15 Poseidon Court, Dartmouth

Want to contact NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning - Government of Nova Scotia, Canada](#)

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CAEC Prep

The CAEC Prep Program helps people without a high school diploma earn a high school equivalency certificate by preparing them for the Canadian Adult Education Credential (CAEC) assessments, which have replaced the GED in Nova Scotia. The program includes 5 tests in Math, Science, Social Studies, Reading, and Writing, all of which must be passed to earn the CAEC Certificate. We offer a mix of instructor-led sessions and independent study to help you prepare for these exams. Our instructors will guide you through the material, assist with setting up your CAEC account, and help you schedule your tests. The CAEC is free for Nova Scotia residents.

Language Arts: Reading - 15 Poseidon Court

September 16, 2024 – February 7, 2025

February 10, 2025 – June 20, 2025

Monday: 9:00am – 12:00pm

Language Arts: Writing - 15 Poseidon Court

September 16, 2024 – February 7, 2025

February 10, 2025 – June 20, 2025

Monday: 1:00pm – 4:00pm

Math - 15 Poseidon Court

September 16, 2024 – February 7, 2025

February 10, 2025 – June 20, 2025

Wednesday: 1:00pm – 4:00pm

Friday: 9:00am – 12:00pm

Social Studies - 15 Poseidon Court

September 16, 2024 – February 7, 2025

February 10, 2025 – June 20, 2025

Thursday: 1:00pm – 4:00pm

Science - 15 Poseidon Court

September 16, 2024 – February 7, 2025

February 10, 2025 – June 20, 2025

Thursday: 9:00am – 12:00pm



DARTMOUTH WORK ACTIVITY SOCIETY/ SOLUTIONS LEARNING CENTRE (continued)

Financial Literacy

Financial Literacy is having the confidence, knowledge, and skills to make informed decisions about managing your money. Topics covered will include our relationship with money, income and taxes, budgeting, banking and financial services, credit basics and credit reports, savings, debt, frauds and scams and shopping smart. This program is delivered using the E3 Money Matters program.

15 Poseidon Court

September 16, 2024 – February 7, 2025

February 10, 2025 – June 20, 2025

Tuesday: 1:00pm – 3:00pm

Digital Technology Basics

In this program, learners will be introduced to the basic concepts of digital literacy, including internet basics. The E3 Foundations: Basic Digital Skills and the Computer Basics curriculum from the Computer Basics and Cloud Computing materials from the NSSAL Digital Skills Sandbox. is used to facilitate this program, in conjunction with the NorthStar Digital Literacy program.

15 Poseidon Court

September 16, 2024 – February 7, 2025

February 10, 2025 – June 20, 2025

Monday: 1:00pm – 3:00pm

Digital Literacy Basics 2

This program will be a continuation of the Digital Literacy Basics program and will build on concepts introduced in first level program. New and more advanced concepts for everyday use and employability will be introduced using the E3 Foundations: Basic Digital Skills program (NSSAL) curriculum and the Computer Basics curriculum from the Computer Basics and Cloud Computing materials from the NSSAL Digital Skills Sandbox, and the NorthStar Digital Literacy program.

15 Poseidon Court

September 16, 2024 – February 7, 2025

February 10, 2025 – June 20, 2025

Friday: 1:00pm – 4:00pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

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DARTMOUTH WORK ACTIVITY SOCIETY/ SOLUTIONS LEARNING CENTRE (continued)

Eastcoast Connections

This program will create a "safe" space where young adults from the ages of 18 - 25, suffering from anxiety can come together to reboot their education or refresh their knowledge. East Coast Clubhouse will create a welcoming learning environment where young adults can connect and foster positive relationships and build confidence while engaging in learning E3 curriculum such as communication, workplace collaboration (teamwork), digital technology and financial literacy.

15 Poseidon Court / Community Centre

September 16, 2024 – February 7, 2025

February 10, 2025 – June 20, 2025

Monday & Wednesday: 10:00am – 12:00pm

Literacy for Learning

The Literacy for Learning Program will be comprehensive adult literacy program designed to address low literacy in our community. The goals of the program will be to improve adult learners' literacy in the areas of writing, reading, comprehension and digital technology, while increasing self-esteem, community engagement, connectivity and inclusion.

15 Poseidon Court / Dartmouth Library / Community Centres

September 16, 2024 – February 7, 2025

February 10, 2025 – June 20, 2025

Tuesday & Thursday: 10:00am – 12:00pm

Literacy for Learning 2

The Literacy for Learning 2 Program will be continuation of the Literacy for Learning introductory program. This program is a comprehensive adult literacy program designed to address lower literacy in our community. The goals of the program will be to improve adult literacy and digital literacy, increase self-esteem and foster community engagement, connectivity and inclusion

Bayers Road

September 16, 2024 – February 7, 2025

February 10, 2025 – June 20, 2025

Tuesday & Thursday: 1:00pm – 4:00pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

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DEAF LITERACY NOVA SCOTIA

(902) 422-7130

DLNS@ns.sympatico.ca

1888 Brunswick Street, Suite 805, Halifax

Deaf Literacy

This is a program offered to Deaf and Hard-of-Hearing individuals within the province who wish to improve their literacy and numeracy skills. Program will be offered in classroom and via Zoom to interested participants. Program will focus upon improving communication in both ASL and English.

7071 Bayers Road

September 10, 2024 – June 12, 2025

Tuesday & Thursday: 1:00pm – 3:00pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

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provider.***



HALIFAX COMMUNITY LEARNING NETWORK

(902) 422-7648
info@hcln.ca
 1657 Barrington Street, Halifax

E3 Foundations - Communication

E3 Foundations is a program that helps you build important skills in communication, digital literacy, and study techniques. You'll learn how language works to improve your writing and reading, get comfortable with technology, and develop better study habits for learning and work.

Central Library
September 16, 2024 – June 20, 2025
Monday: 1:00pm & 5:00pm – 8:30pm
Thursday: 12:00pm – 5:00pm

Keshen Goodman Library
September 16, 2024 – June 20, 2025
Monday: 12:00pm – 4:00pm
Thursday: 9:00am – 12:00pm
Friday: 1:00pm – 4:00pm

E3 Foundations - Math

E3 Foundations is a program that helps you build important skills in communication and study techniques. You'll learn how to gain confidence with numbers, get comfortable with technology, and develop better study habits for learning and work.

CWS Library
September 16, 2024 – June 20, 2025
Monday: 9:00am – 12:00pm
Tuesday: 6:00pm – 9:00pm
Thursday: 12:00pm – 4:00pm

Central Library
September 16, 2024 – June 20, 2025
Monday, Wednesday & Friday: 1:00pm – 4:00pm
Tuesday & Thursday: 9:00am – 12:00pm

Keshen Goodman Library
September 16, 2024 – June 20, 2025
Days of week: TBD

Want to contact
 NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning - Government of Nova Scotia, Canada](#)

***Programs may be subject to change without notice. Please verify availability with the applicable service provider.**

HALIFAX COMMUNITY LEARNING NETWORK (continued)

CAEC prep

The CAEC Prep Program helps people without a high school diploma earn a high school equivalency certificate by preparing them for the Canadian Adult Education Credential (CAEC) assessments, which have replaced the GED in Nova Scotia. The program includes 5 tests in Math, Science, Social Studies, Reading, and Writing, all of which must be passed to earn the CAEC Certificate. We offer a mix of instructor-led sessions and independent study to help you prepare for these exams. Our instructors will guide you through the material, assist with setting up your CAEC account, and help you schedule your tests. The CAEC is free for Nova Scotia residents.

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

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CWS Rec Centre

September 16, 2024 – May 23, 2025

Tuesday, Wednesday, Thursday & Friday: 9:00am – 2:00pm

Halifax North Library

September 16, 2024 – May 23, 2025

Monday: 12:00pm – 4:00pm

Wednesday & Thursday: 6:00pm – 9:00pm

Tutoring: Community Literacy

If you would like to improve your essential skills and work toward a better job or a high school diploma, the Halifax Community Learning Network can help. We offer free Adult Learning Programs at various locations that will help you to set goals, improve your communication skills and become more aware of other resources available in your community. In the Community Literacy Program, you will be matched with a trained volunteer tutor who will help you reach your goals.

CWS Library

September 16, 2024 – June 13, 2025

As required

Central Library

September 16, 2024 – June 13, 2025

As required

Keshen Goodman Library

September 16, 2024 – June 13, 2025

As required

Halifax North Library

September 16, 2024 – June 13, 2025

As required



HRDA ENTERPRISES LTD / METROWORKS

(902) 453-6246
info@mymetroworks.ca
 7071 Bayers Road, Suite LL05, Halifax

E3 Foundations

E3 Foundations is a program that helps you build important skills in communication, math, digital literacy, and study techniques. You'll learn how language works to improve your writing and reading, gain confidence with numbers, get comfortable with technology, and develop better study habits for learning and work.

Math I - 7071 Bayers Rd, Suite LL05, Halifax
September 16, 2024 – June 20, 2025
Monday, Tuesday, Wednesday, Thursday & Friday: 9:00am – 12:00pm

Math II - 7072 Bayers Rd, Suite LL05, Halifax
September 16, 2024 – June 20, 2025
Monday, Tuesday, Wednesday, Thursday & Friday: 1:00pm – 4:00pm

Communications I - 7073 Bayers Rd, Suite LL05, Halifax
September 16, 2024 – June 20, 2025
Monday, Tuesday, Wednesday, Thursday & Friday: 9:00am – 12:00pm

Communications II - 7074 Bayers Rd, Suite LL05, Halifax
September 16, 2024 – June 20, 2025
Monday, Tuesday, Wednesday, Thursday & Friday: 1:00pm – 4:00pm

ALP III

This program helps you build and improve skills in English, Math, Science, and Social Studies. With a classroom teacher who understands different learning styles and your past experiences, you'll get personalized support to reach your goals. This program prepares you for ALP IV and further education.

Math - 7071 Bayers Rd, Suite LL05, Halifax
September 16, 2024 – June 20, 2025
Monday, Tuesday, Wednesday, Thursday & Friday: 9:00am – 12:00pm

Communications - 7072 Bayers Rd, Suite LL05, Halifax
September 16, 2024 – June 20, 2025
Monday, Tuesday, Wednesday, Thursday & Friday: 1:00pm – 4:00pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

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HRDA ENTERPRISES LTD / METROWORKS

(continued)

CAEC Prep

The CAEC Prep Program helps people without a high school diploma earn a high school equivalency certificate by preparing them for the Canadian Adult Education Credential (CAEC) assessments, which have replaced the GED in Nova Scotia. The program includes 5 tests in Math, Science, Social Studies, Reading, and Writing, all of which must be passed to earn the CAEC Certificate. We offer a mix of instructor-led sessions and independent study to help you prepare for these exams. Our instructors will guide you through the material, assist with setting up your CAEC account, and help you schedule your tests. The CAEC is free for Nova Scotia residents.

7071 Bayers Rd, Suite LL05, Halifax

September 16, 2024 – June 20, 2025

Tuesday, Wednesday & Thursday: 6:00pm – 9:00pm

Digital Literacy

An introduction to computer literacy focusing on the skills needed to navigate in a digital world. Learners will learn to use common software features like the Google and Microsoft suite of products and basic computer hardware. Instructions will be provided one day a week on a drop-in basis.

7071 Bayers Rd, Halifax

September 16, 2024 – June 20, 2025

Wednesday: 9:00am – 4:00pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

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provider.***



MI'KMAW NATIVE FRIENDSHIP SOCIETY

(902) 420-1576

info@mymnfc.com

2021 Brunswick Street, Suite 209, Halifax

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

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verify availability with the
applicable service
provider.**

E3 Foundations

E3 Foundations is a program that helps you build important skills in communication, math, digital literacy, and study techniques. You'll learn how language works to improve your writing and reading, gain confidence with numbers, get comfortable with technology, and develop better study habits for learning and work.

209-2021 Brunswick Street, Halifax

September 19, 2024 – June 20, 2025

Monday & Wednesday: 9:00am – 12:00pm

ALP III

This program helps you build and improve skills in English, Math, Science, and Social Studies. With a classroom teacher who understands different learning styles and your past experiences, you'll get personalized support to reach your goals. This program prepares you for ALP IV and further education.

