



Government
of Canada

Gouvernement
du Canada



Nova Scotia School for Adult Learning

2025 - 2026

Program Calendar



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What is the Nova Scotia School for Adult Learning (NSSAL)?

The Nova Scotia School for Adult Learning (NSSAL) is part of the Adult Education Division within the Nova Scotia Department of Labour, Skills and Immigration and is funded in part by the Government of Canada.

NSSAL offers adult learning programs delivered through a network of service providers all across Nova Scotia. NSSAL coordinates the programs and services NSSAL service providers offer. These service providers will work with adult learners to help them meet their employment and educational goals.

The NSSAL service providers are comprised of 29 Community Learning Organizations, some of which work primarily with Mi'kmaw and Indigenous, African Nova Scotian, Francophone, and Deaf or Hard of Hearing communities. There are three credit issuing institutions, Nova Scotia Community College, Adult High Schools, and Université Sainte Anne where adult learners can graduate with their Nova Scotia High School Graduation Diploma for Adults or upgrade previous high school courses to gain entrance into post-secondary education programs.

NSSAL programs are FREE!

NSSAL Mandate

The Nova Scotia School for Adult Learning (NSSAL) administers, coordinates, and supports the development and delivery of adult education through learning partners in Nova Scotia. From adult basic education to a high school credential, NSSAL offers clear, accessible pathways to support adult learners in gaining the knowledge and skills required to adapt to a changing labour market.

Criteria To Participate

To participate in a *NSSAL Program, a learner must:

- currently reside in Nova Scotia;
- be one of the following:
 - a Canadian citizen;
 - a permanent resident;
 - a protected person, as defined in Section 95 of the *Immigration and Refugee Protection Act*;
 - a permanent resident applicant with a work permit; or
 - a temporary foreign worker with a permanent and full-time job offer.
- be 18 years of age or older;
- not currently be in school; and
- be sufficiently proficient in speaking and listening in the language of instruction to benefit fully from NSSAL Programs (except for deaf learners).

**The above criteria does not apply to Community Literacy programs.*

If you have any questions about the programs NSSAL offers, please feel free to contact us directly at NSSAL@novascotia.ca, by phone at 1-877-466-7725, or any one of our service providers listed in this calendar.

Nova Scotia Community College (NSCC)

NSCC offers the Adult Learning Program Level III and IV courses at 13 locations across Nova Scotia. Learners can use Level IV credits toward the Nova Scotia High School Graduation Diploma for Adults or to upgrade academic standing. The Adult Learning Program offered through NSCC can be completed full-time or part-time and partially or completely online. In addition to the standard ALP courses, the NSCC offers an Afrocentric Learning option and the IT campus in Halifax offers an English as an Additional Language option.

For additional information on attending the Adult Learning Program through NSCC, please visit their website [Adult Learning Program \(ALP\) | Programs | NSCC](#) or contact them by phone at 902-491-4911, Toll-free in Canada and USA: 1-866-679-6722.

Adult High Schools

Adult high schools are available at some Regional Centers for Education in the province. They offer grade 11 and 12 courses based on the public-school curriculum (PSP), which can be used toward a Nova Scotia High School Graduation Diploma for Adults or to upgrade academic standing.

Annapolis Valley Regional Centre for Education, Kings County Adult High School

18 Jones Rd. New Minas, NS
Phone: 902-681-4930

Annapolis Valley Regional Centre for Education, Windsor Adult High School

94 Wentworth Rd. Windsor, NS

CBVRCE – Sydney Adult Education Centre

290 Whitney Ave. Sydney, NS B1P 5A6
Phone: 902-562-5178

CBVRCE – Glace Bay Adult Education Centre

42 MacKeen St. Glace Bay, NS B1A 5B9
Phone: 902-842-1620

CBVRCE – New Waterford Adult Education Centre

667 Eighth St. New Waterford, NS B1H 3T4
Phone: 902-862-7880

CBVRCE – Northside Adult Education Centre

55 King St. Sydney Mines, NS B1V 1L7
Phone: 902-736-0685

Halifax Regional Centre for Education Bedford Campus

1658 Bedford Highway, Bedford NS B4A 2X9
Phone: 902-832-8630

Halifax Regional Centre for Education Dartmouth Campus

136 Pinecrest Dr. Dartmouth, NS B3A 1J9
Phone: 902-832-8630

South Shore Regional Centre for Education

Bridgewater Campus
821 King Street, Unit #2 Bridgewater, NS B4V 1B7
Phone: 902-527-5990

South Shore Regional Centre for Education

Queens Adult High School (Rossignol Campus)
19 Milton Road Liverpool, NS B0T 1K0
Phone: 902-354-7630

Université Sainte-Anne

Université Sainte-Anne offers the Formation Générale des Adultes (FGA) niveau IV credits in French at five campuses across Nova Scotia.

L'Université Sainte-Anne offre les crédits de la Formation générale des adultes (FGA) niveau IV en français dans cinq campus en Nouvelle-Écosse.

- Church Point
- Halifax
- Petit-de-Grat
- St-Joseph-du-Moine
- Tusket

These credits may be used toward a Diplôme de fin d'études secondaires pour adultes de [la Nouvelle-Écosse](#) or to upgrade academic standing. They also offer non-credit Level II and III programming which provides adult learners the opportunity to upgrade their academic skills to prepare for entrance into the Formation Générale des Adultes program.

Ces crédits peuvent être utilisés pour obtenir le Diplôme de fin d'études secondaires pour adultes de la Nouvelle-Écosse ou pour améliorer le rendement académique. Ils proposent également des programmes non crédités de niveaux II et III qui offrent aux apprenants adultes la possibilité d'améliorer leurs compétences académiques.

Community Learning Organizations

The Community Learning Organizations offering the NSSAL programs are divided into 5 regions, Cape Breton Region, Metro Halifax Region, Northern Region, Southwestern Region, Valley Region, plus the francophone community.

*Click on the **organization's name** to see what they are offering for the year 2025-2026.*

****Programs may be subject to change without notice. Please verify availability with the applicable service provider.***

CAPE BRETON REGION

Adult Learning Association of Cape Breton County
440 George Street, Sydney
(902) 564-8404

Community Learning Association North of Smokey
36243 Cabot Trail, Ingonish
(902) 285-2354

Inverness County Literacy Council
16 Railway St, Inverness
(902) 258-3110

Port Hawkesbury Literacy Council

305 Granville Street, Unit 1, Port Hawkesbury
(902) 625-1599

Richmond Community Learning Network

10036 Grenville Street – Unit B, St. Peter's
(902) 535-3304

METRO REGION

Bedford-Sackville Learning Network

409 Glendale Drive, Lower Sackville
(902) 869-3838

Black Educators Association

2136 Gottingen Street, Halifax
(902)424-7036

Dartmouth Learning Network Society

73 Tacoma Drive, Suite 802, Dartmouth
(902)463-9179

Dartmouth Work Activity Society (Solutions Learning Centre)

15 Poseidon Court, Dartmouth
(902)468-1320

Mi'kmaw Native Friendship Society

2021 Brunswick Street, Suite 209, Halifax
(902) 420-1576

Paq'tnkek First Nation

7 Dillon St, Afton
(902) 386-2781

Preston Area Learning Skills Society

875 Main Street, Unit 2, Dartmouth
979 North Preston Road, Suite 124, North Preston
(902) 462-6042

Western Halifax Community Learning Network

5209 St. Margaret's Bay Road, Suite 205, Upper Tantallon
(902) 225-6320

NORTHERN REGION

Antigonish County Adult Learning Association

283 Main Street, Antigonish
(902) 863 3060

Colchester Adult Learning Association

966B Prince Street, Truro
(902) 895-2468

Cumberland Adult Network for Upgrading

21 Acadia Street, 2nd Floor, Amherst
(902) 661-0153

East Hants Community Learning Association

224 Highway 214, Suite 101, Elmsdale
(902) 883-1608

Eastern Shore & Musquodoboit Valley Literacy Network

22756 Nova Scotia Trunk 7, Sheet Harbour
(902) 391-0014

Guysborough County Adult Learning Association

9996 Highway 16, Guysborough
(902) 533-4252

Pictou County Continuous Learning Association

174 Archimedes Street, New Glasgow
91 Beeches Road, Pictou
(902) 755-5827 – New Glasgow
(902) 485-7014 – Pictou

SOUTHWEST REGION

Employment Solutions Society / Lunenburg County Adult Learning Network

215 Dominion Street, Bridgewater
(902) 543-2479

Queens County Learning Network

279 Main Street, Liverpool
(902) 354-3635

Shelburne County Learning Network

25C King Street, Shelburne
3394 Highway 3, Barrington
(902) 637-4333

Yarmouth County Learning Network

3B 101 Water Street, Pier 1 Building, Yarmouth
(902) 742-8151

VALLEY REGION

Annapolis Valley First Nation

29 Toney Blvd, Cambridge
(902) 538-7149

Digby Area Learning Association

207A Highway 303, Digby
(902) 245-7540

Hants Learning Network Association

90 Sanford Drive, Windsor
(902) 792-6754

L'équipe d'alphabétisation nouvelle-écosse

6960 Mumford Road, Halifax: / (902) 431-0506
202, avenue Brownlow, Tower 1, Bureau 415, Dartmouth / (902) 405-0051
1 Slocumb Street, Tusket / (902) 260-0501
9976 Highway 1, Saulnierville / (902) 260-0501

Valley Community Learning Association

49 Bridge Street, Suite 106, Kentville
(902) 679-5252



ADULT LEARNING ASSOCIATION OF CAPE BRETON COUNTY

902-564-8404

440 George Street, Sydney

CAEC Prep

The CAEC Prep Program helps people without a high school diploma earn a high school equivalency certificate by preparing them for the Canadian Adult Education Credential (CAEC) assessments, which have replaced the GED in Nova Scotia. The program includes 5 tests in Math, Science, Social Studies, Reading, and Writing, all of which must be passed to earn the CAEC Certificate. We offer a mix of instructor-led sessions and independent study to help you prepare for these exams. Our instructors will guide you through the material, assist with setting up your CAEC account, and help you schedule your tests.

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

***Programs are subject
to change based on
operational requirements**

440 George Street, Sydney / 219 Commercial Street, Glace Bay / 765 Main Street, Sydney Mines / 487 Heelan Street, New Waterford

September 15, 2025 – June 19, 2026

Monday, Tuesday, Wednesday & Thursday: 12:30pm – 3:30pm

440 George Street, Sydney

September 15, 2025 – June 19, 2026

Monday & Wednesday: 5:00pm – 8:00pm

Online

September 15, 2025 – June 19, 2026

Tuesday: 6:00pm – 8:00pm

E3 Aligned

Essential Skills for Life

Life and Work Essentials Improve your communication, digital and numeracy skills so you can easily take advantage of educational and workforce opportunities to thrive in your community. Includes internationally recognized Northstar Digital Literacy certification, valuable workplace certifications and an optional fun and engaging Making Meals Together module to further develop skills in communication, math and working with others.

440 George Street, Sydney / 219 Commercial Street, Glace Bay / 765 Main Street, Sydney Mines / 487 Heelan Street, New Waterford

September 15, 2025 – June 19, 2026

Monday, Tuesday, Wednesday & Thursday: 9:00am – 12:00pm

219 Commercial Street, Glace Bay

September 15, 2025 – June 19, 2026

Monday, Tuesday & Wednesday: 4:30pm – 7:30pm



ADULT LEARNING ASSOCIATION OF CAPE BRETON COUNTY

(continued)

Community Literacy

Community Essentials

Community Essentials promotes lifelong learning for adults with cognitive/intellectual challenges. Learners will develop skills to effectively communicate, to develop positive relationships and to promote independence through literacy, math and digital technology skills.

440 George Street, Sydney
September 15, 2025 – June 19, 2026
Monday & Wednesday: 6:00pm – 8:00pm

Digital Boost

This focused 6-week program provides a comprehensive foundation in essential digital skills. We will utilize the Northstar Digital Literacy framework to deliver practical, hands-on training in computer basics, internet navigation, email communication, and Microsoft Word. Our engaging program is designed to help develop the skills needed to succeed in today's digital environment and to gain confidence and proficiency in the digital world.

487 Heelan Street, New Waterford
October 7, 2025 – December 2, 2025
Tuesday: 1:00pm – 3:00pm

Dollar Wise Dishes

This program aims to build confidence and practical skills, empowering participants to create delicious and affordable meals.

487 Heelan Street, New Waterford
January 13, 2026 – February 10, 2026
Tuesday: 1:00pm – 3:00pm

Number Wise: Building Your Everyday Math Skills

5-week program to boost your confidence and practical number skills. We'll explore fun ways to work with patterns, make good guesses, understand multiplication without memorizing, think about chances, and compare amounts. Learn how numbers work in your daily life!

487 Heelan Street, New Waterford
February 24, 2026 – March 31, 2026
Tuesday: 1:00pm – 3:00pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

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operational requirements**



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NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

***Programs are subject
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ADULT LEARNING ASSOCIATION OF CAPE BRETON COUNTY (continued)

55+ Skills and Connections

5-week program designed for adults 55 and up! Learn practical skills for everyday life, connect with your community, and enhance your well-being. We'll cover topics like budgeting, healthy eating, technology, and more.

487 Heelan Street, New Waterford

April 7, 2026 – May 5, 2026

Tuesday: 1:00pm – 3:00pm

Your Story, Your Voice

Your Story, Your Voice/ Story Weaver's Circle is a 5-week creative writing workshop designed to help you discover and express your unique voice. In a supportive and encouraging environment, you'll explore different writing techniques, learn to craft compelling narratives, and connect with others through the power of storytelling. Whether you're a seasoned writer or just starting out, this program will provide you with the tools and inspiration to unleash your creativity and share your stories with confidence.

487 Heelan Street, New Waterford

April 9, 2026 – May 7, 2026

Thursday: 1:00pm – 3:00pm

Wellbeing Blooms

A gentle and supportive program designed to help you find peace and build strength through nature, mindfulness, and creative expression.

487 Heelan Street, New Waterford

May 12, 2026 – June 9, 2026

Tuesday: 1:00pm – 3:00pm

Building Your Toolkit: Life Skills

A mini program designed to equip you with the essential skills needed to navigate daily life with confidence and independence. Through hands-on learning and practical exercises, you'll gain valuable tools to manage your finances, use technology effectively, maintain your home, communicate clearly, and prepare for career opportunities. This program is perfect for anyone looking to enhance their practical skills, build self-sufficiency, and improve their overall quality of life.