209-2021 Brunswick Street, Halifax

September 19, 2024 – June 20, 2025

Monday, Tuesday & Wednesday: 9:00am – 12:00pm

CAEC Prep

The CAEC Prep Program helps people without a high school diploma earn a high school equivalency certificate by preparing them for the Canadian Adult Education Credential (CAEC) assessments, which have replaced the GED in Nova Scotia. The program includes 5 tests in Math, Science, Social Studies, Reading, and Writing, all of which must be passed to earn the CAEC Certificate. We offer a mix of instructor-led sessions and independent study to help you prepare for these exams. Our instructors will guide you through the material, assist with setting up your CAEC account, and help you schedule your tests. The CAEC is free for Nova Scotia residents.

209-2021 Brunswick Street, Halifax

September 19, 2024 – June 20, 2025

Monday, Tuesday, Wednesday & Thursday: 1:00pm – 4:00pm



MI'KMAW NATIVE FRIENDSHIP SOCIETY

(continued)

Essential and Life Skills

MNFC provides over 50 services to urban Indigenous community members living with decreased labour market involvement. This program is designed to help participants overcome the hurdles they have regarding employability by providing workplace essential skills and life skills that will improve their chances for success in the labour market. Essential and Life skills is a learning experience to enhance one or more of the Essential Skills - Reading Text; Document Use; Numeracy; Writing; Oral Communication; Working with Others; Continuous Learning; Thinking Skills; Computer Use. Life skills include workshops that engage learners in activities such as setting boundaries and goals, cooking, hygiene, and financial management. Cultural activities are provided throughout the program as well as guest speakers and facilitators.

Want to contact NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning - Government of Nova Scotia, Canada](#)

***Programs may be subject to change without notice. Please verify availability with the applicable service provider.**

209-2021 Brunswick Street, Halifax

September 16, 2024 – June 20, 2025

Monday & Wednesday: 9:00am – 3:00pm

Diamond Bailey Transition House - 5853 College Street, Halifax

September 16, 2024 – June 20, 2025

Tuesday: 9:00am – 3:00pm

Alternating - Sage House and 4-plex

September 16, 2024 – June 20, 2025

Thursday: 9:00am – 3:00pm

Community Literacy

Community literacy activities are provided to new and young parents through the Mi'kmaq Child Development Centre (MCDC) in the evenings, weekends, and excursions. Activities include the following: Mi'kmaq language classes, Cultural workshops including drum making, jikamaqn, and rattles. There will be Kids and Culture activities like drumming and singing and language immersion activities. Prenatal and Postnatal parental supports with traditional and contemporary teachings and supports. Kesalul program involves storytelling and traditional teachings. Traditional medicine knowledge such as sweetgrass picking trip.

Mi'kmaq Child Development Centre Gottingen Street, Halifax

September 16, 2024 – June 20, 2025




Tuesday, Wednesday, Thursday & Friday: 5:30pm – 8:30pm



PRESTON AREA LEARNING SKILLS SOCIETY

(902) 462-6042
1987pals@gmail.com
 875 Main Street, Unit 2, Dartmouth
 979 North Preston Road, Suite 124, North Preston

Want to contact
 NSSAL directly?

-  1-877-466-7725
-  NSSAL@novascotia.ca
-  [Nova Scotia School for Adult Learning - Government of Nova Scotia, Canada](#)

***Programs may be subject to change without notice. Please verify availability with the applicable service provider.**

E3 Foundations: Adult Learning Program

E3 Foundations is a program that helps you build important skills in communication, math, digital literacy, and study techniques. You'll learn how language works to improve your writing and reading, gain confidence with numbers, get comfortable with technology, and develop better study habits for learning and work.

Township Learning Centre
September 16, 2024 – December 13, 2024
December 30, 2024 – June 20, 2025
Monday, Tuesday, Wednesday, Thursday & Friday: 9:00am – 12:00pm

Township Learning Centre or North Preston
September 16, 2024 – December 13, 2024
December 30, 2024 – June 20, 2025
Tuesday & Thursday: 5:00pm – 6:30pm

Community Literacy

Provides up to 39 weeks of life-long learning to individuals seeking who may be seeking essential skills to improve their quality of life and/or community leadership competencies. This program will follow learning pathways towards a variety of essential skills and knowledge. This program may follow the E3 Foundations curricula if there is demand for it by the above profile of individuals and may include basic financial literacy and basic digital literacy. The PALS Society may implement other education activities if a need is discovered, and implementation is feasible.

Township Learning Centre
September 16, 2024 – December 13, 2024
December 30, 2024 – June 20, 2025
Monday, Tuesday, Wednesday, Thursday & Friday: 9:00am – 12:00pm

Township Learning Centre or North Preston
September 16, 2024 – December 13, 2024
December 30, 2024 – June 20, 2025
Tuesday & Thursday: 5:00pm – 6:30pm



WESTERN HALIFAX COMMUNITY LEARNING NETWORK



(902) 225-6320

info@westernhalifaxcln.com

5209 St. Margaret's Bay Road, Suite 205, Upper Tantallon

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

***Programs may be
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CAEC Prep

The CAEC Prep Program helps people without a high school diploma earn a high school equivalency certificate by preparing them for the Canadian Adult Education Credential (CAEC) assessments, which have replaced the GED in Nova Scotia. The program includes 5 tests in Math, Science, Social Studies, Reading, and Writing, all of which must be passed to earn the CAEC Certificate. We offer a mix of instructor-led sessions and independent study to help you prepare for these exams. Our instructors will guide you through the material, assist with setting up your CAEC account, and help you schedule your tests. The CAEC is free for Nova Scotia residents.

Upper Tantallon

September 16, 2024 – December 20, 2024

January 6, 2025 – June 20, 2025

Monday & Wednesday: 6:00pm – 9:00pm

Time Capture and Beyond: Digital Skills with Purpose

This multifaceted program builds learners' digital skills, understanding, and confidence through building and maintaining community-focused endeavors and partnerships, building skills for daily life and improved employability. The classes are dynamic, considering each learner's individual needs and interests. We like to work together in groups to encourage meaningful learning, engaging with others using podcast equipment as another tool to explore building relationships with others.

Upper Tantallon

September 16, 2024 – December 20, 2024

January 6, 2025 – June 20, 2025

Tuesday & Thursday: 1:30pm – 5:00pm

Wednesday: 1:30pm – 4:30pm

Friday: 9:30am – 12:30pm & 1:30pm – 3:30pm

Hubbards

September 16, 2024 – December 20, 2024

Tuesday & Thursday: 9:30am – 12:30pm

Wednesday: 1:00pm – 5:00pm

January 6, 2025 – June 20, 2025

Tuesday & Thursday: 9:30am – 12:30pm

WESTERN HALIFAX COMMUNITY LEARNING NETWORK

(continued)

Community Connection Literacy

This class is for adults who want to improve basic reading, writing, communication and math skills. Activities serve as bridges to the workforce, personal development, community engagement, and further learning opportunities.

Upper Tantallon/Hubbards

September 16, 2024 – December 20, 2024

January 6, 2025 – June 20, 2025

Monday & Friday: 9:00am – 12:00pm

Cooking in the Bay

This class is for learners who wish to learn or expand their nutritional and cooking knowledge while working within a budget. Learners not only grow their confidence in kitchen and cooking skills, but also in their numeracy, communication, and literacy skills. The class includes picking out accessible, nutritious, and cost-effective recipes, preparing and cooking, and then sharing the meal. Learners will prepare for the next week, taking into account budget and reflecting on their learning.

Upper Tantallon

September 16, 2024 – December 20, 2024

January 6, 2025 – June 20, 2025

Monday: 9:30am – 3:30pm

Hubbards

September 16, 2024 – December 20, 2024

January 6, 2025 – June 20, 2025

Monday: 9:30am – 3:30pm

Literacy in Our Lives Today

This program is an introduction to build awareness to the many forms of literacy we encounter on a daily basis and the roles it plays in our daily lives, community and workplaces. This is an opportunity to gather with others to prioritize and explore literacy subjects such as cultural, digital, financial, civic, health and workplace.

Upper Tantallon

September 16, 2024 – December 20, 2024

January 6, 2025 – June 20, 2025

Wednesday: 9:30am – 12:30pm

Want to contact NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

***Programs may be
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verify availability with the
applicable service
provider.**



ANTIGONISH COUNTY ADULT LEARNING ASSOCIATION



(902) 863-3060
acalalearn@gmail.com
 283 Main Street, Antigonish

E3 Foundations

E3 Foundations is a program that helps you build important skills in communication, math, digital literacy, and study techniques. You'll learn how language works to improve your writing and reading, gain confidence with numbers, get comfortable with technology, and develop better study habits for learning and work.

283 Main St, Antigonish
September 16, 2024 – December 13, 2024
January 6, 2025 – June 20, 2025

Monday: 9:00am – 11:00am & 1:00pm – 3:00pm
Tuesday: 9:00am – 11:00am & 1:00pm – 4:00pm
Wednesday: 9:00am – 11:00pm & 2:00pm – 4:00pm
Thursday: 9:00am – 10:00am

ALP III

This program helps you build and improve skills in English, Math, Science, and Social Studies. With a classroom teacher who understands different learning styles and your past experiences, you'll get personalized support to reach your goals. This program prepares you for ALP IV and further education.

283 Main St, Antigonish
September 16, 2024 – December 13, 2024

Monday: 1:00pm – 2:00pm
Wednesday: 9:30am – 11:30am & 1:00pm – 3:00pm
Thursday: 10:00am- 12:00pm & 3:00pm – 3:00pm

January 6, 2025 – June 20, 2025

Monday: 1:00pm – 2:00pm
Wednesday: 9:30am – 11:30am & 1:00pm – 3:00pm
Thursday: 10:00am- 12:00pm & 1:00pm – 2:30pm

Want to contact
 NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning - Government of Nova Scotia, Canada](http://www.novascotia.ca)

***Programs may be subject to change without notice. Please verify availability with the applicable service provider.**

ANTIGONISH COUNTY ADULT LEARNING ASSOCIATION (continued)



CAEC Prep

The CAEC Prep Program helps people without a high school diploma earn a high school equivalency certificate by preparing them for the Canadian Adult Education Credential (CAEC) assessments, which have replaced the GED in Nova Scotia. The program includes 5 tests in Math, Science, Social Studies, Reading, and Writing, all of which must be passed to earn the CAEC Certificate. We offer a mix of instructor-led sessions and independent study to help you prepare for these exams. Our instructors will guide you through the material, assist with setting up your CAEC account, and help you schedule your tests. The CAEC is free for Nova Scotia residents.

283 Main St, Antigonish

September 16, 2024 – December 13, 2024

January 6, 2025 – June 20, 2025

Monday: 10:00am – 12:00pm & 2:00pm – 4:00pm

Tuesday: 10:00am – 12:00pm

Thursday: 1:00pm – 3:00pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
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Essential Skills for Pre-Employment

This program offers skill upgrading to prepare learners for direct entry into employment, entry into post-secondary education and pathways to improved careers. This is an Essential Skills program based on the E3 Framework. The program is offered in 8–12 week sessions, focusing on different goals for employment, including Intro to Entrepreneurship, Intro to Office Administration, and Intro to Early Childhood Education. Each program contains a classroom learning experience, as well as a practical group project to apply skills. Each program contains essential skill development in technology, customer service, communications, workplace certifications, volunteer placements, numeracy, job and pathway exploration and more.

220 Main St and 283 Main St, Antigonish

[Intro to Office Administration: Business focus](#)

September 16, 2024 – November 15, 2024

Wednesday & Thursday: 9:00am – 3:00pm

[Intro to Entrepreneurship](#)

September 16, 2024 – December 6, 2024

January 13, 2025 – April 11, 2025

Monday & Tuesday: 9:00am – 3:00pm

[Intro to Early Childhood Education](#)

November 18, 2024 – December 13, 2024

January 13, 2025 – February 7, 2025

April 14, 2025 – June 13, 2025

Wednesday & Thursday: 9:00am – 3:00pm

ANTIGONISH COUNTY ADULT LEARNING ASSOCIATION (continued)



Intro to Office Administration: Event and Customer service focus

April 28, 2025 – June 13, 2025

Wednesday & Thursday: 9:00am – 3:00pm

E3 Foundations Digital Literacy

220 Main St, Antigonish

Each cohort of this program runs for 6-week sessions throughout the academic year from September to June for 2 days per week (2 hours each day). The program introduces basic computer and technology skills including, but not limited to: understanding email, file management, Microsoft office, google suite, digital communication, internet safety, social media and digital literacy. The program will also integrate phone and tablet use for beginners. The E3 Basic Digital Literacy course runs year-round and is for learners who would like to learn basic digital skills on an ongoing basis starting, and who need more time to practice and process these skills. This program starts from the very beginning and covers topics such as understanding how to turn on the computer, keyboarding skills, creating and saving documents, basic email communication and more.

**Want to contact
NSSAL directly?**



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

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Intro to Computers

September 16, 2024 – October 25, 2024

Tuesday & Wednesday: 10:00am – 12:00am

January 13, 2025 – February 21, 2025

Tuesday & Wednesday: 1:00pm – 3:00pm

April 28, 2025 – June 6, 2025

Tuesday & Wednesday: 10:00am – 12:00am

220 Main St, Antigonish

Microsoft Suite

September 16, 2024 – October 25, 2024

Tuesday & Wednesday: 1:00pm – 3:00pm

March 3, 2025 – April 18, 2025

Tuesday & Wednesday: 10:00am – 12:00am

Using the Internet

November 4, 2024 – December 13, 2024

Tuesday & Wednesday: 10:00am – 12:00am



ANTIGONISH COUNTY ADULT LEARNING ASSOCIATION (continued)



Phone and Tablets

November 4, 2024 – December 13, 2024

Tuesday & Wednesday: 1:00pm – 3:00pm

Refresher

June 9, 2025 – June 20, 2025

Tuesday & Wednesday: 10:00am – 12:00pm

Social Media and Video Meetings

January 13, 2025 – February 21, 2025

Tuesday & Wednesday: 10:00am – 12:00pm

April 28, 2025 – June 6, 2025

Tuesday & Wednesday: 1:00pm – 3:00pm

Refresher Computers, Internet, Microsoft

June 9, 2025 – June 20, 2025

Tuesday & Wednesday: 1:00pm – 3:00pm

Basic Digital Skills

September 16, 2024 – December 20, 2024

January 13, 2025 – June 20, 2025

Tuesday & Wednesday: 9:00am – 10:00am

Thursday: 10:00am – 12:00pm

Learning for Empowerment and Life

Learning for Empowerment and Life is an essential skills-based program which teaches skills to enhance daily living and improve self-efficacy in day-to-day life. "Living it up" is for community members who want to become more effective in household management, time management, living on a budget and cooking. Learners will also gain coping and mental wellness strategies through creative outlets. "Our past, your future" Seniors and youth will be paired through a partnership with the JH Gillis Regional High school to mentor youth in essential skills, education pathways and career planning. This not only fosters independence, and reduces isolation for seniors, but creates valuable intergenerational learning and respect. Boot camps run in 6-week sessions and target expressed community interests through short cohorts that build specific skills such as how to file taxes, world cuisines, container gardening, cooking on a budget, and more.

220 Main St, Antigonish

[Living it up: Money Matters](#)

September 16, 2024 – November 1, 2024

February 10, 2025 – March 28, 2025

Wednesday: 9:00am – 11:30am

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

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ANTIGONISH COUNTY ADULT LEARNING ASSOCIATION (continued)



NOVA SCOTIA SCHOOL FOR ADULT LEARNING

St. Paul's
[Living it up: Cooking at home](#)
November 4, 2024 – December 20, 2024
March 31, 2025 – May 12, 2025
Wednesday: 9:00am – 11:30am

St. Paul's
[Living it up: Home organization and cleaning](#)
January 6, 2025 – February 7, 2025
May 19, 2025 – June 13, 2025
Wednesday: 9:00am – 11:30am

283 Main St, Antigonish
[You 2.0/ Coffee Connections](#)
September 16, 2024 – December 13, 2024
January 6, 2025 – June 13, 2025
Tuesday: 1:00pm – 3:30pm

JH Regional HS
[Our past, Your Future](#)
September 16, 2024 – December 13, 2024
January 6, 2025 – June 13, 2025
Tuesday & Thursday: 9:00am – 11:00am

283 Main St, Antigonish
[Boot Camp: Harvest and Canning](#)
September 16, 2024 – October 25, 2024
Monday: 1:00pm – 4:00pm

St. Paul's
[Boot Camp: Make your own gifts](#)
October 28, 2024 – December 13, 2024
Monday: 1:00pm – 4:00pm

St. Paul's
[Boot Camp: World Cuisines](#)
January 13, 2025 – February 21, 2025
Monday: 1:00pm – 4:00pm

283 Main St, Antigonish
[Boot Camp: Creative outlets](#)
March 3, 2025 – April 18, 2025
Monday: 1:00pm – 4:00pm

Want to contact NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning - Government of Nova Scotia, Canada](#)

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ANTIGONISH COUNTY ADULT LEARNING ASSOCIATION (continued)





St. Paul's
Boot Camp: Micro Gardening
April 21, 2025 – May 30, 2025
Monday: 1:00pm – 4:00pm

283 Main St, Antigonish
Boot Camp: World Cuisines
February 6, 2025 – June 13, 2025
Monday: 1:00pm – 4:00pm

Want to contact
NSSAL directly?

 1-877-466-7725

 NSSAL@novascotia.ca

 [Nova Scotia School for Adult Learning - Government of Nova Scotia, Canada](#)

****Programs may be subject to change without notice. Please verify availability with the applicable service provider.***



COLCHESTER ADULT LEARNING ASSOCIATION

(902) 895-2468
contactcala@gocala.ca
 966B Prince Street, Truro

Want to contact
 NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
 Government of Nova Scotia, Canada](#)

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CAEC Prep

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NSCC

September 16, 2024 – December 12, 2024

January 6, 2025 – June 20, 2025

Monday & Tuesday: 9:00am – 4:30pm

Millbrook

September 19, 2024 – December 12, 2024

January 6, 2025 – June 20, 2025

Thursday & Friday: 9:00am – 4:30pm

Digital Literacy Basics

A series of 6-week digital literacy classes from basic introduction to technology to more advanced classes. Courses being delivered are digital literacy basics, home and office and Get Connected, Stay Connected. Curriculum and outcomes are based on the E3 Curriculum Framework and include materials.

Walker Street, Truro

[Digital Literacy Basics](#)

September 16, 2024 – December 20, 2024

Monday & Tuesday: 9:00am – 12:00pm

Walker Street, Truro

[Home and Office Google](#)

September 18, 2024 – December 20, 2024

Thursday & Friday: 1:00pm – 4:30pm

NSCC

[Home and Office Microsoft](#)

September 18, 2024 – December 20, 2024

Monday & Tuesday: 9:00am – 12:00pm



COLCHESTER ADULT LEARNING ASSOCIATION (continued)



Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning - Government of Nova Scotia, Canada](#)

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NSSC

[Get Connected Stay Connected](#)

January 6, 2025 – February 14, 2025

Thursday & Friday: 1:00pm – 4:30pm

NSSC

[Workspaces \(Google and Microsoft\) for Employment](#)

January 6, 2025 – February 14, 2025

Thursday & Friday: 1:00pm – 4:30pm

NSSC

[Get Connected Stay Connected](#)

February 17, 2025 – April 4, 2025

Monday & Tuesday: 9:00am – 12:00pm

Thursday & Friday: 1:00pm – 4:30pm

Walker Street, Truro

[Digital Literacy Basics/Home and Office Google](#)

April 7, 2025 – June 20, 2025

Monday & Tuesday: 9:00am – 12:00pm

Thursday & Friday: 1:00pm – 4:30pm

Essential Skills

These programs are designed to help learners develop 21st Century skills for home, work and community, Programs will focus on developing the skills (found in NSSAL E3 Employment, Empowerment and Education) for employment skills, to prepare for further education and develop confidence using technology and face to face communications. Math and Communication skills (reading and writing) are embedded in all programs to help learners increase workplace skills.

Walker Street, Truro

[Essential Skills for Empowerment](#)

September 16, 2024 – December 6, 2024

December 9, 2024 – March 7, 2025

March 10, 2025 – May 30, 2025

Monday: 9:00am – 12:00pm

Tuesday: 1:00pm – 4:30pm

Walker Street, Truro

[Essential Skills for Education](#)

September 16, 2024 – December 6, 2024

December 9, 2024 – March 7, 2025

March 10, 2025 – May 30, 2025

Monday & Tuesday: 1:00pm – 4:30pm



COLCHESTER ADULT LEARNING ASSOCIATION (continued)




Walker Street, Truro
Essential Skills for Employment
September 16, 2024 – December 6, 2024
Monday, Thursday & Friday: 9:00am – 12:00pm
Tuesday: 1:00pm – 4:30pm


December 9, 2024 – March 7, 2025
Monday: 9:00am – 12:00pm
Tuesday: 1:00pm – 4:30pm
Thursday & Friday: 10:00am – 12:00pm

March 10, 2025 – May 30, 2025
Monday & Thursday: 9:00am – 12:00pm
Tuesday & Friday: 1:00pm – 4:30pm

Want to contact
 NSSAL directly?

 1-877-466-7725

 NSSAL@novascotia.ca

 [Nova Scotia School for Adult Learning - Government of Nova Scotia, Canada](http://www.novascotia.ca)

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Walker Street, Truro
Certifications and Assessment
June 2, 2025 – June 20, 2025
Monday & Thursday: 9:00am – 12:00pm
Tuesday & Friday: 1:00pm – 4:30pm

Community Literacy
 Community Literacy program is based on E3 Foundations. Different modules will be delivered in sessions ranging from one session to six based on community needs. Online Safety, Artificial Intelligence, Access grants and services online, Cell phone safety, Get Connected and Stay Connected. These modules or variations are found in the E3 Foundations under digital literacy.

Online Safety
 Truro/Tatamgouche/Stewiacke/Great Village/Portipique/Millbrook
September 16, 2024 – December 24, 2024
Monday, Tuesday & Wednesday: 10:00am – 2:00pm

Holiday workshops (crafts and computers)
 Truro/Tatamgouche/Stewiacke/Great Village/Portipique/Millbrook
December 2, 2024 – December 20, 2024
Monday, Tuesday & Wednesday: 10:00am – 2:00pm

Artificial Intelligence
 Truro/Tatamgouche/Stewiacke/Great Village/Portipique/Millbrook
January 6, 2025 – February 14, 2025
Monday, Tuesday & Wednesday: 10:00am – 2:00pm



COLCHESTER ADULT LEARNING ASSOCIATION (continued)



Grants and other Programs Online

Truro/Tatamgouche/Stewiacke/Great Village/Portipique/Millbrook

February 18, 2025 – March 21, 2025

Monday, Tuesday & Wednesday: 10:00am – 2:00pm

Online Safety

Truro/Tatamgouche/Stewiacke/Great Village/Millbrook

March 24, 2025 – May 2, 2025

Monday, Tuesday & Wednesday: 10:00am – 2:00pm

Portipique

Monday: 10:00am – 2:00pm

Tuesday: 11:00am – 2:00pm

Wednesday: 10:00am – 12:00pm

Cellphone Safety

Truro/Tatamgouche/Stewiacke/Great Village/Portipique/Millbrook

May 5, 2025 – June 13, 2025

Monday, Tuesday & Wednesday: 10:00am – 2:00pm

Tools for Job searching

Truro

May 28, 2025 – May 30, 2025

Monday, Tuesday, Wednesday: 9:00am – 4:30pm

Great Village

June 4, 2025 – June 6, 2025

Monday, Tuesday, Wednesday: 9:00am – 4:30pm

Millbrook

June 11, 2025 – June 13, 2025

Monday, Tuesday, Wednesday: 9:00am – 4:30pm

Stewiacke

June 17, 2025 – June 20, 2025

Monday, Tuesday, Wednesday: 9:00am – 4:30pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

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applicable service
provider.**

CUMBERLAND ADULT NETWORK FOR UPGRADING

(902) 661-0153

office@canu-ns.ca

21 Acadia Street, 2nd Floor, Amherst

Want to contact NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

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CAEC Prep

The CAEC Prep Program helps people without a high school diploma earn a high school equivalency certificate by preparing them for the Canadian Adult Education Credential (CAEC) assessments, which have replaced the GED in Nova Scotia. The program includes 5 tests in Math, Science, Social Studies, Reading, and Writing, all of which must be passed to earn the CAEC Certificate. We offer a mix of instructor-led sessions and independent study to help you prepare for these exams. Our instructors will guide you through the material, assist with setting up your CAEC account, and help you schedule your tests. The CAEC is free for Nova Scotia residents.