487 Heelan Street, New Waterford

May 14, 2026 – July 11, 2026

Thursday: 1:00pm – 3:00pm



COMMUNITY LEARNING ASSOCIATION NORTH OF SMOKEY

902-285-2354
36243 Cabot Trail, Ingonish

E3 Aligned

Essential Skills – ALP III

This program helps you build and improve skills in English, Math, Science and Social Studies. With a classroom teacher who understands different learning styles and your past experiences, you will get personalized support to reach your goals. This program prepares you for ALP IV, CAEC and further education.

36243 Cabot Trail, Ingonish
September 15, 2025 – April 10, 2026
Monday & Friday: 9:00am – 12:00pm

29243 Cabot Trail, Cape North
September 15, 2025 – April 10, 2026
Tuesday & Thursday: 9:00am – 12:00pm

678 New Haven Rd, Neil's Harbour
September 15, 2025 – April 10, 2026
Wednesday: 9:00am – 12:00pm

Community Literacy

Making Technology Part of Your Everyday Life

This program is aimed at adults who would like to improve their digital skills and gain confidence in the use of technology. It will introduce basic technology to beginning learners and enhance the technical skills of more advanced learners so they can be more comfortable in the use of technology in their everyday lives.

36243 Cabot Trail, Ingonish
September 15, 2025 – April 10, 2026
Monday & Friday: 1:00pm – 4:00pm

29243 Cabot Trail, Cape North
September 15, 2025 – April 10, 2026
Tuesday & Thursday: 1:00pm – 4:00pm

678 New Haven Rd, Neil's Harbour
September 15, 2025 – April 10, 2026
Wednesday: 1:00pm – 4:00pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

***Programs are subject
to change based on
operational requirements**



Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

***Programs are subject
to change based on
operational requirements**

INVERNESS COUNTY LITERACY COUNCIL

902-258-3110

info@invernesslit.com

16 Railway St, Inverness

CAEC Prep

The CAEC Prep Program helps people without a high school diploma earn a high school equivalency certificate by preparing them for the Canadian Adult Education Credential assessments. The program includes 5 tests in Math, Science, Social Studies, Reading, and Writing, all of which must be passed to earn the CAEC Certificate. We offer a mix of instructor-led sessions and independent study to help students prepare for these exams guiding students through the material, assist with setting up the CAEC account, and help schedule tests.

16 Railway St., Inverness

September 15, 2025 – December 12, 2025

January 5, 2026 – June 19, 2026

Monday & Friday: 9:30am – 2:30pm

E3 Aligned

Opportunity Knocks

A program that focuses on personal development, empowerment, and essential skills training with the focus on digital literacy. Enabling participants to develop strategies to help them identify and work on skills they need to enter or re-enter the labour market or return to school. Delivery will be flexible, depending on skill level. Tailored to fill labour market needs in the county, and offers certifications: CPR, Safe Food, WHMIS, etc.

16 Railway St., Inverness

September 15, 2025 – December 12, 2025

January 5, 2026 – June 19, 2026

Tuesday & Thursday: 9:00am – 3:00pm

E3 Foundations

Essential Skills

Learners will improve their skills through enrollment in modules and courses covering some combination of Communications, Numeracy, Digital Skills, and Learning and Work. Organizations can select which modules and/or courses to offer depending on community need. Instructors will follow the Facilitation Guides for each module or course, supplementing the suggested teaching, learning, and assessment activities with their own resources and lessons to achieve the identified learning outcomes and objectives.

7972 Cabot Trail, Margaree Forks

September 15, 2025 – December 12, 2025

January 5, 2026 – June 19, 2026

Wednesday: 9:30am – 2:30pm



Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

***Programs are subject
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INVERNESS COUNTY LITERACY COUNCIL (continued)

Community Literacy

Digital Skills for Seniors

Instruction is provided to small groups as dictated by registration. Intake is ongoing. Individual needs are assessed upon registration and an individual program is developed starting from recognition of computer components up to the introduction of Excel. We have provided a mobile classroom in the past so we can reach more people in the county and would like to continue this service based on areas of need.

7972 Cabot Trail, Margaree Forks
September 15, 2025 – December 12, 2025
January 5, 2026 – June 19, 2026
Tuesday & Thursday: 10:00am – 3:00pm

Family Literacy

A learning experience following the curriculum guidelines for Family Literacy. The purpose of this activity is to improve adult literacy skills within the context of family literacy activities. Parents and children benefit from program activities while both develop an awareness of literacy. This activity promotes literacy and enhances children's literacy skills along with those of their parents. Materials and home-based activities are provided and used in the home with all members taking an active role. The materials will be kept in the home. There will be consistent "pick-up and drop-off" of materials approx. once per month with time to discuss needs and interests. Promotion of life-long learning is our goal for the activity.

7972 Cabot Trail, Margaree Forks
September 15, 2025 – December 12, 2025
January 5, 2026 – June 19, 2026
Wednesday: 10:00am – 3:00pm



PORT HAWKESBURY LITERACY COUNCIL

902-625-1599

porthawkesburyliteracycouncil@gmail.com

305 Granville Street, Unit 1, Port Hawkesbury

CAEC Prep

The C.A.E.C. Preparation program is designed for learners who do not have a high school diploma and wish to write the C.A.E.C. tests to achieve high school equivalency. Learners often seek high-school equivalency for their own satisfaction, or to satisfy the need for high-school equivalency when pursuing post-secondary education. Our program helps learners develop the reading, writing, and math skills necessary to complete the reading, writing, science, social studies, and math tests necessary to achieve the Canadian Adult Education Credential certification to help learners reach their goals.

305 Granville Street, Unit 1, Port Hawkesbury

September 15, 2025 – June 19, 2026

Monday, Tuesday, Wednesday, Thursday & Friday: 12:00pm – 3:00pm

E3 Foundations

Digital Literacy Basics

PHLC's Digital Literacy Basics program is designed to increase the accessibility of much-needed training for adults who want to acquire the skills necessary to participate in a world that has become increasingly dependent on technology. A senior needs assessment indicated both isolation and loneliness as primary concerns of local seniors. While the program is open to more than just seniors, it was developed with them in mind. A variety of devices will be used to cover topics such as online safety, web browsing and online shopping, video conferencing, and setting up email and passwords.

305 Granville Street, Unit 1, Port Hawkesbury

September 15, 2025 – June 19, 2026

Monday, Tuesday, Wednesday & Thursday: 9:00am – 1:00pm

Communication and Numeracy Foundations

The Communication and Math Foundations program will use the E3 Foundations curriculum and build upon it. Learners will do the following modules: Numeracy Mindset (Math Anxiety Realities, Numeracy Relationships Past and Present, Problem Solving and Language of Numbers, Exploring the Depths), and Study Skills (Active Listening, Time Management, Note Taking).

305 Granville Street, Unit 1, Port Hawkesbury

September 15, 2025 – June 19, 2026

Monday, Wednesday & Friday: 9:00am – 12:00pm (Numeracy)

Tuesday & Thursday: 9:00am – 12:00pm (Communications)

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

***Programs are subject
to change based on
operational requirements**



**Want to contact
NSSAL directly?**



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

****Programs are subject
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operational requirements***

PORT HAWKESBURY LITERACY COUNCIL

(continued)

Community Literacy

Family Literacy

Understanding the importance of an intergenerational approach to education which fosters the development of learning and literacy within the family and the impact of an adult's improvement of literacy on their children. This program will engage parents in positive interactions, share learning experiences with their children, provide information and support for positive parental involvement, strengthen and build literacy skills of parents, provide them with an opportunity to pursue their own educational goals. Activities will include the creation of reading and activity bundles to take home to their children, a homework program, mental health awareness, body positivity, safe relationships, emergency first aid, journaling, attitude and accountability, financial literacy, digital literacy, self-care and stress management, self-esteem, confidence building and goal setting.

305 Granville Street, Unit 1, Port Hawkesbury

September 15, 2025 – June 19, 2026

Monday, Tuesday, Wednesday, Thursday & Friday: 9:00am – 12:00pm



**WANT TO CONTACT
NSSAL DIRECTLY?**



1-877-466-7725



NSSAL@NOVASCOTIA.CA



[NOVA SCOTIA SCHOOL FOR ADULT
LEARNING - GOVERNMENT OF NOVA
SCOTIA, CANADA](#)

***PROGRAMS ARE SUBJECT
TO CHANGE BASED ON
OPERATIONAL REQUIREMENTS**

RICHMOND COUNTY LITERACY NETWORK

902-535-3304

10036 Grenville Street – Unit B, St. Peter's

CAEC Prep

Canadian Adult Education Credential (CAEC): Richmond County Literacy Network will be offering prep courses for the new Canadian Adult Education Credential. CAEC is a series of 5 tests (Math, Reading, Writing, Social Studies, and Science) that replace the GED as a high school equivalency. RCLN will accommodate learners with an experienced instructor either in -person or by virtual classroom. Laptops and all equipment will be provided if needed.

10036 Grenville Street, St. Peter's

September 15, 2025 – December 19, 2025

January 5, 2026 – June 26, 2026

Monday, Tuesday, Wednesday, Thursday & Friday: 1:00pm – 4:00pm

E3 Foundations

Basic Digital Literacy

Basic Digital Literacy: Richmond County Literacy Network's core program is ideal for learners to enhance their digital skills and seize job opportunities in a competitive market. This program will certainly give learners foundational digital knowledge but perhaps more importantly, build confidence in using digital tools for work and education. RCLN will ensure learners are set up with everything that they need in order to be successful, including lending a laptop and software and at the end there will be an accredited Northstar certificate.

10036 Grenville Street, St. Peter's

September 15, 2025 – December 19, 2025

January 5, 2026 – June 26, 2026

Monday, Tuesday, Wednesday, Thursday & Friday: 9:00am – 12:00pm

Community Literacy

Digital Wellness

Whether you're new to using technology or simply wanting to improve your digital skills, our inclusive and personalized program is tailored to what you need. Richmond County Literacy Network is offering classes on teaching you more about your tech tools; phones, laptops, tablets and IPADS. Weekly scheduled classes tailored to your everyday electronics. Classes are in-person, online or there are location options available throughout Richmond County.

Different venues in Richmond county & RCLN classroom

September 15, 2025 – December 19, 2025

January 5, 2026 – June 26, 2026

Monday & Friday: 8:30am – 2:30pm

Wednesday: 8:30am – 3:15pm



BEDFORD-SACKVILLE LEARNING NETWORK

902-869-3838

hello@bsln.ca

409 Glendale Drive, Lower Sackville

CAEC Prep

The CAEC Prep Program helps people without a high school diploma earn a high school equivalency certificate by preparing them for the Canadian Adult Education Credential (CAEC) assessments, which have replaced the GED in Nova Scotia. The program includes 5 tests in Math, Science, Social Studies, Reading, and Writing, all of which must be passed to earn the CAEC Certificate. We offer a mix of instructor-led sessions and independent study to help you prepare for these exams. Our instructors will guide you through the material, assist with setting up your CAEC account, and help you schedule your tests. The CAEC is free for Nova Scotia residents.

232 Cobequid Rd., Lower Sackville

September 15, 2025 – June 19, 2026

Monday, Tuesday, Wednesday & Thursday: 9:30am – 2:30pm

Wednesday: 4:00pm – 8:00pm

Friday: 9:30am – 3:30pm

Community Literacy

The Community Literacy program will focus on meeting learner needs to strengthen and expand literacy skills like basic computer and software skills, reading comprehension and writing. It will help learners develop important digital literacy skills to use at home, in the community and workplace. It will support the involvement of parents and guardians in their children's learning.

Sackville Heights Community Centre, 45 Connolly Rd, Middle Sackville

October 6, 2025 – June 19, 2026

Monday, Tuesday & Wednesday: 3:00pm – 8:00pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

***Programs are subject
to change based on
operational requirements**



Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

***Programs are subject
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operational requirements**

BLACK EDUCATORS ASSOCIATION

902-424-7036

bea.reception@bea-ns.ca

2136 Gottingen Street, Halifax

E3 Foundations

Adult Learning Program - African Nova Scotian Voices

This skills-building course uses the rich history, culture, and contributions of African Nova Scotians as a foundation for strengthening reading, writing, and communication. Through guided readings, open discussions, and multimedia content, learners explore key events, community leaders, and the ongoing fight for equity and justice. Activities include reading comprehension, vocabulary practice, journaling, and reflective writing. Designed for adults who didn't complete high school, the course supports personal growth and cultural learning. It encourages pride, critical thinking, and a deeper connection to heritage—while building practical communication skills for everyday life, work, and community involvement.

Black Cultural Centre – 10 Cherry Brook Rd, Cherry Brook

September 22, 2025 – June 19, 2026

Wednesday: 10:00am – 1:30pm

Adult Learning Program - Communication for Life & Work

This program helps adult learners strengthen their reading, writing, speaking, and listening skills in a supportive environment. Whether you're upgrading your education, writing a resume, filling out forms, or speaking confidently in everyday situations, this course builds the tools you need to succeed. Through experienced instructors and engaging learning activities, you'll gain the confidence to express yourself clearly and effectively at home, work, and in the community. No matter your starting point, we'll help you grow your communication skills and prepare for further education, employment, or personal development.

Black Cultural Centre – 10 Cherry Brook Rd, Cherry Brook

September 22, 2025 – June 19, 2026

Monday: 10:00am – 1:30pm

Yarmouth Central School - 53 Parade Street, Yarmouth

September 15, 2025 – June 19, 2026

Monday, Wednesday & Thursday: 6:00pm – 8:00pm

Tuesday: 5:00pm - 8:00pm



**Want to contact
NSSAL directly?**



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

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BLACK EDUCATORS ASSOCIATION (continued)

Digital Skills

Our Basic Digital Skills course helps you become confident and capable of using technology in daily life. From turning on a computer to using email, browsing the internet, and creating documents, you'll gain the skills needed to keep up in a digital world. The course includes practical training for online safety, filling out digital forms, connecting with family and friends and more. Designed with beginners in mind, this class helps you build confidence at your own pace. Whether you're learning for work, school, or personal use, we're here to help you get connected.

Black Cultural Centre – 10 Cherry Brook Rd, Cherry Brook

September 22, 2025 – June 19, 2026

Tuesday: 10:00am – 1:30pm

Word In Action Ministries Digital Skills Program

18 Tobermory Drive, Dartmouth

September 15, 2025 – June 19, 2026

Monday: 10:00am – 1:30pm

Chromebook Digital Skills – Summer Program

Join our free Summer Chromebook Basic Digital Skills Program and build the confidence to navigate today's digital world. This hands-on, beginner-friendly course runs July 8 – August 7, 2025, every Tuesday and Thursday from 12:30 PM to 2:30 PM. Learn to use a Chromebook, browse safely, connect online, and much more. Perfect for adults who want to build or refresh their digital skills!