21 Acadia St, Amherst

September 9, 2024 – December 20, 2024

January 6, 2025 – June 20, 2025

Monday, & Friday: 9:00am – 12:00pm

Tuesday: 4:30pm – 8:30pm

Wednesday & Thursday: 1:00pm – 4:00pm

Maggie's Place

September 9, 2024 – December 20, 2024

January 6, 2025 – June 20, 2025

Tuesday: 1:00pm – 4:00pm

Wentworth Learning Centre

September 9, 2024 – December 20, 2024

Thursday: 9:00am – 12:00pm

January 6, 2025 – June 20, 2025

Tuesday & Thursday: 9:00am – 12:00pm

River Hebert

September 9, 2024 – December 20, 2024

Tuesday & Friday: 9:00am – 12:00pm

January 6, 2025 – June 20, 2025

Friday: 9:00am – 12:00pm

CUMBERLAND ADULT NETWORK FOR UPGRADING (continued)



E3 Foundations – Adult Learning Program

E3 Foundations is a program that helps you build important skills in communication, math, digital literacy, and study techniques. You'll learn how language works to improve your writing and reading, gain confidence with numbers, get comfortable with technology, and develop better study habits.

21 Acadia St, Amherst

September 9, 2024 – December 20, 2024

January 6, 2025 – June 20, 2025

E3F ALP – Tuesday, Wednesday & Thursday: 9:00am – 12:00pm

Math Prep: Monday: 1:00pm – 4:00pm

A Book and a Bite - Friday: 9:00am – 12:00pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

***Programs may be
subject to change
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Focused Skill Development

A program initiated to facilitate a student-centered approach to goal setting, logistical problem solving and next steps for success. Staff work with learners to identify barriers to success, develop learning plans to target employment and academic goals, assist learners in navigating and accessing resources in the community and online. Each session is a standalone program, so you pick and choose based on your learning needs and goals.

Coping skills

21 Acadia Street, Amherst

September 9, 2024 – December 20, 2024

January 6, 2025 – June 20, 2025

Tuesday: 5:00pm – 8:00pm

Up Skills for work

21 Acadia Street, Amherst

September 9, 2024 – December 20, 2024

January 6, 2025 – June 20, 2025

Thursday: 1:00pm – 4:00pm

Digital Skills for Work

21 Acadia Street, Amherst

September 9, 2024 – December 20, 2024

January 6, 2025 – June 20, 2025

Monday: 1:00pm – 4:00pm

Thursday: 9:00am – 12:00pm

Feed Our Community

21 Acadia Street, Amherst

September 9, 2024 – December 20, 2024

January 6, 2025 – June 20, 2025

Thursday: 1:00pm – 4:00pm



CUMBERLAND ADULT NETWORK FOR UPGRADING (continued)



Skills For Growth

Ready to level up your day-to-day life? Join us for Skills for Growth, a program designed to empower you with essentials skills and have a little fun along the way. Four engaging sessions tailored to enhance your life, each is a standalone program so you can pick and choose based on your interests and needs.

CANU Explore

Fundy Winds Trail, Amherst
September 9, 2024 – December 20, 2024
January 6, 2025 – June 20, 2025
Monday: 1:00pm – 4:00pm

Computer 101

21 Acadia Street, Amherst
September 9, 2024 – December 20, 2024
January 6, 2025 – June 20, 2025
Tuesday & Thursday: 9:00am – 12:00pm

Coding

21 Acadia Street, Amherst
September 9, 2024 – December 20, 2024
January 6, 2025 – June 20, 2025
Wednesday: 9:00am – 12:00pm

Garden Club

21 Acadia Street, Amherst
September 9, 2024 – December 20, 2024
January 6, 2025 – June 20, 2025
Thursday: 1:00pm – 4:00pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

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EAST HANTS COMMUNITY LEARNING ASSOCIATION

(902) 883-1608
224 Highway 214, Suite 101, Elmsdale

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

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applicable service
provider.**

E3 Foundations - ALP

E3 Foundations is a program that helps you build important skills in communication, math, digital literacy, and study techniques. You'll learn how language works to improve your writing and reading, gain confidence with numbers, get comfortable with technology, and develop better study habits for learning and work.

224 Hwy 214 Suite 101, Elmsdale
September 16, 2024 – December 13, 2024
January 6, 2025 – June 20, 2025
Monday & Tuesday: 9:00am – 12:00pm
Wednesday: 1:00pm – 4:00pm

CAEC Prep

The CAEC Prep Program helps people without a high school diploma earn a high school equivalency certificate by preparing them for the Canadian Adult Education Credential (CAEC) assessments, which have replaced the GED in Nova Scotia. The program includes 5 tests in Math, Science, Social Studies, Reading, and Writing, all of which must be passed to earn the CAEC Certificate. We offer a mix of instructor-led sessions and independent study to help you prepare for these exams. Our instructors will guide you through the material, assist with setting up your CAEC account, and help you schedule your tests. The CAEC is free for Nova Scotia residents.

224 Hwy 214 Suite 101, Elmsdale
September 16, 2024 – December 13, 2024
Tuesday: 9:00am – 12:00pm
January 6, 2025 – June 20, 2025
Monday, Tuesday & Thursday: 9:00am – 12:00pm

185 Sesame St, Shubenacadie
September 16, 2024 – December 13, 2024
Monday & Thursday: 9:00am – 12:00pm



EAST HANTS COMMUNITY LEARNING ASSOCIATION

(continued)

ALP III

This program helps you build and improve skills in English, Math, Science, and Social Studies. With a classroom teacher who understands different learning styles and your past experiences, you'll get personalized support to reach your goals. This program prepares you for ALP IV and further education.

224 Hwy 214 Suite 101, Elmsdale

September 16, 2024 – December 13, 2024

January 6, 2025 – June 20, 2025

Monday, Tuesday & Wednesday: 1:00pm – 4:00pm

E3 Digital Literacy

This program will use the AED Digital Skills Basic curriculum to deliver Essential Skills programs in 2 locations. This program will support individuals to build the skills and confidence needed to find employment, develop technology skills, and improve literacy skills through practical lessons.

224 Hwy 214 Suite 101, Elmsdale

September 16, 2024 – December 13, 2024

January 6, 2025 – June 20, 2025

Tuesday: 1:00pm – 4:00pm & 5:30pm – 8:30pm

Wednesday: 9:00am – 11:00am

Thursday: 9:00am – 12:00pm

843 Fall River Rd, Fall River

September 16, 2024 – December 13, 2024

January 6, 2025 – June 20, 2025

Monday: 1:00pm – 4:00pm

Wednesday: 9:00am – 12:00pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

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EAST HANTS COMMUNITY LEARNING ASSOCIATION

(continued)



Community Literacy


The Community Literacy program will build and strengthen literacy skills of individuals, parents & guardians, children and the community. This program will support and foster the involvement of parents/guardians in their children's learning. The program will engage and enhance community-based partnerships that support the development of language and literacy skills of individuals, families, and communities.


224 Hwy 214 Suite 101, Elmsdale
September 16, 2024 – December 13, 2024
Tuesday: 5:30pm – 8:30pm
Wednesday: 9:00am – 12:00pm
Thursday: 1:00pm – 4:00pm


January 6, 2025 – June 20, 2025
Tuesday: 5:30pm – 8:30pm
Wednesday: 9:00am – 12:00pm
Thursday: 1:00pm – 4:00pm

January 6, 2025 – April 11, 2025
Monday & Thursday: 9:00am – 11:00am

Want to contact
 NSSAL directly?

 1-877-466-7725

 NSSAL@novascotia.ca

 [Nova Scotia School for Adult Learning - Government of Nova Scotia, Canada](http://www.novascotia.ca)

***Programs may be subject to change without notice. Please verify availability with the applicable service provider.**



EASTERN SHORE & MUSQUODOBOIT HARBOUR LITERACY NETWORK

(902) 391-0014
esmv@adulthoodliteracynetwork.ca
 22756 Nova Scotia Trunk 7, Sheet Harbour

Want to contact NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning - Government of Nova Scotia, Canada](#)

***Programs may be subject to change without notice. Please verify availability with the applicable service provider.**

CAEC Prep

The CAEC Prep Program helps people without a high school diploma earn a high school equivalency certificate by preparing them for the Canadian Adult Education Credential (CAEC) assessments, which have replaced the GED in Nova Scotia. The program includes 5 tests in Math, Science, Social Studies, Reading, and Writing, all of which must be passed to earn the CAEC Certificate. We offer a mix of instructor-led sessions and independent study to help you prepare for these exams. Our instructors will guide you through the material, assist with setting up your CAEC account, and help you schedule your tests. The CAEC is free for Nova Scotia residents.

Porters Lake

September 16, 2024 – December 20, 2024

Tuesday: 9:30am – 4:00pm

Wednesday: 2:00pm – 7:30pm

January 6, 2025 – June 20, 2025

Tuesday: 9:30am – 4:00pm

Wednesday: 2:00pm – 8:30pm

Sheet Harbour

September 16, 2024 – December 20, 2024

January 6, 2025 – June 20, 2025

Monday: 9:00am – 3:30pm

Thursday: 9:00am – 3:30pm

E3 Foundations: Basic Digital Skills

Free computer courses for most skill levels, whether you're starting from scratch or want to learn more. We have laptops for classroom use and you can learn at your pace in a friendly and helpful setting. Start your journey to learn with us today and open up new options!

Sheet Harbour

September 16, 2024 – December 20, 2024

January 6, 2025 – June 20, 2025

Monday & Wednesday: 9:30am – 4:00pm



EASTERN SHORE & MUSQUODOBOIT HARBOUR LITERACY NETWORK (continued)

Musquodoboit Valley
September 16, 2024 – December 20, 2024
January 6, 2025 – June 20, 2025
Thursday: 9:30am – 4:00pm
Friday: 9:30am – 12:30pm

Porters Lake
September 16, 2024 – December 20, 2024
January 6, 2025 – June 20, 2025
Monday & Thursday: 9:30am – 12:30pm
Tuesday: 9:30am – 4:00pm

Tech Connect

Tech Connect is a FREE digital skills program designed to boost your computer knowledge for the professional world. Learn to master essential tools including Office 365, Google Workspace, OneDrive, Zoom, Canva, and various AI technologies, all in a supportive and practical learning environment. Perfect for anyone looking to enhance their tech abilities and streamline their professional toolkit.

Sheet Harbour
September 16, 2024 – December 20, 2024
January 6, 2025 – June 20, 2025
Tuesday & Thursday: 1:00pm – 4:00pm

Musquodoboit Valley
September 16, 2024 – December 20, 2024
January 6, 2025 – June 20, 2025
Wednesday: 10:00am – 2:00pm
Friday: 1:00pm – 4:00pm

Porters Lake
September 16, 2024 – December 20, 2024
January 6, 2025 – June 20, 2025
Monday & Thursday: 1:00pm – 4:00pm

Want to contact
 NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning - Government of Nova Scotia, Canada](#)

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EASTERN SHORE & MUSQUODOBOIT HARBOUR LITERACY NETWORK (continued)

Chrome, Books & Bytes

It's back: our award-winning Chrome, Books & Bytes program! Over 12 weeks, we will explore virtual travel destinations, sample and cook dishes originating in different countries, and make new friends as we dive into a captivating book. Don't worry if you don't have digital skills, we have classroom computers and are here to walk you through at your own pace. Join us and enhance your critical thinking and tech abilities while having a boatload of fun!

Sheet Harbour

September 17, 2024 – December 3, 2024

Tuesday & Thursday: 9:30am – 12:30pm

December 10, 2024 – March 25, 2025

Tuesday: 9:30am – 12:30pm

April 1, 2025 – June 17, 2025

Friday: 9:30am – 12:30pm

Middle Musquodoboit

September 17, 2024 – December 3, 2024

December 10, 2024 – March 25, 2025

April 1, 2025 – June 17, 2025

Day of the week - TBD

Porters Lake

September 20, 2024 – December 6, 2024

December 13, 2024 – March 7, 2025

April 4, 2025 – June 20, 2025

Day of the week - TBD

Events Plus

ESMV Literacy Network presents Events Plus - a vibrant series of fun, educational family events across the Eastern Shore and Musquodoboit Valley. Immerse yourselves in a day filled with games, crafts, puzzles, music, and STEM activities, each designed to spark a lifelong love of learning. These events are free and crafted for families to enjoy together, with parents and caregivers participating alongside their children. Keep an eye on our Facebook page for upcoming events where you can mingle with members of your community and create the perfect family bonding and learning experience!