Black Cultural Centre – 10 Cherry Brook Rd, Cherry Brook

July 8, 2026 – August 7, 2026

Tuesday & Thursday: 12:30pm – 2:30pm

E3 Aligned - Essential Skills

Connect Me Digital Skills Program

This beginner-friendly course helps you build confidence using technology for work and daily life. Learn the basics—like turning on a computer, sending emails, and creating documents then move on to job searches, filling out online forms, and internet safety. You'll also practice using video tools like Microsoft Teams, Google Meet, and Zoom to connect with employers or community supports. With hands-on guidance and a supportive pace, this course helps you gain the skills needed to succeed in today's digital world.

Black Cultural Centre – 10 Cherry Brook Rd, Cherry Brook

September 15, 2025 – June 19, 2026

Wednesday: 5:00pm – 8:30pm



Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

***Programs are subject
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BLACK EDUCATORS ASSOCIATION

(continued)

Math Basics

Enroll in the BEAALP Math course at Dartmouth North to discover how math can be fun, interesting and practical for adults at all levels. You'll learn to work with numbers confidently in everyday situations—like budgeting, measuring, comparing prices, and solving problems. We focus on real-life applications, helping you strengthen your foundation in basic math while also preparing you for higher-level learning and job readiness. Our friendly, hands-on approach supports learners in building math confidence and understanding. Whether you're brushing up or starting fresh, this course will help you feel more comfortable with numbers.

Black Cultural Centre – 10 Cherry Brook Rd, Cherry Brook

September 22, 2025 – June 19, 2026

Thursday: 10:00am – 1:30pm

Yarmouth Central School - 53 Parade Street, Yarmouth

September 15, 2025 – June 19, 2026

Monday, Wednesday & Thursday: 4:00pm – 6:00pm

Community Literacy

Join us at the Black Cultural Centre for a powerful journey through time, culture, and storytelling. In the BEAALP Community Narratives Program, you'll explore the rich heritage of African Nova Scotian life in HRM's Black communities through shared stories, resilience, and lived experiences. Learn to preserve history while building practical skills in computer use, information gathering, and document writing. Celebrate the voices that shaped our identity and contribute to your own. In this close-knit, supportive space, your story matters—and together, we create a lasting legacy for future generations.

September 22, 2025 – June 19, 2026

Tuesday & Thursday: 1:30pm – 4:00pm

Narrative Program

Enroll in the Community Narratives Program for a meaningful journey through African Nova Scotian history and culture in Yarmouth's Black communities. Discover powerful stories of everyday life, strength, and community passed down through generations. In this welcoming space, your voice and story matter. Learn to share your experiences while building valuable skills in computer use, information gathering, and writing. Together, we celebrate storytelling as a way to preserve heritage and create a lasting legacy—one story at a time—for future generations to learn from and cherish

Yarmouth Central School - 53 Parade Street, Yarmouth

September 22, 2025 – June 19, 2026

Saturday: 10:00am – 2:00pm



Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

***Programs are subject
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DARTMOUTH LEARNING NETWORK SOCIETY

902-463-9179

admin@dartmouthlearning.net

45 Alderney Dr, Suite 604, Dartmouth

CAEC Prep

The CAEC Prep program prepares learners to successfully complete the five-test series to obtain the Canadian Adult Education Credential (CAEC). The CAEC test subjects are reading, writing, math, science and social studies. Small class sizes and individualized instruction enable learners to proceed at their own pace.

604-45 Alderney Drive, Dartmouth

September 15, 2025 – June 19, 2026

Tuesday & Thursday: 1:00pm – 4:00pm & 5:30pm – 7:30pm

Wednesday: 1:00pm – 4:00pm

Friday: 9:00am – 12:00pm

E3 Foundations

Communication Foundations I

Develops core reading and writing skills.

604-45 Alderney Drive, Dartmouth

September 15, 2025 – June 19, 2026

Monday & Wednesday: 9:00am - 12:00pm

Communication Foundations II

Improves core reading comprehension and writing skills through lessons and practical applications. Completion helps prepare learners to enroll in high school equivalency programs.

604-45 Alderney Drive, Dartmouth

September 15, 2025 – June 19, 2026

Monday, Wednesday & Friday: 1:00pm - 4:00pm

Communication Foundations Reading Strategies

Offered once a week for learners experiencing specific learning challenges (ie: dyslexia) and utilizes a structured reading approach

604-45 Alderney Drive, Dartmouth

September 15, 2025 – June 19, 2026

Friday: 9:00am – 12:00pm



DARTMOUTH LEARNING NETWORK SOCIETY

(continued)

Academic Math

A program for adult learners who want to improve their basic academic math skills. Topics include whole number use and operations, fractions, decimals, percentages and geometry. Completion of Academic Math can help prepare a learner to enroll in high school equivalency programs. Continuous intake.

604-45 Alderney Drive, Dartmouth
September 15, 2025 – June 19, 2026
Tuesday, Wednesday & Thursday: 9:00am – 12:00pm
Friday: 1:00pm – 4:00pm

Digital Skills Basic

Provides training for adults with no or low computer skills.

604-45 Alderney Drive, Dartmouth
September 15, 2025 – December 19, 2025
January 5, 2026 – March 13, 2026
March 23, 2026 – June 19, 2026
Monday, Wednesday & Friday: 9:00am – 12:00pm

Digital Skills Applications

Builds upon basic skills & provides training in everyday computer applications for work & life.

604-45 Alderney Drive, Dartmouth
September 15, 2025 – December 19, 2025
January 5, 2026 – March 13, 2026
March 23, 2026 – June 19, 2026
Tuesday & Thursday: 1:00pm - 4:00pm

Learning for Work

Learners develop skills essential to advance work, education or life goals. It will encompass personal discovery, portfolio development, goal setting, managing your learning, time management, networking, career exploration, workplace communication and job search strategies. Includes You 2.0 once a week.

604-45 Alderney Drive, Dartmouth
September 15, 2025 – December 19, 2025
January 5, 2026 – March 13, 2026
March 23, 2026 – June 19, 2026
Monday & Wednesday: 1:00pm – 4:00pm
Tuesday & Thursday: 9:00am - 12:00pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

**Programs are subject
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operational requirements*



DARTMOUTH LEARNING NETWORK SOCIETY (continued)

Community Literacy

Short term programs and workshops will focus on improving financial literacy, food literacy and focusing on health improvement.

604-45 Alderney Drive, Dartmouth

September 15, 2025 – June 19, 2026

Monday, Wednesday & Friday: 1:00pm – 4:00pm

Tuesday & Thursday: 9:00am – 12:00pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



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DARTMOUTH WORK ACTIVITY SOCIETY / SOLUTIONS LEARNING CENTRE

902-468-1320

info@solc.ca

15 Poseidon Crt, Dartmouth

CAEC Prep

Learners within a Canadian Adult Education Credential (CAEC) Preparation program will develop the knowledge and skills required to be successful on one or more of the CAEC tests. CAEC-Prep subject areas include Mathematics, Reading, Science, Social Studies and Writing. CAEC-Prep facilitation guides are informed by CAEC outcomes and cognitive domains and contribute to a learning experience that equips learners to engage successfully with subject area content, the test-taking context, and the digital skills required to navigate the online test-taking platform used for CAEC tests.

15 Poseidon Court, Dartmouth

Math

September 18, 2025 – June 19, 2026

Thursday: 9:00am – 12:00pm

Friday: 1:00pm – 4:00pm

Writing

September 15, 2025 – June 15, 2026

Monday: 1:00pm – 4:00pm

Reading

September 15, 2025 – June 15, 2026

Monday: 9:00am – 12:00pm

Science

September 17, 2025 – June 17, 2026

Wednesday: 9:00am – 12:00pm

Social Studies

September 17, 2025 – June 17, 2026

Wednesday: 1:00pm – 4:00pm

Digital Math & Language Arts (Reading/Writing)

November 4, 2025 – June 16, 2026

Tuesday: 6:00pm – 9:00pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada

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NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



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DARTMOUTH WORK ACTIVITY SOCIETY / SOLUTIONS LEARNING CENTRE (continued)

E3 Foundations

Basic Digital Skills

E3 Foundations Basic Digital Skills Learners within an E3 Foundations Program will improve their skills through enrollment in modules and courses covering some combination of four content area Streams: Communications, Numeracy, Digital Skills, and Learning and Work.

15 Poseidon Court, Dartmouth

September 22, 2025 – June 15, 2026

Tuesday: 1:00pm – 4:00pm

Friday: 9:00am – 12:00pm

Virtual

January 5, 2026 – June 22, 2026

Monday & Thursday: 1:00pm – 4:00pm

Math for Independence

A program to foster independence and confidence in managing one's financial goals using money pathways and practical applications.

15 Poseidon Court, Dartmouth

January 6, 2026 – June 26, 2026

Monday & Wednesday: 10:00am – 12:00pm

Community Literacy

Literacy for Learning - Level I

A program focused on developing better skills in adult literacy including essential literacy, communication skills and digital skills.

15 Poseidon Court, Dartmouth

January 6, 2026 – June 26, 2026

Tuesday & Thursday: 9:00am – 12:00pm

Literacy for Learning - Level II

A continuation of the Literacy for Learning introductory program - a comprehensive adult literacy program designed to address lower literacy and digital literacy in our community.

15 Poseidon Court, Dartmouth

January 6, 2026 – June 26, 2026

Tuesday & Thursday: 1:00pm – 4:00pm



DARTMOUTH WORK ACTIVITY SOCIETY / SOLUTIONS LEARNING CENTRE (continued)

[Linking Families Through Literacy & Play](#)

A program which fosters positive communication and interaction within families as they engage together in fun activities.

15 Poseidon Court, Dartmouth

November 21, 2025 – June 19, 2026

Friday: 1:00pm – 4:00pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

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MI'KMAW NATIVE FRIENDSHIP SOCIETY

902-420-1576

info@mymnfc.com

2021 Brunswick Street, Suite 209, Halifax

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

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CAEC Prep

The Canadian Adult Education Credential replacing the GED as a high school equivalency, is a series of 5 tests in: Math, Reading, Writing, Social Studies, and Science. CAEC is for adult learners (18+) who do not have a high school diploma and are seeking greater access to employment opportunities, higher education, and increased training opportunities.

209-2021 Brunswick Street, Halifax

October 20, 2025 – June 19, 2026

Monday: 9:00am – 4:00pm

Tuesday: 9:00am – 3:45am

Diamond Bailey, College St.

October 20, 2025 – June 19, 2026

Tuesday: 3:45pm – 4:15pm

Wednesday: 9:00am – 4:00pm

ALP III

The Adult Learning Program (ALP) is an outcome-based education program for adults in Nova Scotia. Eligible learners may enter and exit the educational continuum at different times and levels based on their goals and learning journey. Activities may serve as bridges to the workforce, improved self-sufficiency, personal development, community engagement, further training (including post-secondary education), and high school completion or equivalency.

209-2021 Brunswick Street, Halifax

October 20, 2025 – June 19, 2026

Monday: 12:00pm – 4:00pm

Tuesday: 11:00am – 1:00pm

Thursday: 9:00am – 11:45am

Diamond Bailey, College St.

October 20, 2025 – June 19, 2026

Wednesday: 12:00pm – 1:00pm

Thursday: 3:00pm – 4:00pm



MI'KMAW NATIVE FRIENDSHIP SOCIETY

(continued)

E3 Aligned

E3 Employment Readiness Program

This program will help participants overcome the hurdles they have regarding employability by providing workplace essential skills and life skills that will improve their chances for success in the labour market. This program will enhance Reading Text; Document Use; Numeracy; Writing; Oral Communication; Working with Others; Thinking Skills; Computer Use; Setting boundaries/goals; Cooking; Hygiene, and Financial management. Cultural activities are provided throughout the program through guest speakers and facilitators.

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

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209-2021 Brunswick Street, Halifax

October 20, 2025 – June 19, 2026

Monday: 9:00am – 12:00pm

Tuesday: 9:00am – 11:00am

Wednesday: 1:00pm – 4:00pm

Diamond Bailey, College St.

October 20, 2025 – June 19, 2026

Wednesday: 9:00am – 11:00am

E3 Foundations

This program is an outcome-based program for adults in NS. Learners may enter and exit the educational system at different times and levels based on their goals and learning journey. Activities may serve as bridges to the workforce, improved self-sufficiency, personal development, community engagement, further training (including post-secondary), and high school completion or equivalency.

209-2021 Brunswick Street, Halifax

October 20, 2025 – June 19, 2026

Communications

Friday: 9:00am – 11:00am

Numeracy

Tuesday: 1:00pm – 4:00pm

Digital Skills

Friday: 11:00am – 12:00pm

Learning & Work

Friday: 1:00pm – 2:00pm



MI'KMAW NATIVE FRIENDSHIP SOCIETY

E3 Foundations

Diamond Bailey, College St.
October 20, 2025 – June 19, 2026

Communications

Friday: 1:00pm – 2:00pm

Numeracy

Thursday: 11:45am – 1:00pm

Friday: 2:00pm - 3:00pm

Digital Skills

Thursday: 1:00pm – 2:00pm & 3:00pm – 4:00pm

Learning & Work

Wednesday: 11:00am – 12:00pm

Thursday: 2:00pm – 3:00pm

Community Literacy

Community literacy activities are provided to new and young parents, and include Mi'kmaq language classes, cultural workshops including drum making, jikamaqn, rattles, kids and culture, drumming and singing and language immersion activities, and parental supports with traditional and contemporary teachings and supports. Additional workshops could include storytelling and traditional teachings, traditional medicine knowledge, sweetgrass picking, etc.

October 20, 2025 – June 19, 2026

Tuesday: 12:00pm - 7:30pm

Wednesday: 3:30pm - 8:30pm

Thursday: 3:00pm - 7:30pm

**Want to contact
NSSAL directly?**



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

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NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

***Programs are subject
to change based on
operational requirements**

PRESTON AREA LEARNING SKILLS SOCIETY

902-462-6042 / 902-707-0398

1987pals@gmail.com

875 Main Street, Dartmouth

E3 Foundations

Communications

Communications Modules within the Communications Stream will address reading, writing, speaking, listening, viewing, and representing domains, and will range in focus from specific content knowledge (e.g., sentence structure) to specific tasks related to work or learning.

Township Learning Centre - 875 Main Street, Dartmouth

September 15, 2025 – December 12, 2025

Monday, Tuesday, Wednesday, Thursday & Friday: 9:00am – 12:00pm

Nelson Whynder Elementary School–979 North Preston Road, North Preston

September 15, 2025 – December 12, 2025

Tuesday & Thursday: 5:00pm – 5:45pm

Numeracy

The Numeracy Stream will enable instructors and organizations to offer short term, focused modules to learners in their region who have gaps in various areas of numeracy

Township Learning Centre - 875 Main Street, Dartmouth

January 5, 2026 - June 19, 2026

Monday, Tuesday, Wednesday, Thursday & Friday: 9:00am – 12:00pm

Nelson Whynder Elementary School–979 North Preston Road, North Preston

January 5, 2026 - June 19, 2026

Tuesday and Thursday: 5:00pm – 5:45pm

Community Literacy

This program will provide life-long learning to individuals who may be seeking essential skills to improve their quality of life and/or community leadership competencies. It will follow learning pathways towards a variety of essential skills and knowledge. This program may follow the E3 Foundations curricula if there is demand for it and may include basic digital literacy.

Township Learning Centre - 875 Main Street, Dartmouth

September 15, 2025 – December 12, 2025

January 5, 2026 - June 19, 2026

Monday, Tuesday, Wednesday, Thursday & Friday: 1:00pm – 3:00pm

Nelson Whynder Elementary School–979 North Preston Road, North Preston

September 15, 2025 – December 12, 2025

January 5, 2026 - June 19, 2026

Tuesday & Thursday: 5:45pm – 6:30pm



WESTERN HALIFAX COMMUNITY LEARNING NETWORK

902-225-6320

info@westernhalifaxcln.com

5209 St. Margaret's Bay Road | Suite 205, Upper Tantallon

CAEC Prep

The CAEC Prep Program helps people without a high school diploma earn a high school equivalency certificate by preparing them for the Canadian Adult Education Credential (CAEC) assessments. The program includes 5 tests in Math, Science, Social Studies, Reading and Writing, all of which must be passed to earn the CAEC Certificate. We offer a mix of instructor-led sessions and independent study to help you prepare for these exams. Our instructors will guide you through the material, assist with setting up your CAEC account, and help you schedule your tests.

5209 St. Margaret's Bay Road, Suite 205, Upper Tantallon

September 15, 2025 – December 19, 2025

January 5, 2026 – June 19, 2026

Monday & Wednesday: 6:00pm – 9:00pm

E3 Aligned

Time Capture using Digital Skills

This multifaceted program builds learners' digital skills, understanding, and confidence through building and maintaining community-focused endeavors and partnerships, building skills for daily life and improved employability. The classes are dynamic, considering each learner's individual needs and interests. We like to work together in groups to encourage meaningful learning, engaging with others, using podcast equipment as another tool to explore building relationships with others.

5209 St. Margaret's Bay Road, Suite 205, Upper Tantallon

September 15, 2025 – December 19, 2025

January 5, 2026 – June 19, 2026

Tuesday, Wednesday, Thursday & Friday: 1:30pm – 4:30pm

Friday: 9:30 – 12:30pm

Aspotogan Heritage Trust - 10 Pte. Richard Green Lane, Hubbards

September 15, 2025 – December 19, 2025

January 5, 2026 – June 19, 2026

Tuesday & Thursday: 9:30am – 12:30pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



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WESTERN HALIFAX COMMUNITY LEARNING NETWORK (continued)

E3 Foundations

Literacy in Our Lives Today

This program is an introduction to build awareness of the many forms of literacy we encounter on a daily basis and the roles it plays in our daily lives, community and workplace. This is an opportunity to gather with others to prioritize and explore literacy subjects such as cultural, digital, financial, civic, health and workplace.

5209 St. Margaret's Bay Road, Suite 205, Upper Tantallon

September 15, 2025 – December 19, 2025

January 5, 2026 – June 19, 2026

Wednesday: 9:30am – 12:30pm

Community Literacy

Cooking in the Bay

This class is for learners who wish to learn or expand their nutritional and cooking knowledge while working within a budget. Learners not only grow their confidence in kitchen and cooking skills, but also in their numeracy, communication, and literacy skills. The class includes picking out accessible, nutritious, and cost-effective recipes, preparing and cooking, and then sharing the meal. Learners will prepare for the next week, taking into account budget and reflecting on their learning.

5209 St. Margaret's Bay Road, Suite 205, Upper Tantallon

July 2, 2025 – August 22, 2025

Tuesday & Thursday: 1:00pm - 4:00pm

5209 St. Margaret's Bay Road, Suite 205, Upper Tantallon

September 15, 2025 – December 19, 2025

January 5, 2026 – June 19, 2026

Monday: 9:30am – 3:30pm

Community Connection Literacy

This is an 8-week summer program where learners explore their community, document observations, and develop personal stories using written and visual communication. Designed to build confidence in reading, writing, and self-expression, this course strengthens foundational literacy and supports pathways to employment, personal growth, and lifelong learning.

Aspotogan Heritage Trust - 10 Pte. Richard Green Lane, Hubbards

July 2, 2025 – August 22, 2025

Tuesday: 9:30am – 12:30pm



ANTIGONISH COUNTY ADULT LEARNING ASSOCIATION

902-863-3060

acalalearn@acala.live

283 Main St. Suite 120, Antigonish

CAEC Prep

CAEC Prep offers a blend of instructor-led sessions and independent study, giving you the flexibility to learn at your own pace, whether in person, virtually or a combination of both. Instructors will be there to guide you through the material and provide support when you are ready to take one of the five exam subjects.

283 Main St, Antigonish

September 15, 2025 – December 12, 2025

January 6, 2026 – June 20, 2026

Monday, Wednesday & Thursday: 10:00am – 12:00pm & 2:00pm – 4:00pm

Tuesday: 1:00pm – 3:00pm & 4:00pm – 6:00pm

E3 Adult Learning Program

This program integrates the new Essential Skills framework with the previous Adult Learning Program levels I and II. Learners will participate in hands-on learning in basic literacy, numeracy and communications that can be directly applied to education, work and life. This program is for learners with skill gaps in reading, writing, numeracy and communications, who have goals of further education, obtaining their high school equivalency, or who want to develop essential skills for learning, life and work.

283 Main St, Antigonish

Numeracy Stream

September 15, 2025 – December 12, 2025

January 5, 2026 – June 19, 2026

Monday & Wednesday: 9:00am – 11:00am

Digital Skills Stream

September 15, 2025 – December 12, 2025

January 5, 2026 – June 19, 2026

Monday & Wednesday: 1:00pm – 2:30pm

Learning & Work Stream

September 15, 2025 – December 12, 2025

January 5, 2026 – June 19, 2026

Tuesday & Thursday: 1:00pm – 2:30pm

Communications Stream

September 15, 2025 – December 12, 2025

January 5, 2026 – June 19, 2026

Tuesday & Thursday: 9:00am – 11:00am

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada

**Programs are subject
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ANTIGONISH COUNTY ADULT LEARNING ASSOCIATION

(continued)

Adult Learning Program III

An outcome-based education program for adults in Nova Scotia. Activities may serve as bridges to the workforce, improved self-sufficiency, personal development, community engagement, further training (including post-secondary education), and high school completion or equivalency. Adult Learning Program Level III is for adults who need to develop a variety of reading, writing, social studies, science and math skills at a grade 9-11 level.

283 Main St, Antigonish

September 15, 2025 – December 12, 2025

Monday: 1:00pm – 2:00pm

Wednesday: 9:30am – 11:30am

Thursday: 10:00am – 12:00pm & 3:00pm – 4:00pm

January 5, 2026 – June 19, 2026

Monday: 1:00pm – 2:00pm

Wednesday: 9:30am – 11:30am

Thursday: 10:00am – 12:00pm & 1:00pm – 2:30pm

E3 Aligned

This Essential Skills program offers skill upgrading to prepare learners for direct entry into employment, entry into post-secondary education and pathways to improved careers. It is based on the E3 Framework and is offered in 8-12 week sessions, focusing on different goals for employment. Each program contains classroom learning experience, as well as a practical group project to apply skills. Each program contains essential skill development in technology, customer service, communications, workplace certifications, volunteer placements, numeracy, job and pathway exploration and more.

220 Main St and 283 Main St, Antigonish

Intro to Office Administration

September 15, 2025 – November 7, 2025

Wednesday & Thursday: 9:00am – 3:00pm

Intro to Entrepreneurship

September 15, 2025 – November 21, 2025

Monday & Tuesday: 9:00am – 3:00pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada

***Programs are subject
to change based on
operational requirement**

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ANTIGONISH COUNTY ADULT LEARNING ASSOCIATION (continued)

Intro to Early Childhood Education

November 17, 2025 – December 12, 2025

January 12, 2026 – February 6, 2026

Wednesday & Thursday: 9:00am – 3:00pm

Techology and IA in the Workplace

January 12, 2026 – April 10, 2026

Monday & Tuesday: 9:00am – 3:00pm

Hospitality and Tourism

April 27, 2026 – June 13, 2026

Wednesday & Thursday: 9:00am – 3:00pm

April 13, 2026 – June 13, 2026

Monday & Tuesday: 9:00am – 3:00pm

E3 Foundations – Digital Literacy

Learners within an E3 Foundations Program will improve their skills through enrollment in modules and courses covering some combination of four content areas: Communications, Numeracy, Digital Skills, and Learning and Work. Organizations can select which modules and/or courses to offer depending on community need. Instructors will follow the Facilitation Guides for each module or course, supplementing the suggested teaching, learning, and assessment activities with their own resources and lessons to achieve the identified learning outcomes and objectives.

220 Main St, Antigonish

Basic Digital Skills

September 15, 2025 – December 19, 2025

January 12, 2026 – June 19, 2026

Monday & Tuesday: 9:00am – 10:00am

Thursday: 10:00am – 12:00pm

Intro to computers

September 15, 2025 – October 24, 2025

Tuesday & Wednesday: 10:00am – 12:00pm

January 12, 2026 – February 20, 2026

Tuesday & Wednesday: 1:00pm – 3:00pm

April 27, 2026 – June 5, 2026

Tuesday & Wednesday: 10:00am – 12:00pm

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1-877-466-7725



NSSAL@novascotia.ca



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ANTIGONISH COUNTY ADULT LEARNING ASSOCIATION (continued)

Microsoft Suite

September 15, 2025 – October 24, 2025

Tuesday & Wednesday: 1:00pm – 3:00pm

March 3, 2026 – April 17, 2026

Tuesday & Wednesday: 10:00am – 12:00pm

Using the Internet

November 3, 2025 – December 12, 2025

Tuesday & Wednesday: 10:00am – 12:00pm

March 3, 2026 – April 18, 2026

Tuesday & Wednesday: 1:00pm – 3:00pm

Phone and Tablets

November 3, 2025 – December 12, 2025

Tuesday & Wednesday: 1:00pm – 3:00pm

June 8, 2026 – June 19, 2026 (Refresher)

Tuesday & Wednesday: 1:00pm – 3:00pm

Social Media and Video Meetings

January 12, 2026 – February 20, 2026

Tuesday & Wednesday: 10:00am – 12:00pm

April 27, 2026 – June 5, 2026

Tuesday & Wednesday: 1:00pm – 3:00pm

Refresher – Computers, Internet & Microsoft

June 8, 2026 – June 19, 2026

Tuesday & Wednesday: 1:00pm – 3:00pm

Community Literacy

Living it Up: Money Matters

283 Main St, Antigonish

September 15, 2025 – October 31, 2025

February 2, 2026 – March 20, 2026

Wednesday: 9:00am – 11:30am

You 2.0/ Mental Health

283 Main St, Antigonish

September 15, 2025 – December 14, 2025

January 4, 2026 – June 11, 2026

Tuesday: 1:00pm – 3:30pm

**Want to contact
NSSAL directly?**



1-877-466-7725



NSSAL@novascotia.ca



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ANTIGONISH COUNTY ADULT LEARNING ASSOCIATION (continued)

Our Past, Your Future

JH Regional High School

September 15, 2025 – December 17, 2025

January 5, 2026 – June 9, 2026

Tuesday & Thursday: 9:00am – 11:00am

Living it Up: Home Organization and Cleaning

283 Main St, Antigonish

May 18, 2026 – June 12, 2026

Wednesday: 9:00am – 11:30am

Boot Camp: Harvest and Canning

283 Main St, Antigonish

September 15, 2025 – October 20, 2025

Boot Camp: Make your Own Gifts

283 Main St, Antigonish

October 30, 2025 – December 15, 2025

Boot Camp: World Cuisines

283 Main St, Antigonish

January 15, 2026 – February 23, 2026

June 4, 2026 – June 15, 2026

Boot Camp: Creative Outlets

283 Main St, Antigonish

March 5, 2026 – April 20, 2026

Boot Camp: Micro Gardening

283 Main St, Antigonish

April 23, 2026 – May 31, 2026

**Want to contact
NSSAL directly?**



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NSSAL@novascotia.ca



Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada

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operational requirements**

COLCHESTER ADULT LEARNING ASSOCIATION

902-895-2468

contactcala@gocala.ca

966B Prince Street, Truro

CAEC Prep

This program will help learners develop confidence and gain skills to pass the CAEC modules (Reading, Writing, Math, Social Studies and Science). The program will also help you develop the digital skills necessary to facilitate test taking. In addition, the Instructor will guide you through the process of registering with the testing centre; applying to write tests, request for prior learning assessments and other requests as needed.

835 Highway 2, Millbrook

September 20, 2025 – June 30, 2026

Monday: 8:30am – 4:30pm

966 B Prince Street, Truro

September 23, 2025 – June 30, 2026

Tuesday, Thursday & Friday: 8:30am – 4:30pm

E3 Foundations – Essential Skills

Essential Skills for the 21st Century

This program is broken into three modules: essential skills for community/home, essential skills for learning, and essential skills for work. The program utilizes technology in all three modules. The first 12-week module focuses on using technology for everyday uses - banking, shopping, finding information, communicating online and engaging with others. The Essential Skills for learning focus on using online learning platforms, Google Suite and Microsoft Suite. The final 12 weeks focus on using technology for career exploration and job finding.

966 B Prince Street, Truro

September 20, 2025 – June 30, 2026

Monday & Tuesday: 8:30am – 4:30pm

Introduction to Workplace Essentials Skills

AI-Powered Skills provides a structured approach to enhancing digital literacy and job readiness, with a focus on practical skills and real-world applications. This program equips adult learners with essential digital skills for employment, education, and communication. Participants will gain hands-on experience with Google apps and AI tools, while learning how to set goals, search for and apply to jobs, communicate effectively, and build a professional online presence.

966 B Prince Street & 36 Arthur Street, Truro

September 20, 2025 – June 30, 2026

Monday & Tuesday: 8:30am – 4:30pm



COLCHESTER ADULT LEARNING ASSOCIATION (continued)

Community Essentials (Communications and Numeracy)

966 B Prince Street & 36 Arthur Street, Truro

September 23, 2025 – June 26, 2026

Monday & Tuesday: 1:00pm – 4:30pm

Essential Skills (Communications)

966 B Prince Street & 36 Arthur Street, Truro

September 23, 2025 – June 30, 2026

Thursday & Friday: 8:30am – 4:30pm

Essential Skills (Math/Numeracy)

966 B Prince Street & 36 Arthur Street, Truro

September 23, 2025 – June 30, 2026

Monday & Tuesday: 8:30am – 4:30pm

Thursday & Friday: 1:00pm – 4:30pm

Digital Literacy

DLB

This introductory program helps participants learn the basics of computing and the internet. Learn vocabulary and gain valuable digital skills through hands-on guided practice. This computer and internet basics program will build confidence when using technology and help you learn new digital skills. Learn to use technology devices, develop mouse/touchpad skills, develop keyboard skills, discover creative websites and software, interactive digital skill building and practice email.