Date - TBD

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

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GUYSBOROUGH COUNTY ADULT LEARNING ASSOCIATION

(902) 533-4252
9996 Highway 16, Guysborough

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning - Government of Nova Scotia, Canada](#)

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Essential Skills Through Adult Education Leading Learners to Employment

ESTAELLE is a structured program that promotes essential skill development to increase employment skills and opportunities. This program consists of classroom instruction (and where necessary packages and online learning) in areas of the essential skills, literacy activities, technology training, and life skills training to help with future employment. Participants will learn transferable entry level skills that are applicable to other programs and may help them to attain employment or continue to high school or High School CAEC Prep.

9996 Hwy 16, Chedabucto Mall, Guysborough

September 16, 2024 – December 13, 2024

January 6, 2025 – June 20, 2025

Monday, Tuesday & Thursday: 9:00am – 3:00pm

169 Main St. Canso, NS

September 16, 2024 – December 13, 2024

January 6, 2025 – June 20, 2025

985 Hwy 276, Goshen: *Tuesday: 8:30am – 4:00pm*

8296 Hwy 7, Sherbrooke: *Friday: 8:30am – 12:00pm*

11 Main St, Sherbrooke: *Friday: 12:30pm – 4:30pm*

September 16, 2024 – December 13, 2024

January 6, 2025 – June 20, 2025

Mulgrave

September 16, 2024 – December 13, 2024

January 6, 2025 – June 20, 2025

Monday & Thursday: 8:30am – 4:00pm

Journaling, Essential Skills, Introspection, Empowerment

Community literacy program for seniors and non-employment focused learners. The JESIE program is designed for seniors or those who are not employment focused to increase their basic digital literacy skills, practice creative ways of keeping literacy skills sharp and relevant, and to engage with others in a meaningful, productive environment. When needed it will encompass family literacy programming which is designed to encourage families to learn together.

89 Queen St, Canso

September 16, 2024 – December 13, 2024

January 6, 2025 – June 20, 2025

Tuesday & Wednesday: 9:00am – 4:30pm



PICTOU COUNTY CONTINUOUS LEARNING ASSOCIATION

(902) 755-5827 – New Glasgow
 (902) 485-7014 – Pictou
 174 Archimedes Street, New Glasgow
 91 Beeches Road, Pictou

Want to contact
 NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
 Government of Nova Scotia, Canada](#)

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E3 Foundations

E3 Foundations is a program that helps you build important skills in communication, math, digital literacy, and study techniques. You'll learn how language works to improve your writing and reading, gain confidence with numbers, get comfortable with technology, and develop better study habits for learning and work.

New Glasgow

September 16, 2024 – December 13, 2024

January 6, 2025 – June 20, 2025

Monday, Tuesday, Wednesday & Thursday: 8:15am – 12:00pm

CAEC Prep

The CAEC Prep Program helps people without a high school diploma earn a high school equivalency certificate by preparing them for the Canadian Adult Education Credential (CAEC) assessments, which have replaced the GED in Nova Scotia. The program includes 5 tests in Math, Science, Social Studies, Reading, and Writing, all of which must be passed to earn the CAEC Certificate. We offer a mix of instructor-led sessions and independent study to help you prepare for these exams. Our instructors will guide you through the material, assist with setting up your CAEC account, and help you schedule your tests. The CAEC is free for Nova Scotia residents.

New Glasgow

September 16, 2024 – December 13, 2024

Monday, Tuesday, Wednesday & Thursday: 8:15am – 12:00pm

January 6, 2025 – June 20, 2025

Monday, Tuesday & Wednesday: 8:15am – 12:00pm

Thursday: 7:45am – 11:30am

Pictou

September 16, 2024 – December 13, 2024

January 6, 2025 – June 20, 2025

Monday, Tuesday, Wednesday & Thursday: 7:45am – 11:30am



PICTOU COUNTY CONTINUOUS LEARNING ASSOCIATION

(continued)

Community Literacy – Discovering Digital Skills

Provides adults with the capacity to develop the confidence, knowledge, and skills they need to participate in the world of online and digital communications. It will help learners develop important digital literacy skills to use at home, in community and in the workplace. The program will be delivered via a blended learning model. Introduction to technology and learning platforms will be done predominantly in person, skills will then be practiced and reinforced remotely. Any learner who is looking to learn more about; e-learning, online job searches and applications, accessing services online, connecting digitally, video conferencing and chat platforms and increasing their digital competency, should enroll in this program.

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

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New Glasgow

September 16, 2024 – December 13, 2024

January 6, 2025 – June 20, 2025

Monday, Tuesday, Wednesday & Thursday: 12:30pm – 3:30pm

Transition – Bridge to Success

Bridge to Success is a full-time program. This 30 hour blended participants' program will consist of in-class activities and virtual weekly online activities. This course will consist of 36 weeks of classroom preparedness - Intensive Life Skills, Upgrading of Essential Skills, Volunteering and Workplace Presentations. There will also be a 4-week block in which the participants will be mentored in the workplace. The work experience is a key component of the program as it provides the participants with an opportunity to show their strengths and potential as employees to local businesses.

New Glasgow

September 16, 2024 – December 13, 2024

January 6, 2025 – June 20, 2025

Monday, Tuesday, Wednesday & Thursday: 8:15am – 3:00pm



EMPLOYMENT SOLUTIONS SOCIETY / LUNENBURG COUNTY ADULT LEARNING OPPORTUNITIES

(902) 543-2479

info@empolutions.ca

215 Dominion Street, Bridgewater

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

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CAEC Prep

The CAEC Prep Program helps people without a high school diploma earn a high school equivalency certificate by preparing them for the Canadian Adult Education Credential (CAEC) assessments, which have replaced the GED in Nova Scotia. The program includes 5 tests in Math, Science, Social Studies, Reading, and Writing, all of which must be passed to earn the CAEC Certificate. We offer a mix of instructor-led sessions and independent study to help you prepare for these exams. Our instructors will guide you through the material, assist with setting up your CAEC account, and help you schedule your tests. The CAEC is free for Nova Scotia residents.

215 Dominion Street, Bridgewater

September 17, 2024 – November 21, 2024

Tuesday & Thursday: 1:00pm – 4:00pm- & 5:30pm – 8:30pm

November 26, 2024 – February 20, 2025

Tuesday and Thursday: 9:00am – 12:00pm

February 25, 2025 – May 8, 2025

Tuesday & Thursday: 1:00pm – 4:00pm

March 25, 2025 – May 29, 2025

Tuesday & Thursday: 5:30pm – 8:30pm

Basic Computer Skills

Boost your computer skills! Designed for those seeking to excel in the workplace, this course covers essential office software, data management, and professional communication tools. Gain practical skills and confidence to thrive in today's digital workplaces.

215 Dominion Street, Bridgewater

October 2, 2024 – November 6, 2024

January 8, 2025 – February 12, 2025

March 19, 2025 – April 23, 2025

May 7, 2025 – June 11, 2025

Wednesday: 5:30pm – 8:30pm

EMPLOYMENT SOLUTIONS SOCIETY / LUNENBURG COUNTY ADULT LEARNING OPPORTUNITIES

(continued)

Basic Digital Skills

Learn to use a computer! Basic digital skills are needed in every area of life, from getting a job to making an appointment. This program will start with the basics and move up to using the internet, creating documents, and using social media to help you become a confident and capable computer user.

215 Dominion Street, Bridgewater

September 16, 2024 – November 8, 2024

Monday, Tuesday, Wednesday & Thursday: 1:00pm – 3:30pm

November 18, 2024 – January 30, 2025

Monday, Tuesday, Wednesday & Thursday: 1:00pm – 3:30pm

February 10, 2025 – April 11, 2025

Monday, Tuesday, Wednesday & Thursday: 9:00am – 11:30am

April 14, 2025 – June 5, 2025

Monday, Tuesday, Wednesday & Thursday: 1:00pm – 3:30pm

Powerful Paragraphs: Writing with Clarity

Do you struggle to be understood when you write a letter, note, email, or cover letter? Learning to craft a powerful paragraph may be the key to your communication success. This program focuses on turning words and sentences into powerful paragraphs, making your writing clear, organized, and ready to impress.

215 Dominion Street, Bridgewater

September 17, 2024 – November 21, 2024

Tuesday & Thursday: 9:00am – 12:00pm

November 26, 2024 – February 20, 2025

Tuesday & Thursday: 1:00pm – 4:00pm

February 25, 2025 – May 8, 2025

Tuesday & Thursday: 9:00am – 12:00pm

May 12, 2025 – June 20, 2025

Monday, Tuesday, Wednesday, Thursday & Friday: 9:00am – 11:00am

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

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EMPLOYMENT SOLUTIONS SOCIETY / LUNENBURG COUNTY ADULT LEARNING OPPORTUNITIES (continued)

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1-877-466-7725



NSSAL@novascotia.ca



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applicable service
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Numeracy Mindset: Essential Math Skills

Ready to boost your math skills? Numeracy Mindset teaches you everything from understanding numbers to mastering basic math. It's a fun and supportive environment where you'll gain confidence in math, lower your math anxiety, and gain foundational skills for work and everyday life.

215 Dominion Street, Bridgewater

September 16, 2024 – November 22, 2024

Monday, Wednesday & Friday: 1:00pm – 3:00pm

September 30, 2024 – December 4, 2024

Monday & Wednesday: 9:00am – 12:00pm

November 25, 2024 – February 21, 2025

Monday, Wednesday & Friday: 9:00am – 11:00am

February 24, 2025 – May 9, 2025

Monday, Wednesday & Friday: 1:00pm – 3:00pm

February 24, 2025 – May 7, 2025

Monday & Wednesday: 9:00am – 12:00pm

May 12, 2025 – June 20, 2025

Monday, Tuesday, Wednesday, Thursday & Friday: 1:00pm – 3:00pm

Language Basics: The Rules of Writing

Learn the rules of writing! Sentence structure, punctuation, and grammar are all important parts of language that help (or hurt) communication. This program will boost your confidence and comfort with written language, making you a better writer and a clear communicator.

215 Dominion Street, Bridgewater

September 16, 2024 – November 11, 2024

Monday, Wednesday & Friday: 9:00am – 11:00am

November 25, 2024 – February 21, 2025

Monday, Wednesday & Friday: 1:00pm – 3:00pm

February 24, 2025 – May 9, 2025

Monday, Wednesday & Friday: 9:00am – 11:00am



EMPLOYMENT SOLUTIONS SOCIETY / LUNENBURG COUNTY ADULT LEARNING OPPORTUNITIES (continued)

WorkSmart: Elevating Your Employability Skills

Get ready to work! If you are looking to get employed and stay employed, essential skills like communication, teamwork, document use, and stress management are required for success at work. With a special focus on retail work skills, this program will introduce you to the skills you need to get the job--and keep it.

215 Dominion Street, Bridgewater
October 29, 2024 – December 5, 2024
March 25, 2025 – May 1, 2025
Tuesday & Thursday: 9:00am – 11:30am

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

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provider.**

Study Skills: Get Ready for Learning

Are you ready for learning? Effective study skills are instrumental for learner success. Many people struggle to be successful in learning because they lack basic study skills. Whether you are joining an adult learning program, training for employment, or moving on to post-secondary learning, active listening, time management, and note-taking skills are the building blocks of good study habits, and this program will help prepare you for what comes next.

215 Dominion Street, Bridgewater
September 16, 2024 – September 27, 2024
Monday, Tuesday, Wednesday, Thursday & Friday: 9:00am – 12:00pm

January 6, 2025 – January 17, 2025
Monday, Tuesday, Wednesday, Thursday & Friday: 1:00pm – 4:00pm

June 2, 2025 – June 13, 2025
Monday, Tuesday, Wednesday, Thursday & Friday: 9:00am – 12:00pm

Basic Computer Skills for Seniors

Learn to use a computer! Get hands-on practice with a computer to learn everything from basic operations (turning on a computer, using a mouse, and keyboarding) to using the internet and social media safety. We will also focus on making appointments, filling out online forms, and sending emails. This program will help you get the skills you need to become a confident and capable computer user.