966 B Prince Street & 36 Arthur Street, Truro

September 23, 2025 – June 30, 2026

Thursday: 1:00pm – 4:30pm

Friday: 8:30am – 4:30pm

Get Connected/Stay Connected

Internet Safety and navigating the internet.

966 B Prince Street & 36 Arthur Street, Truro

September 23, 2025 – June 30, 2026

Thursday & Friday: 1:00pm – 4:30pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



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COLCHESTER ADULT LEARNING ASSOCIATION (continued)

North Star

Monthly assessments.

966 B Prince Street & 36 Arthur Street, Truro

September 23, 2025 – June 30, 2026

TBD

Home and Office Google

Microsoft Office 365

966 B Prince Street & 36 Arthur Street, Truro

September 23, 2025 – June 30, 2026

Thursday & Friday: 1:00pm – 4:30pm

Home and Office Microsoft

Google Workspace

966 B Prince Street & 36 Arthur Street, Truro

September 23, 2025 – June 30, 2026

Thursday & Friday: 1:00pm – 4:30pm

Community Literacy

Community Programming

CALA will conduct learning opportunities in short workshop deliveries in other Truro locations, Millbrook, Stewiacke, Tatamagouche, Debert, Great Village and other locations as requested. Workshops and short offering will be based on community needs/requests falling under the E3 Foundations guide.

Truro and Colchester County

September 20, 2025 – June 30, 2026

Monday, Tuesday, Wednesday, Thursday & Friday: TBD



CUMBERLAND ADULT NETWORK FOR UPGRADING

902-661-0153

office@canu-ns.ca

21 Acadia St., 2nd floor, Amherst

CAEC Prep

CAEC Prep offers a blend of instructor-led sessions and independent study, giving you the flexibility to learn at your own pace, whether in person, virtually or a combination of both. Instructors will be there to guide you through the material and provide support when you are ready to take one of the five exam subjects.

21 Acadia St, Amherst

September 15, 2025 – December 26, 2025

January 5, 2026 – June 19, 2026

Monday & Friday: 9:00am – 12:00pm

Tuesday, Wednesday & Thursday: 1:00pm – 4:00pm

Maggie's Place, Amherst

September 16, 2025 – December 23, 2025

January 6, 2026 – June 16, 2026

Tuesday: 1:00pm – 4:00pm

Wentworth Learning Centre, Amherst

September 16, 2025 – December 23, 2025

January 6, 2026 – June 16, 2026

Tuesday: 9:00am – 12:00pm

Springhill, Amherst

September 18, 2025 – December 18, 2025

Thursday: 9:00am – 12:00pm

January 8, 2026 – June 18, 2026

Thursday: 1:00pm – 4:00pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

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Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



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Government of Nova Scotia, Canada](#)

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CUMBERLAND ADULT NETWORK FOR UPGRADING (continued)

E3F Adult Learning Program

The E3F Adult Learning Program offers instructor led learning tailored to students seeking to re-enter the classroom. Whether preparing for high completion at the NSCC, upgrading skills for employment opportunities, or retooling for career advancement, this program caters to diverse learning goals.

21 Acadia St, Amherst

Communications

September 16, 2025 – December 23, 2025

January 6, 2026 – June 18, 2026

Tuesday, Wednesday & Thursday: 9:00am – 12:00pm

Math Prep

September 15, 2025 – December 22, 2026

January 5, 2026 – June 18, 2026

Monday: 1:00pm – 4:00pm

Book and a Bite

September 19, 2025 – December 19, 2025

January 9, 2026 – June 19, 2026

Friday: 9:00am – 12:00pm

CAEC Social Studies Prep

September 16, 2025 – December 23, 2025

Tuesday: 1:00pm – 4:00pm

CAEC Science Prep

January 6, 2026 – June 16, 2026

Tuesday: 1:00pm – 4:00pm

Focused Skills Development

Coping Skills

Assist learners to recognize how thoughts and feelings can affect your choices and behaviors, teach them coping strategies to deal with difficult thoughts, and learn lifestyle habits to support healthy thinking.

21 Acadia St, Amherst

September 16, 2025 – December 23, 2025

January 13, 2026 – June 16, 2026

Tuesday: 4:00pm – 7:00pm



CUMBERLAND ADULT NETWORK FOR UPGRADING (continued)

Up Skills for Work

Provides individual support to guide participants to reach their goal. You work with staff to develop skills, overcome barriers, design a resume or prepare for an interview; are a sample of the types of support that is offered.

21 Acadia St, Amherst

September 18, 2025 – December 18, 2026

January 15, 2026 – June 18, 2026

Thursday: 1:00pm – 4:00pm

Digital Skills for Work

Learners work at their own pace on any number of "challenges" they may face in the workforce, with the guidance of an instructor every step of the way. Hands on learning such as Formatting documents, cloud computing, excel spreadsheets, digital citizenship and self-directed tutorials.

21 Acadia St, Amherst

September 15, 2025 – December 18, 2025

January 19, 2026 – June 15, 2026

Monday: 1:00pm – 4:00pm & Thursday: 9:00am – 12:00pm

Feed our Community

A program where Learners pick recipes for a main meal, for a family of four, make a shopping list, test the recipe and then we assemble 50 bags with everything needed for the recipe. These bags are handed out at our monthly community supper. This program is a partnership with Maggie's Place Family Resource Centre.

21 Acadia St, Amherst

September 18, 2025 – December 18, 2026

January 15, 2026 – June 18, 2026

Thursday: 1:00pm – 4:00pm

**Want to contact
NSSAL directly?**



1-877-466-7725



NSSAL@novascotia.ca



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Government of Nova Scotia, Canada](#)

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EAST HANTS COMMUNITY LEARNING ASSOCIATION

902-883-1608
224 Highway 214, Suite 101, Elmsdale

CAEC Prep

Prepare to complete at least one of the five CAEC subject area tests.

224 Highway 214, Elmsdale
September 15, 2025 – June 19, 2026
Monday & Wednesday: 1:00pm – 4:00pm
Tuesday & Thursday: 9:00am – 12:00pm

Digital Literacy

Basic Digital Literacy program.

224 Highway 214, Elmsdale
September 15, 2025 – June 19, 2026
Tuesday & Wednesday: 1:00pm – 4:00pm
Thursday: 9:00am – 12:00pm

843 Fall River Road, Fall River
January 12, 2026 – June 19, 2026
Wednesday: 9:00am – 12:00pm
Thursday: 1:00pm – 4:00pm

Communications for Life in Nova Scotia

A Communications Stream program teaching essential skills for individuals in our community.

224 Highway 214, Elmsdale
September 15, 2025 – June 19, 2026
Monday & Wednesday: 9:00am – 12:00pm
Tuesday: 1:00pm – 4:00pm

Skills for the Workforce

A Learning & Work Stream program teaching essential skills for individuals seeking to improve their work-related skills.

224 Highway 214, Elmsdale
September 15, 2025 – June 19, 2026
Monday: 9:00am – 12:00pm & 1:00pm – 4:00pm
Tuesday: 9:00am – 12:00pm & 5:30pm – 8:30pm
Thursday: 1:00pm – 4:00pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

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EAST HANTS COMMUNITY LEARNING ASSOCIATION (continued)

Community Literacy

A collection of community literacy workshops, events and programs that bring our community together to learn.

224 Highway 214, Elmsdale

September 15, 2025 – June 19, 2026

Tuesday: 5:30pm – 8:30pm

Wednesday: 9:00am – 12:00pm

Thursday: 1:00pm – 4:00pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

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1-877-466-7725



NSSAL@novascotia.ca



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operational requirements**

EASTERN SHORE & MUSQUODOBOIT VALLEY LEARNING NETWORK

902-391-0014

esmv@adulthoodliteracynetwork.ca

22756 Highway 7, Suite 216, Sheet Harbour

CAEC Prep

Get ready to earn your high school equivalency with our free CAEC Preparation Course! Adults 18 and up will build the reading, writing, math, science, and social studies skills needed to pass the Canadian Adult Education Credential (CAEC) tests previously known as the GED. Learn at your own pace in a supportive environment and take the next step toward your goals.

22756 Hwy 7, Suite 216, Sheet Harbour

September 16, 2025 – December 18, 2025

January 6, 2026 – June 18, 2026

Tuesday & Thursday: 9:30am – 12:30pm & 1:00pm – 4:00pm

325 Porters Lake Station Road, Porters Lake

September 16, 2025 – December 17, 2025

January 6, 2026 – June 17, 2026

Tuesday: 9:30am – 12:30pm & 1:00pm – 4:00pm

Wednesday: 3:00pm – 6:00pm & 6:30pm – 9:30pm

E3 Digital Skills

Build confidence and boost your skills with this beginner-friendly course designed to help you feel more comfortable using computers, digital devices, and the internet. You'll learn how to send emails, stay safe online, find information, and use digital tools for work and daily life.

22756 Hwy 7, Suite 216, Sheet Harbour

September 15, 2025 – December 17, 2025

January 5, 2026 – June 17, 2026

Monday & Wednesday: 9:30am – 12:30pm

Tuesday & Wednesday: 1:00pm – 4:00pm

325 Porters Lake Station Road, Porters Lake

September 15, 2025 – December 16, 2025

January 5, 2026 – June 16, 2026

Monday & Tuesday: 9:30am – 12:30pm & 1:00pm – 4:00pm

12280 Highway 224, Unit 4, Middle Musquodoboit

September 17, 2025 – December 18, 2025

January 7, 2026 – June 18, 2026

Wednesday: 1:00pm – 4:00pm

Thursday: 9:30am – 12:30pm & 1:00pm – 4:00pm



Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
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EASTERN SHORE & MUSQUODOBOIT VALLEY LEARNING NETWORK

(continued)

Tech Connect

Tech Connect is a hands-on program that teaches adults with intermediate digital skills how to use tools like email, Google Workspace, Zoom, Canva, and Microsoft Office. Whether you're applying for jobs, joining online meetings, or just getting more confident, Tech Connect will help you build the skills you need.

22756 Hwy 7, Suite 216, Sheet Harbour
September 15, 2025 – December 16, 2025
January 5, 2026 – June 16, 2026
Monday: 1:00pm – 4:00pm
Tuesday: 9:30am – 12:30pm

325 Porters Lake Station Road, Porters Lake
September 18, 2025 – December 19, 2025
January 8, 2026 – June 19, 2026
Thursday & Friday: 9:30am – 12:30pm & 1:00pm – 4:00pm

Chrome, Books & Bytes

This award-winning program seamlessly weaves together the worlds of book clubs, digital literacy, cooking classes, communications, and arts & culture studies. Together, you'll choose a book for the group to read, then dive deeper using digital tools like Libby, Google Maps, and AI to explore the countries, cultures, foods, and traditions featured in the stories. Don't worry if you aren't tech-savvy—we'll teach you all the skills you need to use the internet safely. We'll also cook dishes inspired by regions from the books, enjoy meaningful conversations, and make new friends. Join us for this worldwide adventure!

22756 Hwy 7, Suite 216, Sheet Harbour
September 18, 2025 – November 27, 2025
December 4, 2025 – March 12, 2026
March 26, 2026 – June 18, 2026
Thursday: 9:30am – 12:30pm & 1:00pm – 4:00pm

325 Porters Lake Station Road, Porters Lake
September 19, 2025 – November 28, 2025
December 5, 2025 – March 13, 2026
March 27, 2026 – June 19, 2026
Friday: 9:30am – 12:30pm

12280 Highway 224, Unit 4, Middle Musquodoboit
September 17, 2025 – November 26, 2025
December 3, 2025 – March 11, 2026
March 25, 2026 – June 17, 2026
Wednesday: 9:30am – 12:30pm



EASTERN SHORE & MUSQUODOBOIT VALLEY LEARNING NETWORK

(continued)

Events Plus

Community Literacy Programs support life-long learning which may encompass family literacy programming as well as any other programming that has been identified by the organization to meet community needs. Please note program participants will not be tracked in Service Registration, and Social Insurance Numbers are not required.

TBD

**Want to contact
NSSAL directly?**



1-877-466-7725



NSSAL@novascotia.ca



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GUYSBOROUGH COUNTY ADULT LEARNING ASSOCIATION

902-533-4252 / 1-877-332-1277

admin@guysboroughlearning.ca

9996 Highway 16, Guysborough, NS

ESTAELE - Essential Skills Through Adult Education Leading Learners to Employment

A structured program that promotes essential skill development to increase employment skills and opportunities. This program consists of classroom instruction (and where necessary packages and online learning) in areas of essential skills, literacy activities, technology training, and life skills training to help with future employment. Participants will learn transferable entry level skills that are applicable to other programs and may help them to attain employment or continue to high school or High School CAEC Prep.

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada](#)

**Programs are subject
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9996 Hwy 16, Chedabucto Mall, Unit H2
September 15, 2025 – December 12, 2025
Monday & Thursday: 10:00am – 3:00pm

5615 Hwy 16, Queensport
September 15, 2025 – December 12, 2025
Friday: 10:00am – 3:00pm

169 Main St. Canso
September 15, 2025 – December 12, 2025
Monday, Tuesday & Thursday: 10:00am – 3:00pm

985 Hwy 276, Goshen
September 15, 2025 – December 12, 2025
Tuesday: 8:30am – 4:00pm

8296 Hwy 276, Sherbrooke
September 15, 2025 – December 12, 2025
Friday: 8:30am – 12:00pm

11 Main St. Sherbrooke
September 15, 2025 – December 12, 2025
Friday: 12:30pm – 4:30pm

403 Murray St. Mulgrave
September 15, 2025 – December 12, 2025
Wednesday & Thursday: 9:00am – 4:30pm

9996 Hwy 16, Chedabucto Mall, Unit H2
January 5, 2026 – June 19, 2026
Monday & Thursday: 10:00am – 3:00pm



GUYSBOROUGH COUNTY ADULT LEARNING ASSOCIATION

(continued)

5615 Hwy 16, Queensport
January 5, 2026 – June 19, 2026
Friday: 10:00am – 3:00pm

169 Main St. Canso
January 5, 2026 – June 19, 2026
Monday, Tuesday & Thursday: 10:00am – 3:00pm

985 Hwy 276, Goshen
January 5, 2026 – June 19, 2026
Tuesday: 8:30am – 4:00pm

8296 Hwy 276, Sherbrooke
January 5, 2026 – June 19, 2026
Friday: 8:30am – 12:00pm

11 Main St. Sherbrooke
January 5, 2026 – June 19, 2026
Friday: 12:30pm – 4:30pm

403 Murray St. Mulgrave
January 5, 2026 – June 19, 2026
Wednesday & Thursday: 9:00am – 4:30pm

JESIE - Journaling, Essential Skills, Introspection, Empowerment

A Community Literacy program for seniors and non-employment focused learners. The JESIE program is designed for seniors or those who are not employed focused on increasing their basic digital literacy skills, practicing creative ways of keeping literacy skills sharp and relevant, and engaging with others in a meaningful, productive environment. When needed it will encompass family literacy programming which is designed to encourage families to learn together.