215 Dominion Street, Bridgewater
February 4, 2025 – March 27, 2025
Tuesday & Thursday: 10:00am – 12:00pm



QUEENS COUNTY LEARNING NETWORK SOCIETY

(902) 354-3635

queenslearning@ns.aliantzinc.ca

279 Main Street, Liverpool

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

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applicable service
provider.**

E3 Skills for Home, School and Work (Level III)

Want to build on reading, writing, math or soft skills? We can help! We are offering an Introduction to Skills for Home, School and Work to strengthen math and language skills while helping to set goals and build confidence. Intermediate Skills for Daily Life will continue to build communication and numeracy skills while emphasizing time and money management. Intermediate Skills for Business is a 9-week program to help prepare for employment by building soft skills for the workplace.

279 Main Street, Liverpool

Introduction to Skills for Home School and Work

September 17, 2024 – December 12, 2024

Monday, Tuesday & Wednesday: 9:00am – 12:00pm

Intermediate Skills for Business

January 1, 2025 – April 17, 2025

April 22, 2025 – June 19, 2025

Monday, Tuesday & Wednesday: 9:00am – 12:00pm

Advanced Digital Skills

Know the basics of computers but want to learn more? Join us for this Advanced Digital Skills to go beyond the basics and find out more about what computers can do for you. Develop skills using the Google suite of programs in Applied Advanced Digital Skills and continue to learn about how to use Google programs for business purposes in Advanced Digital Skills: Entrepreneurship. These are in-person classes with an instructor to help you along the way.

279 Main Street, Liverpool

Advanced Digital Skills

September 17, 2024 – December 12, 2024

Tuesday & Thursday: 12:30pm – 2:30pm

Applied Advanced Digital Skills

January 7, 2025 – April 17, 2025

Tuesday & Thursday: 12:30pm – 2:30pm

Advanced Digital Skills: Entrepreneurship

April 22, 2025 – June 19, 2025

Tuesday & Thursday: 12:30pm – 2:30pm



QUEENS COUNTY LEARNING NETWORK SOCIETY

(continued)

Basic Digital Skills

Want to build your computer skills and learn a variety of computer functions and uses? Interested in learning more about getting connected, using the internet, and staying safe in an online environment? This is a great opportunity to start building a foundation for using computers in daily life. These are in-person with an instructor to help you along the way.

279 Main Street, Liverpool

Computer Basics

September 16, 2024 – December 11, 2024

Mondy & Wednesday: 12:30pm – 2:30pm

Internet and Online Basics

January 6, 2025 – April 16, 2025

Mondy & Wednesday: 12:30pm – 2:30pm

Email and Communication Basics

April 21, 2025 – June 18, 2025

Mondy & Wednesday: 12:30pm – 2:30pm

E3 For Home School and Work (Levels 1 and 2)

Do you want to build on your reading, writing and math skills? Are you interested in learning about budgeting and managing money? Do you want to learn skills to prepare for employment? We have programs to help you build these skills. These are in-person programs with an instructor to help you along the way.

279 Main Street, Liverpool

Reading and Math

September 16, 2024 – December 12, 2024

Monday, Tuesday, Wednesday & Thursday: 9:00am – 12:00pm

Building on Basics

January 6, 2025 – April 17, 2025

Monday, Tuesday, Wednesday & Thursday: 9:00am – 12:00pm

Workplace Basics

April 21, 2025 – June 19, 2025

Monday, Tuesday, Wednesday & Thursday: 9:00am – 12:00pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

***Programs may be
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QUEENS COUNTY LEARNING NETWORK SOCIETY

(continued)

Let's Learn Together

An in-person Mi'Kmaq language program that encourages learning the Mi'Kmaq language as a family. This program takes place at the Astor Theatre and participants of all ages are welcome to attend. Cultural presentations help make this program educational and interactive while take home resources give participants the opportunity to continue learning at home.

Astor Theatre, Liverpool
October 16, 2024 – March 26, 2025
Wednesday: 5:00pm – 7:00pm

Queens Family Literacy

Celebrate literacy as a family at the Queens Family Resource Centre. This fun 18-week program is designed for children ages 4-6 and their families. Each week has a new theme, and participants meet for storytime, snacks, games, songs and making crafts. There are free take home children's books for each week of the program. This is a great way for children and their families to have fun learning together.

Queens Family Resource Centre
September 18, 2024 – February 5, 2025
February 12, 2025 – June 18, 2025
Wednesday: 2:30pm – 4:30pm

Online Family Literacy

Have fun learning together as a family! This 18-week program is for children ages 4-6 and their families. Each week, a packet will be available for pick-up at the Queens Family Resource Centre and will include a free book; craft materials; and a game, song or activity ideas. Packets also include a session plan and additional links that you can follow to guide using the packet materials at home. There is a group Facebook page where you can access digital resources for the sessions. This online format gives families the opportunity to participate on their own schedules in the comfort of home.

Queens Family Resource Centre
September 16, 2024 – February 5, 2025
February 12, 2025 – June 20, 2025
Packet drop-off Tuesday's at 8:30am

Want to contact
 NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



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QUEENS COUNTY LEARNING NETWORK SOCIETY

(continued)



Community Tech Clinic

Have questions about using your computer, smartphone or other device? Need help using apps? We are here to help! Drop in at the community tech clinic at the Thomas H. Raddall Library for 1-on-1 assistance with your everyday tech questions.

Thomas H. Raddall Library, Liverpool

September 17, 2024 – June 19, 2025

Tuesday: 2:00pm – 4:00pm

Thursday: 3:00pm – 5:00pm

Community Engagement

Want to learn more about the local community? Join us every week to learn about a new service, landmark or activity available in Queens. This is a great opportunity to spend more time getting to know about the places and people around us. This program will take place at Queens Learning Network as well as at various locations in the community.

279 Main Street, Liverpool

September 18, 2024 – June 16, 2025

Monday: 10:00am – 12:00pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



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Government of Nova Scotia, Canada](#)

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SHELBURNE COUNTY LEARNING NETWORK SOCIETY

(902) 637-4333
25C King Street, Shelburne
3394 Highway 3, Barrington

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

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CAEC Prep

The CAEC Prep Program helps people without a high school diploma earn a high school equivalency certificate by preparing them for the Canadian Adult Education Credential (CAEC) assessments, which have replaced the GED in Nova Scotia. The program includes 5 tests in Math, Science, Social Studies, Reading, and Writing, all of which must be passed to earn the CAEC Certificate. We offer a mix of instructor-led sessions and independent study to help you prepare for these exams. Our instructors will guide you through the material, assist with setting up your CAEC account, and help you schedule your tests. The CAEC is free for Nova Scotia residents.

King Street, Shelburne
September 16, 2024 – February 7, 2025
February 10, 2025 – June 20, 2025

Monday: 8:45am – 3:30pm

Tuesday: 6:15pm – 9:15pm

Thursday: 12:30pm – 3:30pm

Friday: 8:45am – 11:45am

Barrington Passage
September 16, 2024 – February 7, 2025
February 10, 2025 – June 20, 2025

Monday, Tuesday, Wednesday, Thursday & Friday: 9:00am – 12:00pm

Numeracy Mindset

Would you like to have a positive relationship between math and numbers? If so, register for Numeracy Mindset! This class provides an opportunity to explore and reflect on your past mathematical experiences and gain skills to create a positive relationship with math and numbers for use in your daily life. This class will enhance your numeracy skills, increase your comfort and confidence with numeracy.

King Street, Shelburne
September 17, 2024 – November 11, 2024
January 14, 2025 – April 23, 2025

Tuesday: 12:30pm – 3:30pm

Thursday: 8:45am – 11:45am

Barrington Passage
November 26, 2024 – March 27, 2025
Tuesday & Thursday: 12:30pm – 3:30pm

SHELBURNE COUNTY LEARNING NETWORK SOCIETY (continued)

Essential Skills Digital Literacy: Basic Computers and Intro to Online

An opportunity to increase computer skills in a safe and inclusive environment. Classes start out with the very basics then advance to saving files, sending emails and exploring the internet safely. Learn how to use search engines, fill out online forms and explore various platforms. Northstar digital literacy certificates can also be earned- they look great on a resume! Classes are free, supplies are provided.

Basic Computers

King Street, Shelburne

September 16, 2024 – November 13, 2024

February 10, 2025 – April 16, 2025

Monday: 6:00pm – 8:00pm

Wednesday: 12:30pm – 2:30pm

Barrington Passage

September 17, 2024 – November 14, 2024

February 11, 2025 – April 17, 2025

Tuesday & Thursday: 4:00pm – 5:30pm

Intro to Online

King Street, Shelburne

November 18, 2024 – February 6, 2025

April 21, 2025 – June 19, 2025

Monday: 6:00pm – 8:00pm

Wednesday: 12:30pm – 2:30pm

Barrington Passage

November 19, 2025 – February 6, 2025

April 22, 2025 – June 19, 2025

Tuesday & Thursday: 4:00pm – 5:30pm

Powerful Paragraphs

For anyone wishing to write with confidence and have your work stand out! Maybe you are writing a funding proposal, a cover letter, or providing a letter of reference advocating for a client, or even writing a novel or entrance exam...what is the most powerful deciding factor? Your words! Powerful Paragraphs classes will help you refresh your language skills and get creative in your writing style.

Barrington Passage

September 16, 2024 – November 20, 2024

January 20, 2025 – April 2, 2025

April 7, 2025 – June 11, 2025

Monday & Wednesday: 1:00pm – 3:00pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](http://Nova Scotia School for Adult Learning - Government of Nova Scotia, Canada)

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SHELBURNE COUNTY LEARNING NETWORK SOCIETY (continued)



Study Skills

Active listening, Time Management and Note-Taking! Do those topics sound interesting? Would those skills help you excel in your current or future job or volunteer position? Or maybe you are an adult student heading off to school in the fall and would like to create great study habits? Join us for Study Skills! A free course for Shelburne County residents 18 and over. All materials are provided.

King Street, Shelburne

November 11, 2024 – January 17, 2025

Tuesday: 8:45am – 11:45am

Friday: 12:30pm – 3:30pm

April 28, 2025 – May 29, 2025

Monday & Thursday: 6:15pm – 9:15pm

May 26, 2025 – June 19, 2025

Monday & Thursday: 6:15pm – 9:15pm

Barrington Passage

September 16, 2024 – November 20, 2024

Monday & Wednesday: 1:00pm – 3:00pm

June 10, 2026 – June 19, 2025

Tuesday & Thursday: 12:30pm – 3:30pm

Language Mechanics

Just like a car that sits, unused skills can get a little rusty. This class is the perfect “tune up”! Join us as we explore the rules and guidelines for effective communication. Topics will include grammar, punctuation, sentence structure, delivery and more! If you would like to have increased comfort, competence and confidence in your communication skills please join us. Classes are free and all materials are provided.

King Street, Shelburne

September 17, 2024 – November 22, 2024

January 21, 2025 – April 4, 2025

April 7, 2025 – June 13, 2025

Tuesday: 8:45am – 11:45am

Friday: 12:30pm – 3:30pm

Barrington Passage

September 17, 2024 – November 21, 2024

April 1, 2025 – June 5, 2025

Tuesday & Thursday: 12:30pm – 3:30pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



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SHELBURNE COUNTY LEARNING NETWORK SOCIETY (continued)



Getting to Know Your Community

Join us in discovering and celebrating Shelburne County's diverse culture and history! Activities may include writer's workshops, creative art skills, cooking classes, and special events featuring guest speakers from local organizations. As part of the program, Tech Talk sessions may be offered for anyone wanting to learn how to use digital devices and the internet to stay more connected to their community. Some activities may be offered throughout the County. Activities and events will be advertised on our FB page and pre-registration is required.

Shelburne

September 18, 2024 – November 17, 2024

November 20, 2024 – February 9, 2025

February 12, 2025 – April 20, 2025

April 23, 2025 – June 22, 2025

Wednesday: 9:00am – 12:00pm & 6:00pm – 9:00pm

Barrington Passage

September 16, 2024 – November 15, 2024

November 18, 2024 – February 7, 2025

February 10, 2025 – April 18, 2025

April 21, 2025 – June 20, 2025

Monday: 6:00pm – 9:00pm

Friday: 6:00pm – 8:00pm

Sable River

September 16, 2024 – November 14, 2024

November 18, 2024 – February 6, 2025

February 10, 2025 – April 17, 2025

April 21, 2025 – June 19, 2025

Monday & Thursday: 1:00pm – 3:00pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



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NOVA SCOTIA SCHOOL FOR
ADULT LEARNING

YARMOUTH COUNTY LEARNING NETWORK

(902) 742-8151

3B 101 Water Street, Pier 1 Building, Yarmouth

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

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CAEC Prep

The CAEC Prep Program helps people without a high school diploma earn a high school equivalency certificate by preparing them for the Canadian Adult Education Credential (CAEC) assessments, which have replaced the GED in Nova Scotia. The program includes 5 tests in Math, Science, Social Studies, Reading, and Writing, all of which must be passed to earn the CAEC Certificate. We offer a mix of instructor-led sessions and independent study to help you prepare for these exams. Our instructors will guide you through the material, assist with setting up your CAEC account, and help you schedule your tests. The CAEC is free for Nova Scotia residents.