89 Queen St. Canso
September 15, 2025 – December 12, 2025
January 5, 2026 – June 19, 2026
Tuesday & Wednesday: 9:00am – 4:30pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



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Government of Nova Scotia, Canada](#)

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operational requirements***

PAQ'TNKEK FIRST NATION

902-386-2781
7 Dillon St, Afton

CAEC Prep

Learners within a Canadian Adult Education Credential (CAEC) Preparation program will develop the knowledge and skills required to be successful on one or more of the CAEC tests. CAEC-Prep subject areas include Mathematics, Reading, Science, Social Studies and Writing. CAEC-Prep facilitation guides are informed by CAEC outcomes and cognitive domains and contribute to a learning experience that equips learners engage successfully with subject area content, the test-taking context, and the digital skills required to navigate the online test-taking platform used for CAEC tests.

136 Afton Loop, Afton Station

September 15, 2025 – June 25, 2026

Monday, Tuesday, Wednesday, Thursday & Friday: 4:00pm – 7:00pm



PICTOU COUNTY CONTINUOUS LEARNING ASSOCIATION

Pictou: 902-485-7014 / New Glasgow: 902-755-5827

piccola@piccola.ca

91 Beeches Rd, Pictou / 174 Archimedes St, New Glasgow

CAEC Prep

For those wishing to obtain their high school equivalency certificate, the CAEC (Canadian Adult Equivalency Credentials) Prep course is for you. This course supplies learning experiences that prepare participants for writing one or more high school equivalency assessments. Students are provided with instruction on a wide variety of reading, writing, math, basic science and basic social studies skills.

174 Archimedes St - New Glasgow

September 15, 2025 – December 11, 2025

January 5, 2026 – June 18, 2026

Monday, Tuesday, Wednesday & Thursday: 9:00am - 12:45pm

91 Beeches Rd - Pictou

September 15, 2025 – December 11, 2025

January 5, 2026 – June 18, 2026

Monday, Tuesday, Wednesday & Thursday: 9:00am - 12:45pm

ALP I/II – E3 Foundations

This program is for learners who need to improve their skills through enrolment in modules and courses covering some combination of four content area streams: Communications, Numeracy, Digital skills and Learning and Work. The Adult Learning Program (ALP) is an outcome-based education program for adults in Nova Scotia.

174 Archimedes St - New Glasgow

September 15, 2025 – December 11, 2025

January 5, 2026 – June 18, 2026

Monday, Tuesday, Wednesday & Thursday: 2:00pm - 3:45pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada

***Programs are subject
to change based on
operational requirements**



Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



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PICTOU COUNTY CONTINUOUS LEARNING ASSOCIATION

(continued)

Bridge to Success

Bridge to Success is a 36 week, E3 aligned program preparing adult learners for success in the workplace by equipping them with strategies and tools aligned to essential skills and workplace requirements. Learners are mentored in a 4-week work placement where they have the opportunity to show their strengths and potential as employees to local businesses. This course offers a flexible delivery – both in-person and online – combining classroom preparedness, essential skills development, volunteer and workplace mentorship

174 Archimedes St - New Glasgow

September 15, 2025 – December 11, 2025

January 5, 2026 – June 18, 2026

Monday, Tuesday, Wednesday & Thursday: 9:00am - 3:45pm

Community Literacy

The Discovering Digital Skills Community Literacy program supports life-long learning for the residents of Pictou County. It was designed for all community members who find themselves unable to confidently navigate our new highly digital environment. The world's rapid transition to online learning, e-services, and remote work has left many Nova Scotians underserved and underemployed, as they do not have the required digital skills to interact meaningfully with technology. This program is for any learner looking to learn more about e-learning, online job searches and applications, accessing services online, connecting digitally, video conferencing, chat platforms and increasing their digital competency.

174 Archimedes St - New Glasgow

September 15, 2025 – December 11, 2025

January 5, 2026 – June 18, 2026

Monday, Tuesday, Wednesday & Thursday: 12:30pm – 3:30pm



EMPLOYMENT SOLUTIONS SOCIETY / LUNENBURG COUNTY ADULT LEARNING OPPORTUNITIES

902-543-2479

info@empsolutions.ca

215 Dominion Street, Bridgewater

CAEC Prep

The Canadian Adult Education Credential (CAEC) has replaced the GED in Canada. This program helps prepare you to complete the CAEC, deliver instruction and practice questions on all five subjects of the CAEC. We will also focus on test-taking strategies and anxiety to boost your confidence and help you succeed on your exciting journey.

215 Dominion Street, Bridgewater

September 16, 2025 – October 29, 2025

Tuesday, Wednesday & Thursday: 4:30pm – 7:30pm

November 18, 2025 – January 21, 2026

Tuesday, Wednesday & Thursday: 9:00am – 12:00pm

April 18, 2026 – June 10, 2026

Tuesday, Wednesday & Thursday: 9:00am – 12:00pm

E3 Foundations

Powerful Paragraphs

Do you struggle to be understood when you write a letter, note, email, or cover letter? Learning to craft a powerful paragraph may be the key to your communication success. This program focuses on turning words and sentences into powerful paragraphs, making your writing clear, organized, and ready to impress.

215 Dominion Street, Bridgewater

September 17, 2025 – November 21, 2025

Wednesday & Friday: 9:00am – 12:00pm

November 25, 2025 – February 20, 2026

Tuesday: 1:00pm – 4:00pm

Friday: 9:00am – 12:00pm

February 23, 2026 – May 7, 2026

Monday & Thursday: 9:00am – 12:00pm

Want to contact
NSSAL directly?



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EMPLOYMENT SOLUTIONS SOCIETY / LUNENBURG COUNTY ADULT LEARNING OPPORTUNITIES

(continued)

Basic Reading Strategies

The Basic Reading Strategies program helps adults improve their reading and writing skills, focusing on enhancing fluency and comprehension. This course provides practical techniques to overcome literacy challenges and strengthen foundational reading skills. Key areas of focus include phonics, vocabulary, fluency, and comprehension, ensuring learners gain the skills necessary for success in learning, work, and daily life. Through targeted strategies participants build confidence and improve their ability to read effectively, empowering them to navigate everyday reading tasks with greater ease.

215 Dominion Street, Bridgewater
November 24, 2025 – February 18, 2026
Monday & Wednesday: 1:00pm – 4:00pm
February 24, 2026 – May 7, 2026
Tuesday: 9:00am – 1:00pm
Thursday: 1:00pm – 4:00pm

Numeracy Mindset

This Numeracy Mindset program helps adults build essential numeracy skills for everyday tasks. Focused on practical applications, this course covers estimation, problem-solving, basic calculations, and mathematical reasoning, enabling learners to confidently handle situations like budgeting, shopping, and managing time. Participants will practice measuring for home projects, calculating discounts, interpreting utility bills, and more. By improving their ability to work with numbers, learners gain greater control over their finances, time, and decision-making, empowering them to navigate daily challenges with confidence and ease.

215 Dominion Street, Bridgewater
October 1, 2025 – November 18, 2025
Monday: 1:00pm – 4:00pm
Tuesday: 9:00am – 12:00pm
November 14, 2025 – February 19, 2026
Monday: 9:00am – 12:00pm
Thursday: 1:00pm – 4:00pm
February 23, 2026 – May 6, 2026
Monday: 1:00pm – 4:00pm
Wednesday: 9:00am – 12:00pm

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EMPLOYMENT SOLUTIONS SOCIETY / LUNENBURG COUNTY ADULT LEARNING OPPORTUNITIES

(continued)

Numeracy Mindset

This Numeracy Mindset program helps adults build essential numeracy skills for everyday tasks. Focused on money math, participants will improve their ability to work with numbers, learners gain greater control over their finances and decision-making, empowering them to navigate daily challenges with confidence and ease.

215 Dominion Street, Bridgewater

September 18, 2025 – November 7, 2025

Thursday: 9:00am – 12:00pm

Friday: 1:00pm – 4:00pm

April 15, 2026 – May 5, 2026

Wednesday: 1:00pm – 4:00pm

Friday: 9:00am – 12:00pm

May 11, 2026 – June 15, 2026

Monday: 1:00pm - 4:00pm

Tuesday & Thursday: 9:00am – 12:00pm

Numeracy Mindset

This Numeracy Mindset program helps adults build essential numeracy skills for everyday tasks. Focused on trades math and measurement, participants will practice measuring for home projects, estimating costs, converting between units of measurement and more! By improving their ability to work with numbers, learners gain greater control over their lives, empowering them to navigate daily challenges with confidence and ease.

215 Dominion Street, Bridgewater

February 10, 2026 – April 3, 2026

Week 1 & 2 - Tuesday: 9:00am – 12:00pm & Wednesday: 9:00am –

12:00pm Week 3, 4, 5, 6, 7 & 8 – Wednesday: 1:00pm – 4:00pm & Friday: 9:00am – 12:00pm

April 28, 2026 – June 19, 2026

Monday: 1:00pm - 4:00pm

Tuesday: 1:00pm – 4:00pm

Friday: 1:00pm – 4:00pm

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EMPLOYMENT SOLUTIONS SOCIETY / LUNENBURG COUNTY ADULT LEARNING OPPORTUNITIES (continued)

Basic Digital Skills

Learn to use a computer! Basic digital skills are needed in every area of life, from getting a job to making an appointment. This program will start with the basics and move up to using the internet, creating documents, and using social media to help you become a confident and capable computer user.

215 Dominion Street, Bridgewater

September 23, 2025 – November 14, 2025

February 27, 2026 – April 24, 2026

Tuesday, Wednesday, Thursday & Friday: 9:00am – 11:30am

November 17, 2025 – January 29, 2026

April 27, 2026 – June 18, 2026

Monday, Tuesday, Wednesday & Thursday: 1:00pm – 3:30pm

E3 Aligned

Worksmart

Get ready to work! If you are looking to get employed and stay employed, essential skills like communication, teamwork, document use, and stress management are required for success at work. A special focus on retail work skills, this program will introduce you to the skills you need to get the job.

215 Dominion Street, Bridgewater

September 15, 2025 – October 16, 2025

Wednesday & Thursday: 1:00pm – 4:00pm

October 22, 2025 – November 20, 2025

Wednesday & Thursday: 1:00pm – 4:00pm

January 29, 2026 – March 6, 2026 (last 2 weeks are Friday only)

Thursday: 9:00am – 12:00pm

Friday: 1:00pm – 4:00pm

March 13, 2026 – April 21, 2026

Tuesday & Friday: 1:00pm – 4:00pm

May 3, 2026 – June 11, 2026

Wednesday: 9:00am – 12:00pm

Thursday: 1:00pm – 4:00pm

Basic Computer Skills

Learn to use a computer! Get hands-on practice with a computer to learn everything from basic operations to using the internet and social media safety. You will get the skills you need to become a confident and capable.

215 Dominion Street, Bridgewater

September 22, 2025 – October 27, 2025

November 3, 2025 – December 6, 2025

February 23, 2026 – April 6, 2026

April 13, 2026 – May 18, 2026

Monday: 5:00pm – 8:00pm



QUEENS COUNTY LEARNING NETWORK

902-354-3635

queenslearning@ns.aliantzinc.ca

279 Main Street, Liverpool

CAEC Prep

This 15-week program is designed to prepare for the CAEC (formerly GED) in all subject areas: Reading, Persuasive Writing, Social Studies, Science and Math.

279 Main Street, Liverpool

October 7, 2025 – February 5, 2026

March 3, 2026 – June 18, 2026

Tuesday, Wednesday & Thursday: 9:00am – 12:00pm

E3 Foundations

Basic Digital Skills

Basic Digital Skills builds computer and digital literacy from the basics of operating a device to using technology confidently in both everyday tasks and professional settings.

279 Main Street, Liverpool

September 15, 2025 – February 4, 2026

February 9, 2026 – June 17, 2026

Monday, Tuesday, Wednesday & Thursday: 12:30pm – 2:30pm

Communications: Basic Reading Strategies

279 Main Street, Liverpool

September 15, 2025 – December 11, 2025

Monday, Tuesday, Wednesday & Thursday: 9:00am – 10:30am

Communications: Language Mechanics

279 Main Street, Liverpool

January 5, 2026 – March 13, 2026

Monday, Tuesday, Wednesday & Thursday: 9:00am – 10:30am

Communications: Powerful Paragraphs

279 Main Street, Liverpool

March 23, 2026 – June 19, 2026

Monday, Tuesday, Wednesday & Thursday: 9:00am – 10:30am

Numeracy: Numeracy Mindset

279 Main Street, Liverpool

September 15, 2025 – December 11, 2025

Monday, Tuesday, Wednesday & Thursday: 10:30am – 12:00pm

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QUEENS COUNTY LEARNING NETWORK

(continued)

Study Skills

Are you preparing for an assessment, test or returning to school? This 6-week Study Skills program will help you get on track to manage time and course materials for better success on your learning journey.

279 Main Street, Liverpool

September 16, 2025 - October 2, 2025

February 10, 2026 – February 26, 2026

Tuesday, Wednesday & Thursday: 9:00am – 12:00pm

E3 Aligned

Essential Skills for Home School and Work

This program builds numeracy skills by applying knowledge of numbers to completing basic math operations. Learn about how to use these operations in everyday life situations.

279 Main Street, Liverpool

January 5, 2026 – March 13, 2026

Monday, Tuesday, Wednesday & Thursday: 10:30am – 12:00pm

Essential Skills for Home School and Work

This program will help participants gain confidence using their math skills in a workplace setting, focusing on time management, transactions and budgeting.

279 Main Street, Liverpool

March 23, 2026 – June 18, 2026

Monday, Tuesday, Wednesday & Thursday: 10:30am – 12:00pm

Community Literacy

Queens Family Literacy-Online

Have fun learning together as a family! This 18-week program is for children ages 5-6 and their families. Each week, a packet will be available for pick-up at the Queens Family Resource Centre and will include a free book, craft materials and a game, song or activity ideas. Packets also include a session plan and additional links that you can follow to guide using the packet materials at home. There is a group Facebook page where you can access digital resources for the sessions. This online format gives families the opportunity to participate on their own schedules in the comfort of home.