101 Water Street, Yarmouth

September 16, 2024 – December 13, 2024

January 13, 2025 – March 7, 2025

March 17, 2025 – June 20, 2025

Monday, Tuesday, Wednesday, Thursday & Friday: 9:00am – 12:00pm

Monday, Tuesday, Wednesday, Thursday & Friday: 1:00pm – 3:30pm

Monday, Tuesday, Wednesday & Thursday: 6:00pm – 9:00pm

E3 Foundations- Communications

Ready to boost your reading and writing skills? Our beginner class for adults is here to help! Dive into fun activities and easy lessons designed to improve your reading comprehension and writing abilities for work or everyday life. From basic grammar to building vocabulary, our well-trained instructors will guide you step-by-step. Join us and unlock the joy of reading and the power of expressing yourself through writing.

101 Water Street, Yarmouth

September 16, 2024 – December 13, 2024

January 13, 2025 – March 7, 2025

March 17, 2025 – June 20, 2025

Monday, Tuesday, Wednesday, Thursday & Friday:

9:00am – 12:00pm & 1:00pm – 3:30pm



YARMOUTH COUNTY LEARNING NETWORK (continued)



Math Foundations

Unlock the mysteries of math in our beginner-friendly class! Whether you're dusting off old skills or starting fresh, join us to build a solid foundation in numeracy. Explore numbers and basic operations for tackling real-world math problems. No fancy jargon, just clear explanations and plenty of practice to boost your confidence!

101 Water Street, Yarmouth

September 16, 2024 – December 13, 2024

January 13, 2025 – March 7, 2025

March 17, 2025 – June 20, 2025

Monday, Tuesday, Wednesday, Thursday & Friday:

9:00am – 12:00pm & 1:00pm – 3:30pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

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Digital Literacy

Join our digital literacy class for easy-to-understand lessons on navigating the online world. Get online or upgrade your skills using Northstar Digital Literacy assessments. Our knowledgeable team of instructors will help you gain the confidence to use different programs and devices, while exploring how to embrace new technologies. No experience needed!

101 Water Street, Yarmouth

September 16, 2024 – December 13, 2024

January 13, 2025 – March 7, 2025

March 17, 2025 – June 20, 2025

Monday, Tuesday, Wednesday & Thursday: 1:00pm – 3:30pm

Better You

Join us on our course for adults to learn valuable life and work skills. We'll teach you how to communicate effectively, manage your time wisely, and cope with stress. Gain practical problem-solving abilities and make better decisions for your career and personal life. Let us help you develop the skills you need to succeed in both work and everyday situations.

101 Water Street, Yarmouth

September 16, 2024 – December 13, 2024

January 13, 2025 – March 7, 2025

March 17, 2025 – June 20, 2025

Monday, Tuesday, Wednesday & Thursday: 9:00am – 12:00pm



YARMOUTH COUNTY LEARNING NETWORK (continued)



In-Home Family Literacy & Learning

Free in-home learning! Are you an adult with small children? Do you live in Yarmouth, Shelburne or Digby County? If so, we have the program for you! The In-Home Family Literacy and Learning Program (IHFLLP) provides caregivers of children aged 5 or under the opportunity to learn in the comfort of your own home. An adult educator and early childhood educator come to your home and work with you to set your family literacy or other individualized goals.

Tri-county region

September 30, 2024 – April 25, 2025

Monday, Tuesday, Wednesday & Thursday: 8:30am – 4:30pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



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ANNAPOLIS VALLEY FIRST NATION

(902) 538-7149
29 Toney Blvd, Cambridge

CAEC Prep

The CAEC Prep Program helps people without a high school diploma earn a high school equivalency certificate by preparing them for the Canadian Adult Education Credential (CAEC) assessments, which have replaced the GED in Nova Scotia. The program includes 5 tests in Math, Science, Social Studies, Reading, and Writing, all of which must be passed to earn the CAEC Certificate. We offer a mix of instructor-led sessions and independent study to help you prepare for these exams. Our instructors will guide you through the material, assist with setting up your CAEC account, and help you schedule your tests. The CAEC is free for Nova Scotia residents.

29 Toney Blvd, Cambridge
September 16, 2024 – December 16, 2024
January 6, 2025 – June 20, 2025
Monday, Tuesday, Wednesday & Thursday: 9:00am – 11:00am

Food Keepers-E3 Aligned

This class will examine the role of an indigenous person as a land keeper, water keeper, medicine keeper and food keeper. Through the lens of Two-Eyed Seeing, inclusive of Indigenous ways of seeing, knowing, connecting, and learning. This program will explore our connection to land and the role we play in food security.

29 Toney Blvd, Cambridge
September 16, 2024 – November 22, 2024
November 25, 2024 – January 31, 2025
February 3, 2025 – April 11, 2025
April 14, 2025 – June 20, 2025
Monday, Tuesday, Wednesday, Thursday & Friday: 11:00am – 1:00pm

Community Literacy

This program will be offered four days a week from 3:00-4:30 pm and will focus on basic literacy and math skills for parents and their children from preschool to grade 5. This program will include remedial reading and math for all who need support combined. We will incorporate an Indigenous-focused novel study/book club, oral history and storytelling, traditional arts and land-based learning.

29 Toney Blvd, Cambridge
September 16, 2024 – December 16, 2024
January 6, 2025 – June 20, 2025
Monday, Tuesday, Wednesday & Thursday: 3:00am – 4:30pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning - Government of Nova Scotia, Canada](#)

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ANNAPOLIS VALLEY FIRST NATION

(continued)



Mi'kmaw Language

This program will offer a great opportunity to learn about Mi'kmaw language, culture and traditions. We will be learning vocabulary and improving reading skills. Elders will participate, and we will incorporate oral history and storytelling.

29 Toney Blvd, Cambridge

September 16, 2024 – December 16, 2024

January 6, 2025 – June 20, 2025

Monday, Tuesday, Wednesday & Thursday: 1:00pm – 3:00pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



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provider.***



DIGBY AREA LEARNING ASSOCIATION

(902) 245-7540
info@digbydata.com
 207A Highway 303, Digby

Want to contact
 NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
 Government of Nova Scotia, Canada](#)

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CAEC Prep

The CAEC Prep Program helps people without a high school diploma earn a high school equivalency certificate by preparing them for the Canadian Adult Education Credential (CAEC) assessments, which have replaced the GED in Nova Scotia. The program includes 5 tests in Math, Science, Social Studies, Reading, and Writing, all of which must be passed to earn the CAEC Certificate. We offer a mix of instructor-led sessions and independent study to help you prepare for these exams. Our instructors will guide you through the material, assist with setting up your CAEC account, and help you schedule your tests. The CAEC is free for Nova Scotia residents.

207A Hwy 303, Conway
September 16, 2024 – December 13, 2024
January 6, 2025 – March 7, 2025
March 17, 2025 – June 20, 2025

Monday, Tuesday, Wednesday, Thursday & Friday: 2:00pm – 4:30pm
Monday, Tuesday & Thursday: 5:00pm – 8:30pm

ALP III

This program helps you build and improve skills in English, Math, Science, and Social Studies. With a classroom teacher who understands different learning styles and your past experiences, you'll get personalized support to reach your goals. This program prepares you for ALP IV and further education.

207A Hwy 303, Conway
September 16, 2024 – December 13, 2024
January 6, 2025 – March 7, 2025
March 17, 2025 – June 20, 2025

Monday, Tuesday, Wednesday, Thursday & Friday: 11:30am – 2:00pm

DIGBY AREA LEARNING ASSOCIATION (continued)



Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

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Foundational Skills Upgrading

The Foundational Skills program will develop the employability and essential skills necessary to be successful in life. It is a starting point for those who have been out of the school system for an extended period of time or who face academic challenges. It will enhance learner's literacy, numeracy and digital skills preparatory to achieving your desired learning outcomes; for many, this will be advancement onto the ALP III program, or advancement into further education, for others, re-entering the work force or enhancement of existing skills.

207A Hwy 303, Conway

September 16, 2024 – December 13, 2024

January 6, 2025 – March 7, 2025

March 17, 2025 – June 20, 2025

Monday, Tuesday, Wednesday, Thursday & Friday: 8:30am – 11:00am

Digital Skills

Join our Digital Skills Program to learn basic digital skills and stay safe online. Discover how digital skills are applied in work, school and daily life. Gain confidence in using various types of technology and learn practical tips to protect yourself online.

207A Hwy 303, Conway

September 16, 2024 – December 13, 2024

January 6, 2025 – March 7, 2025

March 17, 2025 – June 20, 2025

Monday, Tuesday, Wednesday, Thursday & Friday: 12:45pm – 4:30pm

Monday & Wednesday: 4:30pm – 8:30pm

Essential Skills for Community, Empowerment and Life

Join our E3: Education, Essential Skills, Empowerment Program to improve communication, numeracy, digital and personal development skills to reach learning and employment goals. Modules including Basic Digital Skills, Language Mechanics, Power Paragraphs, Numeracy Mindset and Study Skills you will develop transferrable skills through participation in the community, skills exploration and real-world learning experiences.

207A Hwy 303, Conway

September 16, 2024 – December 13, 2024

January 6, 2025 – March 7, 2025

March 17, 2025 – June 20, 2025

Monday, Tuesday, Wednesday & Friday: 9:00am – 12:00pm



DIGBY AREA LEARNING ASSOCIATION (continued)



1711 Nova Scotia Trunk 1, Church Point
September 16, 2024 – December 13, 2024
January 6, 2025 – March 7, 2025
March 17, 2025 – June 20, 2025
Thursday: 9:00am – 12:00pm

Family Literacy

Family Literacy is a fun filled drop-in program with no registration required. Each week has themed activities consisting of crafts, games and other activities. Each child brings home a book of their choice! If you are looking for a fun free program to attend with your children, make Family Literacy a part of your weekly routine that you all can look forward to! The program focuses on promoting literacy within the home by ensuring that parents have the support they need to be confident in fostering the development of their children’s literacy skills.

Want to contact
 NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning - Government of Nova Scotia, Canada](#)

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Clark Ruthurford Memorial School - 234 Spinnaker Dr, Cornwallis Park (*bi-weekly*)
September 16, 2024 – December 13, 2024
January 6, 2025 - March 7, 2025
March 17, 2025 – June 20, 2025
Monday, Tuesday & Wednesday: 4:30pm – 7:30pm

Learning Grove Childcare Centre - 121 Victoria St. Digby
September 16, 2024 – December 13, 2024
January 6, 2025 - March 7, 2025
March 17, 2025 – June 20, 2025
Monday, Tuesday & Wednesday: 4:30pm – 7:30pm

Muin Sipu Learning Centre - 200 Reservation Road, Bear River (*bi-weekly*)
September 16, 2024 – December 13, 2024
January 6, 2025 - March 7, 2025
March 17, 2025 – June 20, 2025
Monday, Tuesday & Wednesday: 4:30pm – 7:30pm

Champlain Elementary School - 109 North Street, Granville Ferry
September 16, 2024 – December 13, 2024
January 6, 2025 - March 7, 2025
March 17, 2025 – June 20, 2025
Monday, Tuesday & Wednesday: 4:30pm – 7:30pm



HANTS LEARNING NETWORK ASSOCIATION

(902) 792-6754

info@hantslearning.com

90 Sanford Drive, Windsor

ALP III

This program helps you build and improve skills in English, Math, Science, and Social Studies. With a classroom teacher who understands different learning styles and your past experiences, you'll get personalized support to reach your goals. This program prepares you for ALP IV and further education.