September 16, 2025 – February 3, 2026

February 10, 2026 – June 17, 2026

Tuesday: 10:00am

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QUEENS COUNTY LEARNING NETWORK

(continued)

Queens Family Literacy Early Years-Online

Have fun learning together as a family! This 18-week program is for children ages 3-4 and their families. Each week, a packet will be available for pick-up at the Queens Family Resource Centre and will include a free book, craft materials and a game, song or activity ideas. Packets also include a session plan and additional links that you can follow to guide using the packet materials at home. There is a group Facebook page where you can access digital resources for the sessions. This online format gives families the opportunity to participate on their own schedules in the comfort of home.

September 16, 2025 – February 3, 2026

February 10, 2026 – June 17, 2026

Tuesday: 10:00am

Let's Learn Together

"Let's Learn Together" is a 20-week, in-person Mi'Kmaq language program that encourages learning the Mi'Kmaq language as a family. This program takes place at the Astor Theatre and participants of all ages are welcome to attend. Cultural presentations help make this program educational and interactive while taking home resources give participants the opportunity to continue learning at home.

219 Main Street, Liverpool

September 25, 2025 – November 27, 2025

March 26, 2026 - May 28, 2026

Thursday: 5:30pm – 7:30pm

Community Tech Clinic

Have questions about using your computer, smartphone or other device? Need help using apps? We are here to help! Drop in at the community tech clinic at the Thomas H. Raddall Library for one-on-one assistance with your everyday tech questions.

54 Harley Umphrey Drive, Liverpool

September 16, 2025 – June 16, 2026

Tuesday: 1:00pm – 5:00pm

Community Engagement

Want to learn more about the local community? Join us every week to learn about a new service, landmark or activity available in Queens. This is a great opportunity to spend more time getting to know about the places and people around us.

Various Locations

September 15, 2025 – June 15, 2026

Monday: 10:00am – 12:00pm

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SHELBURNE COUNTY LEARNING NETWORK SOCIETY

902-637-4333
25C King Street, Shelburne
3394 Highway 3, Barrington

CAEC Prep

CAEC Prep is a learning experience that prepares participants for writing one or more of the Canadian Adult Education Credential (CAEC) tests.

25C King Street, Shelburne
September 15, 2025 – February 6, 2026
February 9, 2026 – June 19, 2026
Monday & Friday: 12:45pm – 3:45pm
Tuesday: 8:45am – 11:45am & 5:45pm – 8:00pm
Thursday: 5:45pm – 8:00pm

3394 Hwy 3, Barrington Passage
September 15, 2025 – February 6, 2026
February 9, 2026 – June 19, 2026
Monday, Tuesday, Wednesday, Thursday & Friday: 9:00am – 12:00pm

E3 Foundations

Digital Literacy Skills

Participants will have the opportunity to start out learning basic digital literacy skills then advance to online exploration in a safe and inclusive environment. The opportunity to explore Northstar and obtain various digital literacy certificates is also part of this program.

25 C King Street, Shelburne
September 15, 2025 – November 12, 2025
November 17, 2025 – February 4, 2026
February 9, 2026 – April 15, 2026
April 20, 2026 – June 17, 2026
Wednesday: 12:45pm – 3:00pm
Thursday: 9:15am - 11:30am

3394 Hwy 3, Barrington Passage
September 15, 2025 – November 10, 2025
November 17, 2025 – February 2, 2026
February 9, 2026 – April 13, 2026
April 20, 2026 – June 15, 2026
Tuesday: 5:00pm – 8:00pm

Want to contact
NSSAL directly?



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SHELBURNE COUNTY LEARNING NETWORK SOCIETY

(continued)

Language Mechanics

Language Mechanics invites participants to explore the building blocks (grammar and language mechanics) of communication as they provide the rules and guidelines that allow effective communication. Topics include parts of speech, punctuation, sentence structure and grammar.

25 C King Street, Shelburne
September 15, 2025 – November 28, 2025
January 5, 2026 – March 29, 2026
March 23, 2026 – June 5, 2026
Monday & Friday: 8:45am – 11:45am

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3394 Hwy 3, Barrington Passage
September 15, 2025 – November 19, 2025
March 30, 2026 – June 17, 2026
Monday & Wednesday: 1:00pm – 4:00pm

Numeracy Mindset

Numeracy Mindset gives participants the opportunity to explore and reshape their relationship with numbers in their daily lives, learning strategies to create positive relationships with numeracy and math in their home, work, education and community. Topics include operations, pattern recognition, measurement and logic.

25 C King Street, Shelburne
September 16, 2025 – November 27, 2025
January 6, 2026 – March 19, 2026
March 24, 2026 – June 4, 2026
Tuesday & Thursday: 12:45pm – 3:45pm

3394 Hwy 3, Barrington Passage
November 24, 2025 – March 25, 2026
Monday & Wednesday: 1:00pm – 4:00pm

Study Skills

Study Skills will benefit adult learners seeking to create efficient study habits and employees and/or volunteers who wish to excel at their role or duties. Highlights include active listening, time management and note-taking.

25 C King Street, Shelburne
December 1, 2025 – December 11, 2025
June 8, 2026 – June 18, 2026
Monday & Tuesday: 8:45am – 11:45am
Thursday: 8:45am – 11:45am & 12:45pm – 3:45pm



SHELBURNE COUNTY LEARNING NETWORK SOCIETY

(continued)

Powerful Paragraphs

Powerful Paragraphs: Enhance your writing skills, gain confidence and excel at your studies and/or workplace. Highlights include basic paragraph structure, supporting details and sentences, cohesion with transitional words and structure and more.

3394 Hwy 3, Barrington Passage
September 16, 2025 – November 20, 2025
November 25, 2025 – April 1, 2026
April 6, 2026 – June 18, 2026
Tuesday & Thursday: 1:00pm – 4:00pm

Community Literacy

Getting to Know Your Community

Discover and celebrate Shelburne County's diverse culture and history! Activities offered throughout the county may include writer's workshops, cooking classes, creative art, guest speakers, gardening skills and Tech Talk sessions.

25C King Street Shelburne / 3394 Hwy 3 Barrington Passage, Sable River
September 15, 2025 – November 13, 2025
November 17, 2025 – February 5, 2026
February 9, 2026 – April 16, 2026
April 20, 2026 – June 18, 2026
Monday: 6:00pm - 9:00pm
Tuesday: 9:00am – 12:00pm & 1:00pm – 4:00pm
Wednesday: 9:00am – 12:00pm & 6:00pm – 9:00pm
Thursday: 1:00pm – 4:00pm

Want to contact
NSSAL directly?



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YARMOUTH COUNTY LEARNING NETWORK

(902) 742-8151

3B 101 Water Street, Pier 1 Building, Yarmouth

ycln@ycln.ca

CAEC Prep

The new GED! Do you need a high school equivalency to improve your job opportunities, or enroll in a course or program? Our CAEC (Canadian Adult Education Credential) Prep class is the place to get your goals off the ground! Attending CAEC Prep will get you ready to tackle all 5 exam subjects with confidence! Our FREE daytime and evening classes mean you can balance work and life while working towards your learning goals!

101 Water Street, Yarmouth

September 15, 2025 – January 30, 2026

February 2, 2026 – June 19, 2026

Monday, Tuesday, Wednesday, Thursday & Friday: 9:00am – 12:00pm

Monday, Tuesday, Wednesday, Thursday & Friday: 1:00pm – 4:00pm

Monday, Tuesday, Wednesday & Thursday: 6:00pm – 9:00pm

E3 Foundations

Communications

Ready to boost your reading and writing skills? Our beginner class for adults is here to help! Dive into fun activities and easy lessons designed to improve your reading comprehension and writing abilities for work or everyday life. From basic grammar to building vocabulary, our well-trained instructors will guide you step-by-step. Join us and unlock the joy of reading and the power of expressing yourself through writing.

101 Water Street, Yarmouth

September 15, 2025 – January 30, 2026

February 2, 2026 – June 19, 2026

Monday, Tuesday, Wednesday, Thursday & Friday: 9:00am – 12:00pm

Numeracy

Unlock the mysteries of math in our beginner-friendly class! Whether you're dusting off old skills or starting fresh, join us to build a solid foundation in numeracy. Explore numbers and basic operations for tackling real-world math problems. No fancy jargon, just clear explanations and plenty of practice to boost your confidence!

101 Water Street, Yarmouth

September 15, 2025 – January 30, 2026

February 2, 2026 – June 19, 2026

Monday, Tuesday, Wednesday, Thursday & Friday: 1:00pm – 4:00pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



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YARMOUTH COUNTY LEARNING NETWORK *(continued)*

Digital Skills

Join our digital literacy class for easy-to-understand lessons on navigating the online world. Get online or upgrade your skills using Northstar Digital Literacy assessments. Our knowledgeable team of instructors will help you gain the confidence to use different programs and devices, while exploring how to embrace new technologies. No experience needed!

101 Water Street, Yarmouth

September 16, 2025 – January 29, 2026

February 3, 2026 – June 18, 2026

Tuesday, Wednesday & Thursday: 1:00pm – 4:00pm

Learning & Work

Are you an adult who wants to be a more confident learner? Join us as we teach you how to communicate and listen effectively, manage your time wisely, and develop useful study skills. This program is full of practical study tips, useful time-management strategies, and opportunities to build your confidence as a lifelong learner!

101 Water Street, Yarmouth

September 16, 2025 – January 29, 2026

February 3, 2026 – June 18, 2026

Tuesday, Wednesday & Thursday: 9:00am – 12:00pm

Community Literacy

In-Home Family Literacy & Learning

Free in-home learning!

Are you an adult with small children? Do you live in Yarmouth, Shelburne or Digby County? If so, we have the program for you! The In-Home Family Literacy and Learning Program (IHFLLP) provides caregivers of children aged 5 or under the opportunity to learn in the comfort of your own home. An adult educator and early childhood educator come to your home and work with you to set your family literacy or other individualized goals.

Tri-county region – Yarmouth, Digby & Shelburne counties

September 29, 2025 – April 16, 2026

Monday, Tuesday, Wednesday & Thursday:

8:45am – 12:30pm & 1:00pm – 4:15pm



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NSSAL@novascotia.ca



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ANNAPOLIS VALLEY FIRST NATION

902-538-7149

29 Toney Blvd, Cambridge

CAEC Prep

The AVFN CAEC prep program will provide the opportunity for community members to gain employment and personal satisfaction in a supportive environment. There is a great need for remedial and supportive academic instruction in First Nations Communities to address the widespread anxiety and mistrust of traditional schooling that has been the source of failure, frustration and negative experiences for many of our Community members.

29 Toney Blvd, Cambridge

September 15, 2025 – June 19, 2026

Monday, Tuesday, Wednesday & Thursday: 9:00am – 11:00am

E3 Aligned

Food Keepers

This class will examine the role of an indigenous person as a land keeper, water keeper, medicine keeper and food keeper. Through the lens of Two-Eyed seeing and inclusive of Indigenous ways of seeing, knowing connecting, and learning, this program will explore our connection to land and the role we play in food security.

29 Toney Blvd, Cambridge

September 15, 2025 – June 19, 2026

Monday, Tuesday, Wednesday & Thursday: 11:00am – 1:00pm

Mi'kmaw Language

This program offers a great opportunity to learn Mi'kmaw language, culture and traditions. We will be learning vocabulary and improving reading skills. Elders will participate, and we will incorporate oral history and storytelling.

29 Toney Blvd, Cambridge

September 15, 2025 – June 19, 2026

September 15, 2025 – June 19, 2026

Monday, Tuesday, Wednesday & Thursday: 1:00pm – 3:00pm



ANNAPOLIS VALLEY FIRST NATION

(continued)

Community Literacy

After School Instruction

This program will be offered four days a week from 3:00 pm-4:30 pm and will focus on basic literacy and math skills for parents and their children from preschool to grade 5. This program will include remedial reading and math for all who need support. We will incorporate an indigenous focused novel study/book club, oral history and storytelling, traditional arts and land-based learning.

29 Toney Blvd, Cambridge

September 15, 2025 – June 19, 2026

September 15, 2025 – June 19, 2026

Monday, Tuesday, Wednesday & Thursday: 3:00pm – 4:30pm

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DIGBY AREA LEARNING ASSOCIATION

902-245-7540

info@digbydala.com

207A Highway 303, Conway, Digby

CAEC Prep

DALA offers the new, Canadian-focused Canadian Adult Education Credential that leads to a high school equivalency diploma. The CAEC requires a passing grade in a series of five exams: Mathematics, Reading Comprehension, Writing, Social Studies, and Science. The CAEC preparation course helps learners develop the knowledge and skills required to pass the CAEC exams. Classes include specific instruction that provides assistance with understanding the content, developing academic skills, and practice tests to help the learners prepare for the exams.

207A Hwy 303, Conway

September 8, 2025 – December 12, 2025

December 29, 2025 – March 13, 2026

March 23, 2026 – June 26, 2026

Monday, Tuesday, Wednesday, Thursday & Friday: 2:00pm – 4:30pm

Monday, Tuesday & Thursday: 5:00pm – 8:30pm

E3 Foundations

Learning & Work

Join our E3: Education, Essential Skills, Empowerment Program to improve communications, numeracy, digital and personal development skills to reach learning and employment goals. Modules include Basic Digital Skills, Language Mechanics, Power Paragraphs, Numeracy Mindset and Study Skills. You will develop transferable skills through participation in the community, skills exploration and real-world learning experiences.

207A Hwy 303, Conway

July 2, 2025 – August 22, 2025

Monday, Tuesday & Wednesday: 9:00am – 2:30pm

207A Hwy 303, Conway

September 8, 2025 – December 12, 2025

December 29, 2025 – March 13, 2026

March 23, 2026 – June 26, 2026

Monday, Tuesday, Wednesday & Friday: 9:00am – 12:00pm

1711 Nova Scotia Trunk 1, Church Point

September 8, 2025 – December 12, 2025

December 29, 2025 – March 13, 2026

March 23, 2026 – June 26, 2026

Thursday: 9:00am – 12:00pm



Want to contact
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operational requirements**

DIGBY AREA LEARNING ASSOCIATION (continued)

Foundational Skills Upgrading

The Foundational Skills program will develop the employability and essential skills necessary to be successful in life. It is a starting point for those who have been out of the school system for an extended period of time or who face academic challenges. It will enhance learner's literacy, numeracy and digital skills (Computer Basics and Cloud Computing) preparatory to achieving your desired learning outcomes; for many, this will be advancement onto the ALP III program, or advancement into further education, for others, re-entering the work force or enhancement of existing skills.

207A Hwy 303, Conway

September 8, 2025 – December 12, 2025

December 29, 2025 – March 13, 2026

March 23, 2026 – June 26, 2026

Monday, Tuesday, Wednesday, Thursday & Friday: 8:30am – 11:00pm

Digital Skills

Join our Digital Skills Program to learn basic digital skills and stay safe online. Discover how digital skills are applied in work, school and daily life. Gain confidence in using various types of technology and learn practical tips to protect yourself online.

207A Hwy 303, Conway

September 8, 2025 – December 12, 2025

December 29, 2025 – March 13, 2026

March 23, 2026 – June 26, 2026

Monday, Tuesday, Wednesday, Thursday & Friday: 12:45pm – 4:30pm

Monday & Wednesday: 4:30pm – 8:30pm

ALP III

Have you been thinking about going back to school? This program is an opportunity for learners to develop and extend academic and workplace-related skills in English Language Arts, Mathematics, Science, and Social Studies. A classroom teacher provides a personal connection that accommodates different learning styles, takes previous experience and skills into account during the lessons, guides learners through their academic progress and helps them reach their goals. This program will prepare learners to move on to ALP IV and/or post-secondary education.

207A Hwy 303, Conway

September 8, 2025 – December 12, 2025

December 29, 2025 – March 13, 2026

March 23, 2026 – June 26, 2026

Monday, Tuesday, Wednesday, Thursday & Friday: 11:30am – 2:00pm



DIGBY AREA LEARNING ASSOCIATION (continued)

Community Literacy

Family Literacy

Family Literacy is a fun filled drop-in program with no registration required. Each week has themed activities consisting of crafts, games and other activities. Each child brings home a book of their choice! If you are looking for a fun free program to attend with your children, make Family Literacy a part of your weekly routine that you all can look forward to! The program focuses on promoting literacy within the home by ensuring that parents have the support they need to be confident in fostering the development of their children's literacy skills.

September 8, 2025 – December 12, 2025

December 29, 2025 – March 13, 2026

March 23, 2026 – June 26, 2026

**Want to contact
NSSAL directly?**



1-877-466-7725



NSSAL@novascotia.ca



[Nova Scotia School for Adult Learning -
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****Programs are subject
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operational requirements***



HANTS LEARNING NETWORK ASSOCIATION

902-792-6754

info@hantslearning.com

90 Sanford Drive, Windsor

CAEC Prep

This free program is for adults (18+) who are working toward completing the CAEC tests (math, reading, writing, social studies, and science) to get their high school equivalency credential (formerly known as a GED) to open more doors to employment and further education. The CAEC Prep class offers flexible scheduling to accommodate family, employment, and other responsibilities and provides all necessary supplies. Start anytime!

90 Sanford Drive, Windsor

September 15, 2025 – December 19, 2025

January 5, 2026 – March 13, 2026

March 23, 2026 – June 19, 2026

Monday: 10:00am – 12:00pm & 12:45pm – 2:15pm & 6:00pm – 8:00pm

Tuesday: 9:00am – 12:00pm

Wednesday: 6:00pm – 8:00pm

Thursday: 9:00am – 12:00pm & 6:00pm – 8:00pm

Friday: 9:00am – 12:00pm & 12:45pm – 3:15pm

ALP III

This free adult (18+) class offers flexible scheduling to accommodate family, employment, and other responsibilities. Improve your skills in reading, writing, math, science, and social studies to get ahead at work, find a job, or prepare for further education or training (NSCC, Adult High School, CAEC, etc.). Small classes with all supplies provided. Start anytime!

90 Sanford Drive, Windsor

September 15, 2025 – December 19, 2025

January 5, 2026 – March 13, 2026

March 23, 2026 – June 19, 2026

Monday: 9:00am – 12:00pm & 1:45pm – 3:30pm & 6:00pm – 8:00pm

Tuesday: 12:45pm – 3:30pm

Wednesday: 6:00pm – 8:00pm

Thursday: 12:45pm – 3:30pm & 6:00pm – 8:00pm

Friday: 9:00am – 12:00pm & 12:45pm – 3:30pm

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HANTS LEARNING NETWORK ASSOCIATION

(continued)

E3 Foundations

Literacy Foundations - Communications

This free class for adults (18+) will help you improve your reading, writing, speaking, and other life and employment skills. With flexible scheduling to allow for work, childcare, and other responsibilities, you can start anytime. If you want to improve your daily life skills, to get ahead at work, to find a job, or prepare for further education or training, this is the class for you! All materials are provided.

90 Sanford Drive, Windsor

September 15, 2025 – December 19, 2025

January 5, 2026 – March 13, 2026

March 23, 2026 – June 19, 2026

Monday & Thursday: 9:00am – 12:00pm

Tuesday & Wednesday: 12:30pm – 3:30pm

Literacy Foundations - Communications

This free class for adults (18+) will help you improve your math skills. With flexible scheduling to allow for work, childcare, and other responsibilities, you can start anytime. If you want to improve your math skills for daily life, to get ahead at work, to find a job, or prepare for further education or training, this is the class for you! All materials are provided.

90 Sanford Drive, Windsor

September 15, 2025 – December 19, 2025

January 5, 2026 – March 13, 2026

March 23, 2026 – June 19, 2026

Monday & Thursday: 9:00am – 12:00pm

Tuesday & Wednesday: 12:30pm – 3:30pm

Digital Skills

This free class for adults (18+) will help you improve your computer and other digital skills. With flexible scheduling to allow for work, childcare, and other responsibilities, you can start anytime. If you want to improve your computer/digital skills for daily life, to get ahead at work, to find a job, or prepare for further education or training, this is the class for you! All materials are provided.

90 Sanford Drive, Windsor

September 15, 2025 – December 19, 2025

January 5, 2026 – March 13, 2026

March 23, 2026 – June 19, 2026

Tuesday & Thursday: 10:00am – 12:00pm

Wednesday: 6:00pm – 8:00pm

Want to contact
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HANTS LEARNING NETWORK ASSOCIATION (continued)

E3 Aligned

Learn for Life

Improve your skills to be more successful at home, at work, and in the community with free workshops for adults (18+). All supplies are provided, and you can take any/all workshops that interest you: Road Readiness, Communication for the Workplace, Soft Skills for Success, Healthy Eating on a Budget, Money Matters, Living on Your Own, Computer Basics, Online Safety and Services, Your Community and You, Introduction to Gardening.

90 Sanford Drive, Windsor

September 15, 2025 – October 31, 2025

November 3, 2025 – December 19, 2025

January 5, 2026 – February 20, 2026

February 23, 2026 – April 24, 2026

April 27, 2026 – June 19, 2026

Tuesday & Wednesday: 9:00am – 12:00pm

Thursday: 12:30pm – 3:30pm

Active Minds

Meet new friends and discover the joy of learning in this free class for adults of all ages and abilities. We will explore a variety of topics through enjoyable group and individual activities like art, games, mental wellness exercises, science experiments, cooking, and more with all supplies and provided. Join us to learn something new and feel more connected in the community.

90 Sanford Drive, Windsor

September 15, 2025 – December 19, 2025

January 5, 2026 – March 13, 2026

March 23, 2026 – June 19, 2026

Monday, Tuesday & Wednesday: 10:00am – 12:00pm



HANTS LEARNING NETWORK ASSOCIATION

(continued)

Community Literacy

Family Literacy Fun

Family Literacy Fun is a free program open to all families with elementary school-aged children. Facilitators work with families to help them discover ways to make learning fun for the whole family, while reinforcing what and how the children are learning at school. Adults are supported in becoming more confident in their own literacy and math skills and in helping their children learn. Typical weekly sessions include themes, stories, games, and a variety of activities. Special sessions during the year include family book clubs, book challenges, and themed Saturday workshops.

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



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90 Sanford Drive, Windsor

September 15, 2025 – December 19, 2025

January 5, 2026 – March 13, 2026

March 23, 2026 – June 19, 2026

Monday & Thursday: 6:00pm – 8:00pm

Tuesday: 5:00pm – 8:00pm

Saturday: 10:00am – 12:00pm

****Programs are subject
to change based on
operational requirements***



L'ÉQUIPE D'ALPHABÉTISATION NOUVELLE-ÉCOSSE

6960 Mumford Road, Halifax: 902-431-0506 / halifax@eane.ca
 1 Slocumb Street, Tusket: 902-260-0501 / tusket@eane.ca
 9976 Highway 1, Saulnierville: 902-260-0501 / saulnierville@eane.ca
 202 Brownlow Avenue, Dartmouth: 902-405-0051 / dartmouth@eane.ca

E3 Aligned

Ordinateur - Computer

The learner will learn all the basic and intermediate concepts of technology, Internet, e-mail, social networks and portgames (Word, Excel, PowerPoint, ChatGPT, Canva) all useful for the job market.

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



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1 Slocumb Street, Tusket
October 8, 2025 – December 10, 2025
February 18, 2026 – April 22, 2026
Wednesday & Friday: 9:00am – 11:00am

9976 Highway 1, Saulnierville
September 15, 2025 – December 19, 2025
January 5, 2026 – June 19, 2026
Monday & Thursday: 2:30pm – 4:30pm
Tuesday: 6:30pm – 8:30pm
Friday: 9:00am – 12:00pm

6960 Mumford Rd, Suite 2140A, Halifax
September 15, 2025 – December 19, 2025
January 5, 2026 – June 19, 2026
Monday, Tuesday, Wednesday, Thursday & Friday: 9:00am – 4:00pm

202 Brownlow Ave. Suite 415, Dartmouth
September 15, 2025 – December 19, 2025
January 5, 2026 – June 19, 2026
Wednesday, Thursday & Friday: 9:00am – 12:00pm

15108, Cabot Trail, Chéticamp
October 6, 2025 – December 15, 2025
March 2, 2026 – May 4, 2026
Tuesday: 1:00pm – 4:00pm

Online with Zoom
September 22, 2025 – December 19, 2025
January 5, 2026 – June 19, 2026
Monday & Tuesday: 7:00pm – 8:30pm
Thursday: 12:00pm – 2:00pm



L'ÉQUIPE D'ALPHABÉTISATION NOUVELLE-ÉCOSSE (continued)

E3 Foundations

ALP III

Training in reading, writing and numeracy, offered as part of General Adult Education.

6960 Mumford Rd, Suite 2140A, Halifax
September 15, 2025 – December 18, 2025
January 5, 2026 – June 18, 2026

Monday, Tuesday, Wednesday, Thursday & Friday: 12:00pm – 1:30pm

Community Literacy

Compétences au travail – Skills at Work

6960 Mumford Rd, Suite 2140A, Halifax/Brownlow Ave. Dartmouth/online
October 3, 2025 – December 13, 2025
January 23, 2026 – June 6, 2026

Friday: 9:00am – 10:30am

Saturday: 1:00am – 11:30am

Alpha familiale

Office in Halifax (Mumford Rd) and Dartmouth (Brownlow Ave.) and activities across the province

September 20, 2025 – December 6, 2025
January 10, 2026 – May 2, 2026

Monday, Tuesday, Wednesday & Thursday: 2:30pm – 3:30pm

Saturday: 10:00am – 11:30am

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



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Government of Nova Scotia, Canada](#)

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VALLEY COMMUNITY LEARNING ASSOCIATION

902-679-5252

vcla.learning@gmail.com

49 Bridge St, Suite 106, Kentville

CAEC Prep

The VCLA CAEC Program (formerly known as the GED Program) is a flexible, daytime learning program for adults (18+) who are hoping to gain their high school equivalency.

118 Oakdene Ave, Kentville

July 2, 2025 – August 22, 2025

Tuesday, Wednesday & Thursday: 9:00am – 3:00pm

118 Oakdene Ave, Kentville

September 15, 2025 – June 19, 2026

Monday, Tuesday, Wednesday, Thursday & Friday: 9:00am – 3:00pm

NSCC Middleton

September 15, 2025 – June 19, 2026

Tuesday, Wednesday & Thursday: 9:00am – 3:00pm

E3 Foundations

Kings County Upgrading Program - Numeracy

The Kings County Upgrading Program is designed to support a wide variety of upgrading needs. Learners will focus on building their communications skills to achieve employment or further training goals.

118 Oakdene Ave, Kentville

September 15, 2025 – January 30, 2026

February 2, 2026 – June 19, 2026

Monday, Tuesday, Wednesday, Thursday & Friday: 9:00am – 3:00pm

Kings County Upgrading Program - Communications

The Kings County Upgrading Program is designed to support a wide variety of upgrading needs. Learners will focus on building their communications skills to achieve employment or further training goals.

118 Oakdene Ave, Kentville

September 15, 2025 – January 30, 2026

February 2, 2026 – June 19, 2026

Monday, Tuesday, Wednesday, Thursday & Friday: 9:00am – 3:00pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



Nova Scotia School for Adult Learning -
Government of Nova Scotia, Canada

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NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



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VALLEY COMMUNITY LEARNING ASSOCIATION (continued)

Basic Digital Skills

Basic Digital Skills is suitable for adults who have limited experience in the use of digital technology and would like to become more confident in their ability to navigate and communicate digitally.

118 Oakdene Ave, Kentville

September 15, 2025 – January 30, 2026

February 2, 2026 – June 19, 2026

Monday, Wednesday & Friday: 9:00am – 3:00pm

NSCC Middleton

September 15, 2025 – January 30, 2026

February 2, 2026 – June 19, 2026

Tuesday, Wednesday & Thursday: 9:00am – 3:00pm

E3 Aligned

Life Streams

This program offers opportunities for workshops that help meet the needs of both employees and employers, including personal development, job-readiness, and essential skills workshops.

118 Oakdene Ave, Kentville

September 22, 2025 – December 12, 2025

Monday, Wednesday & Friday: 9:00am – 3:00pm

Annapolis - TBD

January 26, 2026 – April 24, 2026

Monday, Wednesday & Friday: 9:00am – 3:00pm

Community Literacy

Community Literacy Program

Develop and enhance community-based partnerships that support the development of literacy skills of individuals, families, and communities. It is a composite of several program options available to learners in both Kings and Annapolis Counties, that respond to community needs related to family literacy, seniors literacy, health literacy as well as class-based remedial reading.

118 Oakdene Ave, Kentville

September 15, 2025 – January 30, 2026

February 2, 2026 – June 19, 2026

Monday, Tuesday, Wednesday, Thursday & Friday: 2:00pm- 4:00pm



VALLEY COMMUNITY LEARNING ASSOCIATION (continued)

Community Literacy Program

NSCC Middleton

September 15, 2025 – January 30, 2026

February 2, 2026 – June 19, 2026

Monday, Wednesday & Thursday: 9:40am – 12:00pm

Want to contact
NSSAL directly?



1-877-466-7725



NSSAL@novascotia.ca



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