90 Sanford Drive, Windsor

September 16, 2024 – December 16, 2024

January 6, 2025 – March 7, 2025

March 17, 2025 – June 20, 2025

Monday: 9:00am – 11:00am & 1:45pm – 3:30pm

Tuesday: 12:45pm – 3:30pm

Wednesday: 6:00pm – 8:00pm

Thursday: 12:45pm – 3:30pm & 6:00pm – 8:00pm

Friday: 9:00am – 12:00pm & 12:45pm – 3:30pm

CAEC Prep

The CAEC Prep Program helps people without a high school diploma earn a high school equivalency certificate by preparing them for the Canadian Adult Education Credential (CAEC) assessments, which have replaced the GED in Nova Scotia. The program includes 5 tests in Math, Science, Social Studies, Reading, and Writing, all of which must be passed to earn the CAEC Certificate. We offer a mix of instructor-led sessions and independent study to help you prepare for these exams. Our instructors will guide you through the material, assist with setting up your CAEC account, and help you schedule your tests. The CAEC is free for Nova Scotia residents.

90 Sanford Drive, Windsor

September 16, 2024 – December 16, 2024

January 6, 2025 – March 7, 2025

March 17, 2025 – June 20, 2025

Monday: 10:00am – 12:00pm

Tuesday: 9:00am – 12:00pm

Wednesday: 6:00pm – 8:00pm

Thursday: 9:00am – 12:00pm & 6:00pm – 8:00pm

Friday: 9:00am – 12:00pm & 12:45pm – 3:15pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



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Government of Nova Scotia, Canada](#)

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HANTS LEARNING NETWORK ASSOCIATION (continued)



Literacy Foundations

This free class for adults (18+) will help you improve your skills in reading, writing, math, computer use, and other skills for employment and daily life. With flexible scheduling to allow for childcare, work, and other responsibilities, you can start any time! Improve your skills to improve your life, get ahead at work, find a job, or prepare for further education or training (Adult High School, NSCC, CAEC, etc.). All materials are provided.

90 Sanford Drive, Windsor
September 16, 2024 – December 16, 2024
January 6, 2025 – March 7, 2025
March 17, 2025 – June 20, 2025

Monday: 9:00am – 12:00am
Tuesday & Wednesday: 12:30pm – 3:30pm
Thursday: 9:00am – 12:00 pm & 6:00pm – 8:00pm

Want to contact
 NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning - Government of Nova Scotia, Canada](#)

Learn for Life

Improve your skills to be more successful at home, at work, and in the community through free workshops (4-6 weeks long) for adults (18+). All supplies provided. Take any/all workshops that interest you: Road Readiness, Communication for the Workplace, Soft Skills for Success, Healthy Eating on a Budget, Money Matters, Living on Your Own, Computer Basics, Online Safety and Services, Your Community and You, and Introduction to Gardening.

90 Sanford Drive, Windsor
September 16, 2024 – October 25, 2024
October 18, 2024 – December 16, 2024
January 6, 2025 – January 24, 2025
January 27, 2025 – March 7, 2025
March 17, 2025 – April 25, 2025

April 28, 2025 – May 23, 2025
May 26, 2025 – June 20, 2025
Tuesday & Wednesday: 9:00am – 12:00pm
Wednesday: 12:30pm – 3:30pm

***Programs may be subject to change without notice. Please verify availability with the applicable service provider.**



HANTS LEARNING NETWORK ASSOCIATION (continued)



Active Minds

Meet new friends and discover the joy of learning in this free class for adults of all ages and abilities. We will explore a variety of topics through enjoyable group and individual activities like art, games, mental wellness exercises, cooking, and more with all supplies provided. Join us to learn something new and feel more connected in our community.

90 Sanford Drive, Windsor

September 16, 2024 – December 16, 2024

January 6, 2025 – March 7, 2025

March 17, 2025 – June 20, 2025

Tuesday, Wednesday & Thursday: 10:00am – 12:00pm

Want to contact
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Family Literacy Fun!

“Family Literacy Fun!” is a free program open to all families with elementary school-aged children. Facilitators work with families to help them find ways to make learning fun for the whole family, while reinforcing what and how the children are learning at school. Adults are supported in becoming more confident in their own literacy and math skills and in helping their children learn. Typical sessions include themes, stories, games, and a variety of activities. Special activities during the year include family book club, bookmaking, and Saturday workshops.

90 Sanford Drive, Windsor

September 16, 2024 – December 16, 2024

January 6, 2025 – March 7, 2025

March 17, 2025 – June 20, 2025

Monday & Friday: 6:00pm – 8:00pm

Wednesday: 5:00pm – 8:00pm

Saturday: 10:00am – 12:00pm

L'ÉQUIPE D'ALPHABÉTISATION NOUVELLE-ÉCOSSE

6960 Mumford Road, Halifax: (902) 431-0506 / halifax@eane.ca
 1 Slocumb Street, Tusket: (902) 260-0501 / tuskey@eane.ca
 9976 Highway 1, Saulnierville: (902) 260-0501 / sulnierville@eane.ca

Compétences au travail

Do you want to improve your chance to enter the workforce? The Upskills for work program offers a series of workshops that introduce essential skills for work: Attitude, stress management, time management, teamwork, confidence/self-esteem, motivation, accountability, presentation, and adaptation to change.

Halifax

October 4, 2024 – December 6, 2024

January 17, 2025 – March 21, 2025

Friday: 9:00am – 12:00pm

Online

October 1, 2024 – December 3, 2024

January 14, 2025 – May 20, 2025

Tuesday: 6:30pm – 8:00pm

Saulnierville

October 17, 2024 – November 14, 2024

Thursday: 1:00pm – 4:00pm

Formation à distance

Interested in improving your grammar, math or computer skills in French? This distant learning program can help you! In this self-paced, online format, this program offers Acadians and Francophones over 66 courses in French grammar, (levels 1, 2 and 3), basic math notions, and computer concepts.

Online

September 9, 2024 – December 12, 2024

January 6, 2025 – June 27, 2025

Monday, Tuesday, Wednesday, Thursday & Friday: 8:30am – 12:30pm

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L'ÉQUIPE D'ALPHABÉTISATION NOUVELLE-ÉCOSSE (continued)



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Cours d'ordinateur

Are you interested in improving your computer skills? This program provides basic digital skills to become more confident using email, internet, social networks and computer programs necessary for the workplace.

Halifax

September 16, 2024 – June 20, 2025

Monday, Tuesday, Wednesday, Thursday & Friday: 9:00am – 3:00pm

Saulnierville

September 23, 2024 – June 13, 2025

Tuesday: 6:30am – 8:30pm

Wednesday: 9:00am – 11:00am

Friday: 9:00am – 12:30pm

September 23, 2024 – December 9, 2024

January 13, 2025 – April 28, 2025

Monday: 3:00pm – 5:00pm

Cheticamp

October 2, 2024 – May 7, 2025

Wednesday: 12:30pm – 3:30pm

Tusket

October 2, 2024 – April 10, 2024

Wednesday & Thursday: 9:00am – 11:00am

Isle Madame

October 8, 2024 – February 25, 2025

Tuesday: 9:00am – 11:00pm

Sydney

October 9, 2024 – February 26, 2025

Wednesday: 9:00am – 11:00pm

Pomquet

October 15, 2024 – March 4, 2025

Tuesday: 9:00am – 11:00am

Online

September 23, 2024 – June 17, 2025

Monday: 6:30pm – 8:30pm

Tuesday: 12:30pm – 2:30pm

L'ÉQUIPE D'ALPHABÉTISATION NOUVELLE-ÉCOSSE (continued)



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Alpha familiale

Chères familles! Venez-vous amuser tout en améliorant le plaisir de lire à la maison! As parents are the first educator of their child, L'Equipe offers family literacy programs to parents with children ages 2 to 6 years old.

Workshops include the following: a focus on the importance of reading at home with storytelling, craft, rhymes and information on parenting skills.

'Bon appétit', offers family cooking class to parents with children ages 3 to 6 years old. It focuses on reading skills in the kitchen as families prepare recipes while learning healthy eating habits.

Halifax

September 21, 2024 – May 3, 2025

Saturday: 11:30am – 1:30pm

Dartmouth

September 25, 2024 – April 30, 2025

Wednesday: 2:30pm – 3:30pm

Porters Lake

October 2, 2024 – April 30, 2025

Wednesday: 2:30pm – 3:30pm

Pomquet

October 7, 2024 – May 5, 2025

Monday: 2:30pm – 3:30pm

Truro

October 1, 2024 – May 6, 2025

Tuesday: 10:30am – 11:30am

École Mer et Monde, Halifax, Isle Madame, Sydney, Bridgewater, Greenwood, Belleville, Wedgeport et Beaubassin

October 8, 2024 – February 25, 2025

Monday: 2:30pm – 3:30pm

Cours culturel

Would you like to learn Acadian and French culture through digital technology? This course is for you!

Halifax

September 23, 2024 – December 12, 2024

January 13, 2025 – April 14, 2025

Monday: 7:00pm – 8:30pm



VALLEY COMMUNITY LEARNING ASSOCIATION

(902) 679-5252
Vcla.learning@gmail.com
 49 Bridge Street, Suite 106, Kentville

CAEC Prep

The CAEC Prep Program helps people without a high school diploma earn a high school equivalency certificate by preparing them for the Canadian Adult Education Credential (CAEC) assessments, which have replaced the GED in Nova Scotia. The program includes 5 tests in Math, Science, Social Studies, Reading, and Writing, all of which must be passed to earn the CAEC Certificate. We offer a mix of instructor-led sessions and independent study to help you prepare for these exams. Our instructors will guide you through the material, assist with setting up your CAEC account, and help you schedule your tests. The CAEC is free for Nova Scotia residents.

118 Oakdene Ave, Kentville
September 16, 2024 – June 20, 2025
Monday, Tuesday, Wednesday, Thursday & Friday:
9:00am – 12:00pm & 1:00pm – 4:00pm

295 Commercial St, Middleton
September 16, 2024 – June 20, 2025
Tuesday, Wednesday & Thursday: 9:00am – 3:00pm

E3 Foundations: Upgrading Program

E3 Foundations is a program that helps you build important skills in communication, math, digital literacy, and study techniques. You'll learn how language works to improve your writing and reading, gain confidence with numbers, get comfortable with technology, and develop better study habits for learning and work.

118 Oakdene Ave, Kentville
September 16, 2024 – December 13, 2024
January 6, 2025 – March 7, 2025
March 17, 2025 – June 20, 2025
Monday, Tuesday, Wednesday, Thursday & Friday: 9:00am – 4:00pm

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 NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



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VALLEY COMMUNITY LEARNING ASSOCIATION (continued)

E3 Foundations: Basic Digital Skills

E3 Foundations: Basic Digital Skills is suitable for adults who have limited experience in the use of digital technology and would like to become more confident in their ability to navigate, communicate and create digitally. This course benefits learners who require the development of digital skills in order to attain employment, to use technology in the pursuit of education or other training opportunities, and/or to participate in the community through digital communications.

118 Oakdene Ave, Kentville

September 16, 2024 – February 7, 2025

February 10, 2025 – June 20, 2025

Monday, Wednesday & Friday: 9:00am – 3:00pm

Life Streams: E3 Program

The Life Streams program offers opportunities for employment-readiness workshops that help meet the needs of both employees and their employers. Participants will gain a better understanding of what employers are looking for and will receive job-readiness workshops in resume and cover letter writing, presenting a “sales pitch” to possible employers, interview skills, workplace etiquette/attitude and essential skills... all preparing for success in the job market. IT skills are also reinforced as in-class computers are used where appropriate as a vehicle to access some of the training.

118 Oakdene Ave, Kentville

September 16, 2024 – December 6, 2024

April 14, 2025 – June 20, 2025

Monday, Tuesday, Wednesday, Thursday & Friday: 9:00am – 12:00pm

TBD – Annapolis County

January 6, 2025 – April 4, 2025

Monday, Tuesday, Wednesday, Thursday & Friday: 9:00am – 12:00pm

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VALLEY COMMUNITY LEARNING ASSOCIATION (continued)



Community Literacy

VCLA’s Community Literacy Program will develop and enhance community-based partnerships that support the development of literacy skills of individuals, families, and communities. The Community Literacy program is a composite of several program options available to learners in both Kings and Annapolis Counties, that respond to community needs related to family literacy, seniors literacy, health literacy as well as class-based remedial reading.

118 Oakdene Ave, Kentville

September 16, 2024 – December 13, 2024

January 6, 2025 – March 7, 2025

March 17, 2025 – June 20, 2025

Monday, Tuesday, Wednesday, Thursday & Friday: 2:00pm – 4:00pm

295 Commercial St, Middleton

September 16, 2024 – December 13, 2024

January 6, 2025 – March 7, 2025

March 17, 2025 – June 20, 2025

Monday, Wednesday & Thursday: 9:40am – 12:00pm

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